



**Office of
Mental Health**

MyCHOIS Consumer Access for “My Treatment Data”

We will begin shortly

To hear the webinar, click “Call Me” in the Audio Connection box and enter your phone number - the WebEx system will call your phone

If you do not see the Audio Connection box, go to the top of your WebEx screen, click “Communicate” > “Audio Connection” > “Join Teleconference”

**Coren Smith
Medical Informatics | PSYCKES
Office of Population Health & Evaluation
March 1, 2023**

Q&A via WebEx

- All phone lines are muted
- Access “Q&A” box in WebEx menu at the right of your screen; if you expanded the view of the webinar to full screen, hover cursor over green bar at top of screen to see menu
- Type questions using the “Q&A” feature
 - Submit to “all panelists” (default)
 - Please do not use Chat function for Q&A
- Slides will be emailed to attendees after the webinar

Agenda

- MyCHOIS Overview
- Providers Using MyCHOIS
 - Create Consumer Account
 - Reset Consumer Password
- Clients Using MyCHOIS
 - How to request access to MyCHOIS
 - Logging in/creating password
 - Navigating MyCHOIS
 - My Treatment Data
- Future MyCHOIS Consumer Mobile app!
- Training & Technical Assistance

MyCHOIS Overview

What is MyCHOIS?

- My Collaborative Health Outcomes Information System (MyCHOIS) is a PSYCKES application that can be used for both Medicaid and Non-Medicaid clients
- Available in two applications:
 - MyCHOIS in PSYCKES is for provider agency users
 - MyCHOIS Consumer is the client-facing version of PSYCKES, used by clients
 - *Coming soon: MyCHOIS Consumer Mobile App for clients*

What Data is in MyCHOIS?

- MyCHOIS is a data collection tool; providers and clients can:
 - Enter information in screening and assessment tools, such as a suicide risk assessment or a depression screen
 - Create or upload health documents, such as a safety plan or a Psychiatric Advanced Directive
 - Review an individual’s ‘My Treatment Data’ – PSYCKES personal health record
 - Provides educational materials and recovery tools
 - Includes an “About Me” section where a client can provide pertinent details about themselves

Who Can Use MyCHOIS?

- MyCHOIS can be used by any Medicaid provider agency in New York State, including agencies and settings not licensed by OMH
 - Agencies licensed by OMH or OASAS, community-based medical hospitals and medical clinics, Federally Qualified Health Centers, and more!
- Consumers of services from any of the above settings can also gain access to MyCHOIS and its resources
 - Once provided a login/password, clients can access MyCHOIS from any internet browser, including logging in from home

MyCHOIS Goals

- MyCHOIS aims to:
 - Increase empowerment, activation and health literacy among consumers
 - Improve doctor-patient communication
 - Promote patient-centered care and recovery
 - Enhance the ability to make data-driven treatment decisions
- Over 100,000 unique MyCHOIS clients, and we hope this will grow significantly as we expand MyCHOIS and create the MyCHOIS Consumer Mobile App

Providers: How to Create Consumer Accounts

Creating a MyCHOIS Consumer Account

- The PSYCKES team expanded the use of MyCHOIS Consumer, so that any provider using PSYCKES can create a user ID and password for a client they serve
- Clients can then login to MyCHOIS from any web browser and access features like “My Treatment Data,” the client-facing version of the Clinical Summary, as well as other recovery-oriented tools
- If a provider user doesn’t see MyCHOIS in the navigation bar and want to use this feature, they will need to contact the PSYCKES Help Desk at PSYCKES-Help@omh.ny.gov

MyCHOIS Home

Go to “MyCHOIS” in the navigation bar

Choose a site to access a dashboard of clients and staff

Site:

Select Site ▾

Set as default site

Continue

What is MyCHOIS

My Collaborative Health Outcomes Information System (MyCHOIS) is an interactive, web-based platform of evidence-based tools used by both consumers and providers to promote active participation by consumers in their mental health treatment and recovery. The program aims to increase empowerment, activation and health literacy amongst patients, improve doctor-patient communication, promote patient-centered care and recovery, and enhance the ability to make data-driven treatment decisions.

The provider-facing portal

- The Dashboard allows providers to manage their client caseload and staff roster
- Client Overview allows providers to assign, complete, and review clinical assessments and screenings and view PSYCKES Clinical Summary data, if available

The consumer-facing portal

- My Treatment Data allows Medicaid consumers to view their treatment history
- Recovery Resources contains educational materials and tools that can assist clients in their recovery
- Assessments and Screenings allows consumers to complete different evidence-based questionnaires that have been assigned to them by their prescriber or treatment team.

Recovery Resources

- Educational materials
- [Health Resources »](#)
- [Recovery Videos »](#)
- [Worksheets »](#)
- [Personal Medicine Cards »](#)
- [Multimedia Tutorials »](#)
- [Pat Deegan's Recovery Library »](#)

Search:



Then select a site to access the dashboard for the client you wish to create an account for

MyCHOIS Access

Access to MyCHOIS is managed by the PSYCKES implementation team. To request access to MyCHOIS at your site, contact the PSYCKES team at PSYCKES-Help@omh.ny.gov

[Download MyCHOIS User Guide \(PDF\)](#)

MAIN STREET CLINIC

[Change Site](#)

Add Client

Add Staff



[MyCHOIS Home](#)

All Clients Staff Roster Suicide Care Pathway High Risk List

Search:

Name DOB(Gender) Assigned Staff Medicaid QI Flag Registries Current PHI Access Edit Client

To see if the client is already added to your "All Clients" tab, you can search by using the search bar located at the top right of the screen

QWJb1GbkZm, QcFoYcFoYSBK	MDEIMDEI								Suicide Care Pathway	MyCHOIS only	
QWNr1dRI, TGFt2cVkySU	MDaIM9YI									MyCHOIS only	
QWR71XM, UcNfYQ	MDEIMDQIMTavOCAeR8a	Prescriber: Blum, Henry, Other: Mclaughlin Kristen Primary							COVID-19	MyCHOIS only	
QWnjZWbaYQ, UezdZXI	MDQIMDMIMTarNCAeTSa	Prescriber: Blum, Henry, Other: Mclaughlin, Kristen, Primary	High MH Need							MyCHOIS only	
QWr82czp0Wy, QdJfYWu6Sm	MD6IMDIIMTauMSAeTSa	Other:	2+ ER-BH, 2+ ER-MH, 2+ ER-Medical, 2+ Inpt-BH, 2+ Inpt-MH, 4+ Inpt/ER-BH, 4+ Inpt/ER-MH, Adher-AD - Recovery (DOH), HARP No Assessment for HCBS, HARP No Health Home, HHPlus No HHPlus Service > 12 mos, HHPlus No HHPlus							PSYCKES Consent	



If the client is new or has not already been added to your "All Clients" tab, you can select the "Add Client" button to securely add them.

Add Client Add Staff



MyCHOIS Home

All Clients Staff Roster Suicide

Name

QWJb1GbkZm, QcFoYcFoYSBK

QWNr1dRI, TGFt2cVkySU

QWR71XM, UcNfYQ

QWnjZWbaYQ, UcdzXI

Add using available information

Medicaid ID

Social Security Number

First Name

Last Name

DOB(MM/DD/YYYY)

Find Recipient

Cancel

Current PHI Access

Edit Client

MyCHOIS only

MyCHOIS only

MyCHOIS only

MyCHOIS only

2+ ER-BH, 2+ ER-MH, 2+ ER-Medical, 2+ Inpt-BH, 2+ Inpt-MH, 4+ Inpt/ER-BH, 4+ Inpt/ER-MH, Adher-AD - Recovery (DOH), HARP No Assessment for HCBS, HARP No Health Home, HHPlus No HHPlus Service > 12 mos, HHPlus No HHPlus

PSYCKES Consent

QWr82czp0Wy, QdJfYWu6Sm

MD6IMDIIMTauMSAeTsa

Other:

MAIN STREET CLINIC

Add Client

Add Staff

PDF

Excel

Change Site

MyCHOIS Home

All Clients Staff Roster Suici

Add/Update MyCHOIS Client

If the correct client is displayed in MyCHOIS, you can view and update their client profile and add to All Clients

SMITH, JOHN
XX/XX/XXXX
123 MAIN STREET
NEW YORK, NY
10001
AB12345C
(123) 456 7890

Source: MyCHOIS

View and Update >

Not finding a match? You can still add an account

Create new client >

If you don't find the correct match, you can still add an account by selecting "Create New" client

Back to Search

Cancel

QWJb1GbkZm, QcFoYcFoYSBK

QWNr1dRI, TGFT2cVkySU

QWR71XM, UcnFYQ

QWnjZWbaYQ, UezdZXI

QWr82czp0Wy, QdJfYWu6Sm

MD6IMDIIMTauMSAeTsa

Other:

2+ ER-BH, 2+ ER-MH, 2+ ER-Medical, 2+ Inpt-BH, 2+ Inpt-MH, 4+ Inpt/ER-BH, 4+ Inpt/ER-MH, Adher-AD - Recovery (DOH), HARP No Assessment for HCBS, HARP No Health Home, HHPlus No HHPlus Service > 12 mos, HHPlus No HHPlus

PSYCKES Consent

Add MyCHOIS Client

Log Off

My QI Report

Statewide

Client Information

Home

Add Staff



First Name

JOHN

Last Name

SMITH

DOB

XX/XX/XXXX

Gender (M/F/O)

M

SSN

XXX-XX-XXXX

Address

123 MAIN STREET

City

NEW YORK

Email

JOHN.SMITH@gmail.com

Phone

123-456-7890

When completing the client's profile, it will be required to include not only all client information listed in the profile, but also the client must have at least one program staff assignment

Program Staff assignment

Add Staff

Physician/Prescriber

DR. GREEN

Primary Therapist

JANE WHITE

Other assigned staff

Create MyCHOIS Account

Back to Search

Cancel

MyCHOIS only

MyCHOIS only

PSYCKES Consent

Add MyCHOIS Client

Log Off

My QI Report

Statewide

Client Information

Home

Add Staff



First Name

JOHN

Last Name

SMITH

DOB

XX/XX/XXXX

Gender (M/F/O)

M

SSN

XXX-XX-XXXX

Address

123 MAIN STREET

City

NEW YORK

Email

JOHN.SMITH@gmail.com

Phone

123-456-7890

If the appropriate staff member is not listed in the drop down, the user can add a staff member by selecting "Add Staff"

Add Staff

Program Staff assignment

Physician/Prescriber

DR. GREEN

Primary Therapist

JANE WHITE

Other assigned staff

Create MyCHOIS Account

Back to Search

Cancel

MD6IMDIIMTauMSAeTsa

Other:

NO HEALTH HOME, HHPLUS NO HHPLUS
Service > 12 mos, HHPlus No HHPlus

PSYCKES
Consent



MAIN STREET CLINIC

Change Site

Add Client

Add Staff



PDF



Excel

[MyCHOIS Home](#)

All Clients Staff Roster Suicide Care Pathway High Risk List

Search:

Name	DOB(Gender)	Assigned Staff	Medicaid QI Flag	Registries	Current PHI Access	Edit Client
JOHN SMITH	XX/XX/XX (M)	DR. GREEN			MyCHOIS only	

Select the "Edit Client" button at the far right of that client's row. The "Consumer Login Account" option will be listed in the menu dropdown

- Client Profile
- PHI Access/Consent
- Consumer Login Account**
- COVID-19 Registry
- Client Registries
- Link to Other Databases (Medicaid, MHARS)
- Remove Client From Site



MyCHOIS Consumer Account for Smith, John(M - 29)

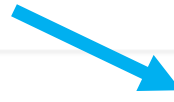
Creating a consumer account will allow an individual client to login to MyCHOIS Consumer to access their personal health record, use the Recovery Library, upload or edit their Psychiatric Advance Directive, and many other resources and tools. The client's email and phone number are required to create an account:

Client's Email

Client's phone number

Once the consumer account is created, you will be given instructions to review and share with the client.

Create Account Cancel



Add Staff



MyCHOIS Home

All Clients Staff Roster

Name

JOHN SMITH

Current PHI Access Edit Client

MyCHOIS only

- Client Profile
- PHI Access/Consent
- Consumer Login Account**
- COVID-19 Registry
- Client Registries
- Link to Other Databases (Medicaid, MHARS)
- Remove Client From Site

MyCHOIS Consumer Account for Smith

Login Details

Username (User ID): PRXR8001

One-time password: 4A6V3PHE

Consumer Account information:

Client email: johnsmith@gmail.com

Client phone number: 1234567890

First time logging into MyCHOIS:

- Client goes to <https://psyckesconsumer.omh.ny.gov>
- Client enters Username (User ID)
- Client enters One - time password
- Client will be prompted to set their own password

Reset Password

- If the client forgets their password it can be reset by the provider, and a new one-time password will be generated.

 [Print Instructions](#)

[Close](#)

A username and a one-time password will be generated to give to the client, including instructions for how the client can login for the first time

Add Staff

PDF

Excel

Current PHI Access ▾

Edit
Client

MyCHOIS only



Client Profile

PHI Access/Consent

Consumer Login Account

COVID-19 Registry

Client Registries

Link to Other Databases
(Medicaid, MHARS)

Remove Client From Site



MAIN STREET CLINIC

Change Site

Add Client

Add Staff



MyCHOIS Home

All Clients Staff Roster Suicide Care Pathway High Risk List

Search: JOHN

Name	DOB(Gender)	Assigned Staff	Medicaid QI Flag	Registries	Current PHI Access	Edit Client
JOHN SMITH	XX/XX/XX (M)	DR. GREEN			MyCHOIS only	

If you would like to either view client information or update a client's contact details, select the "Edit Client" button at the far right of that client's row and select "Client Profile"

- Client Profile
- PHI Access/Consent
- Consumer Login Account
- COVID-19 Registry
- Client Registries
- Link to Other Databases (Medicaid, MHARS)
- Reset Consumer Password
- Remove Client From Site



Client Profile for SMITH JOHN

Consumer Account Login: PRXR8001 MyCHOIS User ID: PRXR8888

My QI Report

Statewide

Client Information

Home

Add Staff



When selected, the user can review or update the client's information, such as their email address or phone number, if necessary

First Name

JOHN

DOB

XX/XX/XXXX

M

XXX-XX-XXXX

Address

123 MAIN STREET

City

NEW YORK

State

NY

Zip Code

10001

Email

JOHN.SMITH@gmail.com

Phone

123-456-7890

Current PHI Access

Edit Client

MyCHOIS only



MyCHOIS only



MyCHOIS only



MyCHOIS only



Program Staff assignment

Add Staff

Physician/Prescriber

DR. GREEN

Primary Therapist

JANE WHITE

Other assigned staff

Save

Cancel

PSYCKES Consent



MD6IMDIIMTauMSAeTSa

Other:

NO HEALTH HOME, HHPlus NO HHPlus Service > 12 mos, HHPlus No HHPlus

QWr82czp0Wy, QdJfYWu6Sm

QWJb1GbkZm, QcFoYcFoYSBK

QWNr1dRI, TGfT2cVkySU

QWR71XM, UcNfYQ

QWnjZWbaYQ, UcdZXi



MAIN STREET CLINIC

Change Site

Add Client

Add Staff



PDF



Excel

[MyCHOIS Home](#)

All Clients Staff Roster Suicide Care Pathway High Risk List

Search: JOHN

Name	DOB(Gender)	Assigned Staff	Medicaid QI Flag	Registries	Current PHI Access	Edit Client
JOHN SMITH	XX/XX/XX (M)	DR. GREEN			MyCHOIS only	

If a client forgets their password, a provider user can reset it by going to the client's account in MyCHOIS and selecting "Reset Consumer Password" from the "Edit Client" menu

- Client Profile
- PHI Access/Consent
- Consumer Login Account
- COVID-19 Registry
- Client Registries
- Link to Other Databases (Medicaid, MHARS)
- Reset Consumer Password**
- Remove Client From Site



MyCHOIS Consumer Account for Smith

This will generate another one-time use password that can be provided to the client

Login Details

Username (User ID): PRXR8001

One-time password: 37TPSIVZ ←

Consumer Account information:

Client email: johnsmith@gmail.com

Client phone number: 1234567890

First time logging into MyCHOIS:

- Client goes to <https://psyckesconsumer.omh.ny.gov>
- Client enters Username (User ID)
- Client enters One - time password
- Client will be prompted to set their own password

Reset Password

- If the client forgets their password it can be reset by the provider, and a new one-time password will be generated.

Print Instructions

Close

Add Staff



PDF



Excel

Current PHI Access ▾

Edit Client

MyCHOIS only



Client Profile

PHI Access/Consent

Consumer Login Account

COVID-19 Registry

Client Registries

Link to Other Databases (Medicaid, MHARS)

Remove Client From Site

My QI Report ▾ Statewid

MyCHOIS Home

All Clients Staff Roster Su

Name

JOHN SMITH

Clients: How to Access MyCHOIS



**Office of
Mental Health**

Requesting MyCHOIS Account:

- If a client is interested in viewing their electronic health information in PSYCKES via a client-facing portal, there are two options:
- Option 1: Provider grants access
 - Client requests a MyCHOIS account from one of their providers they're currently working with who have PSYCKES access
 - Providers can follow the [Providers: How to Create Consumer Accounts](#) slides in this presentation

Requesting MyCHOIS Account

- Option 2: PSYCKES Help Desk grants access
 - If a client's provider is unable to grant access or the client would prefer to not request from their providers, individuals could reach out to the PSYCKES Help Desk to request that a MyCHOIS account be created
 - Before access can be granted, the PSYCKES Help Desk will need to confirm identity, including:
 - Name and DOB (or Medicaid ID/SSN if available)
 - One form of photo ID OR two forms of non-photo ID
 - The PSYCKES Help Desk can request this information in an encrypted email to protect client's privacy

Once you receive your user ID and one-time only password, you'll be ready to log in for the first time by navigating to the PSYCKES Home Page (www.psyckes.com) and selecting 'MyCHOIS' from the left-hand navigation menu

Office of Mental Health

Login to PSYCKES

Login Instructions

About PSYCKES

PSYCKES Training

Materials

PSYCKES Training

Webinars

Quality Indicators

Implementing

PSYCKES

Quality Improvement

Collaboratives

MyCHOIS

Contact Us

MyCHOIS

My Collaborative Health Outcomes Information System (MyCHOIS) is a PSYCKES application for individuals receiving behavioral health services.

LOGIN TO MYCHOIS



MyCHOIS User Guides are available in [PSYCKES Training Materials](#)

MyCHOIS offers individuals:

- My Treatment Data – PSYCKES personal health record
- The Learning Center – Educational materials and recovery tools
- CommonGround – Shared decision-making application developed by Pat Deegan, PhD

MyCHOIS aims to:

- increase empowerment, activation and health literacy amongst consumers
- improve doctor-patient communication
- promote patient-centered care and recovery
- enhance the ability to make data-driven treatment decisions

Comments or questions about the information on this page can be directed to the [PSYCKES Team](#).



Office of
Mental Health

MyCHOIS

Statement of Access and Confidentiality

WARNING: This computer system is solely for the use of authorized users for official purposes. Users of this system have no expectation of privacy in its use. To ensure that the system is functioning properly, individuals using this computer system are subject to having all of their activities monitored and recorded by system personnel. Use of this system evidences an express consent to such monitoring.

Unauthorized or improper use of this system may result in administrative disciplinary action and civil and criminal penalties. By continuing to use this system you indicate your awareness of, and consent to, these terms and conditions of use. If you do not agree to the conditions stated in this warning, LOG OFF IMMEDIATELY.

Private system for authorized use only

Please identify by entering your user ID and password below and click the Login button.

User ID:

PRXR8001

Password:

.....

Login

On the login page, you will input your User ID and one-time only password into the appropriate text fields



Password reset screen

If this is your first time logging in, please change your password below.
You will be asked to change your password every 6 months.

Your password must be at least 8 characters and have at least 1 number.

Enter New Password:

Re-enter password:

Submit



Once you have logged in, you will be prompted to create a new password. The password must be at least 8 characters and have at least 1 number. This new password will be used along with your user ID for all future logins



Password reset screen

If this is your first time logging in, please change your password below.
You will be asked to change your password every 6 months.

Your password must be at least 8 characters and have at least 1 number.

Enter New Password:

Re-enter password:

Submit

NOTE: If you forget your password after you have created, reach out to your provider/PSYCKES Help and request a password reset. You will be provided another one-time only password that you can use to login to MyCHOIS

Navigating MyCHOIS

Clicking on the “Home” tab from any screen will bring you to the main MyCHOIS home page, where you can access the three major areas of the application:

- My Treatment Data
- CommonGround and other assessments
- The Learning Center

CommonGround

PHQ9

PHQ to CSSRS

Review my past reports

- Take a survey
- Track my recovery progress
- Communicate with my doctor

My Treatment Data

- Review my services
- Review my medications
- Review my diagnoses
- Upload a Psychiatric Advanced Directive
- Create or upload a Safety Plan

Learning Center

Explore a library of resources to support my recovery

Health Resources »
Recovery Videos »
Worksheets »

Personal Medicine
Cards »
Multimedia Tutorials »
Pat Deegan's Recovery
Library »

Search



About Me

My Name: Jimmy

Medicaid ID: XXXXXXXXXXXX

Clinic ID: Main Street Clinic

Date of Birth or Age: 01/04/1998

Gender: Male

Race/ethnicity: Asian

Primary Language: Korean

Psychiatrist: Dr. Green

Therapist: Mclaughlin, Kristen

Other Staff:

Highest Level of Education Completed: Grammar school (K - grade 6)

Current Employment Status: Other employment situation

Marital Status: Single, never married

Child Custody Status: Minor children not in my custody but have access

Smoking Status:

Update

Cancel

The 'About Me' section provides your demographic information such as preferred name, age, gender, race, ethnicity, therapist and psychiatrist names, and primary language



The MyCHOIS application is available in English and Spanish. You may switch into Spanish by clicking on the "Español" tab located at the top right of the screen

Bienvenido a MyCHOIS



CommonGround

PHQ9

PHQ a CSSRS

Revisar mis informes anteriores

- Tomar una encuesta
- Monitorear mi progreso hacia la recuperación
- Comunicarme con mi médico

Mis datos de tratamiento

- Revisar mis servicios
- Revisar mis medicamentos
- Revisar mis diagnósticos
- Cargar una directiva psiquiátrica por adelantado
- Elaborar o cargar un plan de seguridad

Centro de aprendizaje

Explorar una biblioteca de recursos para apoyar mi recuperación

- Recursos de salud »
- Videos de recuperación »
- Hojas de trabajo »
- Tarjetas de medicina personal »
- Guías didácticas multimediales »
- Biblioteca de recuperación de Pat Deegan »

Buscar



The MyCHOIS Learning Center provides access to tools that will assist you and your treatment teams in the process of recovery

CommonGround **PHQ9**

PHQ to CSSRS **Review my past reports**

- Take a survey
- Track my recovery progress
- Communicate with my doctor

My Treatment Data

- Review my services
- Review my medications
- Review my diagnoses
- Upload a Psychiatric Advanced Directive
- Create or upload a Safety Plan

Learning Center

Explore a library of resources to support my recovery

Health Resources » Personal Medicine Cards »
Recovery Videos » Multimedia Tutorials »
Worksheets » Pat Deegan's Recovery Library »

Search

MyCHOIS Learning Center

Select a topic for links to Multimedia Tutorials, Health Resources, Personal Medicine Cards, Worksheets, Recovery Videos or Pat Deegan's Recovery Library. You are welcome to view these alone or with a MyCHOIS Manager at the Decision Support Center.

Multimedia Tutorials	Health Resources	Personal Medicine Cards	Worksheets	Recovery Videos	Pat Deegan's Recovery Library	Search
----------------------	------------------	-------------------------	------------	------------------------	-------------------------------	--------

Touch the picture of the person whose recovery story you want to hear today.

Empowerment and Treatment



Bonnie



Caitie



Lee



Lesa



Sylvia

Self Expression



Milissa



Stephanie

Community Involvement and Support



The Learning Center has a variety of wellness and educational resources for individuals to explore, including:

- Multimedia Tutorials
- Health Resources
- Personal Medicine Cards
- Recovery Worksheets
- Recovery Videos
- Access to Pat Deegan's Recovery Library



2022

Welcome to Recovery Library

What would you like to do today?

The Hope. The Tools. The Inspiration to recover after a diagnosis of mental illness. Library offers resources and tools to support recovery and recovery-oriented practice.



Find Group Content

These [pre-designed courses](#) can help you run groups on various topics or provide recovery-oriented training for staff.



Get Inspired by Pat Deegan

Explore [Pat Deegan's video reflections](#) on recovery.



Watch a Recovery Video

Hear from [real people](#) talking about their lived experience of recovery in these brief videos.



Hidden Gems

These [hidden gems](#) are some of my favorites and can be used individually or in groups. Each week I highlight a hidden gem and share how you can use it in your work.



Explore Worksheets to Support Recovery

These [worksheets](#) can help support people on their recovery journey.



Learn How to Use Recovery Library

Get the most out of the library with this [video tutorial](#) ([transcript](#)). It has tips and tutorials for how

Pat Deegan's Recovery Library is a tool created by and for individuals in recovery which focus on recovery, whole health, self-advocacy, and medication awareness

What can we help you with?

My Treatment Data



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Mental Health**



Once logged into the MyCHOIS consumer application, you will be able to view your clinical information by selecting the 'My Treatment Data' button



CommonGround **PHQ9**

PHQ to CSSRS **Review my past reports**

- Take a survey
- Track my recovery progress
- Communicate with my doctor

My Treatment Data

- Review my services
- Review my medications
- Review my diagnoses
- Upload a Psychiatric Advanced Directive
- Create or upload a Safety Plan

Learning Center

Explore a library of resources to support my recovery

Health Resources » Personal Medicine Cards »
Recovery Videos » Multimedia Tutorials »
Worksheets » Pat Deegan's Recovery Library »

Search 

About included data sources

Sections

This report contains all available clinical data. OMH PHI - Clinical Summary as of 11/27/2022

Summary Period 1 Yr 5 Yrs

Preferred Name: Jimmy

General

Name Smith, John	Medicaid ID AB12345B	Medicare No	HARP Status Not HARP Eligible (Current Medicaid Enrollees excluding H1-H9)
DOB 5/3/1999 (21 years)	Medicaid Aid Category N/A	Managed Care Plan Fidelis Care New York (Mainstream)	HARP HCBS Assessment Status N/A
Address 123 Main Street Syracuse, NY 11111	Medicaid Eligibility Expires on 06/30/2021	MC Plan Assigned PCP N/A	



Current Care Coordination

Housing/Residential Program: Supported Housing Community Services Inc. (Admission Date: 26-MAR-19), Program Contact Information: Elefth...

View a report of clinical details from the past 1 year or 5 years. This will include information about care coordination, diagnoses, medications, outpatient services, inpatient and ER visits, etc.

Health Home (Enrolled) - Status : Active, ONONDAGA CASE MGMT SVCS... tmarchese@hhuny.org; Nira Tobochnik, 585-613-7640, ntobochnik@hhu...

Care Management (Enrolled) : ONONDAGA CASE MGMT SVCS MH

- This information is updated weekly from DOH Health Home file.

Plans & Documents Upload Create New

Date Document Created	Document Type	Provider Name	Document Created By	Role	Delete Document
3/29/2022	Safety Plan		BARMORE, RODRICK	N/A	

Screenings & Assessments [Definitions](#)

Table

Graph

Assessment Name	Number of Assessments Entered	Last Assessment Date	Last Assessment Provider	Last Assessment Rated by (Role)	Last Assessment Results	
PHQ-9 (depression screening and monitoring)	3	1/2/2021	HUTCHINGS PSYCHIATRIC CENTER	Blatchford, Theresa (Physician/Prescriber)	Moderate Depression (Score = 12 out of 27)	

Behavioral Health Diagnoses Primary and Secondary Dx (most frequent first)

[Major Depressive Disorder](#) • [Generalized Anxiety Disorder](#)

Medical Diagnoses Primary and Secondary Dx (most frequent first)

Diseases Of The Digestive System	Other disorders of teeth and supporting structures • Diseases of pulp and periapical tissues
Diseases Of The Eye And Adnexa	Disorders of refraction and accommodation
Diseases Of The Respiratory System	Chronic sinusitis
Symptoms, Signs And Abnormal Clinical And Laboratory Findings, Not Elsewhere Classified	Headache • Localized swelling, mass and lump of skin and subcutaneous tissue • Rash and other nonspecific skin eruption

Care Coordination [Details](#)

Table

Graph

Service Type	Provider	First Date Billed	Last Date Billed	Number of bills	
Health Home - Enrolled (DOH MAPP)	BESTSELF BEHAVIORAL HEALTH INC (HH, CM)	12/1/2020	Current		
Health Home - Enrolled	BESTSELF BEHAVIORAL HEALTH INC	3/1/2022	12/1/2022	10	

Medication: Behavioral Health Details						Table	Graph
Drug Class	Drug Name	Last Dose*	Estimated Duration	First Day Picked Up	Last day Picked Up		
Antidepressant	Fluoxetine Hcl	40 MG, 2/day	5 Month(s) 3 Week(s) 5 Day(s)	9/7/2022	2/3/2023		
Antidepressant	Mirtazapine	45 MG, 1/day	11 Month(s) 1 Week(s) 6 Day(s)	3/12/2022	1/26/2023		
Antipsychotic	Cariprazine Hcl (Vraylar)	6 MG, 1/day	11 Month(s) 2 Day(s)	3/16/2022	1/19/2023		

Medication: Medical Details						Table	Graph
Drug Class	Drug Name	Last Dose*	Estimated Duration	First Day Picked Up	Last day Picked Up		
Proton Pump Inhibitors	Omeprazole	20 MG, 1/day	1 Month(s) 2 Day(s)	2/13/2023	2/13/2023		
5-HT3 Receptor Antagonists	Ondansetron	8 MG, 2.86/day	2 Week(s)	2/13/2023	2/13/2023		
Surfactant Laxatives	Docosate Sodium	100 MG, 2/day	1 Month(s)	9/1/2022	9/1/2022		
Nonsteroidal Anti-inflammatory Agents (NSAIDs)	Ibuprofen	600 MG, 3.75/day	1 Week(s) 1 Day(s)	9/1/2022	9/1/2022		



Behavioral Health Services Details							Table	Graph
Service Type	Provider	First Date Billed	Last Date Billed	Number of Visits	Most Recent Primary Diagnosis	Most Recent Procedures (Last 3 Months)		
Clinic - MH State Psych Center (Source: State PC data)	HUTCHINGS PC	6/15/2020		5	Major Depressive Disorder	-Office/Outpatient Visit		
Clinic - MH Specialty	Main Street Mental Health	1/17/2020	5/1/2020	20	Post-traumatic stress disorder, unspecified	- Office/Outpatient Visit Est - Psytx W Pt 45 Minutes - Psytx W Pt W E/M 30 Min		
Employment - Intensive Employment Support	Allentown Peer Services	1/16/2020	2/6/2020	2	Post-traumatic stress disorder, chronic	- Supported Employ, Per 15 Min		

Medical Outpatient Services [Details](#)

No Medicaid claims for this data type in the past 1 year

Hospital/ER/Crisis Services [Details](#)

Table Graph

Service Type	Provider	Admission	Discharge Date/Last Date Billed	Length of Stay	Most Recent Primary Diagnosis	Procedure(s) (Per Visit)	
ER - Medical	MASSENA HOSPITAL INC	1/23/2022	1/23/2022	1	Generalized Abdominal Pain	<ul style="list-style-type: none"> - Assay Of Amylase - Assay Of Lipase - Complete Cbc W/Auto Diff Wbc - Comprehen Metabolic Panel - Ct Abd & Pelvis W/O Contrast - Drug Test Prsmv Dir Opt Obs - Emergency Dept Visit - Urinalysis Auto W/O Scope 	
Inpatient - MH	OSWEGO HOSPITAL	11/19/2020	11/24/2020	5	Major Depressive Disorder, Recurrent Severe Without Psychotic Features		

Dental [Details](#)


No Medicaid claims for this data type in the past 5 years

Vision [Details](#)

No Medicaid claims for this data type in the past 5 years

Living Support/Residential Treatment [Details](#)

Table Graph

Program/Type	Provider Name	First Date of Service (last 5 years)	Last Date Billed	Number of Visits	
Housing - Apartment Treatment Model (Source: OMH CAIRS)	North Country Transitional Living Servs, Inc.	2/18/2020	5/6/2020		

Laboratory & Pathology [Details](#)

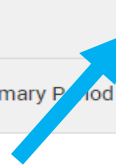
Table Graph

Program/Type	Test Name	Date Billed	Provider	
Emergency	X-Ray Exam Chest 1 View	5/14/2021	PARK AVENUE ASSOCIATES IN RADIOLOGY	

About included data sources

This report contains all available clinical data. OMH PHI - Clinical Summary as of 11/27/2022

PDF Excel CCD



Sections

Summary Period 1 Yr 5 Yrs

Preferred Name: Jimmy

General

If you'd like to print their data, they can select the PDF icon
NOTE: Should only save to a private location and not a shared computer

Table with 2 columns: Field Name (Name, DOB, Address, Medicaid ID, etc.) and Value (Smith, John, 5/3/1999, etc.)

Current Care Coordination

Housing/Residential Program: Supported Housing Community Services, SIBN Supp Housing/Adult Homes Richmond Cty - Comm Svcs, Staten Island Behavioral Network, Inc. (Admission Date: 26-MAR-19), Program Contact Information: Eleftherios Papaioannou, (718)-351-5530

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Care Management (Enrolled) : ONONDAGA CASE MGMT SVCS MH

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Plans & Documents Upload Create New

Table with 6 columns: Date Document Created, Document Type, Provider Name, Document Created By, Role, Delete Document

Plans & Documents



**Office of
Mental Health**

Plans & Documents

- Clients can upload their own documents into their My Treatment Data under the “Plans and Documents” section
- Clients also can create a Safety Plan or Psychiatric Advance Directive by utilizing the available templates in the “Create New” function under “Plans and Documents” section
- These documents will be available to the client as well as to their providers (with client consent) to assist in making informed decisions about their care



Sections

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Summary Period 1 Yr 5 Yrs

Preferred Name: Jimmy

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Name Smith, John	Medicaid ID AB12345B	Medicare No	HARP Status Not HARP Eligible (Current Medicaid Enrollees excluding H1-H9)
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Plans & Documents Upload Create New

Date Document Created	Document Type	Provider Name	Document Created By	Role	Delete Document
8/5/2020	Psychiatric Advance Directive	HUTCHINGS PSYCHIATRIC CENTER	JOHN DOE	Thearpist	

Create New Plans & Documents



- Safety Plan >
- Psychiatric Advance Directive >

Close

Plans & Documents Upload Create

There are no Plans or Documents

Behavioral Health Diagnoses Primary

Major Depressive Disorder • Generalized Anxiety Disorder

Disorder, single episode • Persistent

Medical Diagnoses Primary and Secondary Dx (most frequent first)

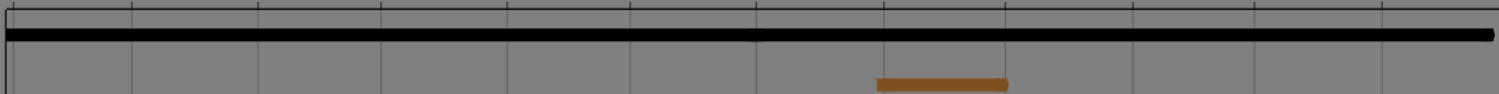
Diseases Of The Digestive System	Acute appendicitis
Diseases Of The Nervous System	Migraine
Endocrine, Nutritional And Metabolic Diseases	Overweight and obesity
Factors Influencing Health Status And Contact With Health Services	Contact with and (suspected) exposure to communicable diseases • Encounter for general examination without complaint, suspected or reported diagnosis • Encounter for medical observation for suspected diseases and conditions ruled out • Persons encountering health services for other counseling and medical advice, not elsewhere classified
Symptoms, Signs And Abnormal Clinical And Laboratory Findings, Not Elsewhere Classified	Abdominal and pelvic pain • Other symptoms and signs involving the digestive system and abdomen

Integrated View of Services Over Time

Feb '20 Mar '20 Apr '20 May '20 Jun '20 Jul '20 Aug '20 Sep '20 Oct '20 Nov '20 Dec '20 Jan '21

Medicaid Enrolled

(DOH-HH Table) Health Home - Outreach



Safety Plan Smith, John

* Date Document Created:

03/29/2022

Step 1: Warning signs (thoughts, images, feelings, behaviors) that a crisis may be developing:

1. *
2. *
3.

Step 2: Internal coping strategies - Things I can do to take my mind off my problems without contacting another person (distracting and calming activities):

1. *
2. *
3.

Step 3: People and social settings that provide distraction:

- | | | | |
|----------|------------------------|----------|----------------------|
| 1. Name | * <input type="text"/> | Phone | <input type="text"/> |
| 2. Name | <input type="text"/> | Phone | <input type="text"/> |
| 3. Place | * <input type="text"/> | 4. Place | <input type="text"/> |

Step 4: People I can ask for help with the crisis:

- | | | | |
|---------|------------------------|-------|----------------------|
| 1. Name | * <input type="text"/> | Phone | <input type="text"/> |
| 2. Name | * <input type="text"/> | Phone | <input type="text"/> |
| 3. Name | <input type="text"/> | Phone | <input type="text"/> |

Step 5: Professionals or agencies I can contact during a crisis:

2. Name Phone

3. Name Phone

Step 5: Professionals or agencies I can contact during a crisis:

1. Clinician Name * Phone *

Clinician Emergency Contact # *

2. Clinician Name Phone

Clinician Emergency Contact #

3. Local Urgent Care or Emergency Room *

Address *

Phone *

4. Suicide Prevention Lifeline Phone: 1-800-273-TALK (8255)

Step 6: Making the environment safe (removing or limiting access to lethal means):

1. *

2. *

Safety Plan Template ©2008 Barbara Stanley and Gregory K. Brown, is reprinted with the express permission of the authors. No portion of the Safety Plan Template may be reproduced without their express, written permission. You can contact the authors at bhs2@columbia.edu or gregbrow@mail.med.upenn.edu.

The one thing that is most important to me and worth living for is:

Important: This document will be accessible for the individual client and/or provider agency involved in creating it. Other provider agencies may view only with client consent or in a clinical emergency.

Submit



Sections

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Preferred Name: Jimmy

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Plans & Documents Upload Create New

Date Document Created	Document Type	Provider Name	Document Created By	Role	Delete Document
3/29/2022	Safety Plan		John Smith	N/A	

Create New Plans & Documents



Safety Plan >

Psychiatric Advance Directive >

Close

Sort 1/1/2021

Recent

All (Graph)

All (Table)

Psychot

Plans & Documents

Upload Create

There are no Plans or Documents

Behavioral Health Diagnoses

Primary

Major Depressive Disorder • Generalized Anxiety Disorder • Persistent Depressive Disorder

Disorder, single episode • Persistent

Medical Diagnoses

Primary and Secondary Dx (most frequent first)

Diseases Of The Digestive System

Acute appendicitis

Diseases Of The Nervous System

Migraine

Endocrine, Nutritional And Metabolic Diseases

Overweight and obesity

Factors Influencing Health Status And Contact With Health Services

Contact with and (suspected) exposure to communicable diseases • Encounter for general examination without complaint, suspected or reported diagnosis • Encounter for medical observation for suspected diseases and conditions ruled out • Persons encountering health services for other counseling and medical advice, not elsewhere classified

Symptoms, Signs And Abnormal Clinical And Laboratory Findings, Not Elsewhere Classified

Abdominal and pelvic pain • Other symptoms and signs involving the digestive system and abdomen

Integrated View of Services Over Time

Table

Graph

Feb '20

Mar '20

Apr '20

May '20

Jun '20

Jul '20

Aug '20

Sep '20

Oct '20

Nov '20

Dec '20

Jan '21

Medicaid Enrolled

(DOH-HH Table) Health Home - Outreach

New Psychiatric Advance Directive



Psychiatric Advance Directive Form

1. **Download the form** and save to your computer.
2. **Complete the form** on your computer. Individuals can complete alone or in collaboration with their provider.
3. **The form needs to be signed** by the individual and 2 witnesses. Sign electronically in the PDF or print and sign.
4. **Print out copies** for individual and provider(s).
5. **Upload** in the Plans and Documents section.

 [Download Psychiatric Advance Directive form \(fillable PDF\)](#)



Close

Plans & Documents Upload Create

There are no Plans or Documents

Behavioral Health Diagnoses Primary

Major Depressive Disorder • Generalized Anxiety Disorder • Depressive Disorder

disorder, single episode • Persistent

Medical Diagnoses Primary and Secondary

Diseases Of The Digestive System

Actu

Diseases Of The Nervous System

Mig

Endocrine, Nutritional And Metabolic Diseases

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Integrated View of Services Over Time

Table **Graph**

Feb '20 Mar '20 Apr '20 May '20 Jun '20 Jul '20 Aug '20 Sep '20 Oct '20 Nov '20 Dec '20 Jan '21

 NyAPRSPADTempl....pdf 

ADVANCE DIRECTIVE FOR MENTAL & PHYSICAL HEALTH CARE

I, _____, hereby make known my desire that, should I lose the capacity to make health care decisions, the following are my instructions regarding my consent to or refusal of medical treatment, and if I choose, the designation of my health care agent. I want the designated sections of this advance directive to be followed.

Once PAD is completed and signed, save securely

PART I. HEALTH CARE PROXY

A. **APPOINTMENT OF A HEALTH CARE AGENT:** I hereby appoint the following individual as my health care agent to make any and all health care decisions for me, except to the extent that I state otherwise. This health care proxy shall take effect when and if I become unable to make my own health care decisions.

(Agent's Name)

(Agent's Home Address)

(Agent's Telephone Number)

B. **AUTHORITY OF HEALTH CARE AGENT:** My health care agent may make decisions regarding* (choose ONE):

- all mental and physical health care
- mental health care ONLY
- physical health care ONLY
- the following health care decisions ONLY

PDF viewer toolbar: mouse cursor, hand tool, zoom in (+), zoom out (-), 75% zoom level, print, rotate, zoom reset, and share icons.



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Care Management (Enrolled) ONONDAGA CASE MGMT SVCS MH

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Plans & Documents Upload Create New

Date Document Created	Document Type	Provider Name	Document Created By	Role	Delete Document
3/29/2022	Safety Plan		John Smith	N/A	

Upload an Existing Plan or Health Document ✕

Type of Document *

Date Document Created *

Document Created By *

Document Source *

- Psychiatric Adv: ▾
- Safety Plan
- Relapse Prevention Plan
- Psychiatric Advance Directive**
- Care Plans
- Discharge Plan
- Other

Choose File



Maximum File Size: 10 mb

Supported File Types: pdf, doc, jpg, gif

Plans & Documents Upload Create

There are no Plans or Documents

Behavioral Health Diagnoses Primary

Major Depressive Disorder • Generalized Anxiety Disorder

Medical Diagnoses Primary and Secondary

Diseases Of The Digestive System Acu

Diseases Of The Nervous System Mig

Endocrine, Nutritional And Metabolic Diseases Ove

Factors Influencing Health Status And Contact With Health Services

Contact with and (suspected) exposure to communicable diseases • Encounter for general examination without complaint, suspected or reported diagnosis • Encounter for medical observation for suspected diseases and conditions ruled out • Persons encountering health services for other counseling and medical advice, not elsewhere classified

Symptoms, Signs And Abnormal Clinical And Laboratory Findings, Not Elsewhere Classified

Abdominal and pelvic pain • Other symptoms and signs involving the digestive system and abdomen

Integrated View of Services Over Time

Feb '20 Mar '20 Apr '20 May '20 Jun '20 Jul '20 Aug '20 Sep '20 Oct '20 Nov '20 Dec '20 Jan '21

Medicaid Enrolled

(DOH-HH Table) Health Home - Outreach

Upload an Existing Plan or Health Document

Type of Document *

Date Document Created *

Document Created By * Role *

Document Source *

Maximum File Size: 10 mb
Supported File Types: pdf, doc, jpg, gif



Plans & Documents

There are no Plans or Documents

Behavioral Health Diagnoses

Major Depressive Disorder • Generalized Anxiety Disorder • Persistent Depressive Disorder

Medical Diagnoses

Diseases Of The Digestive System

Diseases Of The Nervous System

Endocrine, Nutritional And Metabolic Diseases

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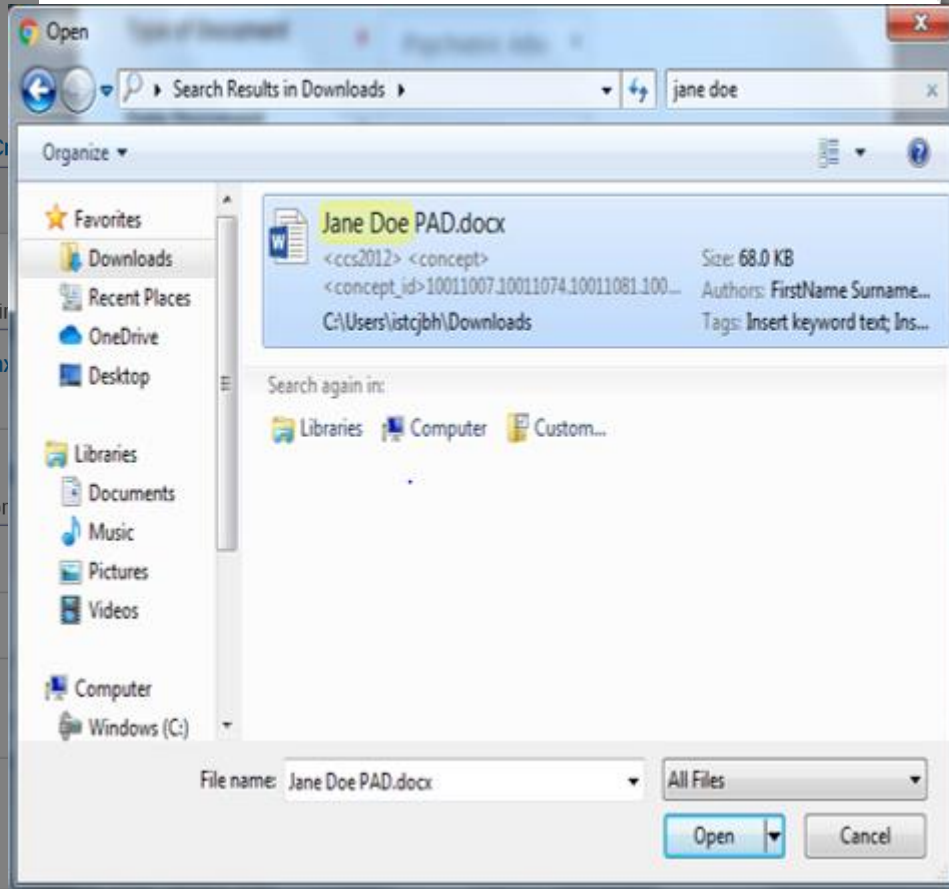
Integrated View of Services Over Time

Feb '20 Mar '20 Apr '20 May '20 Jun '20 Jul '20 Aug '20 Sep '20 Oct '20 Nov '20 Dec '20 Jan '21

Medicaid Enrolled

(DOH-HH Table) Health Home - Outreach

Upload an Existing Plan or Health Document



Plans & Documents Upload + C

There are no Plans or Documents

Behavioral Health Diagnoses Pri

Major Depressive Disorder • Generalized An
Depressive Disorder

Medical Diagnoses Primary and Secor

Diseases Of The Digestive System

Diseases Of The Nervous System

Endocrine, Nutritional And Metabolic
Diseases

Factors Influencing Health Status And
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Symptoms, Signs And Abnormal Clinical
And Laboratory Findings, Not Elsewhere
Classified

Disorder, single episode • Persistent

mination without complaint, suspected or
ruled out • Persons encountering health

Abdominal and pelvic pain • Other symptoms and signs involving the digestive system and abdomen

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Feb '20 Mar '20 Apr '20 May '20 Jun '20 Jul '20 Aug '20 Sep '20 Oct '20 Nov '20 Dec '20 Jan '21



Upload an Existing Plan or Health Document ✕

Type of Document *

Date Document Created *

Document Created By * Role *

Document Source *

← Maximum File Size: 10 mb
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Plans & Documents

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Behavioral Health Diagnoses

Major Depressive Disorder • Generalized Anxiety Disorder • Persistent Depressive Disorder

Medical Diagnoses

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Diseases Of The Nervous System

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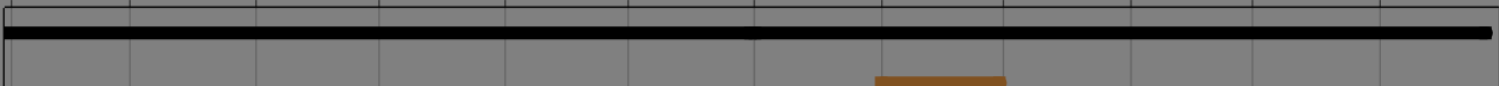
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Plans & Documents Upload Create New

Date Document Created	Document Type	Provider Name	Document Created By	Role	Delete Document
3/29/2022	Psychiatric Advance Directive		JOHN SMITH	Client	

Future MyCHOIS Consumer Mobile app!

MyCHOIS Consumer Mobile App

- PSYCKES is currently in the process of developing a new MyCHOIS Consumer Mobile app to provide clients another method to access their data and resources
- We are looking for people with lived experience to provide valuable feedback on prospective design concepts and features as well as share ideas on what they would like to see in a mobile app that contains their health data
- If you are interested in participating, please contact the PSYCKES Help Desk at PSYCKES-Help@omh.ny.gov and provide your contact information, including an email address and/or phone number

Training & Technical Assistance

PSYCKES Training

- PSYCKES website: www.psyckes.org
- MyCHOIS User Guides
 - [MyCHOIS How-To Guide for Providers Creating Client Accounts](#)
 - [MyCHOIS How-To Guide for Clients to Request an Account and Login to MyCHOIS](#)
- PSYCKES Recorded webinars
 - MyCHOIS Consumer Access for “My Treatment Data”
 - https://omh.ny.gov/omhweb/psyckes_medicaid/webinars/
- Helpdesk Support
 - 9:00AM – 5:00PM, Monday – Friday
 - PSYCKES-Help@omh.ny.gov

