

Bibliography on Self-Injury

1. **“Bodily Harm”** by Karen Conterio and Wendy Lader, Ph.D., with Jennifer Kingston Bloom
2. **“A Bright Red Scream: Self-Mutilation and the Language of Pain”** by Marilee Strong
3. **“When Your Child is Cutting: A Parent’s Guide to Helping Children Overcome Self-Injury”**
by Merry E. McVey-Noble, Ph.D, Sony Khemlani-Patel, Ph.D., and Fugen Neziroglu, Ph.D., ABPP, ABPP
4. **“Secret Scars: Uncovering and Understanding the Addiction of Self-Injury”** by V.J. Turner
5. **“Cutting: Understanding and Overcoming Self-Mutilation”** by Steven Levenkron
6. **“Helping Teens Who Cut: Understanding and Ending Self-Injury”** by Michael Hollander, Ph.D.
7. **“Bodies Under Siege: Self-Mutilation and Body Modification in Culture and Psychiatry”** by Armando R. Favazza, M.D.
8. **“See My Pain! Creative Strategies and Activities for Helping Young People Who Self-Injure”**
by Susan Bowman, Ed.S, LPC and Kaye Randall, LISW-CP
9. **“Treating Self-Injury: A Practical Guide”** by Barent W. Walsh
10. **“Self-Harm Behavior and Eating Disorders: Dynamics, Assessment, and Treatment”**
edited by John L. Levitt, Randy A. Sansone, and Leigh Cohn
11. **“Stopping The Pain: A Workbook for Teens Who Cut and Self-Injure”** by Lawrence E. Shapiro, Ph.D.
12. **“Self-Injury in Youth: The Essential Guide to Assessment and Intervention”** by Mary K. Nixon and Nancy L. Heath
13. **“The Adolescent & Young Adult Self-Harming Treatment Manual: A Collaborative Strengths-Based Brief Therapy Approach”** by Matthew D. Selekman