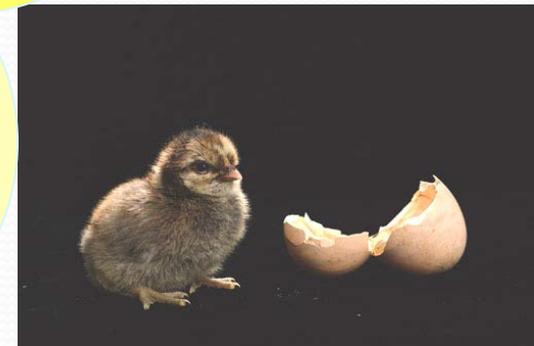
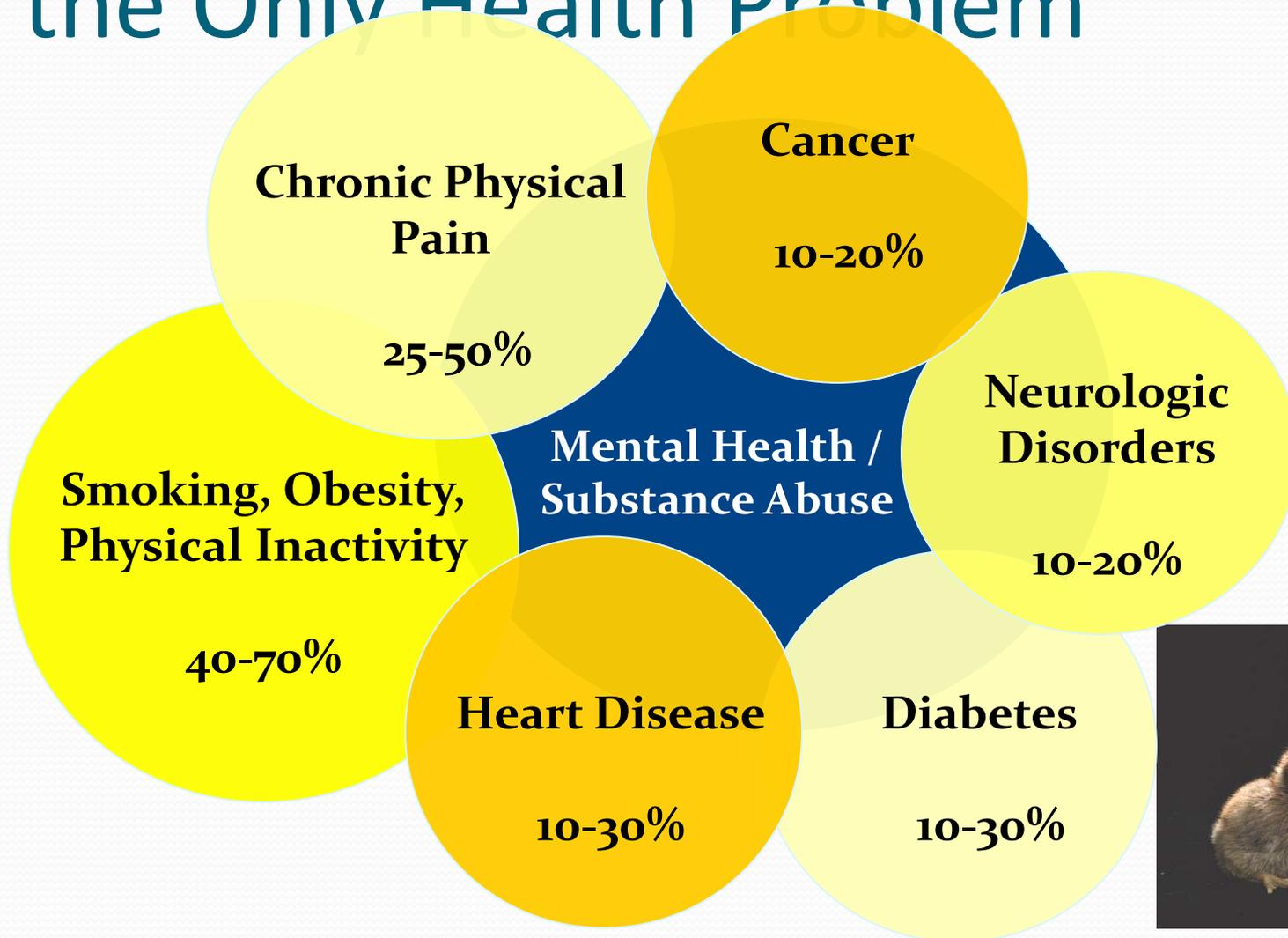


# Collaborative Care

Lloyd I Sederer, MD  
NYS DOH/OMH Initiative

# Mental Disorders are Rarely the Only Health Problem



# Integrating Mental Health Care in the Medical Home and Primary Care: It's Where the Patients Are

**PREVENTING CHRONIC DISEASE**  
PUBLIC HEALTH RESEARCH, PRACTICE, AND POLICY

VOLUME 7: NO. 6

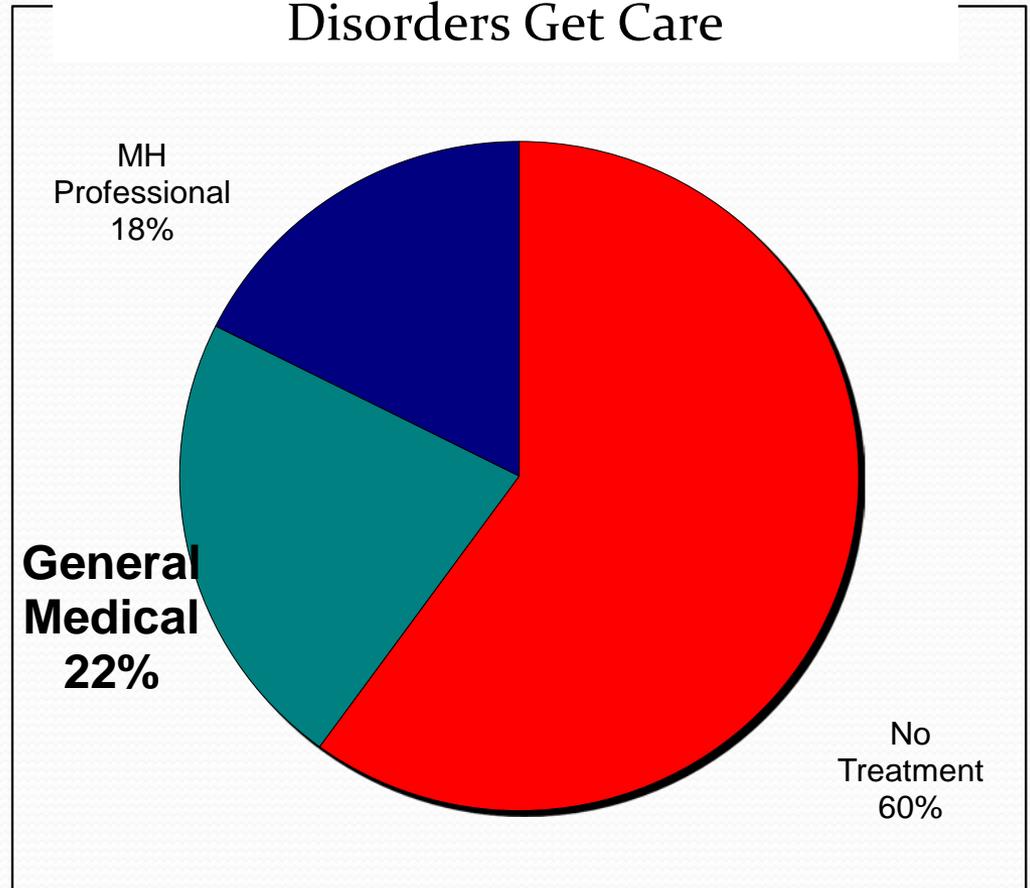
NOVEMBER 2010

SPECIAL TOPIC

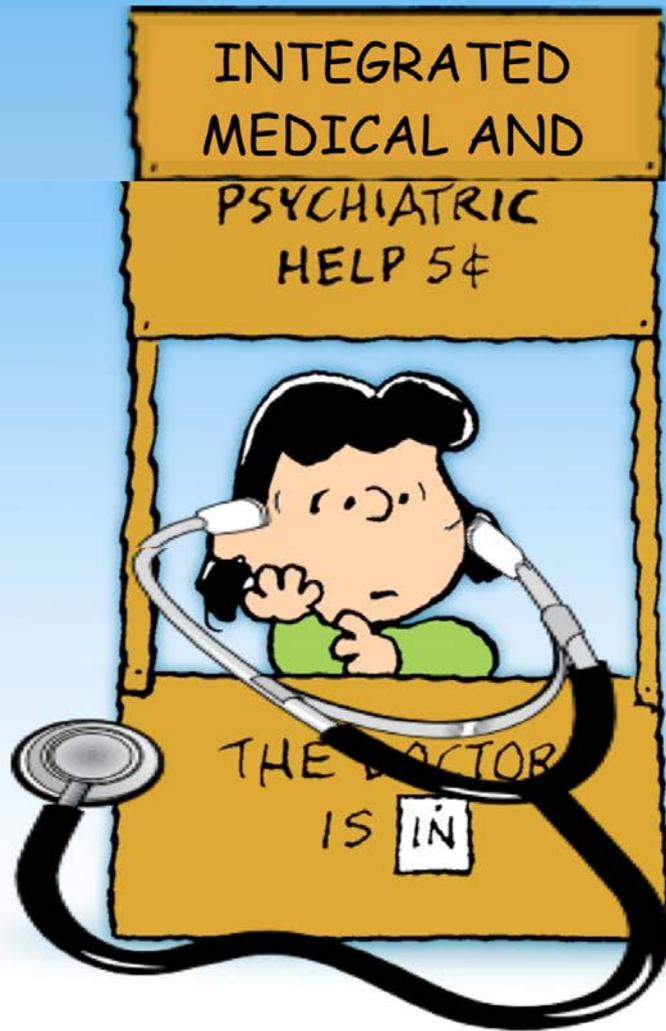
## Making Room for Mental Health in the Medical Home

Michael F. Hogan, PhD; Lloyd I. Sederer, MD; Thomas E. Smith, MD; Ilana R. Nossel

### NCS-R: Where People With MI Disorders Get Care



Wang P, et al., Twelve-Month Use of Mental Health Services in the United States, Arch Gen Psychiatry, 62, June 2005



# What Works? Collaborative Care



**PCP supported by Behavioral Health Care Manager**

**Effective Collaboration**



**Informed, Active Patient**



**Practice Support**



**Measurement-based Stepped Care**



**Caseload-focused psychiatric consultation**



**Training**

# IMPACT Replication Studies

<b>Patient Population (Study Name)</b>	<b>Target Clinical Conditions</b>	<b>Reference</b>
Adult primary care patients (Pathways)	Diabetes and depression	Katon et al., 2004
Adult patients in safety net clinics (Project Dulce; Latinos)	Diabetes and depression	Gilmer et al., 2008
Adult patients in safety net clinics (Latino patients)	Diabetes and depression	Ell et al., 2010
Public sector oncology clinic (Latino patients)	Cancer and depression	Dwight-Johnson et al., 2005 Ell et al., 2008
HMO patients	Depression in primary care	Grypma et al., 2006
Adolescents in primary care	Adolescent depression	Richardson et al., 2009
Older adults	Arthritis and depression	Unützer et al., 2008
Acute coronary syndrome patients (COPES)	Coronary events and depression	Davidson et al., 2010

# “Collaborative Care for Patients with Depression and Chronic Illnesses”

- *Katon, WJ, Lin, EHB, et al: NEJM, December 30, 2010*
- 14 primary care sites; single blind, RCT (usual care or collaborative care w nurses)
  - 214 participants with poorly controlled DM, CHD (or both) + co-occurring depression
  - Outcome measures: HbA<sub>1c</sub>, LDL, BP, and SCL-20 depression scores
  - Results: collaborative care group -
    - Had overall improvements in *all* 4 outcome domains
    - more likely to have had adjustments of insulin, HTN and AD meds
    - reported better QOL (p<0.001)
    - reported greater satisfaction w care for DM, CHD (or both) and depression (p<0.001 on all)

# NYS DOH-OMH Initiative

- 28 hospital systems statewide
  - 2 ½ year implementation, monitoring and performance improvement
- Primary care training clinics
- Collaborative Care as standard of care
  - University of Washington /AIMS Center for TA
- Licensing, regulations, payment reforms
- Assess feasibility and results and build a statewide dissemination

**Thank you!**