"If it wasn't for all of the help, I would not be this confident, and believe that I could do it, and would have given up by now."

—A Mobile Integration Team Consumer

Individuals participating in services provided by the Buffalo Psychiatric Center MIT can expect:

- Support

 in their efforts to stay in their home
 and community
- Immediate access
 to treatment services designed
 to stabilize crisis situations
- Enhanced skills and knowledge to reduce environmental and social stressors
- Connection to programs and services to reduce demand on emergency departments and inpatient hospital services

A wide array of services are available

The Long Island Children's MIT provides an array of services delivered by a multidisciplinary team of professionals and paraprofessionals. These services may include, but are not limited to:

- ◆ Brief Therapeutic Support
- ◆ Skill Building
- ◆ Crisis Assessment and Intervention
- Consultation and Information
- ◆ Peer Support Groups and Skills Training
- ◆ Family and Caregiver Support and Skills Building
- ◆ Behavioral Support and Consultation
- ◆ In-home and Community Based Respite

Services provided by the Western New York Children's MIT can be found by calling:

(716) 832-0720

For 24/7 crisis services, please call your county crisis line:

Allegany	1 (888)-448-3367
Cattaraugus	1 (800)-339-5209
Chautauqua	1 (800)-724-0461
Erie	(716) 834-3131
Genesee	(585) 344-4400
Livingston	211
Monroe	(585) 275-5151
Niagara	(716) 285-3515
Orleans	(585) 327-4452
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If you are in need of immediate medical assistance, please dial 911.



Transformation—A new era in New York State's behavioral health care System.



Western New York Children's

Mobile Integration Team



What is the OMH **Transformation Plan?**

he Office of Mental Health (OMH) is dedicated to promoting the mental health

TRANSFORMATION and wellness of all New Yorkers with a particular focus on facilitating hope, recovery and resiliency for adults with serious mental illness, children with serious emotional disturbances, and their families. In order to achieve this mission in the most integrated setting, an individual's home and community, OMH has embarked on a transformation plan that when completed will yield a spectrum of community based services built on the idea that adults should not live, and children should not grow up, in a state operated psychiatric hospital.

OMH Transformation overview

ОМН Focus: Services will facilitate:

- Hope
- Recovery Resiliency

Participant Expectation:

 Support Immediate access

 Enhanced skills and knowledge

 Connection to programs and services

MITs Provide:

Community based services offered in a setting most integrated to the needs of the person being served

While a primary goal of this transformation is on decreasing avoidable hospital admissions and readmissions, the ultimate goal is to create a system where person centered services are provided to individuals and their families when and where they need them.

The Western NY Children's Mobile Integration plinary team, including youth and family peers, Team (MIT) is designed to provide the clinical dedicated to partnering with youth living with serious emotional disturbance and their intervention and support necessary for youth with serious families to keep them emotional disturhealthy while living bances to not only remain munities. The team in the community, but also to fully participate in the youth school activities and their and community family. and family life. The West-The underlying ern NY MIT principles of every MIT services in 10 counties: is that youth and Allegany, Chautheir families are resiltauqua, Cattaragus, ient and there is hope for

The Western NY Children's MIT is a multidisci-

their future.

in their comwill bring services to

provides service

Erie, Genesee, Livingston, Monroe, Niagara, Orleans and Wyoming.

WESTERN NY CHILDREN'S MOBILE INTEGRATION TEAM SERVICE AREA

