

**Pilgrim Psychiatric Center
Psychology Internship Goals and Objectives**

Goal #1: Knowledge of Mental Disorders
Objective(s) for Goal #1: Intern will demonstrate knowledge and proficiency in application of psychological principles to individuals with severe mental illness. This includes theories and research related to personality and abnormal behavior, diagnostic considerations, and the etiology of psychosis, as well as knowledge, sensitivity, and skill in working with diverse populations. This knowledge will be inclusive as to empirically validated treatment approaches and discharge criteria.
Goal #2: Intervention/Treatment of Mental Disorders
Objective(s) for Goal #2: Intern will demonstrate competency in selecting and conducting empirically-validated therapeutic interventions in the areas of individual and group psychotherapy, crisis intervention and management (including progressive application of intervention), and consultation.
Goal #3: Assessment of Mental Disorders
<i>Objective(s) for Goal #3:</i> Intern will demonstrate competence in diagnostic psychological assessment. This will include obtaining pertinent clinical information from all available sources; choosing appropriate instruments; administering, scoring, and interpreting psychological tests; integrating the information and data into a coherent report; and providing recommendations to assist the patient and treatment team in creating an appropriate treatment plan.
Goal #4: Professional Identity (Understanding and following the highest professional and ethical standards).
<i>Objective(s) for Goal #4:</i> Intern will display awareness of and adherence to the professional ethics, standards, and laws that control services provided by psychologists.
Goal # 5: Professional Relationships
<i>Objective(s) for Goal #5:</i> The intern will learn to function as a member of an interdisciplinary treatment team and be able to work collaboratively with peers, supervisors, administrators, community organizations, and staff from other disciplines. The intern will also demonstrate knowledge of rules, regulations, and procedures mandated by Pilgrim Psychiatric Center, the NYS Office of Mental Health (OMH), and other regulatory agencies.