



**Office of
Mental Health**

Reporting Rehabilitative and Tenancy Support Services in CAIRS

CAIRS Demonstration for Housing Staff

Objectives

- Provide background
- Discuss RTS service definitions and examples
- Demonstrate how to report service delivery and LPHA recommendations in the CAIRS system
- Answer questions

NY State Plan Amendment (SPA) #20-0005



**Office of
Mental Health**

SPA #20-0005

- Approved for adoption November 1, 2020
- Adds Housing Support Services under the Rehabilitative Services benefit
- Permits the State to pursue Medicaid reimbursement for Rehabilitative and Tenancy Support Services (RTS)

Benefit

- Eligible providers that participate will receive enhanced OMH State Aid contract funding
- Implementation to begin January 2023
- Eligible housing types – supportive housing, SP-SRO, CR-SRO. ESSHI units are not eligible at this time.

Requirements

- LPHA Recommendation for Services
- Monthly reporting in the Child and Adult Integrated Reporting System (CAIRS)
- Maintain service documentation

Additional guidance documents can be found on the OMH website

- Frequently Asked Questions (FAQ)
- Supportive Housing Guidelines (Issued September 30, 2022)
- State Plan Amendment (SPA) 20-05 *Rehabilitative Housing Tenancy Supports*

Rehabilitative and Tenancy Support Services



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Community Integration Skill-Building Services

- Support for individuals who are transitioning into housing and integrating into their communities
 1. Needs assessment
 2. Community resource coordination
 3. Treatment planning
 4. Rehabilitative independent living skills training

Stabilization Services

- Services to support individuals already living in the community remain stably housed
 1. Tenancy support planning
 2. Rehabilitative independent living skills training
 3. Community resource coordination
 4. Crisis planning
 5. Crisis intervention

Needs Assessment

- Individualized assessment to identify strengths, preferences, and barriers to maintaining housing stability and integration.
 - Informs Individualized Service Plan
 - Occurs at admission

Treatment Planning

- Individualized support planning
 - Identifies providers outside of the housing program
 - Occurs with newly enrolled residents

Rehabilitative Independent Living Skills Training

- Coaching and skill-building services to support the resident to establish or maintain housing stability
 - For newly enrolled and established residents
 - Ex. Understanding rights and responsibilities as a tenant; developing a budget; learning how to access transportation, etc.

Community Resource Coordination

- Assistance to individuals with establishing a household, becoming oriented to the local community, and linking to services
 - Includes advocacy and linkage with resources when community tenure is threatened
 - For newly enrolled and established residents
 - Ex. Benefits advocacy; connecting with primary care

Tenancy Support Planning

- Individualized support planning with individuals to review, update, and modify the existing support plan
 - Ongoing service with residents once they have become established
 - Ex. Service plan reviews

Crisis Planning

- Support planning for individuals well before a crisis, or after a crisis has occurred.
- Help individuals and collaterals effectively recognize, manage, plan for, and prevent the escalation of symptoms or other factors so housing stability isn't jeopardized

Ex. Safety planning; linkage to primary care; crisis debrief

Crisis Intervention

- Urgent and temporary support to individuals who are experiencing, or are at imminent risk of experiencing, a crisis.
- These services aim to interrupt and/or ameliorate acute distress and associated behaviors that threaten housing stability
 - Ex. Using de-escalation strategies; connecting with crisis resources (respite, ICSC, 9-8-8), etc.

CAIRS

Documenting in CAIRS

NEW

- Completion of the LPHA recommendation
- Service level data
 - Report both RTS and non-billable services provided
 - Submitted within 30 days after the end of the service month

A Closer Look at CAIRS...

QUESTIONS???

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