



Behavioral Health Services Advisory Council
OMH Project Review Agenda
February 15, 2023

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Brookhaven Memorial Hospital Medical Center, Inc.				
CPAR # 118	Capital Project – Inpatient Unit	Inpatient	Rudy Arias	4

HeaHea, LLC				
MH-A-2882	Establish New – Partial Hospital	Outpatient	Tiffany Mott	8

Berkshire Farm Center and Services for Youth, Inc. (Montgomery)				
CPAR # 109	Establish New – CFTSS/CMHRS	Outpatient	Rudy Arias	13

Berkshire Farm Center and Services for Youth, Inc (Dutchess)				
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MH-C-2866	Establish New – Clinic Treatment	Outpatient	Carmela Triolo Della Porta, PhD	25

BHSAC – Project Summary Form			
Review Date:	2/15/2023	Agency:	The Derech Shalom Center, Inc.
Project #:	MH-C-2885	Project Type:	Establish a new program
Project Description			
Provider:	The Derech Shalom Center, Inc.		
Business Type:	Not-For-Profit Corporation		
Program Type:	Clinic Treatment Program		
Address:	75 Montebello Road, Suffern, NY 10901		
Counties to be served:	Rockland		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	3/27/2023		
Applicant's Request:	Establish a new clinic treatment program to serve Children, Adolescents, and Adults.		
Background			
<p>The Derech Shalom Center (DSC) was established in July 2019, with a focus on providing family crisis support services within the community. The DSC was created to assist couples going through marital crisis. They offered a variety of preventative services to the family, by connecting them with case management and other resources, such as Caregiver Family Support and Services, Social Skill Coaching, Mediation and Legal Guidance to address and avoid future crises.</p> <p>Derech Shalom intends to expand their management team to include an individual with experience operating an Article 31 Clinic and will continue to actively recruit board members with Article 31 operations experience.</p>			
Need			
<p>Through the DSC's work with families in crisis, they found themselves establishing relationships with local hospitals and mental health providers. These relationships brought about the DSC working with people as they transition from inpatient settings to outpatient settings. This also brought their attention to the waitlists and stigma associated with mental health services in their area.</p> <p>The families and individuals going through divorce find themselves in need of the support and treatment benefits of mental health services. While the need has been identified, many find they are not able to find the services, do not realize the importance of participating in these services, or believe they lack the means to afford these services. They also found that parents are so focused on getting treatment for their children that they forget to pursue treatment for themselves.</p> <p>By building on these identified areas, the DSC looks to provide the mental health services specific to families in crisis in addition to working with the community at large. The proposed program looks to serve people of all genders, ethnicities, and ages within Rockland County and surrounding areas. They look to focus on areas such as Couples Counseling, Grief Therapy, in addition to more traditional one to one therapies.</p>			

Character and Competence			
Applicant operates programs licensed by OMH		<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Staffing			
Clinical Staff Titles		Credentials	FTE
Psychiatric NP		PMHNP	00.25
Psychiatrist		MD	00.25
Clinical Director		PhD, LCSW	00.50
Therapist		LCSW, LMSW, LMHC	10.50
Registered Nurse		BA or MA in nursing	00.50
Total FTEs:			12.00
Caseload Capacity			
Clinic			
Units of Service: 14,020		Clinical Staff/Caseload Ratio: 1:24	
Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	1,569,690.00	Staff Salaries:	1,417,860.00
Medicare:		Fringe Benefits:	144,000.00
Commercial Insurance:	188,288.00	Administrative Costs:	0.00
Grants:	55,000.00	Rent/Mortgage:	242,181.00
Other: Specify:		OTPS:	63,891.00
Total Revenue:	\$ 1,812,978.00	Total Expenses:	\$ 1,867,932.00
Deficit:		(\$54,954.00)	
Fiscal Comments:			
First year losses will be addressed through fundraising and private donations.			
Reviewer Recommendations			
Reviewer		Recommendation	
County - Rockland:		Approve	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
<ol style="list-style-type: none"> 1. Continue to work with reviewers for technical assistance regarding language access, transportation, and collaborating with other clinics (i.e., waitlists, populations served). 2. Continue to work with reviewers to finalize Telehealth policy and procedure. 3. Designate staff to complete OMH required pre-employment clearances. 4. Satisfactorily complete a preoccupancy visit with the Hudson River Field Office. 			



BHSAC – Project Summary Form			
Review Date:	2/15/2023	Agency:	Brookhaven Memorial Hospital Medical Center, Inc.
Project #:	CPAR #: 118	Project Type:	Capital Project
Project Description			
Provider:	Brookhaven Memorial Hospital Medical Center, Inc. dba Long Island Community Hospital (LICH)		
Business Type:	Not-For-Profit Corporation		
Program Type:	Inpatient		
Address:	101 Hospital Road, Patchogue, Suffolk County, NY		
Counties to be served:	Suffolk		
Population to be served:	<input type="checkbox"/> Children	<input type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	6/1/2023		
Applicant's Request:	<p>Brookhaven Memorial Hospital Medical Center, Inc. dba Long Island Community Hospital (LICH), an Article 28 general hospital, seeks approval to renovate their OMH licensed 20-bed inpatient psychiatric unit for adults.</p> <p>This unit is temporarily closed due to accidental flooding from ruptured pipes that occurred in March 2021 which rendered the unit non-operational. The unit experienced significant water damage to approximately 2000 SF of the central core of the unit.</p> <p>The proposed capital project renovations would allow the hospital to resume operation of the unit. The scope of the project renovations includes upgrades and installation of the following:</p> <ul style="list-style-type: none"> • Structural steel fire proofing • HVAC and piping insulation • Drywall ceilings and associated tamper proof access panels • HVAC diffuser grills • Lighting/electric receptacle systems • Wall patching and repairs • Handrails • Wall protection • Millwork • Flooring and base • Security cameras replacement • Painting the entire suite. <p>The products and materials to be installed will be selected from the 2022 OMH Patient Safety Standards Guidelines, 27th edition.</p>		

<p>The renovations will not change any wall configuration of patient rooms, bathrooms, support space, nor will it change building inventory.</p> <p>Timeline for completion is projected to be completed within 3 months of approval.</p>			
Background			
<p>LICH has a 65-year history of serving the communities of south and central Suffolk County. LICH is accredited by DNV-GL ISO 9001 and is a Level III Trauma Center. OMH is also currently reviewing an application for LICH to change its sponsor to NYU Langone Health, its sole member, and LICH will continue to operate as an Article 28 not-for-profit corporation. The name of the hospital will change to Long Island Community Hospital at NYU Langone Health (LICH).</p>			
Need			
<p>The (20) bed Adult Inpatient Behavioral Health Unit located on 1 East of the hospital facility sustained significant water damage to approximately 2000 SF of the central core of the unit. The damage was caused by a ruptured heating pipe which serves a hydronic hot water heating system. Since the closure, LICH has been on diversion status which forces patients to seek inpatient treatment at hospitals outside of their community. To keep up with demand and a temporary fix, LICH has also utilized 8 beds in the Emergency Department Psychiatric Access Center as inpatient psychiatric beds. A reopening of the unit would enable LICH to better meet the demand for inpatient psychiatric beds in the community it serves.</p>			
Character and Competence			
Applicant operates programs licensed by OMH		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Indicate the number of licensed programs	0 Outpatient	1 Inpatient	0 Residential
The applicant is in substantial compliance with OMH regulations		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Staffing			
Staffing Impact:	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	
Caseload Capacity			
Capacity Impact:	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	
Fiscal Information			
Project Funds		Project Cost	
Agency Funds	\$2,000,000	Renovations	\$2,000,000
Total Revenue:	\$ 2,000,000.00	Total Expenses:	\$ 2,000,000.00
<p>Fiscal Comments: From a fiscal perspective, the entity appears to be fiscally viable, and a renovation of this size would have minimal financial impact.</p>			
Reviewer Recommendations			
Reviewer		Recommendation	

County - Suffolk:	Approve
Office of Mental Health:	Approve with Conditions
Reviewer's Comments and Conditions: 1. Complete a satisfactory pre-occupancy site visit with the Long Island Field Office upon completion of the project.	



CPAR # 118:
Brookhaven Memorial Hospital Medical Center, Inc.
101 Hospital Road, Patchogue, Suffolk County, NY

BHSAC – Project Summary Form			
Review Date:	2/15/2023	Agency:	HeaHea, LLC
Project #:	MH-A-2882	Project Type:	Establish a new program
Project Description			
Provider:	HeaHea, LLC		
Business Type:	Limited Liability Company		
Program Type:	Partial Hospitalization		
Address:	537 Glen Mary Drive, Owego, NY 13827		
Counties to be served:	Tioga, Broome, Chemung, Schuyler, Tompkins, Onondaga, Cortland, Steuben, Cayuga and Seneca		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input type="checkbox"/> Adults
Proposed Effective Date:	3/1/2023		
Applicant's Request:	<p>HeaHea, LLC is proposing to open a partial hospitalization program, to be known as Healing and Health Retreat, for adolescents, both male and female, ages 11-18 with an eating disorder diagnosis. The program could serve up to 15 adolescents in Tioga County as well as surrounding counties. The applicant is proposing a 6 day a week model Monday-Friday from 8 am to 6 pm and Saturday from 8 am to 2 pm. The program will initially begin with a psychiatrist 8 hours a week and increase the prescriber's hours as needed or as the caseload increases.</p> <p>HeaHea, LLC is a for-profit agency. They intend to reach out and propose contracts to NYS Medicaid directly upon receiving approval. HeaHea, LLC has been in contact with all payers including Excellus BCBS and Fidelis announcing their service intent. The applicant wishes to be able to open care to all individuals of the appropriate age.</p> <p>Referral sources include inpatient medical or psychiatric units, outpatient mental health providers including community mental health clinics, private mental health practitioners or specialized outpatient settings, primary care physicians or other medical specialist, HMOs/insurance companies and self-referrals. HeaHea, LLC has already been in contact with many programs in the service area who have agreed to create a working relationship once the PHP is in operation.</p>		
Background			
<p>HeaHea, LLC to be known as, Healing and Health Retreat, is owned by Nadia Constant Oswald and operated by George Oswald. Charlie Jenkins, Chief Operating Officer, has been working in the eating disorder field for over 20 years and brings incredible insight both clinically and administratively. In 2004, she began at The</p>			

Nutrition Clinic (now operating as Upstate Nutrition Service of Upstate NY) in Elmira where she developed Sol Stone Center, a partial hospitalization program. She has developed and managed 4 outpatient programs, 5 Intensive Outpatient Programs and a second partial hospital program in Syracuse. During her employment as the Program Manager with Sol Stone Center, a partial hospital program in Chemung County, she was responsible for both accounts payables and receivables. Sol Stone Center has a capacity of 12 patients and Ms. Jenkins' involvement and knowledge with this program aided in the development of the proposed program. Her expertise includes operating of partial hospitalization programs, eating disorder case management and utilization review.

The organization has been in contact with NY Presbyterian, an eating disorder inpatient program, Strong Hospital, an eating disorder inpatient program, Robert Packer, an inpatient adolescent behavioral unit as well as others. In addition, the organization and its parties have been in regular contact with Dr. Keith Nichols who is a local medical physician. Both parties have agreed he will provide medical monitoring including nursing to the partial hospitalization program in conjunction with the medical director/psychiatrist. The program's tentative staff thus far have over 50 years of combined experience providing services to children in a variety of treatment settings.

Need

Tioga County Director of Community Services stated, "the eating disorder adolescent population has been underserved for far too long in our geographic area".

The Nutrition Clinic's current case manager of over 10 years, reported in October and November 2022 60-80 Adolescents annually are being referred to higher levels of care, including PHP, and often require out of state placement. There are very limited if any regional higher level of care options.

According to the United States Census Bureau (USCB) in 2021, it estimated a total population in Tioga County of 47,980 with about 20.6% or 9,884 under the age of 18. Applying the national eating disorder statistic that at least 9% of the population are with eating disorders and/or disorder eating, Tioga County has an estimated 890 individuals under the age of 18 with eating disorders.

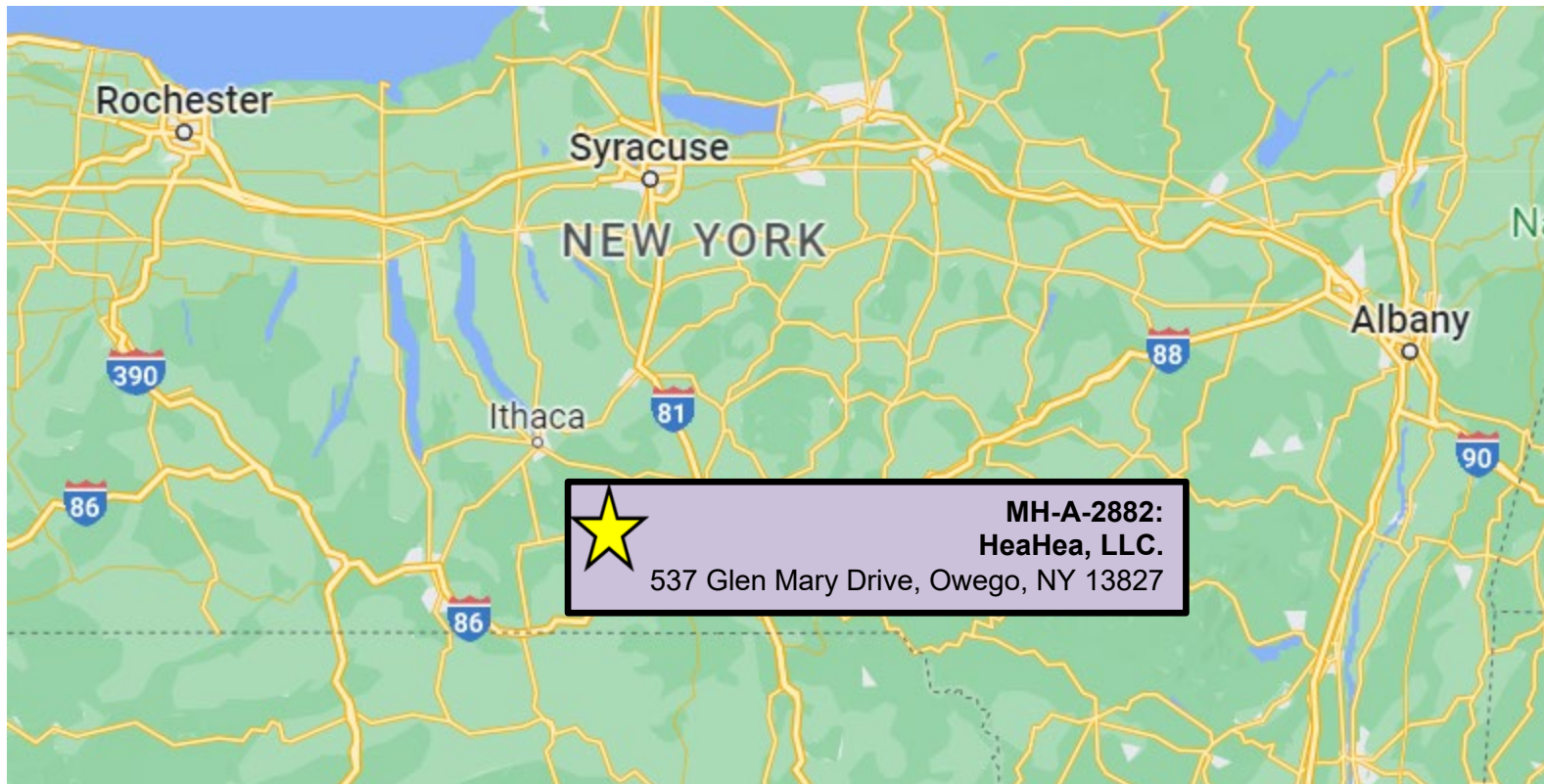
COVID-19 influenced the applicant to bring an organization to Tioga County and surrounding counties. During the pandemic, many adolescents were unable to utilize the services available, such as The Healing Connection, in Rochester due to their inability to commute daily, unable to afford housing in the region or programs having wait lists that exceed 10-12 weeks. In the first 3 months, with lists for eating disorder treatment at all higher levels of care were extreme. Partial program waitlists went from an average 4-6 weeks to 10-12 weeks, inpatient from 1-2 days to 2-3 weeks and residential from 2-4 weeks to 6-8 weeks. Still today, wait lists due to the lack of availability in this region are 40% higher than pre-COVID and youth are being sent out of state for care.

Character and Competence

Applicant operates programs licensed by OMH	<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No
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Staffing			
Clinical Staff Titles		Credentials	FTE
Chief Executive Officer		MD w/ psych training	1.0
Chief Operating Officer		MA	0.5
Psychiatrist		MD	0.2
Program Director		MA in SW, counseling, psychology, or related field.	1.0
Mental Health Therapist		MA in SW, counseling, psychology, or related field.	1.5
Case Manager		BA/MA in SW, counseling, psychology, or related field.	1.0
Nutrition Director		BA/MA in nutrition, RD	0.3
Dietetic Technician		Degree in nutrition or dietetics	1.0
Support Staff		High School diploma	2.0
Medical Consultant		MD	0.1
Total FTEs:			9.00
Staffing Comments: Keith Nichols, MD will provide medical coverage to all enrolled in the program. He will provide initial physicals to all clients at admission, ordering/reviewing any labs/testing etc. and will dictate their medical need thereafter. The program director will be a LMSW, LCSW or equivalent.			
Caseload Capacity			
Other Outpatient Programs			
Capacity: 15			
Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	200,000	Staff Salaries:	561,018
Medicare:	0	Fringe Benefits:	120,000
Commercial Insurance:	1,040,000	Administrative Costs:	150,000
Grants:	0	Rent/Mortgage:	84,000
Total Revenue:	\$ 1,240,000.00	Total Expenses:	\$ 915,018.00
Surplus:		\$324,982.00	
Fiscal Comments: The program intends to participate with Medicaid in the near future and plans to reach out to NYS Medicaid directly upon receiving approval. HeaHea, LLC has been in contact with all payers announcing their service intent. Excellus BCBS, offers commercial and managed care products, has expressed their intent in contracting upon licensure. Fidelis has also shared interest in contracting with HeaHea, LLC. The applicant recognizes that securing these contracts are critical to maintaining a successful program within the mental health system and serving the medically indigent in the community.			
Reviewer Recommendations			
Reviewer		Recommendation	
County – Tioga County		Approve	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			

- 1) Successfully complete site visit with the Western New York Field Office.
- 2) Confirm ability to complete required pre-employment clearances for staff.
- 3) Successfully complete required clearances for the owners of HeaHea, LLC.
- 4) Provide a filing receipt of the amended Articles of Organization.



BHSAC – Project Summary Form			
Review Date:	2/15/2023	Agency:	Berkshire Farm Center and Services for Youth, Inc.
Project #:	CPAR #: 109	Project Type:	Establish a new program
Project Description			
Provider:	Berkshire Farm Center and Services for Youth, Inc.		
Business Type:	Not-For-Profit Corporation		
Program Type:	CFTSS/CMHRS		
Address:	1170 Riverfront Center, Amsterdam, NY 12010		
Counties to be served:	Montgomery		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults (up to 21)
Proposed Effective Date:	3/1/2023		
Applicant's Request:	<p>Berkshire Farm Center and Services for Youth (Berkshire) seeks approval to establish a CMHRS program to provide Other Licensed Practitioner (OLP) and Community Psychiatric Supports and Treatment (CPST) to the communities of Montgomery County. Berkshire Farm will also partner with other local providers that can provide the other CFTSS services, Psychosocial Rehabilitation (PSR), Family Peer Support Services (FPSS), and Children Peer Support and Training (YPST) services. The hours of operation will be 9 am – 5 pm, Monday through Friday and on-call all other hours.</p>		
Background			
<p>Berkshire Farm Center and Services for Youth (Berkshire) has been providing services to youth and families since 1886 at its residential campus and headquarters in Canaan, NY. For more than 50 years its services have expanded to all communities across New York State. Berkshire's stated mission is to strengthen children and families so they can live safely, independently, and productively within their home communities. Today, Berkshire provides services to more than 7,000 children and families annually throughout the State. Its services include home, school and community-based Prevention programs, Respite services, Therapeutic, Treatment and Kinship Foster Care and Adoption services, Secure and Non-Secure Detention, and Behavioral Health Services. Berkshire also provides short-term care, with a full-complement of bilingual staff, for unaccompanied children in response for the need to reunite them with family or sponsors in a timely fashion. Berkshire has more than a dozen regional offices across New York State, three Group Homes, two Non-Secure Detention facilities, one Secure Detention facility, and hundreds of foster homes. Berkshire is licensed by the New York State Office of Children and Family Services and is accredited by the Council on Accreditation.</p> <p>Berkshire is currently a provider of OLP and CPST services to 34 youths in Foster Care in Montgomery County. It also provides Health Home Care Management services to youth and their families. Berkshire has highlighted its collaborative work within the local mental health system with SPOA, hospitals, care managers, school</p>			

districts, and other providers to address social determinates of health, such as limited housing, food insecurity, transportation, and access to health care.

Berkshire also highlights its cultural competence in the provision of services as it's committed to employing Diversity, Equity, Inclusion, and Belonging (DEIB), a practice where Leadership staff attend a 4-part training that is based on a guidance book, *How to be an Inclusive Leader* by Jennifer Brown. All staff are also required to attend Foundations of Diversity and Inclusion and Implicit Bias, Workplace Diversity, Inclusion, Sensitivity, and Cultural Competency and Humility Trainings as a component of their orientation to Berkshire.

Need

Based on current population served, Berkshire projects 75% of clients to be Caucasian, 15% to be Hispanic or Latino and 10% Black, Bi-Racial, or other. Similar to those in Berkshire's Prevention Programs, in addition to mental health issues, patient characteristics are projected to include sexual and physical abuse, illegal substance abuse, homelessness, domestic violence, risk of academic failure, justice system involvement, educational neglect, lack of adequate parental support and other trauma.

Berkshire has been in discussions with Montgomery about filling in identified gaps in service for youth with mental health issues. Wait lists for mental health services are extensive and youth in the more rural areas of the County are largely underserved. Currently, the two main providers of mental health services for youth in the County have significant wait lists, St. Mary's Mental Health Clinic with a waitlist of 50 children, and the Family Counseling Center with 229 children on their Wait and Reassignment List (patients waiting to be reassigned when a prior clinician has left the agency).

As an established provider of services to youth and families of Montgomery County, with insight into the needs of the communities, its population characteristics, social needs, Berkshire is well positioned to expand CMHRS services to the general mental health population in the county.

Character and Competence

Applicant operates programs licensed by OMH	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies, such as OCFS	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Clinical Staffing

Clinical Staff Titles	Credentials	FTE
Licensed Clinician	LCSW, LMSW, LMHC and children and family experience	2.0
Total FTEs:		2.00

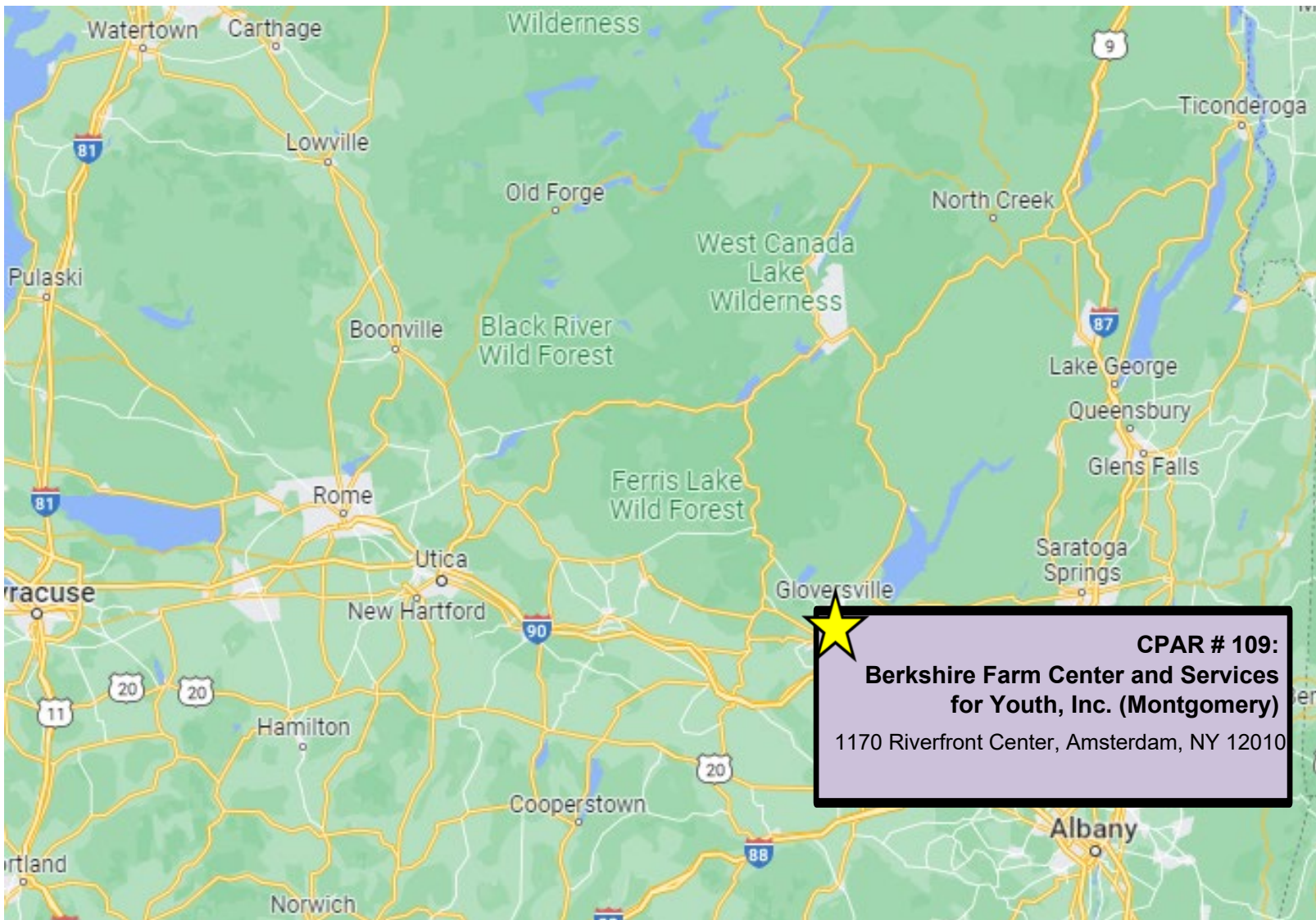
Caseload Capacity

Monthly Caseload: 30	Clinical Staff/Caseload Ratio: 1:15
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Fiscal Information

First Full Year Revenue		First Full Year Expenses	
Medicaid:	338,314	Staff Salaries:	175,817
		Fringe Benefits:	63,294

		Administrative Costs:	38,893
		Rent/Mortgage:	4,500
		OTPS:	15,676
Total Revenue:	\$ 338,314	Total Expenses:	\$ 298,180
Surplus:		\$40,134.00	
Reviewer Recommendations			
Reviewer		Recommendation	
County - Montgomery:		Approve	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
1. Confirm access to the incident management and reporting system.			
2. Confirm authorized individual(s) are able to complete OMH required pre-employment checks.			
3. Complete satisfactory pre-occupancy site visit with the Central New York Field Office.			



BHSAC – Project Summary Form			
Review Date:	2/15/2023	Agency:	Berkshire Farm Center and Services for Youth, Inc.
Project #:	C PAR #: 111	Project Type:	Establish a new program
Project Description			
Provider:	Berkshire Farm Center and Services for Youth, Inc.		
Business Type:	Not-For-Profit Corporation		
Program Type:	CFTSS/CMHRS		
Address:	143 Boardmand Road, Poughkeepsie NY 12603		
Counties to be served:	Dutchess		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults (up to 21)
Proposed Effective Date:	3/1/2023		
Applicant's Request:	<p>Berkshire Farm Center and Services for Youth (Berkshire) seeks approval to establish a CMHRS program to provide Other Licensed Practitioner (OLP) and Community Psychiatric Supports and Treatment (CPST) to the communities of Dutchess County. Berkshire Farm will partner with other local providers that can provide other CFTSS services, Psychosocial Rehabilitation (PSR), Family Peer Support Services (FPSS), and Children Peer Support and Training (YPST) services. The hours of operation will be 9 am – 5 pm, Monday through Friday and on-call all other hours.</p>		
Background			
<p>Berkshire Farm Center and Services for Youth (Berkshire) has been providing services to youth and families since 1886 at its residential campus and headquarters in Canaan, NY. For more than 50 years its services have expanded to all communities across New York State. Berkshire's stated mission is to strengthen children and families so they can live safely, independently, and productively within their home communities. Today, Berkshire provides services to more than 7,000 children and families annually throughout the State. Its services include home, school and community-based Prevention programs, Respite services, Therapeutic, Treatment and Kinship Foster Care and Adoption services, Secure and Non-Secure Detention, and Behavioral Health Services. Berkshire also provides short-term care, with a full-complement of bilingual staff, for unaccompanied children in response for the need to reunite them with family or sponsors in a timely fashion. Berkshire has more than a dozen regional offices across New York State, three Group Homes, two Non-Secure Detention facilities, one Secure Detention facility, and hundreds of foster homes. Berkshire is licensed by the New York State Office of Children and Family Services and is accredited by the Council on Accreditation.</p> <p>Berkshire is currently a provider of OLP and CPST services to youth in Foster Care in Dutchess County. It also provides Health Home Care Management services to youth and their families. Berkshire highlights its collaborative work within the local mental health system with Dutchess County SPOA, hospitals, care managers, school</p>			

districts, and other providers to address social determinates of health, such as limited housing, food insecurity, transportation, and access to health care.

Berkshire also highlights its cultural competence in the provision of services as it's committed to employing Diversity, Equity, Inclusion, and Belonging (DEIB), a practice where Leadership staff attend a 4-part training that is based on a guidance book, *How to be an Inclusive Leader* by Jennifer Brown. All staff are also required to attend Foundations of Diversity and Inclusion and Implicit Bias, Workplace Diversity, Inclusion, Sensitivity, and Cultural Competency and Humility Trainings as a component of their orientation to Berkshire.

Need

Based on the current population served in Dutchess County, Berkshire projects 45% of clients to be Caucasian, 27% Black, 22% Hispanic or Latino and 6% other. Similar to those in Berkshire's Prevention Programs, in addition to mental health issues, patient characteristics are projected to include sexual and physical abuse, illegal substance abuse, homelessness, domestic violence, risk of academic failure, justice system involvement, educational neglect, lack of adequate parental support and other trauma.

Berkshire has been in discussions with Dutchess County Department of Mental Health leadership about filling in identified gaps in service for youth with mental health issues. The County describes its wait lists for mental health services as extensive and youth in the more rural areas of the County are largely underserved. A large provider of mental health services in Upstate reports waitlists of up to 500. Another provider reports a waitlist of 21 children.

As an established provider of services to youth and families of Dutchess County, with insight into the needs of the communities, its population characteristics, social needs, Berkshire is well positioned to expand CMHRS services to the mentally ill youth in the county.

Character and Competence

Applicant operates programs licensed by OMH	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies, such as OCFS	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Clinical Staffing

Clinical Staff Titles	Credentials	FTE
Licensed Clinician	LCSW, LMSW, LMHC and children and family experience	2.0
Total FTEs:		2.00

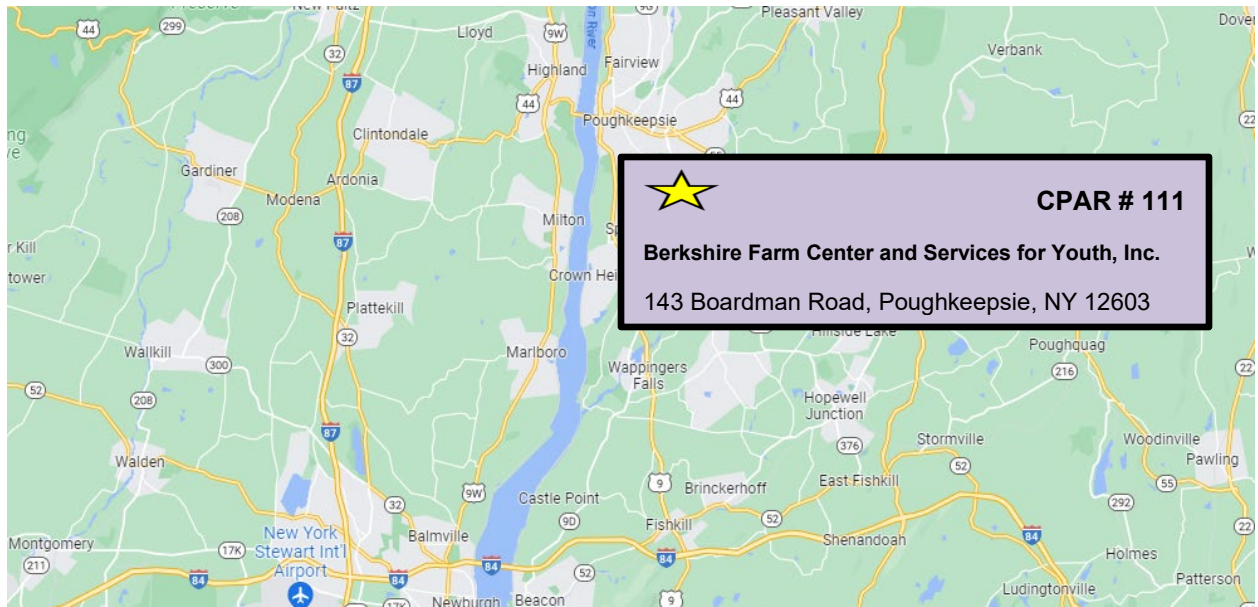
Caseload Capacity

Monthly Caseload: 30	Clinical Staff/Caseload Ratio: 1:15
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Fiscal Information

First Full Year Revenue		First Full Year Expenses	
Medicaid:	338,409	Staff Salaries:	175,817

		Fringe Benefits:	63,294
		Administrative Costs:	39,118
		Rent/Mortgage:	6,000
		OTPS:	15,676
Total Revenue:	\$ 338,409	Total Expenses:	\$ 299,905
Surplus:		38,504	
Reviewer Recommendations			
Reviewer		Recommendation	
County - Dutchess:		Approve	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
1. Confirm access to the incident management and reporting system.			
2. Confirm authorized individual(s) are able to complete OMH required pre-employment checks.			
3. Complete satisfactory pre-occupancy site visit with the Hudson River Field Office.			



BHSAC – Project Summary Form			
Review Date:	2/15/2023	Agency:	Fresh Youth Initiatives Inc.
Project #:	MH-D-2879	Project Type:	Establish a new program
Project Description			
Provider:	Fresh Youth Initiatives Inc.		
Business Type:	Not-For-Profit Corporation		
Program Type:	Clinic Treatment Program		
Address:	505 West 171 st Street New York, New York 10032		
Counties to be served:	New York, Bronx		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input type="checkbox"/> Adults
Proposed Effective Date:	10/2/2023		
Applicant's Request:	Establish a new clinic treatment program to serve Children and Adolescents (5-18 YO).		
Background			
<p>Fresh Youth Initiatives Inc. (FYI) provides high quality youth development, education, and counseling programs for 1,300 children and teens in New York City. They work closely with vulnerable families to address food insecurity and other needs such as legal and housing issues addressed through the provision of social services. The agency's main office houses middle and high school programs and serves as administrative headquarters for 4 school-based programs in Washington Heights and Inwood.</p> <p>Fresh Youth Initiatives currently provides mental health counseling during the school day and afterschool at the Gregorio Luperón High School in Washington Heights. On average, this program assists 150-200 immigrant and first-generation children, adolescents, and family members who have experienced trauma. To help provide quality services, the clinical staff are composed of bilingual bicultural professionals, all of whom are immigrants or the children of immigrants.</p> <p>Agency staff are also active members of key mental health associations within the northern Manhattan area, including the Mental Health sub-committee of the Northern Manhattan Agenda and Community Board 12.</p>			
Need			
<p>The proposed clinic will target northern areas of Manhattan, specifically in zip codes 10032, 10033, 10034, and 10040. Trauma, depression, and anxiety related to COVID-19 have caused an exponential increase in the need for care in this community's youth population. Within the targeted zip codes, there are eight outpatient clinics serving children and adolescents, with most reporting long waitlists or unable to provide their full array of services due to the impact of COVID-19. Only one clinic provider services school-based sites within the targeted area.</p> <p>In addition to the lack of available providers, culturally responsive mental health services, where recipients identify racially and/or culturally with their support service providers are needed. As a current youth service provider in the area, the agency has collectively heard from those they serve that bilingual/ bicultural clinic youth services are wanted and needed.</p>			

A majority of Northern Manhattan is made up of low-income Latino immigrant individuals and families. Based on the U.S. Census, 68% of the total population within the targeted four zip codes are Hispanic. Specific to Community District 12, 43.7% of the residents are foreign-born with 19% being children. According to the Citizen Committee of NY Congressional District 13, ranks first in NYC for youth depression, and second in the cohort of Latino Youth across the entire city. Much research shows suicide and self-harming behaviors are highest within the Latina teen community.

In Washington Heights, 68.7% of children and 37.2% of adults receive Medicaid. The agency has also seen a significant increase in youth experiencing homelessness and overcrowded households post COVID-19. This has caused a significant rise in stressors for youth. 23% of family households have additional (non-nuclear) family's member or nonrelatives in the household compared to the 15% of families citywide.

By leveraging Fresh Youth Initiative's strong community ties, bilingual, and bicultural focus the proposed clinic plans to provide comprehensive treatment to their growing number of internal referrals and the surrounding community.

Character and Competence

Applicant operates programs licensed by OMH	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies (Department of Education)	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Staffing

Clinical Staff Titles	Credentials	FTE
Clinic Director	LCSW-R	1
Clinician	LMHC	1
Clinician	LCSW	1
Clinician	LMFT	1
Clinician	LCAT	1
Clinician	LMSW	1
Psychiatrist	M.D.	.375
Total FTEs:		6.375

Staffing Comments:

Agency will also employee 3 FTE Mental Health and/or Social Work Interns who will be supervised by the Clinical Supervisor. A case manager (1FTE) will also be hired to help navigate and manage communications with external partners, schools etc. The agency will continually review the need for additional psychiatric and prescriber coverage.

Caseload Capacity

Clinic	
Units of Service: 10,491	Annual Caseload: 160
Clinical Staff/Caseload Ratio: 1:25	

Fiscal Information

First Full Year of Anticipated Program Revenue	First Full Year of Anticipated Program Expenses
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Medicaid:	1,060,212	Staff Salaries:	730,000
Medicare:	38,222.79	Fringe Benefits:	149,240
Commercial Insurance:	225,672.83	Administrative Costs:	462,735
Grants:	75,000	Rent/Mortgage:	0
Other: Specify: Fundraising	110,000	OTPS:	164,000
Total Revenue:	\$ 1,509,107.62	Total Expenses:	\$ 1,505,975
Surplus:		\$3,132.62	
Fiscal Comments:			
Please note, the rent/mortgage is 0 due to the agency operating out of Fresh Youth Initiative's headquarters which is owned by FYI. In fiscal year 2022, the Board of Directors approved a Board Designated Fund as an income line, thus enabling the Board to allocate excess unrestricted revenue as income for specified expenses. The board will allocate unrestricted funds to support the roll-out of the clinic and/or as bridge funding when revenue is pending during clinic start-up.			
Reviewer Recommendations			
Reviewer		Recommendation	
County – NYC Dept. of Health and Mental Hygiene:		Approve	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
Provide the calculation logic for the Medicare and third-party payment (number of visits, rates, etc.).			
1. Confirm your understanding staff cannot provide services unsupervised until all required pre-employment checks, including CBC, SEL, SCR, have been completed.			
2. Complete a successful pre-occupancy site visit with the NYS Office of Mental Health's New York City Field Office upon completion of renovations.			



BHSAC – Project Summary			
Review Date:	2/15/2023	Agency:	Clear Mind Wellness LLC
Project #:	MH-C-2866	Project Type:	Establish a new Clinic Treatment Program
Project Description			
Provider:	Clear Mind Wellness LLC		
Business Type:	Limited Liability Company		
Program Type:	Clinic Treatment Program		
Program Address:	200 Mamaroneck Avenue, Suite 101, White Plains, New York 10605		
Counties to be served:	Westchester, Putnam, Rockland, and Dutchess		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	7/1/2023		
Applicant's Request:	<p>Clear Mind Wellness LLC (Clear Mind) is requesting to open a clinic program for Adults, Adolescents, and Children, ages five and older. The program expects to have a caseload of 300 and operate Monday through Friday from 9 am to 8 pm. It expects the majority of all persons served will visit once a week or less.</p> <p>Clear Mind Wellness LLC is a for-profit entity. It will accept Medicaid, Medicare, and Third-Party insurance. Federal Poverty Income Guidelines will be used for patients without health insurance coverage to make sure that Clear Mind's services are affordable and accessible for patients who need services.</p> <p>Clear Mind will accept referrals from other providers, private practices, and self-referrals.</p>		
Background			
<p>Clear Mind Wellness LLC is a new entity established in 2021. One of the owners and Medical Director, Parinda Parikh, MD is a board-certified adult and child psychiatrist. She has experience as the Medical Director of 2nd ARC Psychiatric Associates, PLLC, and the Ketamine Infusion Center. She is also a consultant to Putnam/Northern Westchester School District BOCES. One of the other owners, Martin Witriol will be the Executive Director. He has experience as the Chief Operating Officer of 2nd ARC Psychiatric Associates, PLLC. Additionally, he has experience as a certified critical care paramedic and working with families at Northwell Health coordinating inpatient admissions. The establishment of an Article 31 Clinic Treatment Program will allow them to expand the availability of services to the medically indigent and underserved populations.</p>			
Need			
<p>The LLC proposes to occupy 3300 SF of leased space in the urban center of White Plains. Currently, there are 44 clinic treatment programs in the proposed service area that serve Children, Adolescents, and Adults. Six of the 44 programs are located in</p>			

White Plains with four (4) programs offering services to children, adolescents, and adults, and two (2) providing services to adults.

As an independent consultant to Putnam/Northern Westchester BOCES, Dr. Parikh has found students waiting two to three months before accessing an outpatient mental health program. White Plains is one of several urban areas in the service area identified as having a high number of Medicaid beneficiaries with behavioral health disorders. This proposal seeks to address an identified need for outpatient mental health services and will place particular emphasis on enhancing access to underserved groups and communities who experience delayed access to care.

Character and Competence

Applicant operates programs licensed by OMH ☐ Yes ☒ No

Staffing

Staff Titles	Credentials	FTE
Medical Director	Psychiatrist; Board certified in psychiatry	.25
Executive Director	Certified Critical Care Paramedic; Executive Director of ARC Psychiatric Associates	1.0
Clinic Director	LCSW	1.0
Psychiatrist	Board Certified; Experience with children	1.0
Psychiatric Nurse Practitioner	NPP	2.0
Clinic Supervisor	LCSW	1.0
Therapist	LMSW	5.5
Therapist	LMHC	5.5
Peer Specialist	Certified as MH peer	0.5
Clerical		2.5
Total FTEs:		20.25

Caseload Capacity

Clinic

Units of Service: 16,050 Annual Caseload: 300

Clinical Staff/Caseload Ratio:1:20

Fiscal Information

First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	\$ 1,195,123.00	Staff Salaries:	1,668,000
Medicare:	112,420.00	Fringe Benefits:	318,600
Commercial Insurance:	876,400.00	Administrative Costs:	60,000
Grants:	0	Rent/Mortgage:	73,425
Other: Specify: Patient fees	10,400.00	OTPS:	67,200
Total Revenue:	\$ 2,194,343.00	Total Expenses:	\$ 2,187,225.00
Surplus:			7,118

Reviewer Recommendations	
Reviewer	Recommendation
County – Westchester County	Approve
Office of Mental Health:	Approve with Conditions
Reviewer's Comments and Conditions: <ol style="list-style-type: none"> 1. Provide 2021 tax returns for all owners, when available. 2. Provide the agency's current or proposed conflict-of-interest policy. 3. Explain how the organization plans to engage underserved, underrepresented populations within the identified catchment area. 4. Identify a plan to provide services to those who are hard of hearing, deaf, visually impaired, or blind. 5. Describe how the program will ensure the waiting room is therapeutically appropriate for Children and Adolescents. 6. Provide a revised floor plan that identifies the location of medication storage and disposal for injectables. 7. Confirm what optional services the program will provide. 8. Confirm that selected authorized persons have access to complete pre-employment clearances. 9. Successfully complete a pre-occupancy site visit with the Hudson River Field Office. 	

