



Behavioral Health Services Advisory Council

OMH Project Review Agenda

April 7, 2022

Applicant Name/Project #	Project Type	Program Type	Project Manager	Page #
Lodestar Children’s Services, Inc.				
CPAR #77	Establish New – CFTSS/CMHRS	Outpatient	Mark Simone	1
Projects to Empower and Organize the Psychiatrically Labeled, Inc. (PEOPLE, Inc.)				
CPAR #91	Establish New – 3 Crisis Residences	Inpatient	Kelly Bevins	4
Hillside Children’s Center				
CPAR #98	Close - RTF	Inpatient	Kelly Bevins	10
Hillside Children’s Center				
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Amudim Community Resources, Inc.				
MH-D-2864	Establish New – Clinic Treatment Program	Inpatient	Rudy Arias	17

BHSAC – Project Summary Form			
Review Date: 4/7/2022	Agency:	Lodestar Children's Services, Inc.	
Project #: CPAR #77	Project Type:	Establish a new program	
Project Description			
Provider:	Lodestar Children's Services, Inc.		
Business Type:	Not-For-Profit Corporation		
Program Type:	CFTSS/CMHRS		
Address:	700 Lakeland Avenue, Bohemia, NY 11716		
Counties to be served:	Nassau, Suffolk		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	6/1/2022		
Applicant's Request:	Lodestar seeks to establish a Children's Mental Health Rehabilitation Services program to serve children, adolescents, and adults to age 21 in Nassau and Suffolk Counties.		
Background			
Lodestar Children's Services, Inc. (Lodestar) works with children and families through the NYS Office of Mental Health Home and Community Based (HCBS) waiver program and Children & Family Treatment Supports & Services (CFTSS) array and have been providing these services since February 2019. They are a designated provider of these services in Suffolk and Nassau Counties. The agency's plan is to expand services to New York City at some point in the future.			
Need			
Lodestar is currently providing CFTSS to 61 individuals and their families. The current waitlist for designated services is as follows:			
Nassau County	Suffolk County		
OLP – 12	OLP – 139		
CPST – 6	CPST – 46		
PSR – 8	PSR – 157		
FPSS – 9	FPSS – 120		
YPS – 13	YPS – 19		
Character and Competence			
Applicant operates programs licensed by OMH	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	
The applicant is in substantial compliance with other Government agencies	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	
Designated for HCBS services through the Department of Health and is in substantial compliance.			
Staffing			

Clinical Staff Titles		Credentials		FTE
Director		LCSW		1.00
Supervisor (CPST, OLP)		LCSW		1.00
Supervisor (PSR, FPSS, YPS)		LCSW, LMSW, LMHC		1.00
Therapist level 2		LMHC, LMSW + experience		3.50
Therapist level 1		Bachelors degree in related field or experience		4.34
Total FTEs:				10.84
Caseload Capacity				
Other Outpatient Programs				
Annual Caseload: 110				
Fiscal Information				
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses		
Medicaid:	1,015,744.56	Staff Salaries:	617,800.00	
Medicare:		Fringe Benefits:	125,000.00	
Commercial Insurance:		Administrative Costs:	100,000.00	
Grants:		Rent/Mortgage:	20,000.00	
Other: Specify:		OTPS:	140,000.00	
Total Revenue:	\$ 1,015,744.56	Total Expenses:	\$ 1,002,800.00	
Surplus:			12,944.56	
Fiscal Comments:				
Reviewer Recommendations				
Reviewer		Recommendation		
County – Suffolk, Nassau:		Approve		
Office of Mental Health:		Approve with Conditions		
Reviewer Comments and Conditions:				
<ol style="list-style-type: none"> 1. Provide a protocol for ensuring families know how to reach an appropriately trained clinical staff for immediate access in times of crisis, and for routine follow-up. 2. Submit final Telehealth protocol. Long Island Field Office is available for guidance. 				



BHSAC – Project Summary Form			
Review Date:	4/7/2022	Agency:	Projects to Empower and Organize the Psychiatrically Labeled, Inc.
Project #:	CPAR # 91	Project Type:	Establish new program
Project Description			
Provider:	Projects to Empower and Organize the Psychiatrically Labeled, Inc. (PEOPLE, Inc.)		
Business Type:	Not-For-Profit Corporation		
Program Type:	Crisis Residence		
Address:	1. 108 Ulster Ave., Walden, NY 12586 2. 111 Philipse Brook Rd., Garrison, NY 10524 3. 6 Montcalm St., Glens Falls, NY 12801		
Counties to be served:	Dutchess, Ulster, Orange, Putnam, Warren, Washington		
Population to be served:	<input type="checkbox"/> Children	<input type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	Walden: May 1, 2023 Garrison: February 15, 2023 Glens Falls: January 15, 2023		
Applicant's Request:	PEOPLE, Inc. is requesting to convert four existing crisis respite programs to three licensed Crisis Residences.		
Background			
<p>PEOPLE, Inc. aims to provide people living with behavioral health challenges a path for healing and recovery through the delivery of high-quality services. This not-for-profit organization is staffed entirely by individuals with their own lived experience with mental illness and addiction and have found paths to recovery and wellness. PEOPLE currently operate 30 unlicensed mental health programs, including supported housing, self-help programs, mobile crisis, peer services, and respite services.</p> <p>PEOPLE established Rose House in Ulster County in 2001 as a unique model of crisis respite and hospital diversion. The model has been studied and replicated across the country. The four unlicensed crisis respite programs, Rose Houses, currently operate as short-term alternatives to emergency rooms or inpatient psychiatric units. Each 8-bed Rose House can prevent 2,920 psychiatric days, serving up to 500 individuals annually.</p>			
Need			
<p>Based on data reviewed from the Mid-Hudson Region Community Health Assessment (2019 – 2021), NYS Department of Health Behavioral Risk Factor Surveillance System (2018), and U.S. Census Data there is a high prevalence of Hudson Valley residents with poor mental health, which is connected to the rates of unemployment, food insecurity, and poverty in this region.</p> <p>The four unlicensed crisis respite programs, Rose Houses, currently operate as short-term alternatives to emergency rooms or inpatient psychiatric units. Establishing these licensed Crises Residence will allow PEOPLE to bill Medicaid for the services</p>			

provided, in addition to the funding they currently receive from the Office of Mental Health (OMH). This additional funding will enable PEOPLE to increase their bed capacity by eight-beds, staffing on each shift, and the availability of transportation. The transition will also give them the ability to extend lengths of stay up to twenty-eight days when needed.

Given the prevalence of behavioral health issues and high rate of emergency room presentations and inpatient utilization among Hudson Valley residents in addition to the demonstrated success of the Rose House Crisis Respite programs points to the need for these programs in the region.

Character and Competence

Applicant operates programs licensed by OMH Yes No

Explain items marked no, include sanctions imposed by governing agencies:
PEOPLE does not currently operate any OMH licensed programs but they do operate over 30 unlicensed programs.

Staffing

Clinical Staff Titles	Credentials	FTE		
		Walden	Garrison	Glens Falls
Program Director	QMHP	1.0	1.0	1.0
Peer Crisis Specialist	NYS Certified Peer Specialist/CPRP	8.4	7.0	4.2
Transitional Care Specialist	NYS Certified Peer Specialist/CPRP	2.0	1.5	1.0
Total FTEs:		11.40	9.50	6.20

Caseload Capacity

Crisis Residence

Walden Bed Capacity: 8 | Garrison Bed Capacity: 6 | Glens Falls Bed Capacity: 4

Fiscal Information

First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	1,535,261.00	Staff Salaries:	1,426,896.00
Medicare:		Fringe Benefits:	499,414.00
Commercial Insurance:		Administrative Costs:	449,739.00
Grants:		Rent/Mortgage:	180,000.00
Other: Specify: State Aid	1,360,130.00	OTPS:	453,283.00
Total Revenue:	\$2,895,391.00	Total Expenses:	\$3,009,332.00
Deficit:			(\$113,941.00)

Fiscal Comments

This budget is for all three Crisis Residence programs. PEOPLE has secured capital funding to renovate the Walden Crisis Residence to ensure the facility meets regulatory standards and building codes.

The deficit projected for the first fiscal year is due to start up costs associated with Year 1 as the programs ramp up. PEOPLE intends to cover this deficit with their unrestricted funds and a projected surplus in Year 2 of \$121,482.00.

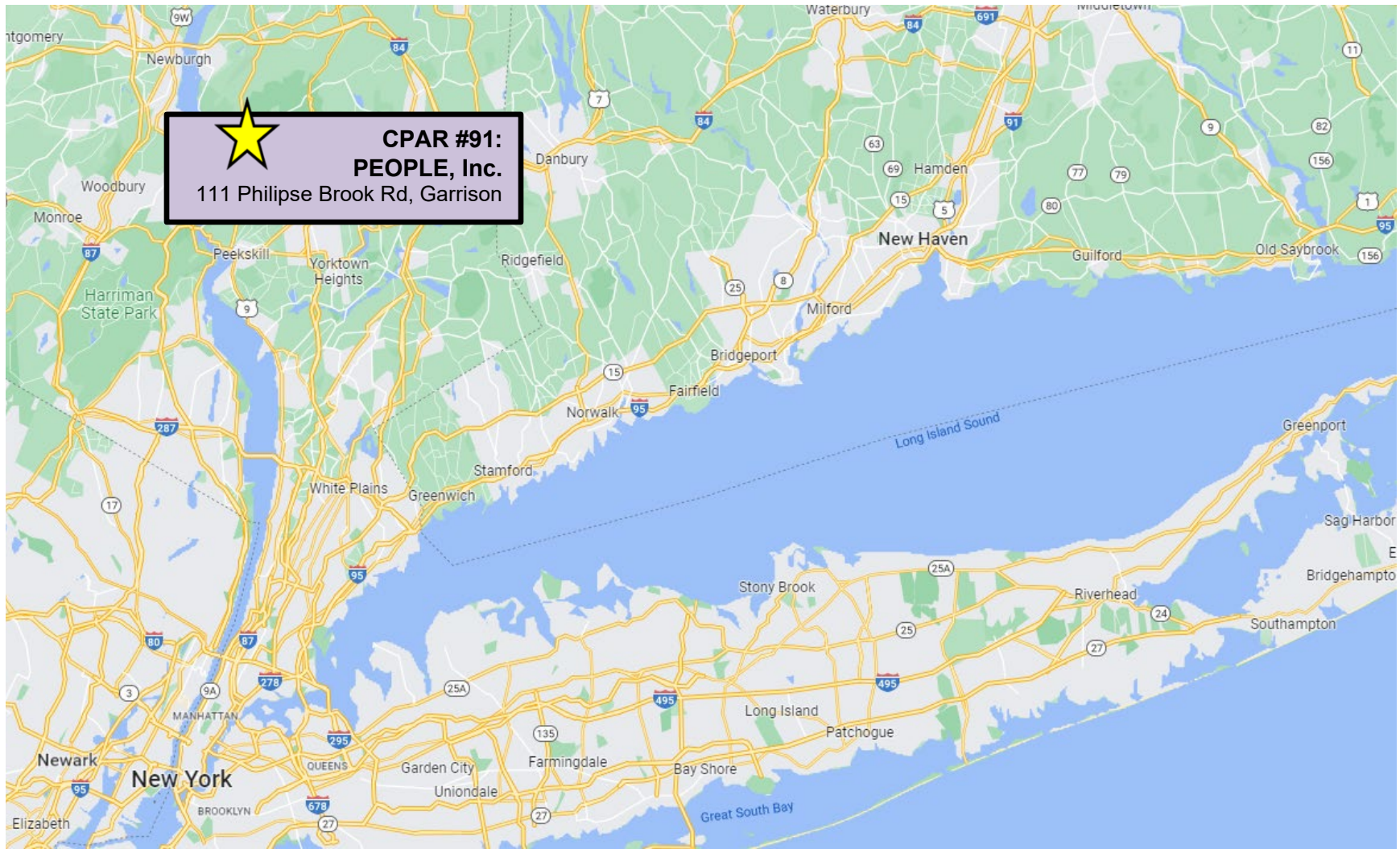
Reviewer Recommendations

Reviewer	Recommendation
County - Orange:	Approve
County - Putnam:	Approve
County - Warren:	Approve
Office of Mental Health:	Approve with Conditions

Reviewer's Comments and Conditions:

1. Confirm that staff will have access to a secure refrigerated storage for medications.
2. Complete architect feasibility review for each site.
3. Upon completion of the renovations provide a letter of substantial completion from the project architect, Certificate of Occupancy (COO), and complete a successful pre-occupancy visit with the Hudson River Field Office.

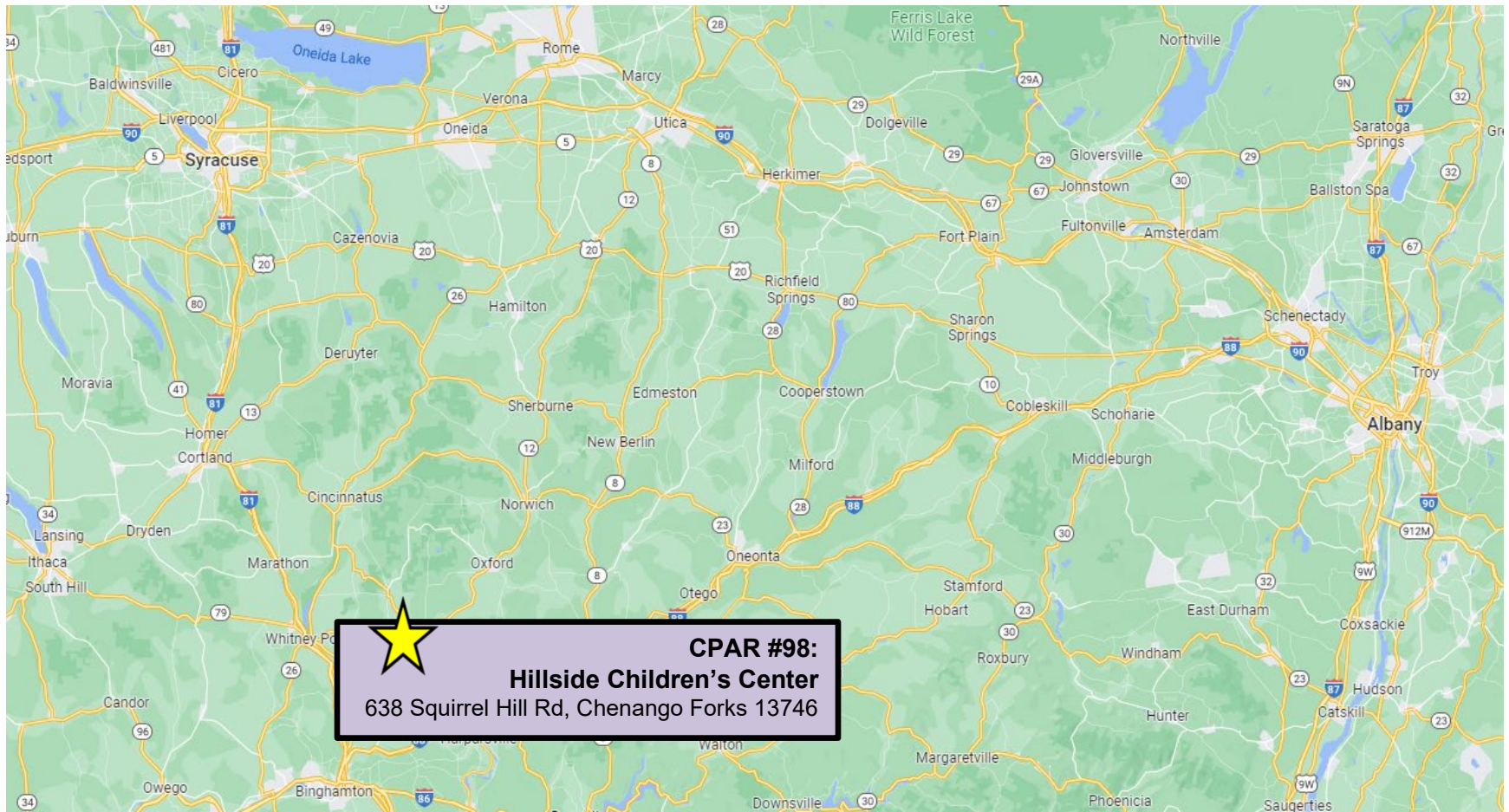




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CPAR #91:
PEOPLE, Inc.
111 Philipse Brook Rd, Garrison

BHSAC – Project Summary Form			
Review Date:	4/7/2022	Agency:	Hillside Children’s Center
Project #:	CPAR # 98	Project Type:	Close Residential Treatment Facility (RTF)
Project Description			
Provider:	Hillside Children’s Center		
Business Type:	Not-For-Profit Corporation		
Program Type:	Residential Treatment Facility (RTF)		
Address:	638 Squirrel Hill Road, Chenango Forks, NY 13746-2145		
Counties served:	Chenango		
Population served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input type="checkbox"/> Adults
Proposed Effective Date:	3/31/2022		
Applicant’s Request:	Hillside Children’s Center (HCC) is requesting to close their eighteen-bed Stillwater Campus RTF.		
Background			
<p>HCC currently operates eight (8) programs licensed by the Office of Mental Health (OMH). This includes four (4) residential treatment facilities (RTF), three (3) day treatment programs, and a Children and Family Treatment Services and Support (CFTSS) program. Additionally, they are in the final steps of opening another RTF that will serve Juvenile Justice youth. HCC provides residential services to a diverse population of youth placed by OMH, OCFS, Department of Social Services, and local Committees on Special Education.</p>			
Need			
<p>The Stillwater Campus RTF has an eighteen (18) bed capacity; however, the utilization of those beds has declined and is currently less than 50 percent. To maintain fiscal viability an occupancy rate of at least 98 percent is required. In addition to the decline in utilization the campus is a distance from necessary psychiatric and community supports and there is no school located on the campus which makes it difficult to ensure a high-quality educational experience for youth. The program continues to face serious challenges recruiting and retaining staff, with a vacancy rate as high as forty-five percent. Lastly, significant capital investment is needed to renovate and maintain the facility, including updates to the technology, flooring, HVAC system, water system, interior, and exterior structures.</p> <p>The occupancy rate, staffing challenges, limited community supports, and physical plant renovations will make it difficult to sustain the program.</p>			
Character and Competence			
Applicant operates programs licensed by OMH		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Indicate the number of licensed programs	4 Outpatient	# Inpatient	4 Residential
The applicant is in substantial compliance with OMH regulations		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

The applicant is in substantial compliance with other Government agencies	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Explain items marked no, include sanctions imposed by governing agencies: The NYS Office of Children and Family Services (OCFS) and Office of People with Developmental Disabilities (OPWDD) has confirmed that HCC's and all of their programs are in good standing.		
Staffing		
Staffing Comments: As of March 3, 2022, all youth have been discharged from the Stillwater Campus. Hillside staff will remain engaged to complete additional closing activities until March 31, 2022.		
Caseload Capacity		
Inpatient/RTF/Residential		
Current Bed Capacity: 18	Current Occupancy: 0	
Reviewer Recommendations		
Reviewer	Recommendation	
County - Chenango:	Approve	
Office of Mental Health:	Approve with Conditions	
Reviewer's Comments and Conditions: <ol style="list-style-type: none"> 1. Provide a de-identified disposition list for each youth that indicates the aftercare services they will receive. 2. Ensure that all discharges are reflected in CAIRS. 3. Provide a copy of the DOH CFR template to the Office of Mental Health (OMH) and Department of Health (DOH). 		



BHSAC – Project Summary Form			
Review Date:	4/7/2022	Agency:	Hillside Children’s Center
Project #:	CPAR # 99	Project Type:	Renovate and expand RTF capacity
Project Description			
Provider:	Hillside Children’s Center		
Business Type:	Not-For-Profit Corporation		
Program Type:	Residential Treatment Facility (RTF)		
Address:	7432 County House Road, Auburn, NY 13021-8216		
Counties to be served:	Cayuga County		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input type="checkbox"/> Adults
Proposed Effective Date:	4/18/2022		
Applicant’s Request:	Hillside Children’s Center (HCC) is requesting to expand their Finger Lakes Campus RTF capacity by eight beds that will serve female and transgender youth.		
Background			
<p>HCC currently operates eight (8) programs licensed by the Office of Mental Health (OMH). This includes four (4) residential treatment facilities (RTF), three (3) day treatment programs, and a Children and Family Treatment Services and Support (CFTSS) program. Additionally, they are in the final steps of opening another RTF that will serve Juvenile Justice youth. HCC provides residential services to a diverse population of youth placed by OMH, OCFS, Department of Social Services, and local Committees on Special Education.</p> <p>The Hillside Finger Lakes Campus RTF (FLC) currently has a forty-two (42) bed capacity that serves Children and Adolescents in Cayuga and surrounding counties. Through this project eight (8) of sixteen (16) OCFS licensed Residential Treatment Center (RTC) beds will be converted to RTF beds licensed by OMH, increasing the RTF capacity at the FLC to fifty (50) beds.</p> <p>This project also includes minor renovations to the bathrooms, bedrooms, kitchen, and common area. These renovations removing ligature risks, replacing doors, windows, light fixtures, flooring, remodeling the bathrooms, and installing new furniture and artwork.</p>			
Need			
<p>Over the last five years the FLC has maintained a utilization rate of 97.74 percent. There has been a slight decrease in utilization in the last twenty months due to delayed admissions during COVID-19 exposures. Additionally, the FLC has consistently had a waitlist with over twenty youth in need of RTF level of care. Due to the pandemic and high demand for these services the time that youth are on the waitlist for these has doubled, which has resulted in increased Emergency Room visits and hospitalizations.</p>			

The FLC currently operates two male units and one female unit; however, the current waitlist includes a large number of female youth. To ensure that the expanded capacity at FLC meets the demonstrated need, these additional 8 beds will serve females and transgender youth.

HCC's FLC is committed to continuing to meet the needs of youth through the CARE model, which is a relationship based, trauma informed, competence centered, developmentally focused, family involved, and ecologically oriented evidence-based practice.

Character and Competence

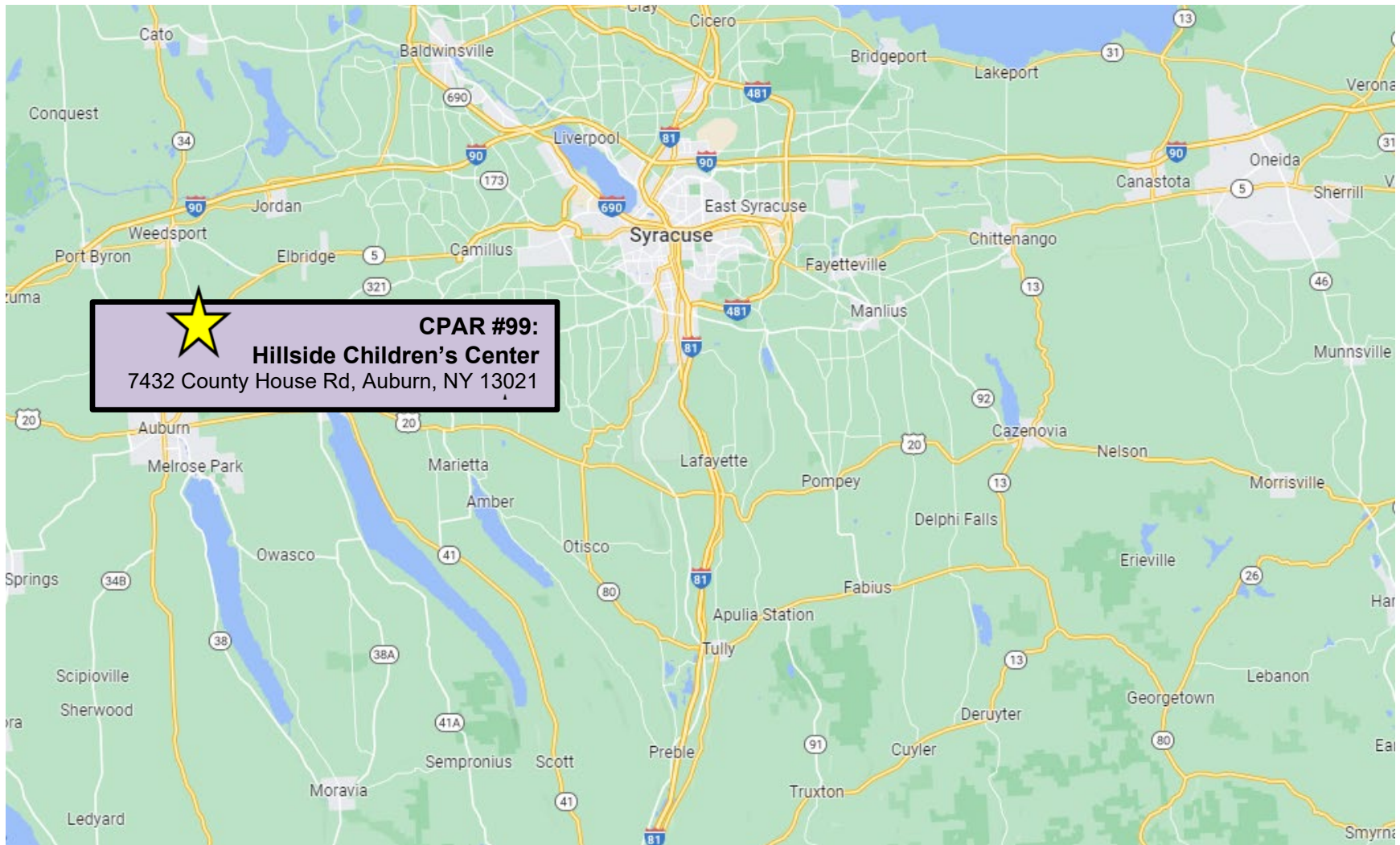
Applicant operates programs licensed by OMH		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Indicate the number of licensed programs	4 Outpatient	0 Inpatient	4 Residential
The applicant is in substantial compliance with OMH regulations		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Explain items marked no, include sanctions imposed by governing agencies:
 The NYS Office of Children and Family Services (OCFS) and Office of People with Developmental Disabilities (OPWDD) has confirmed that HCC and all their programs are in good standing.

Staffing

Clinical Staff Titles	FTE
Director of Residential Services	0.95
Clinical Manager	0.90
Residential Program Manager	1.5
Residential Unit Manager	2.75
Residential Supervisor	6.0
Residential Assistant Supervisor	16.0
Nurse Manager IV	0.9
Psychiatrist Senior	0.06
Psychologist III	1.0
Nurse Practitioner Psychiatric	1.44
Nurse Practitioner Pediatric	0.5
Nursing	9.6
Coordinator I Therapeutic Recreation	2.0
Care Coordinator II	4.0
Behavioral Specialist	2.0
Case Manager	1.0
Clinician I	2.0
Clinician II	3.0
Clinician III	2.0
Youth Care Professional I	53.15
Youth Care Professional III	13.0

Special Investigator			0.19
Permanency			0.21
Administrative Assistant II			1.37
Medical Office Assistant			1.0
Total FTEs:			126.52
Staffing Comments:			
HCC and OMH will continue to work together to finalize the staffing plan outlined above to ensure that it supports the clinical staff necessary to meet the needs of the youth being served at FLC RTF, including the new 8-bed unit and the specialized populations served on the Intensive Treatment Units.			
Caseload Capacity			
Inpatient/RTF/Residential			
Current Bed Capacity: 42	Proposed Bed Capacity: 50	% Change: 19.05%	
Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	11,322,057.90	Staff Salaries:	6,546,797.31
Medicare:		Fringe Benefits:	1,734,900.73
Commercial Insurance:		Administrative Costs:	1,254,353.85
Grants:		Rent/Mortgage:	275,731.98
Other: Specify:		OTPS:	1,510,274.03
Total Revenue:	\$11,322,057.90	Total Expenses:	\$11,322,057.90
Surplus:			\$0.00
Reviewer Recommendations			
Reviewer		Recommendation	
County - Cayuga:		Approve	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
<ol style="list-style-type: none"> Describe how previously employed RTC staff will be trained to provide services in an RTF, including the differences in the treatment philosophies between an RTC and RTF. Provide a copy of the final staffing plan for the entire RTF program. Provide a copy of the DOH CFR template to the Office of Mental Health (OMH) and Department of Health (DOH). Upon completion of the renovations provide a letter of substantial completion from the project architect, Certificate of Occupancy (COO), and complete a successful pre-occupancy visit with the Central New York Field Office. 			



CPAR #99:
Hillside Children's Center
7432 County House Rd, Auburn, NY 13021

BHSAC – Project Summary Form

Review Date: 4/7/2022	Agency: Amudim Community Resources, Inc.
Project #: MH-D-2864	Project Type: Establish new Clinic Treatment Program

Project Description

Provider:	Amudim Community Resources, Inc.
Business Type:	Not-For-Profit Corporation
Program Type:	Clinic Treatment Program
Address:	45 Bayview Avenue, Inwood, NY 11096
Counties to be served:	Nassau

Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
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Proposed Effective Date: 5/1/2022

Applicant’s Request: This application seeks to establish an article 31 clinic treatment program to serve primarily the residents of Inwood as well as the rest of Nassau County. Services would be available to all age groups and include evening and weekend hours as follows: Monday through Thursday, 9 am – 10 pm, Friday 9 am – 4 pm, & Sunday 9 am – 7 pm.

Provider’s Background

Established in 2016, Amudim has operated a community service program for residents of New York City and on Long Island. Amudim services include case management, education and referrals related to sexual abuse, developmental disabilities, at-risk youth, and substance abuse and addiction. Case Management services are offered for free to the public and is supported totally by fundraising. Audited financial reports show robust fundraising revenue of 7.3M in 2018, 6.9M in 2019 and 9.3M in 2020.

Specific to mental health, Amudim provides outreach and education services to adults, children and adolescents and their families experiencing serious and persistent mental illness. In 2021 Amudim also received a Substance Abuse and Mental Health Services Administration (SAMHSA) Mental Health Awareness Training Grant of \$125,000 to increase mental health awareness and reduce mental illness stigma in New York’s Orthodox Jewish community. With this grant, Amudim will provide Mental Health First Aid and culturally competent care training to 2,000 individuals, including Orthodox school personnel and first responders.

For expert knowledge and advice in mental health, Amudim relies on a 7-member advisory board composed of licensed clinical psychologists, social workers and psychiatrist of child, adolescent and adult psychology and psychiatry. Among the Advisory Board members is Dr. Gary Lelonek, an emergency department child and adolescent psychiatrist at Northwell Health/LIJ Hospital where he leads a team of social workers, child psychiatry fellows and residents working with families in crisis, and evaluating high-risk patients. He is also an associate professor of psychiatry and pediatrics at Zucker Medical School where he also focuses on the practice of mental health emergencies. Dr. Lelonek also provides training and holds workshops on mental health, adolescent suicide prevention and school violence for Amudim staff and at New York City public schools.

Need			
<p>Article 31 certification would allow Amudim to provide a wider array of services to the community it serves, which include Jewish, African American, Hispanic and other minority communities of Inwood and throughout Nassau County. The most recent data shows Inwood's diverse population is made up of 47.7% Hispanic or Latinos, 30% White, 17.2% African American, 4.8% Asian and 0.7% other. Also, as of 2019, 14.5% of the population of Inwood was living at or below the Federal Poverty Level.</p> <p>Amudim has identified approximately 400 individuals from Nassau County per year in need of mental health clinic services. In 2020 Amudim also received approximately 600 phone calls, e-mails or in-person inquiries seeking guidance, referrals and help in navigating the mental health system. Its referral service has often experienced great difficulty linking these individuals to culturally competent services in their community. Approximately 10% of inquiries received are from family members of individuals afflicted with major mental illness (Schizophrenia, Bi-Polar Disorder or Major Depressive Disorder). These events serve as the impetus for Amudim to request approval of their proposal.</p>			
Character and Competence			
Applicant operates programs licensed by OMH	<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/> No
Staffing			
Clinical Staff Titles	Credentials	FTE	
Program Director	LCSW, PH.D.	.235	
Med. Dir. /Psychiatrist	MD	.25	
Nurse Practitioner	NPP	1.8	
Therapist	LCSW, PH.D.	10.47	
Total FTE		12.76	
Caseload Capacity			
Proposed: 500	Caseload to staff ratio: 39:1		
Fiscal Information			
Program Incremental Operating Revenue		Program Incremental Operating Expense	
Medicaid:	\$ 1,308,838	Staff Salaries:	\$ 1,103,600
Medicare	\$ 162,198	Fringe Benefits:	\$ 134,235
3 rd party	\$ 113,940	Rent	\$ 100,000
Patient Fees	\$ 20,000	OTPS	\$ 51,000
Contributions	\$ 100,000	Administrative	\$ 258,325
Total Revenue:	\$ 1,704,976	Total Expenses:	\$ 1,647,160
Surplus:		\$ 57,816	
<p>The 2018, 2019, and 2020 Independent Auditor's Reports evaluated the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management. The reports indicate Amudim's compliance with generally accepted accounting principles.</p>			
Reviewer Recommendations			
Reviewer		Recommendation	

County – Nassau:	Approve
OMH	Approve with conditions
Reviewer's Comments and Condition: TBD	

