



Office of Mental Health

Behavioral Health Services Advisory Council

OMH Project Review Agenda

February 26, 2025

Applicant Name/Project # Project Type Program Type Project Manager Page #

Westchester County Department of Community Mental Health				
CPAR # 160	Establish New	Outpatient/ MHOTRS	Rudy Arias	1

BronxCare Health System				
CPAR # 167	Capital Project Expand Capacity	Inpatient	Alixandra Foisy	6

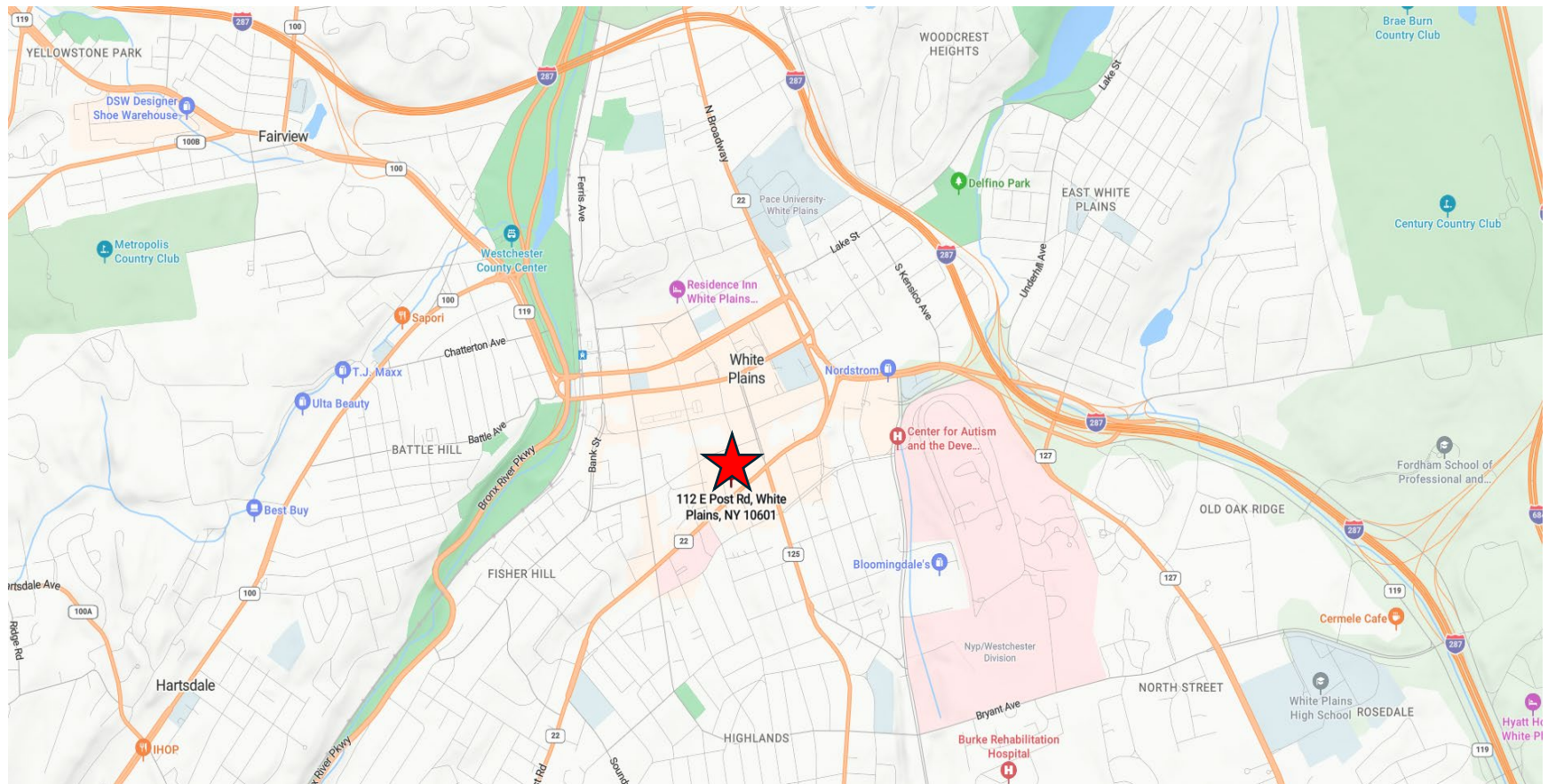
State University of New York at Stony Brook				
CPAR # 168	Capital Project	Inpatient	Alixandra Foisy	9

BHSAC – Project Summary Form			
Review Date: 2/26/2025	Agency: Westchester County Department of Community Mental Health		
Project #: C PAR #: 160	Project Type: Establish a new program		
Project Description			
Provider:	Westchester County Department of Community MH		
Business Type:	County Municipal		
Program Type:	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)		
Address:	112 East Post Road White Plains NY		
Counties to be served:	Westchester		
Population to be served:	<input type="checkbox"/> Children (5+)	<input type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	4/1/2025		
Applicant's Request:	<p>The Applicant seeks to establish an Article 31 MHOTRS program to serve the residents of Westchester County. The proposed hours of operation are Monday, Wednesday, Friday 9 am - 5 pm; Tuesday and Thursday 8 am - 7 pm; with evening and additional hours-by-appointment to accommodate families' busy schedules.</p> <p>The program aims to provide timely access to services to promote the stabilization of clients in need of treatment but who can't receive more immediate care at other MHOTRS programs in the community. A multi-disciplinary clinical care team will employ Evidence-based practices in an integrated care environment to address clients' co-occurring Serious Mental Illness (SMI), substance use, and medical care needs. As an open access model program clients will be served regardless of ability to pay, status as being dropped at other programs for non-compliance, or being on a waiting list elsewhere. Peer Specialists will offer services designed to promote skills for coping with and managing behavioral health symptoms and facilitate utilization of natural resources. Once stabilized, clients will be linked with services in the community that will continue to support an individual's care and treatment needs, including mental health services. The model will seek to re-engage clients with a former or new mental health provider that align with their current needs. However, the program will continue to provide care on a longer-term basis should another provider not be available to provide treatment. Links will be made according to prioritized needs, which may include crisis management, emergency housing, opioid withdrawal and detoxification services, Care Management, outpatient mental health and/or substance use treatment, SPOA (for longer term housing), Peer supports, community-</p>		

based supports, DSS/DHS (benefits & insurance), medical services, and family/collateral supports.			
Provider's Background			
<p>The County previously operated 5 MHOTRS programs with multiple satellites each. All were closed by County administrators in efforts to consolidate services and other administrative needs at the time in 2011. The County has continued to operate Article 28 programs and other health care services through its health department.</p> <p>The program will be overseen by Michael Orth, Commissioner of the County Department of Community Mental Health. In 2024, Mr. Orth received our State's <i>Lifetime Achievement Award</i>, in recognition of his decades-long commitment to improving children's mental health throughout Westchester County and a career of collaboration and innovation that transformed the landscape of mental health services in the State.</p>			
Need			
<p>The population of focus will be individuals who have been identified as Population High Utilizers in PSYCKES, who present with SMI, Social Determinant of Health (SDH) needs, complex MH/SU, and may have crisis-related concerns. Clinic staff will screen for risk and offer de-escalation, stabilization, and referral to an array of services that match urgent needs. It is estimated that the clinic will effectively manage approximately 120 enrolled clients at a time, with an emphasis on clinical flow through and linkage to external services.</p> <p>The County demonstrates need by highlighting the inability of Westchester behavioral health providers to engage individuals who are transitioning between levels of care.</p> <ol style="list-style-type: none"> 1. No follow-up 7 days MH ER= 36.2% 2. No follow-up 7 days MH inpatient= 48.8% 3. No Continuity Detox to Lower Level of Care = 26.9% 4. No Continuity Rehab to Lower Level of Care = 36.5% 5. No F/U High Intensity SUD within 7 Days= 43.5% 6. No Utilization of MAT after initial dx= 31.1% 7. No follow up after SUD ER within 7 days= 65.1% <p>The Safety Net Clinic will offer a resource that will promote continuity of care for individuals who may be historically challenging to engage. LGU sees issues with access, SDH needs, and provide resources to this priority population that requires more active and positive engagement. This integrated approach includes screening for opioids and creating a pathway to detox & withdrawal services, as needed.</p>			
Character and Competence			
Applicant operates programs licensed by OMH	<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/> No

- The County currently operates a number of unlicensed mental health programs and services, as well as Article 28 programs. The programs are in good standing with the Department of Health.

Staffing				
Clinical Staff Titles		Credentials		FTE
Program Director - Community Support		LCSW		.1
Senior Psychiatric Worker		LCSW		4.0
Community Worker Assistant Peer Specialist		NYS Peer Specialist Certification		4.5
Psychiatric Nurse Practitioner		PNP certification		.80
Nurse		RN		.5
Psychiatrist		AB certified in Psychiatry Neuro		.5
Total				10.4
Caseload Capacity				
Proposed Caseload: 120		Caseload ratio: 1:27		
Fiscal Information				
Operating Revenue		Program Incremental Operating Expense		
Medicaid	\$ 950,530	Staff Salaries:	\$ 1,112,504	
Medicare	\$ 18,160	Fringe Benefits:	\$ 734,253	
Fees:	\$ 1,009	OTPS:	\$ 205,807	
Third party:	\$ 239,715	Rent	\$ 40,000	
Other		Administrative	\$ 100,000	
Total Revenue:	\$ 1,209,414	Total Expenses:	\$ 2,092,564	
Deficit:		\$ 883,150		
Reviewer Recommendations				
Reviewer		Recommendation		
County – Westchester:		Approve		
Field Office - Hudson River:		Approve with Conditions		
Reviewer's Comments and Condition:				
1. Pre-occupancy site visit.				
2. Provide updated attestation and policy for providing telehealth services.				
3. Indicate optional services, if any.				
4. Confirm the agency has authorized someone to complete pre-employment background checks.				



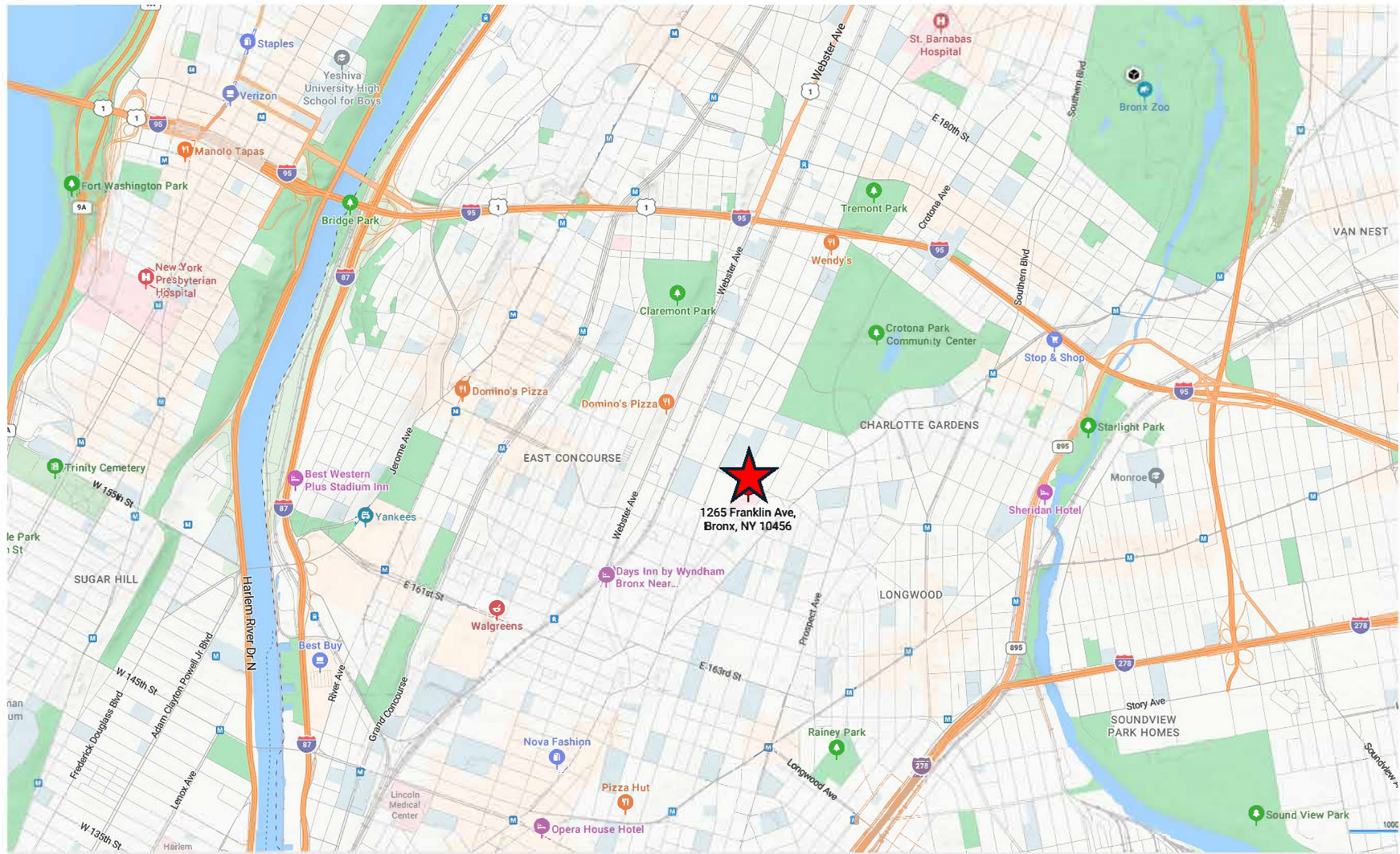
Westchester County Department of Community Mental Health

112 East Post Road, White Plains, NY

CPAR # 160

BHSAC – Project Summary Form			
Review Date:	2/26/2025	Agency:	BronxCare Health System
Project #:	167	Project Type:	Expand inpatient beds
Project Description			
Provider:	BronxCare Health System		
Business Type:	Not-For-Profit Corporation		
Program Type:	Inpatient		
Address:	1265 Franklin Avenue, Bronx, New York 10456-3467		
Counties to be served:	Bronx		
Population to be served:	<input type="checkbox"/> Children	<input type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	4/15/2026		
Applicant's Request:	<p>Applicant seeks approval to increase the capacity of their inpatient psychiatric unit by twenty (20) adult beds. They propose to renovate an unoccupied space to create a new inpatient unit and bring the bed capacity from 104 to 124. They seek to renovate a seventh-floor area that houses underutilized offices and storage areas. In addition to the twenty beds, the unit will include new offices on the unit for program staff and a small area outside the unit that will be utilized as office space for other administrative programs supporting the psychiatric department.</p>		
Background			
<p>BronxCare is the largest voluntary, not-for-profit health and teaching hospital system serving the South and Central Bronx, with 859 beds and 4,500 employees. The BronxCare Health system includes psychiatric and chemical dependency programs, a long-term care facility, and an extensive outpatient network which are focused on delivering the highest quality and accessible services to the community.</p>			
Need			
<p>The applicant reports that the addition of twenty beds to their inpatient unit will fulfill BronxCare's Community Service Plan initiative to promote well-being. They anticipate that the additional unit will reduce wait times for individuals being served in their Emergency Department and Comprehensive Psychiatric Emergency Program (CPEP). The applicant reports that this unit will allow them to respond to the disparities associated with the high incidence of mental health disorders in the Bronx community. These disparities include the lowest per capita socioeconomic standing in the country, high rates of substance use, and food and housing insecurity. In summary, the additional twenty beds will have an important and beneficial impact on BronxCare's vulnerable service area population.</p>			
Character and Competence			
Applicant operates programs licensed by OMH	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	
Indicate the number of licensed programs	4 Outpatient	1 Inpatient	
The applicant is in substantial compliance with OMH regulations	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	
The applicant is in substantial compliance with other Government agencies	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	

Staffing			
Staffing Impact:	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/> No
Clinical Staff Titles		Credentials	FTE
Psychiatrist		MD	2.0
Social Worker		LCSW	2.0
Integrative Therapist		LCAT	2.0
Peer Specialist		New York Certified Peer Specialist	1.0
Registered Nurse		RN	15.6
Total FTEs:			22.6
Capacity			
Inpatient			
Current Bed Capacity: 104	Proposed Bed Capacity: 124		% Change: 19%
Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	\$5,886,674	Staff Salaries:	\$4,297,097
Medicare:	\$1,448,746	Fringe Benefits:	\$1,980,000
Commercial Insurance:	\$491,192	Administrative Costs:	\$725,220
Grants:	\$0	Rent/Mortgage:	\$1,887
Other:	\$4,414	OTPS:	\$266,582
Specify:			
Total Revenue:		Total Expenses:	\$7,270,786
Surplus		\$560,240	
Fiscal Comments:			
The estimated \$8 million construction cost of the unit will be supported by funds awarded to BronxCare from the Department of Health and the Office of Mental Health Behavioral Health Center of Excellence Initiative.			
Reviewer Recommendations			
Reviewer		Recommendation	
County - Bronx:		Approve with Conditions	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
1. Satisfactory pre-occupancy site visit conducted by the New York City Field Office.			
2. Submission and satisfactory review of all hardware and furniture to be used on this unit.			
3. Provide a letter of substantial completion from the project architect upon completion of the project.			
4. Provide satisfactory sign-off from the Fire Department of New York.			



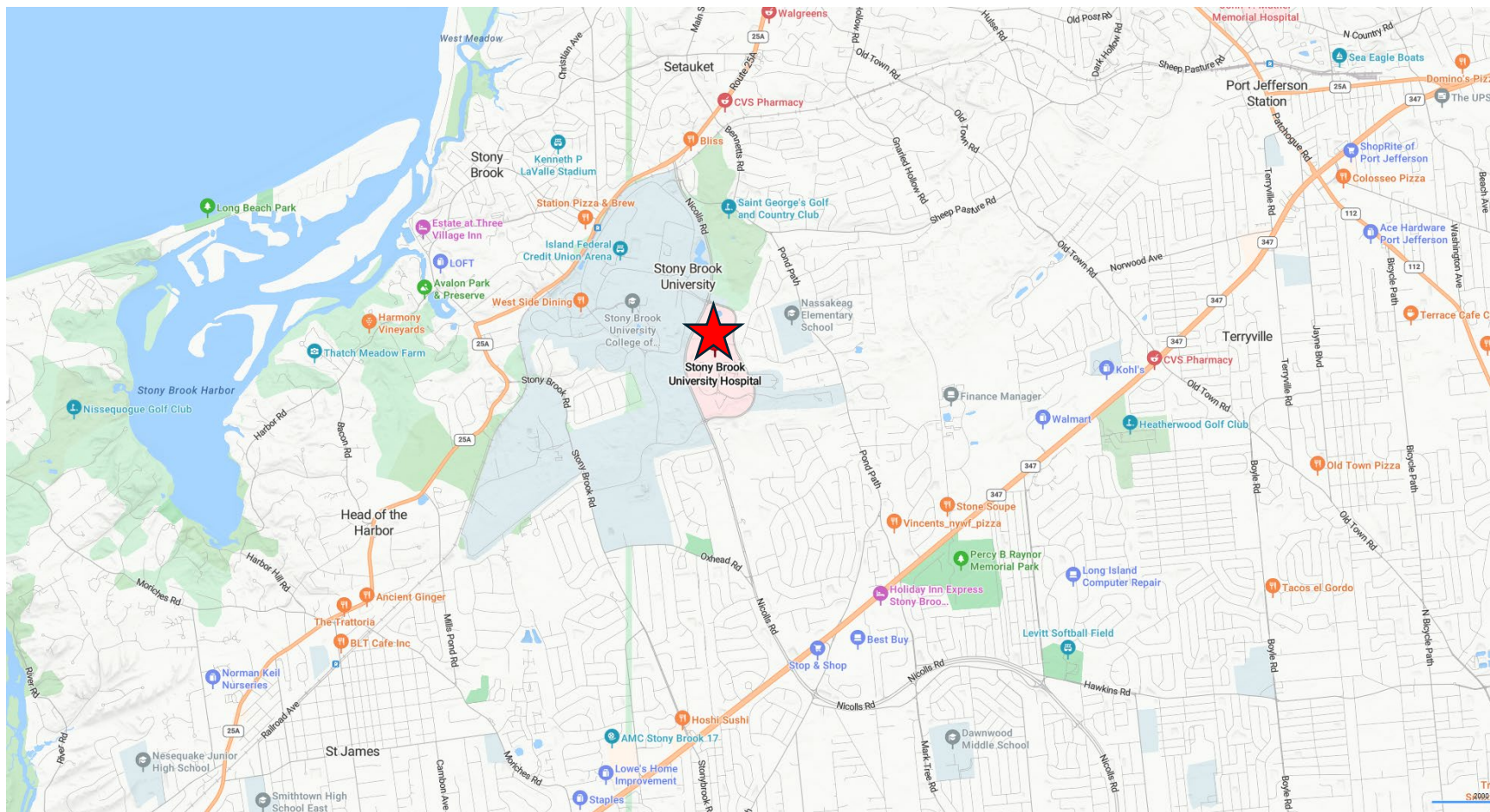
BronxCare Health System

CPAR # 167

1265 Franklin Avenue, Bronx, NY

BHSAC – Project Summary Form			
Review Date:	2/26/2025	Agency:	State University of New York at Stony Brook
Project #:	CPAR 168	Project Type:	Capital Project
Project Description			
Provider:	Stony Brook University Hospital		
Business Type:	Not-For-Profit Corporation		
Program Type:	Inpatient		
Address:	University Hospital, Level 4, Stony Brook, New York 11794-7101		
Counties to be served:	Suffolk		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	2/1/2027		
Applicant's Request:	<p>The applicant seeks to renovate the Comprehensive Psychiatric Emergency Department's (CPEP) intake and triage area to add approximately 620 square feet. The renovation will include adding an interview room and a weapons closet. The interview room will provide a secure and private space for clinicians to assess and observe patients in crisis and allow them to have confidential conversations. The weapons closet will securely house potentially harmful objects thereby reducing the risk of violence and creating a safe environment.</p>		
Background			
<p>Stony Brook University Hospital (SBUH) is an academic medical center serving Long Island since 1980. It currently operates inpatient behavioral health services with 30 adult beds and a 10-bed unit for children and adolescents ages 8 to 14. The hospital's Comprehensive Psychiatric Emergency Program (CPEP), which further supports the mental health needs of individuals in Suffolk County and Long Island, has been in operation since 2000.</p>			
Need			
<p>The proposed renovation to the CPEP at Stony Brook University Hospital is included in a larger project to upgrade the pediatric emergency department. The CPEP space is adjacent to the pediatric emergency department and will impact the hallway leading to the triage room and police holding. The CPEP triage hallway will be reconfigured to improve throughput and expand patient and family centered interview space.</p> <p>The applicant reports the new triage space will allow for greater efficiency and effectiveness. They anticipate that the improvements will reduce length of stay when conducting triage and referral creating the opportunity to serve more patients. The improved workflow will allow existing staff to manage an increase in volume should this occur.</p> <p>The patient treatment areas of the CPEP will not be directly impacted by the construction. The CPEP entry hallway will be impacted by the proposed project. Alternate rooms along that same hallway will be built out before any triage room closes to offset the impact of the renovations.</p>			

Character and Competence			
Applicant operates programs licensed by OMH		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Indicate the number of licensed programs	1 Outpatient	2 Inpatient	0 Residential
The applicant is in substantial compliance with OMH regulations		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Staffing			
Staffing Impact:	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	
Fiscal Information			
Fiscal Comments:			
Anticipated project cost is \$2,622,694 and will be funded by fundraising initiatives and philanthropic donations.			
Reviewer Recommendations			
Reviewer		Recommendation	
County - Suffolk:		Approve with Conditions	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
<ol style="list-style-type: none"> 1. Submission and satisfactory review of all hardware and furniture that will be used for this new unit. 2. Provide a letter of substantial completion from the project architect upon completion of the project. 3. Satisfactory pre-occupancy site visit conducted by the Long Island Field Office. 			



Stony Brook University Hospital

CPAR # 168

University Hospital, Level 4, Stony Brook, NY