



Department
of Health

Office of
Mental Health

Office of Alcoholism and
Substance Abuse Services

Office of Children
and Family Services

Office for People With
Developmental Disabilities

The Children's Health and Behavioral Health System Transformation in New York State

June 2019

Welcome!

- Today we are talking about changes to Medicaid for children and youth.
- We will answer as many questions as we can.
- There will be time for questions. Microphones will be going around.
- If you have a question but do not want to speak, you can write it down and leave it on the table or talk with one of our State agency staff.



Contents

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 - Vision for the Children's Medicaid System
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- **NYS Children's Medicaid Managed Care**
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 - What HCBS Children and Families Need to Know



Changes to NYS Medicaid for Children



Vision for NYS Children's Medicaid and Medicaid Managed Care

- Early identification and intervention of children/youth health needs
- Family-driven and youth-guided care planning and care management
- Avoiding the need for more restrictive services by building support at home and in the community
- Focus on resilience and recovery from young children to young adults



Vision for NYS Children's Medicaid Services

- More services available to more children with Medicaid
- Services can be provided in the home and community
- More services available to children from birth to age 21 (including children under 5 and for young adults 18 to 21)
- More service coverage under Medicaid Managed Care





New Children and Family Treatment and Support Services (CFTSS)



What are Children & Family Treatment and Support Services (CFTSS)?

- Mental health and/or substance abuse services in NYS Medicaid
- For children ages birth to 21
- Available to eligible children/youth enrolled in Medicaid
- Services can be provided at home, in the community, or wherever children/youth and their families feel comfortable



Children & Family Treatment and Support Services (CFTSS)

Other Licensed Practitioner (OLP) –individual, group, or family therapy at home or in the community for a children/youth who have mental health or substance use needs.

Community Psychiatric Supports and Treatment (CPST) – support at home and in the community to help improve relationships with family, friends and others

Psychosocial Rehabilitation (PSR) – help with relearning skills to help support the child/youth in their home, school and community. Children and youth must have a mental health or substance use diagnosis to receive this service.

Family Peer Support Services (FPSS) (*CFTSS Beginning July 1, 2019*) - supports families and caregivers to help address the mental health or substance use needs of their child. Provided by an individual with their own lived experience



How Can I Get These Services?

To get one or more of these services, you need to:

- **Find a CFTSS Provider. You can find providers by:**
 - Asking the child/youth's other healthcare providers
 - Contacting the child/youth's Medicaid Managed Care Plan
 - Asking the child/youth's Health Home care manager
 - Talking to your local county, such as the Single Point of Access (SPOA)
- **Get a Recommendation:**
 - A recommendation for CFTSS works like a prescription. You can get one from your pediatrician, or a CFTSS provider can help you get one.
 - Your provider can determine if a child/youth is eligible for CFTSS.



Children and Family Treatment and Support Services

Available as of January 1, 2019

- Other Licensed Practitioner
- Community Psychiatric Supports and Treatment
- Psychosocial Rehabilitation

Expanding on July 1, 2019

- **Family Peer Support Services**

Expanding on January 1, 2020

- Youth Peer Support and Training
- Crisis Intervention

Note: Children/Youth who are enrolled in the new Children's Waiver can get all of these services right now.





The Children's Waiver: Home and Community Based Services (HCBS)



The NYS Children's Waiver

OMH
SED
HCBS
1915 (c)
Waiver

DOH
Care at Home I/II
(CAH I/II)
1915(c) Waivers

OPWDD
Care at Home
(CAH)
1915(c) Waiver

OCFS
Bridges to
Health (B2H)
1915(c) Waivers
for SED, DD, and
Medically Fragile
Children

The Children's Waiver

- New York State combined six waiver programs into one waiver
- Children and youth who were enrolled in those waivers now have access to more services
- These services are called **Children's Home and Community Based Services (HCBS)** under what is now called the **Children's Waiver**



What are Children's Home and Community Based Services (HCBS)?

- Services that help keep children and youth with complex health and/or mental health needs out of hospitals and residential settings
- Help children/youth who are in a hospital or residential setting transfer back safely to their homes and communities
- Support children/youth and their families as they work toward goals and achievements to be successful at home, in school, and in their community
- Offer individual, flexible services that are strength and skill-based to meet the health, mental health, and/or developmental needs of each child/youth



Who can get Children's HCBS?

Children's Home and Community Based Services are for children and youth (under age 21) who:

1. Are enrolled or eligible to enroll in Medicaid
 - Some children/youth may be eligible for Medicaid if they are eligible for Children's HCBS. If a child/youth does not have Medicaid and you think they may be eligible for HCBS, call C-YES at **1-833-333-2937**
2. Need extra care at home or in the community to avoid the need for long-term inpatient care
3. Are in a higher level of care and would be able to stay at home with extra support



Children's Home and Community Based Services

Community Habilitation

**Palliative Care –
Expressive Therapy**

**Family Peer Support
Services***
(until July 2019)

Day Habilitation

Palliative Care – Massage Therapy

**Caregiver/Family Support and
Services**

**Palliative Care –
Pain and Symptom Management**

**Youth Peer Support and
Training*** *(until
January 2020)*

**Community Self Advocacy
Training and Support**

**Palliative Care –
Bereavement Counseling**

Crisis Intervention* *(until
January 2020)*

Prevocational Services

Environmental Modifications

Supported Employment

Vehicle Modifications

Adaptive and Assistive Equipment

**Respite Services
(Planned & Crisis Respite)**

Non-Medical Transportation

**These services are
available as HCBS until
they become CFTS
Services on dates above*

Find out more information on these services in the Children's HCBS Brochure



Health Home Care Management



The Children's Waiver and Care Management

- Children and youth who are enrolled in the Children's Waiver and are getting Home and Community Based Services (HCBS) need to have care management
- Health Homes can provide complete care management services for children and youth getting Home and Community Based Services (HCBS)
- If a child/youth and their family do not want Health Home care management, they can get HCBS care management from the **Children and Youth Evaluation Service (C-YES)**



Medicaid Managed Care Exemptions and Exclusions

- Most exemptions include:
 - individuals with special needs and who are participating in programs for which the State has not yet developed a Medicaid Managed Care program
 - Native Americans
- Most exclusions include individuals who:
 - have private comprehensive health insurance
 - have Medicare
 - do not have full Medicaid coverage
 - live in a residential setting operated/overseen by the State



The Children's Waiver and Medicaid Managed Care

Example 1:

- Today, Susan is participating in the Children's Waiver and is not enrolled in Medicaid Managed Care. She also has comprehensive health insurance through her father's employer.
- Susan is currently excluded from Medicaid Managed Care because she has comprehensive health insurance.
- **After October 1, Susan is still excluded** and will not enroll in Medicaid Managed Care but will continue to receive her waiver services.



The Children's Waiver and Medicaid Managed Care

Example 2:

- Today, Penny is participating in the Children's Waiver and is not enrolled in Medicaid Managed Care. She is certified disabled and gets full Medicaid based on her income alone.
- Penny is currently exempt from Medicaid Managed Care only because she is participating in the Children's Waiver. She does not have another reason to be exempted or excluded from Medicaid Managed Care.
- By October 1, Penny will choose and enroll in Medicaid Managed Care and will continue to receive her waiver services.



The Children's Waiver and Medicaid Managed Care

- To prepare for October 1, 2019, for children and youth participating in the Children's Waiver, who are not yet enrolled in Medicaid Managed Care:
 - The state will check to see if there is another reason they are still exempt or excluded from Medicaid Managed Care.
 - If there is not another reason, they and their families will get a letter from New York Medicaid Choice, saying it is time to choose a plan.
 - New York Medicaid Choice can help families pick a plan



How can a child/youth in the Children's Waiver enroll in Medicaid Managed Care?

- If a child/youth participating in the Children's Waiver gets a letter saying its time to choose a plan, **you will have 60 days to choose a Plan**. If you do not pick a Plan before the enrollment date, a Plan will be chosen for you.
 - Your Health Home care manager or C-YES staff can help you contact those that can assist you chose a Plan
- Once a child/youth is enrolled in a Medicaid Managed Care Plan, you have 90 days to choose a different Plan if you want to.
- After a child/youth is enrolled in Medicaid Managed Care for 90 days, they will stay in their Plan for nine more months before they can switch to another Plan, unless there is a good reason to switch



How do I choose a Medicaid Managed Care Plan that works for my child/youth and family?

You can call New York Medicaid Choice for help choosing a Plan and enrolling in Medicaid Managed Care at anytime.

Things to think about when choosing a Plan (NY Medicaid Choice can help you):

- Find out which Plans are available in your county
- Know which doctors and healthcare providers the child/youth sees regularly so that you can find out what plan they work with
- Talk to the child/youth's current providers to make sure they work with the plan you choose



New York Medicaid Choice Phone Number

1-800-505-5678



Who can I call if I have a problem with my child's Medicaid Managed Care Plan?

- Your Medicaid Managed Care Plan's Member Service Line
- Community Health Access to Addiction and Mental Healthcare Project **(CHAMP) 1-888-614-5400**
- New York State Department of Health Complaint Line
1-800-206-8125 OR managedcarecomplaint@health.ny.gov



Other Resources – for Help or Questions

- New York Medicaid Choice **1-800-505-5678**
- NYS Children and Youth Evaluation Service (C-YES) **1-833-333-2937**
- Managed Care Complaints **1-800-206-8125**
- Education on New Services for Children and Families
<https://www.omh.ny.gov/omhweb/bho/childrensmc.html>
https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/info.htm
- List of NYS Health Homes by County
https://www.health.ny.gov/health_care/medicaid/program/medicaid_health_homes/hh_map/index.htm
- Directory of NYS Medicaid Managed Care Organizations
https://www.health.ny.gov/health_care/managed_care/mcplans.htm
- New York State of Health Marketplace
<https://nystateofhealth.ny.gov/>
- New York State Provider and Health Plan Lookup
<https://pndslookup.health.ny.gov/>



Questions and Discussion

