Improving Access to Mental Health Care:

In 2022, Most Insured New Yorkers got Follow-up Care within 30 Days of Going to the Hospital for Mental Health Reasons.

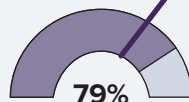**NEW YORK STATE** | **Office of Mental Health**

3 of 4 people with a hospital visit for mental health reasons **get follow-up care within 30 days**

2 of 3 people with an emergency department visit for mental health reasons **get follow-up care within 30 days**
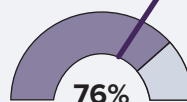
Follow-up after Hospitalization for Mental Illness - 30 Days
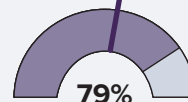
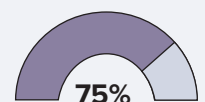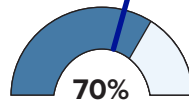| National Average (70%)	National Average (69%)	National Average (57%)	
79%	76%	79%	75%
NYS Commercial HMO	NYS Commercial PPO	NYS Medicaid HMO (Medicaid Managed Care)	NYS Health and Recovery Plans (HARP)

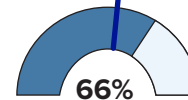**Follow-up after Mental Health Emergency Room Visit - 30 Days**
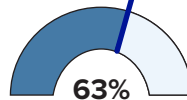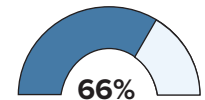
National Average (63%)	National Average (63%)	National Average (55%)	
70%	63%	66%	66%
NYS Commercial HMO	NYS Commercial PPO	NYS Medicaid HMO (Medicaid Managed Care)	NYS Health and Recovery Plans (HARP)

Data is sourced from New York State's Psychiatric Services and Clinical Knowledge Enhancement System (PSYCKES) and the state Department of Health's eQARR. There is no national comparison for Health and Recovery Plan (HARP), a state Medicaid managed care insurance plan for adults with significant behavioral health needs.

New York State is improving access to mental health services by:

- Requiring commercial and Medicaid health plans to use **transparent, nonprofit clinical guidelines** and cover all medically necessary treatments, or out-of-network care at no extra cost if timely in-network care is unavailable.

- Adopting a state Medicaid Waiver to cover social determinants of health.

- Requiring commercial health insurers to pay a negotiated rate or at least the Medicaid rate for services provided by a **licensed school-based mental health clinic.**

- Requiring insurers to reimburse covered outpatient mental health and substance use disorder services provided by **in-network OMH and OASAS facilities** at no less than the Medicaid rate.

- Requiring commercial and Medicaid health plans to cover telehealth services and reimburse at in-person rates.

- Funding initiatives to **transform New York's Mental Health System.**