



New York State Office of Mental Health Obtaining an Access Pass

Residents with a mental disability can apply for the New York State Parks, Recreation & Historic Preservation's [Access Pass](#). The pass lets you enjoy free or discounted entry to state parks, historic sites, and recreational facilities. You must be receiving services from a program supported by the Office of Mental Health to get the pass.

Here's how to apply in three easy steps:

- **Request a 'Clinician Confirmation Letter'**

Ask your clinician to complete this special form for the Access Pass so that you can show you are getting care from OMH or one of the agency's programs. You may ask your clinician to provide the letter to you or add it to your documents in MyCHOIS, if you use this feature. You may also give consent to your clinician to upload this letter to PSYCKES. Visit the [MyCHOIS webpage](#) for more information on how to use this feature. You may also reach out to the [PSYCKES helpdesk](#) for assistance.

- **Submit your application**

You will need to complete the [Access Pass application](#) and provide a picture or copy of your New York State ID card or driver's license to show you live in New York. You will also need to provide the letter from your clinician. The letter must be dated less than a year from when you submit your application. You can send this information by email to accesspass@parks.ny.gov, or by mail to:

Access Pass
NY State Parks
Albany, New York
12238.

- **Enjoy your Access Pass**

Once your information is verified, you will receive your Access Pass in the mail! Please keep in mind that you will need to be present whenever the pass is used.

Outdoor recreation and community involvement can have a positive impact on overall wellbeing. OMH is proud to partner with fellow state agencies to help all New Yorkers recognize the value of these beautiful places and the benefits they offer.