# **Children's Community Residence (CCR) Program Information for Referring Providers**



## What is a Children's Community Residence?

Children's Community Residences (CCR) are home-like programs for youth with mental health needs. CCRs offer a temporary place for youth to live with supervision, structure, care coordination, skill building and behavior support. The goal of a CCR is to assist youth in achieving their best level of functioning so that they can be successful in school and at home when they return to their community, typically within 6 months.

While admitted to a CCR, youth attend school and outpatient treatment services in the community. They live and socialize with peers at the CCR and take part in recreational activities. CCRs are voluntary programs. They are not locked. CCRs operate 24 hours a day, 7 days a week. There is a ratio of at least one staff to four youth at all times. Youth may have their own bedroom or share with another youth. The CCR program supports and promotes frequent family engagement with youth in their care.

The program offers youth and families space and support to practice skills so that they can better handle challenges and everyday situations. CCR staff help youth and their families engage with treatment services and establish supports in the home and community. CCRs also teach skills to strengthen relationships, whether this be with family or peers.

CCR staff meet with caregivers to develop a family-centered plan of care. As the youth makes progress in the program, they spend more time at home. Time at home is an important part of an admission at a CCR. It provides an opportunity to practice the skills and routines caregivers and youth have learned. CCR staff are available to support a youth or family during that time at home.

## What services does a Community Residence provide?

#### **Clinical Services**

- Identification of strengths
- · Identification of unmet needs
- Rehabilitative training
  - Behavior management
  - Daily living skills
  - Independent living skills
  - Socialization
- Supportive counseling (non-licensed)
- Educational-vocational support services
- Family Support
- Physical Health Support
- Medication monitoring under direction of RN
- Recreational Activities
- Wraparound service planning with community-based partners

#### **Crisis Resolution and Prevention Services**

- Nursing services
- Crisis prevention planning
- Crisis prevention and de-escalation
- Coordination and collaboration with local children's crisis services continuum

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## Who do CCR's serve?

Youth who may be in need of treatment in a CCR must meet all of the following eligibility criteria by their Children's Single Point of Access (C-SPOA):

- 1. Are between the ages of 5 and 17.
- 2. Family/Legal Guardian voluntarily consent to treatment in a CCR;
- 3. Meet criteria for Serious Emotional Disturbance (SED) as determined by a licensed practitioner of the healing arts (LPHA);
- 4. Have serious social functioning and emotional regulation problems, inconsistent with developmental expectations;
- 5. The youth needs 24/7 supervision and daily rehabilitative treatment due to these problems;
- 6. With CCR services, the youth would be able to attend school, engage in outpatient treatment and community activities; and
- 7. The youth needs community integration services and resource development to improve continuity of care and treatment outcomes.

Each program has its own unique admission criteria. Not every CCR will be appropriate for every youth.

#### How are CCR services covered?

CCR services are reimbursable under Medicaid. If a youth does not have Medicaid coverage they may still be admitted to the CCR program. The CCR can assist the family in applying for Medicaid coverage for the youth in these cases.

CCR room and board is paid for by Supplemental Security Income (SSI). If a youth is already receiving these benefits, the representative payee changes to the CCR program upon admission. If the youth is not yet SSI eligible, the CCR will assist in applying for these benefits. Youth do not need to have SSI already to be admitted.

## How can a youth be referred for CCR?

A CCR application requires a packet with several evaluations from professionals. Applications for a CCR are sent to the youth's local C-SPOA. The youth's local C-SPOA can be found at this **website**. Choose the youth's county from the map. This will open a page with the name and contact information for the county's C-SPOA Coordinator. A copy of the application is also available on this website.

The C-SPOA reviews the completed application to determine if a youth is eligible for a CCR. If a youth is eligible, the C-SPOA will send the application to the program(s). The program reviews the application and meets with the youth and family to decide if they can meet the youth's needs. For additional questions or assistance, contact the county C-SPOA in the youth's home community.

### What are the names of the CCRs and where are they located?

See the OMH Children's Community Residence Map.

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