



Office of Mental Health | Department of Health

## Youth & Family Mental Health Feedback Sessions July-September 2026

### Youth Discussion Questions

1. Think about a time when you or someone close to you needed a lot of mental health support, where did you (they) turn for help? What people or places were most helpful?
  - What supports or services did you receive and how well did they meet your needs?
  - Were there supports or services you needed but could not get? What got in the way of getting those supports or services?
2. Thinking about care coordination, home-based treatment, and home and community-based services, what currently works well? What doesn't?
  - What is needed so that receiving these services at home or in your community is helpful and feels safe and respectful?
  - What other supports or services would help you safely stay at home, in school, and in your community?
  - We have heard from previous feedback sessions and family advisory boards about how bias on the part of service providers impacts the experience of those receiving services. What should we include in the plan to redesign services so that they are responsive and understanding of different cultures, help people to have good experiences, and are fair to everyone?
3. When your mental health needs increase or you are experiencing a crisis, how do you get the support you need? Are Mobile Crisis Services helpful, and is it available quickly enough?
  - What could help to prevent a crisis? What could help prevent a crisis from becoming an emergency?
  - What do you think is needed before, during, and after a crisis to help you remain safely at home and in the community?



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4. If you had a magic wand and could change three things about New York's children's mental health system to better support young people with the most intensive needs and their families, what would they be?
  - What would you want to keep or add? What should stop or change?
  - What would make it easier for young people and families to find and access intensive mental health supports and services?

**Scan the QR code or click the link below to respond to these questions online.**  
[Children, Youth & Families Mental Health Settlement Feedback- Youth Questions](#)



**Want to share additional feedback?**

Please email us at: [ChildrensMHSettlement@omh.ny.gov](mailto:ChildrensMHSettlement@omh.ny.gov)