



Office of
Mental Health

PUTTING CARE WHERE IT MATTERS MOST

**1 in 6 youth faces a mental
health disorder annually**

Mental health challenges are common among youth, but the right support makes a difference. School-based mental health clinics provide a safe, confidential space for students to talk and receive support from trained counselors.

The even better news? Many insurance plans now cover these services. *Finally*, healthcare is where kids are.

**Contact your insurance provider
to learn more or visit:
ny.gov/sbmhc**

