

# DOCTORAL INTERNSHIP IN CLINICAL PSYCHOLOGY

## Internship Brochure

2021 - 2022 Training Year

*Buffalo Psychiatric Center*

*400 Forest Avenue*

*Buffalo, New York 14213*



*The Buffalo Psychiatric Center Psychology Internship Program  
is accredited by the  
American Psychological Association*

American Psychological Association  
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## THE DOCTORAL INTERNSHIP IN CLINICAL PSYCHOLOGY at BUFFALO PSYCHIATRIC CENTER



*Buffalo Psychiatric Center, Strozzi Building, Buffalo, NY*

### BUFFALO PSYCHIATRIC CENTER

The Buffalo Psychiatric Center (BPC) is a comprehensive, community-based mental health system serving the four-county region of Western New York. BPC provides both inpatient and outpatient mental health services to seriously mentally ill adults. BPC's main campus, including inpatient, outpatient and residential centers, is located in the city of Buffalo. BPC Inpatient Services are located in the Strozzi Building on BPC's Buffalo campus, and include six inpatient units providing mental health treatment to 155 adult patients. BPC also provides adult outpatient services at six Recovery and Treatment Centers (RTCs) across Western New York. All services are under the auspices of the New York State Office of Mental Health (OMH). A wide variety of specialized rehabilitative, social, and supportive housing programs, including wellness programs and vocational services, augment the therapeutic services that BPC offers. BPC's patients include those with a full range of DSM diagnoses and reflect the diversity of Western New York in terms of race, gender, gender identity, age, religion, socioeconomic status, immigration status, primary language, and other aspects of identity.

BPC has a diverse and dedicated staff, and it welcomes internship applicants who are themselves hard-working and enthusiastic, and who bring a broad range of diverse life experiences. Additional information about Buffalo Psychiatric Center is available at the OMH BPC website at <https://omh.ny.gov/omhweb/facilities/bupc/>.

The Doctoral Internship in Clinical Psychology at BPC completed its APA site visit in March 2019, and received APA accreditation as of July 21, 2019.

## **PSYCHOLOGY DEPARTMENT**

The faculty of the internship consists of nine members of the Buffalo Psychiatric Center Psychology Department who have doctoral degrees, are licensed in New York State, and provide direct psychological services at their worksites. The faculty members reflect a wide range of interests and orientations to clinical work with a commitment to evidence-based treatment.

## **CLINICAL PSYCHOLOGY INTERNSHIP PROGRAM**

### **TRAINING PHILOSOPHY**

The Buffalo Psychiatric Center Doctoral Internship in Clinical Psychology is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and as such adheres to APPIC guidelines. Its goal is to facilitate the development of the core skills of clinical psychology. Our internship program is based on the Practitioner-Scholar model that emphasizes the core skills of assessment and empirically-supported clinical interventions for individuals with serious mental illness. We promote functional and foundational competencies in an ethically-based and culturally sensitive way, applied within a community-based system of public mental health services. Program policy is formulated by the Training Committee, under the leadership of the Director of Psychology Training.

### **TRAINING OBJECTIVES**

The primary goal of the BPC Doctoral Internship in Clinical Psychology is to prepare individuals to become competent entry level psychologists. This goal is operationalized by means of the five training objectives enumerated below.

#### **Objective One: Competence in Evidence-based Intervention**

The first objective is for interns to demonstrate competence within a range of core treatment modalities (individual and group therapy) as applied to the seriously mentally ill adult population.

#### **Objective Two: Competence in Psychological Assessment**

The second objective is for interns to demonstrate proficiency in the selection, administration, and interpretation of a full range of core assessment techniques and strategies for individuals diagnosed with serious mental illness, with an emphasis on cognitive, personality and projective testing.

#### **Objective Three: Competence in Intern-selected Area of Specialization**

The third objective is for interns to demonstrate advanced skill proficiency in individually defined modalities, populations, areas of research or professional functions that are consistent

with the intern's background, interests and career plans. At the beginning of each rotation, interns define any additional core clinical skills they wish to develop or enhance during the internship year. Strategies to evaluate this objective are defined collaboratively with the supervising psychologist.

#### **Objective Four: Competence in Working with a Diverse Patient Population**

The fourth objective is for interns to demonstrate advanced proficiency in effectively and sensitively applying professional skills in their work with a diverse patient population. Cultural humility, with its tenets of life-long learning, patient-focus, and community-based partnerships, forms the foundation for training and practice at BPC.

#### **Objective Five: Professional Identity**

The fifth objective is the development of a professional identity as an entry-level, health-service psychologist, including the ability to demonstrate professional self-awareness in a variety of situations, the ability to bring to a team of practitioners the unique perspective of psychology as a scientifically-based practice and a clinically informed science, and the ability to apply evidence-based practices in the context of local knowledge and the specific needs of those with serious mental illness. Such identity must be based on a capacity to practice in an effective and autonomous manner. It is based further on identification with psychology role models and integration of this profession's values, ethics, and standards for professional practice.

These five objectives are measured through the intern evaluation materials, completed by each rotation supervisor at the end of every three months, and reviewed with the intern. In addition, interns are asked to fill out self-report evaluation materials at the beginning and end of the internship, which assist in evaluating their achievement of these objectives.

To achieve these objectives, the internship is designed to be sequential, cumulative, and graded in complexity. This model allows each intern to function with increasing independence over the course of the year. In the beginning of each rotation, interns are closely supervised as they familiarize themselves with the rotation setting and expectations. Initially, this may involve observation of the supervisor. Gradually, interns assume greater clinical responsibility, in close consultation with their supervisor. With the accumulation of experience, interns function with increasing autonomy such that, by the end of the year, it is expected that interns are ready to assume the independent clinical functioning expected of an entry-level professional in this setting, with supervision serving a more consultative role.

### **HEALTH, SAFETY AND CONTINUITY OF TRAINING IN RESPONSE TO CORONAVIRUS OR OTHER PUBLIC HEALTH CRISES**

A public health crisis such as that posed by coronavirus can emerge and evolve rapidly. Buffalo Psychiatric Center, along with New York State Office of Mental Health, has implemented guidelines and procedures as needed to ensure the health and safety of its employees and patients.



Per New York State Office of Mental Health, all BPC employees, including psychology interns, are considered essential employees and therefore are expected to report to work during a public health crisis, including COVID-19. Working remotely is not an option. Safety precautions may be implemented by BPC, including but not limited to use of personal protective equipment, employee health screenings, and social distancing in interactions with patients and staff. All health and safety guidelines are communicated to staff and reviewed thoroughly with interns, who are expected to adhere to all facility guidelines. It is anticipated that such guidelines will not interfere with interns' ability to complete internship requirements, in that clinical activities, supervision, and didactics can be completed while adhering to safety precautions.

## INTERNSHIP STRUCTURE

The Doctoral Internship is designed to provide advanced training in the core skills of clinical psychology as they are applied in a comprehensive system of mental health services. BPC has designed a series of internship experiences based upon broad areas of interests.

Given the variety of rotation options, interns are typically able to secure their preference. Staffing patterns, the need for adequate supervision, the need for licensed supervisors, and demand for a particular rotation may at times require some negotiation. The rotation structure provides interns with an extensive and intensive experience in their primary area of interest as well as the opportunity to receive broader exposure to other clinical populations, clinical problems, or treatment modalities.

The selection of each intern's rotation sites is based on the intern's own formulated objectives as reviewed with the Psychology Training Committee. The goal is for the intern to develop a rotation schedule of activities that includes a minimum of 14 hours per week of face-to-face clinical experience. For example, an intern's schedule for direct clinical contact might include:

- Individual Therapy: 4-9 hours per week
- Group Therapy: 4-6 hours per week
- Assessment: 1-4 hours per week
- Milieu Therapy: 1-2 hours per week

Interns have the opportunity to work with a diverse patient population, enabling them to develop an understanding and appreciation of the ways that individual and cultural differences influence the experience of mental illness and the delivery of psychological services.

## MAJOR and MINOR ROTATIONS

Internship is structured to include both a major and a minor rotation. The major rotation involves placement on one of BPC's inpatient units for the first 6 month period, followed by a different major rotation for the second 6 month period. In rare cases, an intern may request to remain on a rotation for the full year; approval is based on the intern's training goals and the continued availability of the rotation.

The minor rotation allows the intern to pursue training in a second setting concurrently. This may include approximately one day (8 hours) per week in an inpatient setting, or one or two days (8-16 hours) per week in an outpatient setting per week. The minor rotation can be for a six- or twelve-month period.

In addition to major and minor rotations, interns may arrange to provide consultation services on other units, in support of the objective of developing advanced proficiency in the intern's selected area of specialization.

### **BPC Inpatient Services**

Adult Inpatient Services consist of six units located in the Strozzi Building, on BPC's main campus. Each of the units has a specific function and role in the overall facility, although there is significant overlap in client population. The BPC inpatient program emphasizes treatment and rehabilitation services, designed to assist residents in attaining psychiatric stability as well as skill and resource development necessary for successful community living. Each unit has an interdisciplinary team that includes psychiatry, medicine, nursing, psychology, social work, occupational therapy, rehabilitation therapy, recreation therapy, pharmacy, dietetics, and mental health therapy aides. Principle service modalities on the inpatient units include assessment, individual therapy, group therapy, medication management, and therapeutic programming to assist each person in their recovery process.

On each rotation, interns:

- participate in interdisciplinary treatment planning and review
- provide diagnostic, cognitive, and/or neuropsychological assessment
- facilitate psychoeducational and psychologically-based group programming
- provide individual psychotherapy services
- interact with patients within the milieu
- complete required documentation

### ***Inpatient Rotations***

*Please note: The availability of the following units for 2021-2022 internship rotations depends on current staffing at the time of the internship.*

**Unit 5 South (75—Admissions Unit)** is a 26-bed unit serving adult men and women. This unit serves as the entry point for patients transferred from other mental health facilities, and focuses on psychological screening as well as opportunities for further psychological assessment. Individual and group treatment is provided to individuals requiring ongoing inpatient mental health care.

**Unit 6 South (76—Men's Unit)** is a 26-bed, single-gender unit serving adult men. This unit provides individual and group treatment, including psychoeducational and Cognitive-Behavioral Therapy groups for men diagnosed with serious and persistent mental illness.



**Unit 6 North (66)** is a 26-bed unit serving adult men and women. This unit provides individual and group treatment, including psychoeducational, Dialectical Behavior Therapy, and Cognitive-Behavioral Therapy groups for adults diagnosed with serious and persistent mental illness.

**Unit 7 South (77—Admissions Unit)** is a 26-bed inpatient unit serving adult men and women with persistent mental-illness, and serves as a second entry point for patients transferred to BPC from other facilities. Patients present with a range of diagnoses, often with a history of trauma. Psychology offers psychoeducational and skills-based groups in the context of a robust, multidisciplinary group program, as well as individual, trauma-informed therapy.

**Unit 7 North (67)** is a 26-bed inpatient unit serving adult men and women living with chronic mental illness. About 70% of this unit's patients are hospitalized under CPL 330.20 conditions, which indicates that they committed a serious crime but were found "not responsible due to mental disease or defect." Psychology provides individual therapy, as well as psychoeducation, skills-based, and process-oriented groups.

### **BPC Outpatient Services**

BPC has 6 outpatient Recovery and Treatment Centers (RTCs) located across Western New York: Butler RTC in Buffalo, NY, on the BPC main campus; Lakeside RTC in Fredonia, NY; Lancaster RTC in Lancaster, NY; Miller-Broadway RTC in Buffalo, NY; North Tonawanda RTC in North Tonawanda, NY; and Zoar Valley RTC in Gowanda, NY. Outpatient Services also comprise an Assertive Community Treatment Program (ACT), a Mobile Integration Team (MIT), and the Elmwood Wellness and Recovery Center located on BPC's main campus in Buffalo, adjacent to the Strozzi Building.

#### ***Outpatient Rotation***

Interns may have the opportunity to complete a minor outpatient rotation at one of BPC's outpatient Recovery and Treatment Centers. A minor outpatient rotation is defined as one or two full days (8 to 16 hours) on site, and may involve outpatient assessment, outpatient psychotherapy, or both. The availability of this rotation is dependent upon the needs of the site and the availability of space and supervision at the time of the internship.

### **SUPERVISION**

Supervision is seen as the core of the internship experience. Interns are regarded as trainees and their direct service responsibilities are always assigned with attention to their individual training needs. Interns are assigned two supervisors, including a supervisor for the intern's major rotation and a supervisor for the intern's minor rotation. In addition, each intern receives in-depth supervision on psychological assessment batteries.

Interns receive a minimum of 4.5 hours of supervision per week, including 2.5 hours of individual face-to-face supervision and 2 hours of group supervision, as indicated below.

<b>Supervision Structure</b>	
<b>Individual Face-to-face Supervision</b>	
1.5—2.0 hours	Major Rotation Supervisor
0.5—1.0 hours	Minor Rotation Supervisor
<b>Group Supervision</b>	
0.5 hours	BPC Chief Psychologist
0.5 hours	BPC Clinical Director
1.0 hours	Intern Group Supervisor
<b>Total Weekly Individual and Group Supervision</b>	
4.5 hours minimum	

Individual supervision is provided by BPC staff members who carry clinical responsibility for the cases being supervised. The therapeutic orientations and supervisory styles among the training staff are varied and an attempt is made to match supervisors with the needs and preferences of each intern. Supervision is typically based on direct observation, intern verbal and written reports, and clinical documentation.

The Psychology Department's model of supervisory training encourages the growth of each intern, provides quality professional role models, and emphasizes the development of the psychologist as an emerging professional.

The structure and delivery of supervision meets the requirements of the New York State Office of Professions for Psychology.

## **DIDACTICS**

### **Didactic Seminar**

The Didactic Seminar supports the development of professional standards and awareness of professional issues. The Didactic Seminar meets weekly for two hours throughout the internship year, and covers a variety of professional and clinical topics. The majority of seminar topics are presented by members of the Psychology Department. Additional presenters include members of the Social Work, Nursing, Rehabilitation, Dietary, and Administrative departments, as well as psychologists from the Office of People with Developmental Disabilities and Division of Forensic Services. The Didactic Seminar is one of the many opportunities for interns to interact and socialize together.

The Didactic Seminar, in combination with the intern's rotation experiences, provides the vehicle by which interns acquire and practice the application of psychological concepts and scientific knowledge to the professional delivery of psychological services. Seminar topics cover a range of diagnostic, assessment, intervention, and professional development issues, and each seminar explicitly incorporates consideration of and sensitivity to cultural issues and individual differences.

Listed below is a selection of past seminar topics.

<b>Orientation to Buffalo Psychiatric Center and Services</b>
<ul style="list-style-type: none"> <li>• Inpatient Services</li> <li>• Mental Health Disparities: Diverse Populations within Western New York</li> <li>• Community Services</li> <li>• Involuntary Admissions and Criminal Procedure Law</li> </ul>
<b>Psychological Assessment and Intervention</b>
<ul style="list-style-type: none"> <li>• Culturally-informed Assessment and Treatment</li> <li>• Assessing and Responding to Suicide Risk</li> <li>• Neuropsychological Examination</li> <li>• Cognitive Assessment</li> <li>• Personality Assessment</li> <li>• Cognitive Assessment</li> <li>• History of Intellectual Disability and Cognitive Assessment</li> <li>• Differential Diagnosis</li> <li>• Leading Groups in an Inpatient Setting</li> <li>• Trauma-informed Care</li> <li>• Transference and Countertransference</li> <li>• Attachment-based Psychotherapy in Corrections</li> <li>• CBT for Psychosis</li> <li>• Dialectical Behavior Therapy</li> <li>• Behavior Support Plans</li> <li>• Dual Diagnosis</li> <li>• Detecting Malingering</li> <li>• Introduction to Forensic Psychology</li> <li>• Ethical Forensic Practice with Persons with I/DD</li> <li>• Medical Comorbidities in a Psychiatric Hospital</li> <li>• Psychopharmacology</li> </ul>
<b>Professional Development</b>
<ul style="list-style-type: none"> <li>• Self-care for Psychologists</li> <li>• Clinical Supervision</li> <li>• Life After Internship</li> <li>• Clinical Work in Private Practice</li> <li>• Careers in Administration</li> </ul>

Interns also are responsible for presenting one clinical case or topic of interest in either the Didactic Seminar or BPC's Continuing Medical Education series.

## **Additional Didactic Experiences**

Supporting the achievement of the internship training objectives are supplementary didactic seminars and complementary didactic experiences, which may be presented live or remotely via electronic format:

- University at Buffalo Department of Psychiatry Grand Rounds
- New York State Office of Mental Health Satellite Grand Rounds
- CMEs offered weekly by Psychiatry Services at BPC

## **TYPICAL SCHEDULE**

Some aspects of an intern's schedule remain consistent week to week: Treatment Team meetings (2 hours), individual and group supervision (4.5 hours), and didactics (2 hours). Other aspects can vary almost on a day-to-day basis: direct patient care (approximately 14 hours), clinical preparation, and documentation. In addition, interns set aside four hours per week for "Professional Development," the focus of which can change month to month or week to week, from time dedicated to literature review and research, to dissertation and applying for post-doctoral employment.

## **EVALUATION of INTERN PERFORMANCE**

The BPC Internship program evaluates and provides feedback to each intern. The primary purpose of this assessment is to facilitate professional and personal growth. This assessment is provided on a continual basis and in a timely way. At each quarterly evaluation period, each intern supervisor is asked to comment on the intern's progress on the internship training objectives and the profession-wide competencies of the American Psychological Association (APA). The Director of Psychology Training compiles the evaluations and reports these findings to the Training Committee.

Initially, each intern, with the intern's rotation supervisor, contracts for a mutually agreeable set of rotation goals and objectives that reflect progress toward the five overarching internship objectives enumerated above, and the nine profession-wide competencies enumerated below. Interns' activities and supervisors' expectations are developed that facilitate the implementation of these training objectives and development of competencies. Interns and supervisors formalize this process by signing the Intern Rotation Contract.

Each intern's performance is evaluated at regular three-month intervals by their supervisor utilizing a standard evaluation form that asks for progress, difficulties, or revisions of any internship goals or objectives. The evaluation typically is based on review of the intern's activities, via direct observation of the intern's clinical work, including test administration, individual sessions and group facilitation, as well as intern reports and review of clinical documentation, including assessment reports, progress notes and all other treatment-related documentation.

## PROFESSION-WIDE COMPETENCIES

The profession-wide competencies on which interns are evaluated are those established within the *Standards of Accreditation for Health Service Psychology* (APA, 2015) and comprise the following areas:

1. Research
2. Ethical and legal standards
3. Individual and cultural diversity
4. Professional values, attitudes, and behaviors
5. Communication and interpersonal skills
6. Assessment
7. Intervention
8. Supervision
9. Consultation and interprofessional/interdisciplinary skills

Interns are understood to have successfully completed their internship when they have scored a minimum of 3.0/4.0 (i.e., “Meets Standard”) in each of the above nine competency areas in the 4th quarter intern evaluation. This reflects the level of competence demonstrated by an entry level professional.

## TRAINING PERIOD, SALARY and BENEFITS

### TRAINING PERIOD

BPC’s doctoral internship start date is **Thursday, July 29, 2021**. The internship is a one-year, 40 hour per week position that requires a minimum of 1,750 total hours over the course of the full internship year for successful completion.

Interns are expected to be on site Monday through Friday, from 8:00 a.m. to 4:30 p.m., with one day’s schedule adjusted to allow for coverage of one evening program (that schedule runs either from 9:30 am to 6:00 pm, 10:00 am to 6:30 pm, or 10:30 am to 7:00 pm). The workday is 8 hours with a 30-minute lunch break. Working at home during business hours is not an option.

### SALARY

The current salary for interns at BPC is **\$35,074** per year. Due to a lag payroll system, interns’ first paychecks are issued about three to four weeks after the beginning of the internship. In addition, New York State withholds one day of salary payment from each pay period for the first five pay periods; this lump sum is paid at the completion of the internship. The cost of fingerprinting is deducted from the first paycheck.

Paychecks are distributed every two weeks on Thursdays. Those who elect to have their paycheck deposited directly into their account can sign for direct deposit through Human Resources; paystubs are then forwarded through the mail.

## BENEFITS

### Health Insurance

Interns may choose from a variety of health insurance plans at a low premium cost, and are provided family dental and vision plans at no cost.

### Leave

#### *Sick Leave*

Time off is accrued throughout the internship year for sick leave at the rate of one day for each four-week work period. Sick leave can only be used after it is accrued. Extended leave beyond accrued time is designated as Leave Without Pay. It is expected that interns will use sick days only in the event of illness. The Chief Psychologist and rotation supervisor should be informed via text of any unplanned absence and should specify clinical responsibilities that will need to be covered. Interns should review with their supervisors how unanticipated sick days should be handled on each work unit.

#### *Holidays, Personal Leave, and Vacation*

There are 12 paid holidays and five personal leave days. Please note that vacation time, although accrued, cannot be utilized until the seventh month of employment, per New York State regulations. You must request vacation days at least one week prior to your departure. Time-off request forms are available from your supervisor. Please indicate on the Time-off request form that you have the approval of your rotation supervisor(s) before submitting the form to the Chief Psychologist. It is the intern's responsibility to make professional arrangements to cover any responsibilities during time away.

#### *Professional Leave*

Interns may take up to three days during the internship year for attendance at professional conferences, job interviews, or dissertation defense. Requests must be submitted one week in advance of departure dates.

#### *Comp Time*

Comp time is not accrued or used at BPC by psychology interns.

### Parking

Parking is available on the BPC campus at no charge. BPC asks that all employees, including interns, register their vehicle at the Safety and Security Office on the ground floor of Strozzi Building.

### Future Employment with New York State

Qualified interns may have the opportunity to be hired into available entry level Psychologist positions at one of the OMH facilities within New York State. These positions would offer direct transition from internship into a full-time, permanent, staff position which would provide supervised post-doctoral hours.

## APPLICATION REQUIREMENTS

Applicants should be members in good standing in a doctoral program in Clinical or Counseling Psychology.

Buffalo Psychiatric Center, a facility of the New York State Office of Mental Health, is an affirmative action equal opportunity employer and abides by all laws pertaining to fair employment practices. Established policies regarding race, color, religion, creed, age, gender, national origin, ancestry, marital status, physical or mental disability, veteran status or sexual orientation are in place to ensure equitable treatment of all employees and applicants. Policies also have been established which ban sexual harassment and/or intimidation, including verbal harassment or abuse, demands or subtle pressure for sexual activities or favors.

The Psychology Department and Internship Training Program are committed to respecting cultural and individual diversity in its admission and training policies, and committed to the recruitment of racially, culturally, and ethnically diverse interns. Inquiries and applications are encouraged from all qualified individuals, including APA Minority Fellows. In addition, applicants who are bilingual or multilingual have the potential to work with patients from one of the many countries represented by the local immigrant and refugee population.

Buffalo Psychiatric Center understands that patients are best-served by a diverse team. We recognize that the different backgrounds and perspectives of a diverse staff, including interns, enable us to respond more effectively to the wide-ranging backgrounds and experiences of the patients in our care. We therefore welcome applicants of all races, religions, cultures, ages, gender identities, sexual orientations, range of abilities, and national origins.

## APPLICATION PROCESS

The following application materials are to be provided consistent with the APPIC AAPI online process:

- AAPI application form (**download from APPIC web site: [www.appic.org](http://www.appic.org)**)
- **Official** university graduate transcript
- Curriculum vitae
- Three letters of recommendation
- One redacted assessment report

BPC participates in the APPIC Internship Matching Program and abides by APPIC guidelines for internship selection. The deadline for all applications is 11:59 pm on **DECEMBER 1, 2020**.

**Buffalo Psychiatric Center agrees to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant.**

All applicants must obtain an Applicant Agreement Package from National Matching Services, Inc. (NMS), and register for the matching program in order to be eligible to match to BPC. An



Applicant Agreement package may be requested from NMS through the Matching Program web site at [www.natmatch.com/psychin](http://www.natmatch.com/psychin) or by contacting NMS at the address, phone or fax numbers shown below:

**National Matching Services Inc.**  
**20 Holly Street, Suite 301**  
**Toronto, Ontario**  
**Canada, M4S 3B1**  
**Phone: 800-461-6322**  
**International Phone: +1 416-977-3431**  
**Fax: 844-977-0555**  
**E-mail Address: [psychint@natmatch.com](mailto:psychint@natmatch.com)**

## APPLICANT REQUIREMENTS

Clinical/Educational Experience	
Minimum AAPI Intervention Hours	500 hours
Minimum AAPI Assessment Hours	100 hours
Experience Working with Adults	Yes
Experience in an Inpatient Setting	Not Required
Minimum Years of Graduate Training	4
Comprehensive Examination Passed before Start of Internship	Yes
Clinical or Counseling Psychology Doctoral Program	Required
Other Requirements	
American Citizenship	Yes

**Please Note: Candidates that match to the Internship Program at Buffalo Psychiatric Center are subject to background checks as a condition of employment with the New York State Office of Mental Health.**

## INTERVIEW PROCESS

Applicants under serious consideration will be contacted by e-mail no later than **December 15, 2020** to schedule an interview. The interview process will take place remotely via a telecommunication program, in keeping with APPIC recommendations. Requests to meet with specific Training Committee members are welcome. The schedule will include:

- a virtual orientation to the BPC internship.
- a virtual tour of the BPC facility.
- a virtual interview with a minimum of two members of the Training Committee, including the Director and/or Assistant Director of Psychology Training.
- an opportunity to meet virtually with the current psychology interns.

Further details about the interview schedule will be forwarded to applicants when they are invited to interview.

## Tentative Interview Dates

*Please note: Dates are subject to change prior to final scheduling of interviews. If these dates would present a significant hardship, we will do our best to accommodate individual schedules.*

Monday	December 28, 2020
Monday	January 4, 2021
Monday	January 11, 2021
Wednesday	January 20, 2021
Monday	January 25, 2021

## Questions

Questions about the internship or interview process can be addressed to the Director of Psychology Training.

## PSYCHOLOGY INTERNSHIP PROGRAM STAFF

### TRAINING COMMITTEE ADMINISTRATIVE STAFF

#### Bill Reynolds, Psy.D., Director of Psychology Training

Education:	Psy.D., Clinical Psychology, Widener University, 1998 MBA, Healthcare Administration, Widener University, 1998
Title	Licensed Psychologist, Buffalo Psychiatric Center, since 2004
Location:	Inpatient Unit 5 South, November 2016 to present
Interests:	Psychodynamic Psychotherapy, Family Therapy, Art Therapy, Trauma, Psychology Training and Supervision

#### Kathleen Shanahan, Ph.D., Assistant Director of Psychology Training

Education:	Ph.D., Clinical Psychology, University of Massachusetts Amherst, 1997 Postdoctoral Fellowship, Yale University Mental Health and Counseling, 1999 M.A., Theology, University of Notre Dame, 1982
Title:	Licensed Psychologist, Buffalo Psychiatric Center, since 2019
Location:	Inpatient Unit 7 South, April 2019 to present
Interests:	Trauma-Informed Care, Psychodynamic Psychotherapy, Cultural Humility, Behavioral Health, Psychology Training and Supervision

#### Martha Totin, Psy.D., Chief Psychologist

Education:	Psy.D., Clinical Psychology, The Chicago School of Professional Psychology, 2002 Postdoctoral Fellowship in Community Mental Health, Pederson-Krag Center, 2003
Titles:	Licensed Psychologist, Buffalo Psychiatric Center, 2015-2019 Chief Psychologist, 2019 to present
Location:	Strozzi Building, Administration, 4 <sup>th</sup> Floor
Interests:	Serious Mental Illness, Co-occurring Disorders, Integrative Therapy, Health Psychology, Interdisciplinary Collaboration

## TRAINING COMMITTEE MEMBERS

### Joanna Caezza, Psy.D.

Education: Psy.D., Clinical Psychology, Nova Southeastern University, 2018  
Title: Associate Psychologist, Buffalo Psychiatric Center, 2019 to present  
Location: Inpatient Unit 6 North, December 2019 to present  
Interests: DBT, CBT, Psychological Assessment, Personality Disorders, Forensics, Psychology Training and Supervision

### Michelle Woogen, Psy.D.

Education: Psy.D., University of Hartford, 2016  
Title: Licensed Psychologist, Buffalo Psychiatric Center, since 2019  
Location: Unit 6 South, May 2019 to present  
Interests: Trauma, Psychosis, Personality Disorders, Assessment, DBT, CBT

## PSYCHOLOGY DEPARTMENT STAFF

### Jennifer Angrisano-Gall, M.A.

Education: MA, Psychology, Medaille College, 2006  
Titles: Psychologist 2, Buffalo Psychiatric Center, since April 2018  
Program Director, Butler RTC, since 2018  
Location: Butler RTC, April 2018 to present  
Interests: EMDR Trained, Trauma, Dual Diagnosis Disorders, Borderline Personality Disorder

### Douglas Conant, Ph.D.

Education: Ph.D., The Derner Institute at Adelphi University, 1990  
Ed.M. Counseling and Consulting Psychology, Harvard Graduate School of Education, 1980  
Advanced Postdoctoral Fellowship in Clinical Psychology, Austen Riggs Center, 1993  
Title: Licensed Psychologist, Buffalo Psychiatric Center, since 2006  
Location: Butler RTC, 2006 to present  
Interests: Integrative Psychotherapy, Psychological Assessment, Clinical Consultation, Clinical Training and Education

### Christopher Keller, Psy.D.

Education: Psy.D., Long Island University—C.W. Post Campus, 2011  
M.S. Ed., School Counseling, St. Bonaventure University, 2004  
M.S. Clinical Psychopharmacology, Fairleigh Dickinson University, in progress  
Titles: Licensed Psychologist, Buffalo Psychiatric Center, since 2012  
Site Manager, North Tonawanda RTC  
Location: North Tonawanda RTC, November 2016 to present  
Interests: Psychological Assessment, Psychopharmacology

**Sarah Marchand, Ph.D.**

Education: Ph.D., Counseling Psychology, University at Buffalo, 2012  
Titles: Licensed Psychologist, Buffalo Psychiatric Center, since 2019  
Site Manager, Lancaster RTC  
Location: Lancaster RTC, December 2015 to present  
Interests: DBT, CBT, Trauma, Forensics

**Betsy McDonnell, Ph.D.**

Education: Ph.D., Clinical Psychology, University of Southern Mississippi, 1991  
Title: Licensed Psychologist, Buffalo Psychiatric Center, since 2012  
Location: Zoar Valley RTC, November 2013 to present  
Interests: Long-term Psychotherapy Addressing Depression, Anxiety, PTSD, Combined MI/CD

**Katherine Neely, Ph.D.**

Education: Ph.D., Counseling Psychology, SUNY University at Buffalo, 2012  
Title: Associate Psychologist, Buffalo Psychiatric Center, since 2013  
Location: Lancaster RTC, June 2020 to present  
Interests: Serious Persistent Mental Illness, Women's Issues

**Barbara Roos, Ph.D.**

Education: Ph.D., Clinical Psychology, California School of Professional Psychology 1993  
Title: Licensed Psychologist, Buffalo Psychiatric Center, since 2009  
Location: Inpatient Unit 5 North, June 2013 to present  
Interests: Geriatric Psychology, Dementia, CBT

**Jennifer Schwenkbeck, Ph.D.**

Education: Ph.D., Clinical Psychology, Union Institute & University (2011)  
MSW, University of Buffalo (LCSW-R)  
Titles: Associate Psychologist, Buffalo Psychiatric Center, since 2012  
Zoar Valley RTC, Program Manager of Clinic and MIT South Team, 2016 to present  
Location: Zoar Valley RTC  
Interests: Neurodevelopmental Disorders, Anxiety Disorders

**ADJUNCT FACULTY**

**Steven Ciric, M.D., Clinical Director of Buffalo Psychiatric Center**

Education: M.D., University of Illinois at Chicago, College of Medicine, 1996  
Medicine-Psychiatry Internship, Johns Hopkins Bayview Medical Center, 1997  
Psychiatry Residency, New York University School of Medicine/Bellevue Hospital, 2000  
Forensic Psychiatry Fellowship, New York University School of Medicine, 2001  
Title: Clinical Director, Buffalo Psychiatric Center, since 2018

Location: Strozzi Building, Administration, CS812  
Interests: Forensic Psychiatry, Public Health, Administrative Psychiatry, Education and Training

**Gary DiNezza, Ph.D., Neuropsychology Consultant**

Education: Ph.D., SUNY University at Buffalo, 1991  
Postdoctoral Fellow in Clinical Neuropsychology University of Rochester Strong Memorial Hospital Rochester, NY 1992  
M.S.W., St. Louis University, 1982  
Title: Neuropsychologist, 2020 to present  
Interests: Stroke, TBI, Neuropsychiatric Disorders, Genetic Predisposition (Huntington's)

## THE BUFFALO-NIAGARA COMMUNITY

### BUFFALO IS MORE THAN BLIZZARDS AND CHICKEN WINGS

The Buffalo-Niagara metropolitan area has a population of over one million inhabitants. Buffalo is a city on the shores of Lake Erie in Western New York. Its neoclassical, beaux arts and art deco architecture speak to its history as an industrial capital in the early 20th century. Its [landmarks](#) include buildings by Frank Lloyd Wright, Louis Sullivan, and H. H. Richardson, who designed the original psychiatric center in Buffalo, now part of the [Richardson Olmsted Complex](#), adjacent to Buffalo Psychiatric Center.



*Richardson Olmsted Complex, previous site of Buffalo State Hospital, adjacent to Buffalo Psychiatric Center*

Buffalo also has a vibrant arts community. Across the street from the Buffalo Psychiatric Center is the [Albright-Knox Art Gallery](#), with works by Picasso and Warhol, and just next door is the [Burchfield Penney Art Center](#), dedicated to the work of Charles Burchfield and other Western New York artists. Buffalo's Theater District counts over 20 theater companies, including [Shea's Performing Arts Center](#), where touring companies perform Broadway hits. Smaller companies include the [Irish Classical Theater Company](#), [Ujima Company, Inc.](#), [Raices Theatre Company](#), and [Theatre of Youth](#). The city is also home to the renowned [Buffalo Philharmonic Orchestra](#). There are outdoor concerts and winter ice-skating at [Canalside](#), kayaking in Buffalo Harbor, shopping in [Elmwood Village](#), and dining at the more than 400 independently owned [restaurants](#) (serving our famous chicken wings and more).

[Niagara Falls](#) is just a 30 minute drive from downtown Buffalo, and [Toronto, Ontario](#), is only 90 miles across the border. There are several [state parks](#), hiking trails, and other recreational activities including cross-country and [downhill skiing](#) resorts within easy driving distance. For sports fans, Buffalo offers major league football and hockey with the [Buffalo Bills](#) and [Buffalo Sabres](#). In addition, Buffalo offers Triple A baseball with the [Buffalo Bisons](#), and lacrosse with the [Buffalo Bandits](#).



In addition to its racial and ethnic diversity, Buffalo is one of the top 10 cities in the United States in terms of the number of refugees resettled since 2002. Recent immigrants have come from over 40 countries, and speak over 80 languages, including Spanish, Arabic, Karen, Somali, and Swahili.

For those relocating to Buffalo, the area offers a wide variety of houses, apartments, and townhouses in an affordable price range.

For more information about the Buffalo Niagara region's activities, restaurants, neighborhoods and more, check out [Visit Buffalo Niagara](#) at [www.visitbuffaloniagara.com](http://www.visitbuffaloniagara.com).

## VIDEO AND WEB LINKS

- [Welcome to the New Buffalo](#)
- [Festivals in Buffalo](#)
- [Canalside, Buffalo: Welcome to Summer](#)
- [Elmwood Village, Buffalo NY](#)
- [Buffalo, New York: This Place Matters](#)



*Buffalo Psychiatric Center Strozzi Building and Richardson Olmstead Campus*