

Office of Mental Health

**We believe** that the rehabilitative focus of our residential programs, fostered by the development and implementation of an individualized written service plan, provides for improved resident independence, choice and out-comes.

- Everyone has the capacity to continually learn and grow.
- Resident choice should be supported in all activities of daily living.
- Effective care providers are good role models.
- Care providers must be compassionate and committed.
- The family lifestyle contributes to recovery (which includes stability in the home, but also demonstrates how to handle real life family experiences).
- Resident relationships with pets often contribute to the recovery process.
- Environments must be safe and match resident wants and needs.
- Ongoing training of care providers is essential and includes daily availability of consultation with case managers.
- Case management services ensure quality living environments and resident satisfaction.
- Family care is a way to empower individuals in selecting their own life goals.
- Family Care is a certified residential program of Buffalo Psychiatric Center.

# **Family Care Residents**

Adults of all social, financial, ethnic, and educational backgrounds who are recovering from mental illness.

## **Family Care Providers**

May be single, married, widowed, or divorced. A provider may own a home or may rent a house or apartment

# How does a person become a Family Care resident or provider?

Contact the Buffalo Psychiatric Center Family Care Program at (716) 816-2204

### **Serving 4 Counties:**

Erie

Niagara

Cattaraugus

Chautauqua



#### Office of Mental Health Buffalo Psychiatric Center

A Facility of the Office of Mental Health 400 Forest Avenue | Buffalo, NY 14213 (716) 816-2204



A supportive housing solution for individuals who have a mental health diagnosis and are not quite ready to live on their own.

# **Our Vision**

To develop trusting partnerships that support people in their recovery from mental illness and on their journey toward a better quality life.

# WHAT IS FAMILY CARE?



Private homes in the community are certified by the New York State Office of Mental Health to provide residential care to adults with a mental health diagnosis.

The Buffalo Psychiatric Center's Family Care Program, established in 1936, serves adults of all ages living in Cattaraugus, Chautauqua, Erie, and Niagara Counties.

Family Care matches persons willing to share their home and community with individuals in need of guidance, support, and the companionship of a family environment.

Family Care uses a network of community psychiatric, social and recreational support services to enrich the lives of those served.

#### Additional Services Provided in the Community:

- Home cooked meals, including special diets.
- Involvement in family social activities.
- Assistance with medication management and doctor's appointments.
- Assistance with skill development, if desired.
- Help with activities of daily living, including shopping, and money management.
- If needed, hands-on Personal Care services by qualified, certified Personal Care providers.
- Linkage to outpatient programs, social clubs, vocational services, as desired.
- Transportation to all activities and appointments.
- Housekeeping and laundry services.
- Family vacations, camping, birthday, and holiday celebrations.
- Monetary benefits to the care provider.
- 1:1 ongoing support from Buffalo Psychiatric Center's professional case managers.

### **Our Mission**

To provide a variety of private home settings that offer support to individuals who have a mental illness and are in the process of recovering their important life roles.

# **Our Goal**

To provide residential care that is focused on resident satisfaction, as well as cost efficiency, for individuals in need of intermediate and long term care.

# Referrals

Potential Family Care residents are evaluated by a process that includes interviews, careful screening, and individual choice.

Every effort is made to match the person with a home that best meets his/ her needs in terms of location, type of setting, household composition, compatibility with the provider and the other residents, and availability of needed services.

Home visits and trial placements may be used as a means to make a decision on placement into a Family Care home.