



**Office of
Mental Health**

Doctoral Internship in Health Service Psychology

Admissions, Support, and Initial Placement Data

**The MPC Psychology Internship Program in Health Service
Psychology is accredited by the American Psychological
Association**

**American Psychological Association
Program Consultation and Accreditation
750 First Street, NE
Washington, DC 20002-4242
(202) 336-5979**

Internship Program Admissions

Date Program Tables are updated:

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

The aim of the Manhattan Psychiatric Center (MPC) Doctoral Internship in Health Service Psychology is to train ethical and culturally responsive psychologists who are competent and skilled in delivering clinical services to a wide range of populations, including those with the most severe mental illness and limited resources. We subscribe to a Practitioner-Scholar Model of training and conceptualize our training program as seeking to aid our trainees in the development of Profession-Wide Competencies.

As a hospital providing services under the administration of the New York State Office of Mental Health (OMH), MPC is dedicated to the care and service of underserved and often overlooked populations experiencing severe mental illness. Our patients frequently experience multiple disadvantages in the form of social and educational deprivation, physical disabilities, intellectual/cognitive impairment, trauma history, substance misuse, and legal system involvement, in addition to the specific psychiatric crises that precipitate hospitalizations. Although some hospitalizations are brief, longer-term hospitalizations often occur, as do recurrent hospitalizations.

MPC's mission is to serve as a "Bridge to Recovery" by assisting persons experiencing severe and persistent mental illness in increasing their capacity for self-mastery, self-care and social integration, so that they can function successfully in the least restrictive environment available to them. The facility views the hospital as a place for recovery from illness, a step in a journey back to health. The goal is to work collaboratively with patients and across disciplines toward the individual's recovery goals in order to return patients to their families, friends, and community as soon as possible. This is accomplished through an emphasis on providing as much support as needed with continuous consideration of each individual's right to live a fulfilling life within the least restrictive environment possible. We simultaneously prioritize to maintain hope, a deep respect for multiculturalism, zero tolerance for abusive or dehumanizing conditions, and an environment of non-coercion, in which the focus remains on creating and maintaining a therapeutic relationship as we traverse the Bridge to Recovery.

Often the staff psychologist's job is complicated by fiscal limitations or by lack of appropriate community facilities. Thus, the internship experience presents students not only with complex clinical issues but provides a unique opportunity to study the interaction between psychiatric, legal, social, and political forces in one of the nation's largest mental health service delivery systems. Although this experience is sometimes difficult and often frustrating, it is also challenging, stimulating, and can be at times gratifying.

Whether a student intends to continue working with individuals with severe impairments in an institutional setting, or with those exhibiting less severe psychological disorders in outpatient or private treatment setting, the intensive involvement in interviewing,

assessment, therapeutics, and system analysis which is provided at MPC has broad applicability. Gaining exposure to the MPC population provides interns with an internal frame of reference for conceptualizing and understanding psychopathology along the full spectrum, from mild to the most severe.

As a member of APPIC, MPC participates in the National Matching Service in its selection of psychology interns. Applicants must be enrolled in a psychology doctoral program accredited by the APA Commission on Accreditation. Prior to beginning the internship, the applicant should have completed a minimum of three years of graduate study, with clinical experience of 230 hours or more of direct client contact, consisting of at least 150 hours of individual/group therapy and 80 hours psychological testing. In addition, applicants should have at least 100 hours of supervision of clinical activities. Applicants should have some previous experience in working with individuals with chronic mental illness, either in an in- or out-patient setting, and a commitment to working with underserved and disenfranchised populations. Those who are able to conceptualize cases and intervention strategies through both a multicultural and trauma-informed lens are best suited for the role of MPC Psychology Intern.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours	YES		Amount: 150
Total Direct Contact Assessment Hours	YES		Amount: 80

Describe any other required minimum criteria used to screen applicants:

We believe that our Interns benefit from having participated in at least 100 hours of clinical supervision of their clinical activities at the time of application.

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	~\$38,000 (salary and differential downstate adjustment combined)	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	Yes	No
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes	No
Coverage of family member(s) available?	Yes	No
Coverage of legally married partner available?	Yes	No
Coverage of domestic partner available?	Yes	No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	144	
Hours of Annual Paid Sick Leave	104	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes	No
Other Benefits (please describe): Dental insurance; up to 3 professional leave days, participation in the New York State and Retirement System		

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2016-2019	
Total # of interns who were in the 3 cohorts	12	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Community mental health center	1	
Federally qualified health center		
Independent primary care facility/clinic		
University counseling center		1
Veterans Affairs medical center		
Military health center		
Academic health center	2	
Other medical center or hospital		1
Psychiatric hospital		3
Academic university/department	1	1
Community college or other teaching setting		
Independent research institution		
Correctional facility		1
School district/system		
Independent practice setting	1	
Not currently employed		
Changed to another field		
Other		
Unknown		

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.