



## Internship Admissions, Support, and Initial Placement Data

Date Program Tables are updated: 2/1/23

### Program Disclosures

<b>Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution’s affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If yes, provide website link (or content from brochure) where this specific information is presented:	

## Internship Program Admissions

**Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:**

Rockland Psychiatric Center (RPC) is one of the largest psychiatric facilities in New York State. It is a New York State Office of Mental Health (NYS-OMH) inpatient and outpatient facility that provides compassionate and comprehensive care to adults who have serious and persistent mental illness.

The primary aim of the RPC Psychology Doctoral Internship Program is to provide interns with a comprehensive clinical training in evidence-based, culturally sensitive, individualized services to adults, in order to become competent entry-level psychologists. The Internship Program aligns with RPC's mission of providing Hope, Respect, and Recovery for individuals with mental illness.

There are two full-time doctoral internship positions with a 12-month commitment. Interns will provide a variety of clinical services to adult patients on the inpatient units. These include individual psychotherapy, group psychotherapy, milieu interactions, behavioral interventions, and psychological assessments. In addition, they will learn the how to supervise other trainees by providing supervision to current trainees.

The RPC Psychology Doctoral Internship Program is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and also participates in the National Matching Service in its selection of psychology interns. All applications received are reviewed in depth. Consideration for an interview is based on previous clinical experience and demonstrating interest in working with adults who are inpatient and have severe and persistent mental illness. In addition, cover letter, recommendation letters, personal essays, and academic performance are examined. Based on this review, a determination is made if an applicant is invited for an on-site (or virtual interview if unable to attend) interview, which is conducted in early January. The purpose of the interview is for applicants to learn more about the internship program, meet the Training Committee, and tour the units. This allows the Training Committee to determine the applicant's goodness of fit to the internship program.

**Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:**

Total Direct Contact Intervention Hours	Yes		Amount: 300
Total Direct Contact Assessment Hours	Yes		Amount: 75

**Describe any other required minimum criteria used to screen applicants:**

The RPC Psychology Doctoral Internship Program accepts applicants who are eligible to participate in the National Matching Service. Applicants must have four years of graduate training with preference given to those who have worked with adults who have serious and persistent mental illness. Having a prior practicum experience on an inpatient unit is preferred, but not required. Ideal candidates will express an interest in working with a diverse group of patients who have serious and persistent mental illness. They will be eager to learn about the multifaceted challenges that arise when working with such a complex population. They will demonstrate compassion, empathy, and a flexible mindset in their therapeutic intervention approaches. Preference also is given to those with a minimum of 300 intervention hours and 75 assessment hours.

**Financial and Other Benefit Support for Upcoming Training Year\***

Annual Stipend/Salary for Full-time Interns	\$37,965	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	Yes	
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes	
Coverage of family member(s) available?	Yes	
Coverage of legally married partner available?	Yes	
Coverage of domestic partner available?	Yes	
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	144	
Hours of Annual Paid Sick Leave	104	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes	
<p><b>Other Benefits (please describe):</b></p> <p>Interns are off for all Legal Holidays during their internship year. They receive three days of professional leave during the training year for conference or dissertation defense time. They have their own office space for the year, with computer and internet connection. They are provided with basic office supplies and have access to copier, scanner, and fax machine. There is a microwave and refrigerator in a common area for them to access as well. Parking is available on the campus grounds free of charge. Interns have access to thousands of journal articles and books due to a relationship with the Nathan Kline Research Institute on the campus grounds.</p>		

\*Note: Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

# Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2018-2021	
Total # of interns who were in the 3 cohorts	0	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	N/A	
	PD	EP
Academic teaching		
Community mental health center		
Consortium		
University Counseling Center		
Hospital/Medical Center		
Veterans Affairs Health Care System		
Psychiatric facility		
Correctional facility		
Health maintenance organization		
School district/system		
Independent practice setting		
Other		

**Note:** “PD” = Post-doctoral residency position; “EP” = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.



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