## Providing Diagnosis and Treatment to Children

- Experiencing developmental difficulties since early childhood
- Exhibiting difficulties in school or at home
- Easily frustrated, withdrawn, or unable to express feelings with words

### We Strive to Provide

- High quality behavioral health care services to children diagnosed with autism and the neurodevelopmental disorders
- Individualized services acknowledging the integrity, cultural differences and autonomy while maintaining the dignity of the people that are served
- Family-focused and child-centered treatment
- Optimized outcomes, reducing the use of inpatient care

## How Can My Child Attend the Program?

- Referrals are made through your school district
- IEP Classification not required
- Speak to your school representative if you think your child is eligible for a screening
- Admission to the program usually requires a Full Scale IQ of 65 and above
- Serves grades K-8

### **Contact Us**

For more information, or to schedule a referral, call our Program Director at **631-370-1887** 

197 Half Hollow Rd Dix Hills, NY 11746

# CHALLENGES ARE AN OPPORTUNITY TO GROW





Office of Mental Health
Sagamore Children's Psychiatric Center

### **ICAN PROGRAM**

Intensive Treatment for

Children with

Autism and

Neurodevelopmental Disorders

Serving Nassau and Suffolk Counties

# ALL BEHAVIOR Is A Form Of COMMUNICATION

# 45-Day Intensive Day Treatment Program for Children with Autism/ Neurodevelopmental Disorders

Western Suffolk BOCES—OMH Sagamore Children's Center Collaborative

- Serves the Neurodevelopmental Dual-Diagnosed Childhood population
- Multidisciplinary Treatment Team: Board Certified Psychiatrist, Licensed Social Worker, Recreation Therapist, Special Education Teacher, Registered Nurse, Mental Health Therapy Aide
- Extended Day Programming Small Structured Class Setting and Structured Therapeutic Activities
- Daily Social Skills/Relaxation Group, twice weekly Individual Therapy, continuous Medication Management and Family Sessions
- Specialized Educational and Clinical Discharge Recommendations

### **Behavior Management Strategy for School and Home**

- Individualized Behavioral Interventions
- Token Economy
- Positive Reinforcement throughout the day
- · Consistent and predictable routines
- Social Skills Training
- Communication Binder between home and school



### **Frequently Asked Questions**

#### What is Autism?

Autism is a subcategory of the neurodevelopmental disorders. Children with Autism display two important features:

- Impaired social communication and/or interactions
- Restricted, repetitive patterns of behavior, interests and/or activities

# My child does not have Autism. What are Neurodevelopmental Disorders?

These disorders begin in childhood, before school age. Children with these types of problems are often excluded socially. Neurodevelopmental Disorders can also:

- Cause impairments in a child's ability to socialize and learn
- Contribute to difficulty developing relationships or attachments the same way other children do