# Implementing Behavioral Health Organizations 9-16-2011

Gary Weiskopf New York State Office of Mental Health

# Agenda

- Medicaid Redesign Team
- Goals of the BHO
- BHO Responsibilities
- Phase I vs Phase II
- Phase I Functions
- Procurement Process
- Implementation Time Frame

## Medicaid Redesign Team

- Created by Governor Andrew Cuomo's to:
  - Conduct a fundamental restructuring of the Medicaid program
  - Achieve measurable improvement in health outcomes, sustainable cost control and a more efficient administrative structure
- Composed of representatives from

| The Legislature                     | Counties                |
|-------------------------------------|-------------------------|
| Commissioners of OMH and OASAS      | Patient advocacy groups |
| New York State Medicaid<br>Director | Health care industry    |

# Medicaid Redesign Team

- MRT Goals
  - Improve system management
  - Improve care
  - Reduce unnecessary service utilization
  - Improve efficiency

# MRT Projects Affecting Behavioral Health

- Enrollment in Managed Care
  - Within 3 years, all Medicaid recipients will be in some form of Managed care
- Behavioral Health Organizations(BHO)
- Health Homes
- Other Utilization Thresholds, Pharmacy carve-in to managed care.

#### MRT 93-BHO

Long Term Goals.

- Manage behavioral health services not "covered" under the State's various Medicaid Managed Care plans;
- Impose a management structure on a fragmented system of care;
- Improve coordination of care between services and across service systems; and
- Reduce unnecessary behavioral health and physical health inpatient care.

#### **BHO - Two Phases**

- In Phase II, all care is managed under one of 3 regional options:
  - Integrated Delivery System (IDS) able to accept/manage risk
  - Special Needs Plan (SNP) which also manages physical health services for enrolled beneficiaries
  - BHO
- Phase II In all options, risk bearing entity
- Design to be shaped by MRT behavioral health subcommittee.

#### **BHO - Phase 1 Functions**

- BHO will be non-risk bearing. It is not an insurance plan and has no covered lives.
- Task 1: Monitor, review and assess the use of behavioral health inpatient care
  - Concurrent review of admissions and utilization management
  - Provide information from Medicaid data to inpatient clinical staff
  - Monitor hospital discharge planning activities
- Task 2: Monitor and track children's outpatient SED
- Task 3: Profile providers (in collaboration with OMH and OASAS)
- Task 4: Facilitate cross-system linkage
  - Improve engagement and re-engagement, continuity of care, accountability and service integration across levels of behavioral and physical health care

#### Phase 1 Population Focus

- Adult and Child Medicaid Fee for Service inpatients
  - Admissions to OMH-licensed psychiatric units (all ages) in general hospitals
    (Article 28 hospitals);
  - Children and youth admitted to OMH licensed psychiatric hospitals (Article 31 hospitals);
  - Children and youth direct admissions (i.e., not transfers) to OMH State operated children's psychiatric centers or children's units of psychiatric centers;
  - OASAS certified hospital (Art 28/32) or freestanding (Article 32 only) Part 818
    Chemical Dependence Inpatient Rehabilitation Services; and
  - OASAS Certified Part 816 Inpatient Detoxification Services (Article 28/32).
- Children with an SED diagnosis covered by MMC and receiving care in OMH clinics.
- Excludes Medicare/Medicaid Duals in year 1

### Additional Capabilities

- Define, engage and link cohorts of disengaged or high risk individuals to appropriate treatment
- Review outpatient engagement for post-discharge follow up care
- Suicide prevention for high need/high risk populations discharged from inpatient settings
- Reducing costs for people with high cost physical and behavioral health conditions
- 5. Behavioral health emergency diversion/inpatient diversion Some or all of these Capabilities may be funded separately after discussion with BHOs

#### BHO - Phase 1 Procurement

- Commissioners of OMH and OASAS authorized to enter into BHO contract(s) through an accelerated procurement and contract process.
- Vendors Selected for Negotiation
  - New York City Region: OptumHealth
  - Hudson River Region: Community Care Behavioral Health
  - Central Region: Magellan Behavioral Health
  - Western Region: New York Care Coordination Program
  - LI Final determination not yet been made
- Full implementation by January 1, 2012