



## Goals and Objectives 2024-2027 Cayuga County Community Services Board

Liz Burke, Deputy Director  
(eburke@cayugacounty.us)

### Goal 1

Goal 1: Title Housing

Goal 1: Target Completion Date Dec 31, 2028

Goal 1: Description Safe, easily accessible and affordable housing options for individuals with developmental disabilities, substance use problems and mental health challenges will be available.

Goal 1: OASAS? Yes Goal 1: OMH? Yes Goal 1: OPWDD? Yes

Goal 1: Need Addressed 1 Housing

Goal 1: Need Addressed 2

Goal 1: Need Addressed 3

Goal 1, Objective 1: Title Funding

Goal 1, Objective 1, Target Completion Date Dec 31, 2027

Goal 1, Objective 1, Description Additional funding to establish housing will be identified and secured.

Goal 1, Objective 2: Title Programs to provide direct support

Goal 1, Objective 2, Target Completion Date Dec 31, 2026

Goal 1, Objective 2, Description Programs to provide direct support to individuals in obtaining and maintaining housing will be implemented.

Goal 1, Objective 3: Title transitional housing

Goal 1, Objective 3, Target Completion Date Dec 31, 2026

Goal 1, Objective 3, Description Options for transitional housing including for individuals with a recent discharge from incarceration and inpatient stays will increase

### Goal 2

Goal 2: Title Expand crisis services

Goal 2: Target Completion Date Dec 31, 2026

Goal 2: Description Readily accessible crisis services will be available in the county providing individuals and families with crisis response 24 hours a day/365 days a year.

Goal 2: OASAS? Yes Goal 2: OMH? Yes Goal 2: OPWDD? Yes

Goal 2: Need Addressed 1 Crisis Services

Goal 2: Need Addressed 2 Cross System Services

Goal 2: Need Addressed 3 Respite

Goal 2, Objective 1: Title Overnight respite

Goal 2, Objective 1, Target Completion Date Jun 30, 2024

Goal 2, Objective 1, Description Overnight respite for adults will be available every day of the year with a capacity that meets the needs of the county.

Goal 2, Objective 2: Title After hours mobile crisis

Goal 2, Objective 2, Target Completion Date Dec 31, 2024

Goal 2, Objective 2, Description After hours mobile crisis (12 AM-9 AM) will be available and current 9 AM-midnight mobile crisis services sustained.

Goal 2, Objective 3: Title Training

Goal 2, Objective 3, Target Completion Date Dec 31, 2025

Goal 2, Objective 3, Description Cross system training for crisis providers will be provided to ensure crisis response meets the unique needs of the individual experiencing crisis.

Goal 2, Objective 4: Title Streamlined access

Goal 2, Objective 4, Target Completion Date Dec 31, 2025

Goal 2, Objective 4, Description Local 911, the statewide crisis response number 988 and local crisis providers will

coordinate to streamline crisis calls to ensure timely response.

Goal 2, Objective 5: Title Countywide coordination

Goal 2, Objective 5, Target Completion Date May 30, 2024

Goal 2, Objective 5, Description Collaborations in crisis and threat response among county law enforcement, schools and organizations providing behavioral health services will continue and expand to include additional partners.

Goal 2, Objective 6: Title Certified Community Behavioral Health Clinic

Goal 2, Objective 6, Target Completion Date Dec 31, 2025

Goal 2, Objective 6, Description Cayuga County Community Mental Health Center will identify and obtain funding to establish a Certified Community Behavioral Health Clinic.

### **Goal 3**

Goal 3: Title Substance use prevention and treatment

Goal 3: Target Completion Date Dec 31, 2028

Goal 3: Description County will provide a continuum of prevention and treatment services/efforts that will address substance use

Goal 3: OASAS? Yes Goal 3: OMH? Yes Goal 3: OPWDD? Yes

Goal 3: Need Addressed 1 Prevention

Goal 3: Need Addressed 2 Outpatient treatment

Goal 3: Need Addressed 3 Cross System Services

Goal 3, Objective 1: Title Certified Community Behavioral Health Clinic

Goal 3, Objective 1, Target Completion Date Dec 31, 2025

Goal 3, Objective 1, Description CCCMHC will identify and obtain funding to establish a Certified Community Behavioral Health Clinic.

Goal 3, Objective 2: Title Data surveillance

Goal 3, Objective 2, Target Completion Date Dec 31, 2025

Goal 3, Objective 2, Description Data surveillance will be sustained to identify prevalent substances; measure the impact of services and identify barriers to treatment.

Goal 3, Objective 3: Title Evidenced based services

Goal 3, Objective 3, Target Completion Date May 31, 2026

Goal 3, Objective 3, Description Organizations will implement new and expand current evidenced based services to address substance use for youth and adults.

Goal 3, Objective 4: Title Harm reduction

Goal 3, Objective 4, Target Completion Date Dec 31, 2026

Goal 3, Objective 4, Description Outreach, education and engagement in harm reduction will be directed toward individuals experiencing the effects of substance use as well as their family and other community members.

Goal 3, Objective 5: Title Timely access

Goal 3, Objective 5, Target Completion Date May 31, 2025

Goal 3, Objective 5, Description Additional providers will be identified with the capacity to provide timely access to services and ability to provide Medication Assisted Treatment for substance use disorders.

Goal 3, Objective 6: Title Reduce stigma

Goal 3, Objective 6, Target Completion Date Jul 01, 2026

Goal 3, Objective 6, Description Public discourse will be increased to reduce stigma around substance use and increase individual's engagement in treatment.

Goal 3, Objective 7: Title Peers

Goal 3, Objective 7, Target Completion Date Dec 31, 2025

Goal 3, Objective 7, Description The peer workforce will be increased.

### **Goal 4**

Goal 4: Title Universal Prevention

Goal 4: Target Completion Date Dec 31, 2028

Goal 4: Description Universal preventions strategies and increased access to outpatient treatment to improve the social and emotional wellbeing of Cayuga County residents will be implemented

Goal 4: OASAS? Yes Goal 4: OMH? Yes Goal 4: OPWDD? Yes

Goal 4: Need Addressed 1 Prevention

Goal 4: Need Addressed 2 Cross System Services

Goal 4: Need Addressed 3 Adverse Childhood Experiences

Goal 4, Objective 1: Title Universal prevention

Goal 4, Objective 1, Target Completion Date Dec 31, 2028

Goal 4, Objective 1, Description County schools will partner with community providers to incorporate evidenced based programs to provide youth with resources needed to address the social and emotional needs of all youth.

Goal 4, Objective 2: Title Increased school satellites

Goal 4, Objective 2, Target Completion Date Dec 31, 2028

Goal 4, Objective 2, Description The number of schools with an outpatient satellite will increase and capacity within existing school satellites will be expanded.

Goal 4, Objective 3: Title Trauma informed care

Goal 4, Objective 3, Target Completion Date Jun 30, 2026

Goal 4, Objective 3, Description Training in ACES will be provided and school and human service providers will establish an infrastructure of trauma informed care.

Goal 4, Objective 4: Title System of care

Goal 4, Objective 4, Target Completion Date Jun 30, 2027

Goal 4, Objective 4, Description Family and youth voice at all levels of the county's system of care will be increased.

Goal 4, Objective 5: Title Hospital collaboration

Goal 4, Objective 5, Target Completion Date Jun 30, 2026

Goal 4, Objective 5, Description Collaboration with the county's hospital and ER will be formalized with the focus on reducing ER and hospital admissions for behavioral health.

Goal 4, Objective 6: Title Homebased services

Goal 4, Objective 6, Target Completion Date Jun 30, 2025

Goal 4, Objective 6, Description The county will increase the availability of home-based therapy and support services for children and adults.

## Goal 5

Goal 5: Title Workforce

Goal 5: Target Completion Date Dec 31, 2026

Goal 5: Description The human service workforce will be sufficient to meet the needs of individuals with behavioral and cognitive health challenges

Goal 5: OASAS? Yes Goal 5: OMH? Yes Goal 5: OPWDD? Yes

Goal 5: Need Addressed 1 Workforce

Goal 5: Need Addressed 2 Cross System Services

Goal 5: Need Addressed 3

Goal 5, Objective 1: Title Psychiatric care

Goal 5, Objective 1, Target Completion Date Jun 30, 2025

Goal 5, Objective 1, Description Psychiatric care including medication monitoring and management will be readily available to all individuals experiencing behavioral and cognitive challenges.

Goal 5, Objective 2: Title Peers

Goal 5, Objective 2, Target Completion Date Dec 31, 2025

Goal 5, Objective 2, Description Adult and youth peers will be recruited, hired and provide support services in organizations throughout the community.

Goal 5, Objective 3: Title Funding

Goal 5, Objective 3, Target Completion Date Dec 31, 2025

Goal 5, Objective 3, Description Cayuga County LGU will continue to participate with other local mental hygiene departments to advocate for additional state funding to provide organizations the ability to increase salaries, offer paid internships as well as onboarding and retention incentives.

## Goal 6

Goal 6: Title Transportation

Goal 6: Target Completion Date Dec 31, 2027

Goal 6: Description Transportation will be affordable and readily available to individuals in all parts of the county to support individuals in their connection to treatment/rehabilitation supports and services.

Goal 6: OASAS? Yes Goal 6: OMH? Yes Goal 6: OPWDD? Yes

Goal 6: Need Addressed 1 Transportation

Goal 6: Need Addressed 2 Cross System Services

Goal 6: Need Addressed 3 Outpatient treatment

Goal 6, Objective 1: Title Existing resources

Goal 6, Objective 1, Target Completion Date Dec 31, 2025

Goal 6, Objective 1, Description Outreach to, and convene, local transportation providers (Centro bus, cab companies, programs currently providing transportation, etc.) to communicate needs and identify options to enhance services.

Goal 6, Objective 2: Title pilot programs

Goal 6, Objective 2, Target Completion Date Dec 31, 2026

Goal 6, Objective 2, Description Advocate for state funding for pilot programs aimed at providing transportation throughout the county.

## Update to 2024-2027 Goals and Objectives Cayuga County Community Services Board

Maureen Brennan, Deputy Director  
mbrennan@cayugacounty.us

<b>Goal 1</b>	
<b>Title</b>	Housing
<b>Update</b>	Cayuga County made progress towards addressing the need for affordable housing and plan on continuing to expand services for transitional housing and the county will continue to look for additional funding targeting housing
<b>OBJECTIVES</b>	
Funding	Ongoing
Programs to provide direct support	Ongoing
transitional housing	Ongoing
<b>OBJECTIVE UPDATES</b>	

<b>Goal 2</b>	
<b>Title</b>	Expand crisis services
<b>Update</b>	Cayuga County currently offers mobile crisis from 9am-midnight and is working towards offering mobile crisis 24/7. The county will continue to invest in cross systems training and will explore transitioning the county to a CCBHC.
<b>OBJECTIVES</b>	
Overnight respite	Complete
After hours mobile crisis	Ongoing
Training	Ongoing
Streamlined access	Ongoing
Countywide coordination	Ongoing
Certified Community Behavioral Health Clinic	Ongoing
<b>OBJECTIVE UPDATES</b>	
equity, diversity and inclusion	

<b>Goal 3</b>	
<b>Title</b>	Substance use prevention and treatment
<b>Update</b>	The county is focused on expanding substance use prevention and treatment through the expansion of evidence based services, utilizing harm reduction strategies and increasing the peer workforce in the community.
<b>OBJECTIVES</b>	
Certified Community Behavioral Health Clinic	Ongoing

Data surveillance	Ongoing
Evidenced based services	Ongoing
Harm reduction	Ongoing
Timely access	Ongoing
Reduce stigma	Ongoing
Peers	Ongoing
<b>OBJECTIVE UPDATES</b>	
diversity, equity and inclusion	

<b>Goal 4</b>	
<b>Title</b>	Universal Prevention
<b>Update</b>	Cayuga County will continue to coordinate and collaborate with community agencies and members to enhance the county's system of care through the expansion of school satellites and trauma informed care. The county continues to expand collaboration with the local hospital and recently implemented a new outreach protocol with the county's mobile crisis team.
<b>OBJECTIVES</b>	
Universal prevention	Ongoing
Increased school satellites	Ongoing
Trauma informed care	Ongoing
System of care	Ongoing
Hospital collaboration	Ongoing
Homebased services	Ongoing
<b>OBJECTIVE UPDATES</b>	
diversity, equity and inclusion	

<b>Goal #5</b>	
<b>Title</b>	Workforce
<b>Update</b>	Expanding and retaining the workforce is an ongoing goal for the county with an emphasis of expanding the peer workforce.
<b>OBJECTIVES</b>	
Psychiatric care	Ongoing
Peers	Ongoing
Funding	Ongoing
<b>OBJECTIVE UPDATES</b>	
diversity, equity and inclusion	

<b>Goal #6</b>	
<b>Title</b>	Transportation
<b>Update</b>	Cayuga County is a rural county and transportation continues to be a barrier
<b>OBJECTIVES</b>	
Existing resources	Ongoing
pilot programs	Ongoing
<b>OBJECTIVE UPDATES</b>	



Office of Mental Health  
Office of Addiction Services and Supports  
Office for People with Developmental Disabilities

## 2024 Needs Assessment Form Cayuga County Community Services Board

### **Adverse Childhood Experiences** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Crisis Services** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Cross System Services** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Housing** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Non-Clinical Supports** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Outpatient Treatment** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults



Do any of the Goals on the Goals and Objectives Form address this need? Yes  
Need description (Optional):

**Prevention** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**Respite** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**Transportation** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**Workforce** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**LGU Representative:** Liz Burke

**Submitted for:** Cayuga County Community Services Board



## 2025 Needs Assessment Form Cayuga County Community Services Board

### **Adverse Childhood Experiences** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Crisis Services** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Housing** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Prevention** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Respite** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Transportation** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Workforce** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**LGU Representative:** Maureen Brennan

**Submitted for:** Cayuga County Community Services Board

<b>Agency Name</b>	<b>Program Name</b>	<b>Program Type Name</b>
AIDS Community Resources, Inc.	ACR Health SMH CMA	Specialty Mental Health Care Management
Auburn Community Hospital	Behavioral Health Unit at Auburn Community Hospital	Inpatient Psychiatric Unit of a General Hospital
Cayuga Counseling Services, Inc.	CFTSS - Community Psychiatric Support and Treatment	CFTSS: Community Psychiatric Support and Treatment (CPST)
Cayuga Counseling Services, Inc.	CFTSS - Family Peer Support Services	CFTSS: Family Peer Support Services (FPSS)
Cayuga Counseling Services, Inc.	CFTSS - Psychosocial Rehabilitation	CFTSS: Psychosocial Rehabilitation
Cayuga Counseling Services, Inc.	CFTSS - Youth Peer Support and Training	CFTSS: Youth Peer Support (YPS)
Cayuga Counseling Services, Inc.	Cayuga Counseling Services, Inc. Child/Adolescent Day Treatment Program	Mental Health Outpatient Treatment and Rehabilitative Day Treatment
Cayuga Counseling Services, Inc.	Children's Care Management	Health Home Non-Medicaid Care Management
Cayuga Counseling Services, Inc.	Children's Mental Health Rehabilitation Program	CFTSS: Children's Mental Health Rehabilitation Services
Cayuga Counseling Services, Inc.	Health Home Care Management - Other Licensed Professional	Health Home Care Management
Cayuga Counseling Services, Inc.	Parents as Partners - Family Support Residential Family Peer Support Partners Program	CFTSS: Other Licensed Practitioner Family Peer Support Services - Children & Family
Cayuga Counseling Services, Inc.	Partners Program	Family Peer Support Services - Children & Family
Cayuga County Community Services Board	CFTSS: Mobile Crisis Intervention	CFTSS: Mobile Crisis Intervention (CI)
Cayuga County Community Services Board	CNYDPG-Advocacy/Support Services	Advocacy/Support Services
Cayuga County Community Services Board	CNYDPG-Transportation	Transportation
Cayuga County Community Services Board	Cayuga County Community Mental Health Center SMH CMA (AOT)	Specialty Mental Health Care Management
Cayuga County Community Services Board	Cayuga County Community Mental Health Clinic	Mental Health Outpatient Treatment and Rehabilitative
Cayuga County Community Services Board	Cayuga County Community Services Board - HH CM	Health Home Care Management
Cayuga County Community Services Board	Cayuga County Community Services Board - HH Non- Med CM	Health Home Non-Medicaid Care Management
Cayuga County Community Services Board	Crisis Intervention-Children	Crisis Intervention
Cayuga County Community Services Board	Mobile Crisis Services-Adult	Mobile Crisis Services
Cayuga County Community Services Board	Transition Management Services	Transition Management Services

Cayuga Home For Children, dba Cayuga Centers	CFTSS: Community Psychiatric Support and Treatment	CFTSS: Community Psychiatric Support and Treatment (CPST)
Cayuga Home For Children, dba Cayuga Centers	CFTSS: Other Licensed Practitioner	CFTSS: Other Licensed Practitioner (OLP)
Cayuga Home For Children, dba Cayuga Centers	CFTSS: Psychosocial Rehabilitation	CFTSS: Psychosocial Rehabilitation (PSR)
Cayuga Home For Children, dba Cayuga Centers	Cayuga Centers CFTSS	CFTSS: Children's Mental Health Rehabilitation Services
Cayuga Home For Children, dba Cayuga Centers	Home Based Family Treatment Model	Home-Based Family Treatment
Central New York Health Home Network, Inc.	Central New York Health Home Network	Specialty Mental Health Care Management
Contact Community Services, Inc.	Suicide/Crisis Hotline	Advocacy/Support Services
DePaul Community Services, Inc.	Port Byron Apartments SMI	Supportive Single Room Occupancy (SP-SRO)
HCR Care Management, LLC	HCR Care Management SMH CMA	Specialty Mental Health Care Management
Hillside Children's Center	Hillside Finger Lakes Campus, RTF	Residential Treatment Facility - Children & Youth
Hillside Children's Center	Hillside SMH CMA - Central Cayuga	Specialty Mental Health Care Management
Hillside Children's Center	RTF Transition Coordination - Fingerlakes	Residential Treatment Facility Transition Coordinator - Community
Liberty Resources, Inc.	LRI Regional Mobile Crisis-Adult Medicaid Billable Services	Mobile Crisis Services
Liberty Resources, Inc.	Liberty Resources Regional Mobile Crisis	CFTSS: Mobile Crisis Intervention (CI)
Liberty Resources, Inc.	Liberty Resources SMH CMA	Specialty Mental Health Care Management
Liberty Resources, Inc.	Mobile Crisis Intervention Program	Crisis Intervention
Liberty Resources, Inc.	Short-Term Crisis Respite-Cayuga County	Crisis/Respite Beds
Nick's Ride 4 Friends, Inc.	Drop-In Center	Drop In Centers
Nick's Ride 4 Friends, Inc.	Health Home Care Management	Non-Medicaid Care Coordination
St. Joseph's Hospital Health Center	St. Joseph's Care Coordination Network SMH CMA	Specialty Mental Health Care Management
Unity House of Cayuga County, Inc.	5070 Supported SRO	Supportive Single Room Occupancy (SP-SRO)
Unity House of Cayuga County, Inc.	Empowerment Services	CORE Empowerment Services - Peer Supports
Unity House of Cayuga County, Inc.	PROS Employment Initiative	PROS Employment Initiative
Unity House of Cayuga County, Inc.	The PROSperity Program of Cayuga County	Comprehensive PROS without Clinical Treatment

Unity House of Cayuga County, Inc.	UH Cayuga SH/Transformation SH Cayuga Cty - Comm Svcs	Supportive Housing
Unity House of Cayuga County, Inc.	Unity House Apartment Program Unity House Cayuga Supported	Apartment/Treatment
Unity House of Cayuga County, Inc.	Housing/Cayuga -Comm.Svcs Unity House Cayuga-PC Long Stay	Supportive Housing
Unity House of Cayuga County, Inc.	Cayuga County-Comm Svcs Unity House Supported Housing/Cayuga County - Comm.	Supportive Housing
Unity House of Cayuga County, Inc.	Svcs	Supportive Housing
Veterans' Service Agency	Veterans Peer to Peer Program	Outreach