



Goals and Objectives 2024-2027 Rockland County Department of Mental Health

Susan Hoerter, DCS
(hoerters@co.rockland.ny.us)

Goal 1

Goal 1: Title Increase access to intermediate levels of care

Goal 1: Target Completion Date Jan 01, 2028

Goal 1: Description Increase options for intermediate levels of care so that referrals to emergency rooms and inpatient hospitalization can be prevented where possible. Programs that provide intermediate levels of care help bridge the gap between clinic and inpatient treatment. These programs can also help individuals transition back to their home and community after an inpatient stay or ED visit. For many people, clinic or office-based outpatient treatment is insufficient, leading to an escalation of symptoms and eventual referral to the emergency department to be evaluated for inpatient. Most of these individuals do not meet admission criteria for inpatient and are discharged home without any increase in the intensity/frequency of services they are receiving. Once programs offering intermediate levels of care are established, ensure that the primary care and behavioral health provider communities, individuals, and families are aware of these options and how to access them.

Goal 1: OASAS? Yes Goal 1: OMH? Yes Goal 1: OPWDD? Yes

Goal 1: Need Addressed 1 Crisis Services

Goal 1: Need Addressed 2 Inpatient Treatment

Goal 1: Need Addressed 3 Outpatient treatment

Goal 1, Objective 1: Title Intensive Crisis Stabilization Center integration

Goal 1, Objective 1, Target Completion Date Jan 01, 2026

Goal 1, Objective 1, Description Facilitate integration of new regional Intensive Crisis Stabilization Center into adult and child systems of care via messaging on social media, at stakeholder and community meetings and on County website.

Goal 2

Goal 2: Title Improve messaging and marketing of behavioral health services and simplify access to and navigation of the behavioral health system.

Goal 2: Target Completion Date Jan 01, 2028

Goal 2: Description The OMH community feedback sessions revealed a need to improve messaging and marketing of behavioral health services in the region. Locally, there is a need to simplify access to and navigation of the behavioral health system. Services exist, but the system is large and complicated, leaving families and individuals unclear as to which services are available and how to access them. The goal is to simplify access and navigation by having a single point of contact for behavioral health services and fully developing an online listing of behavioral health resources within the County.

Goal 2: OASAS? Yes Goal 2: OMH? Yes Goal 2: OPWDD? Yes

Goal 2: Need Addressed 1 Outpatient treatment

Goal 2: Need Addressed 2 Respite

Goal 2: Need Addressed 3 Crisis Services

Goal 2, Objective 1: Title Sustainability determination

Goal 2, Objective 1, Target Completion Date Jan 01, 2025

Goal 2, Objective 1, Description Investigate the sustainability of different options for a single point of contact for behavioral health services

Goal 2, Objective 2: Title Optimize online resource directory

Goal 2, Objective 2, Target Completion Date Jan 01, 2025

Goal 2, Objective 2, Description Utilize DMH staff to optimize behavioral health listings on Arounja so they are comprehensive and accurate. DMH staff will reach out to providers semi-annually to obtain updated information on programs and services and update Arounja accordingly.

Goal 3

Goal 3: Title Improve utilization of data to inform decision making regarding service provision and community needs.

Goal 3: Target Completion Date Jan 01, 2028

Goal 3: Description The Department will become more data-driven in its decision making. This will include:

a. mining existing data sources provided by the state to create county-specific reports that help identify trends over time

b. increasing data collection from OMH licensed clinics within the county so that there is sufficient data to identify service provision by zip code, diagnosis, age, etc.

Goal 3: OASAS? Yes Goal 3: OMH? Yes Goal 3: OPWDD? Yes

Goal 3: Need Addressed 1 Inpatient Treatment

Goal 3: Need Addressed 2 Outpatient treatment

Goal 3: Need Addressed 3 Crisis Services

Goal 3, Objective 1: Title Better utilize existing state data

Goal 3, Objective 1, Target Completion Date Jan 01, 2025

Goal 3, Objective 1, Description DMH Coordinators of services will review state provided data quarterly and work with support staff to provide a year-end review of trends in their service area

Goal 3, Objective 2: Title Gather and analyze clinic data

Goal 3, Objective 2, Target Completion Date Jan 01, 2025

Goal 3, Objective 2, Description Begin collecting quarterly data from clinic providers on census, diagnoses, zip codes and ages of individuals served

Goal 4

Goal 4: Title Support agencies and their workforce by increasing access to relevant, high-quality trainings.

Goal 4: Target Completion Date Jan 01, 2026

Goal 4: Description Develop a training program that offers CEUs to support a well-trained workforce at OMH, OPWDD and OASAS licensed programs. By doing so, these programs may experience improved staff retention due to an increase in professional satisfaction by staff. A better trained workforce will benefit all who receive services.

Goal 4: OASAS? Yes Goal 4: OMH? Yes Goal 4: OPWDD? Yes

Goal 4: Need Addressed 1 Workforce

Goal 4: Need Addressed 2 Other

Goal 4: Need Addressed 3

Goal 4, Objective 1: Title Submit CEU application

Goal 4, Objective 1, Target Completion Date Jul 01, 2024

Goal 4, Objective 1, Description Obtain approval from the state to provide CEUs for LMHCs and Social Workers

Goal 5

Goal 5: Title Improve availability of SUD residential and housing programs

Goal 5: Target Completion Date Jan 01, 2026

Goal 5: Description Expand and improve services to individuals with SUD by addressing concerns about the lack of accessible, quality residential and housing programs for people with a Substance Use Disorder (SUD).

Goal 5: OASAS? Yes Goal 5: OMH? No Goal 5: OPWDD? No

Goal 5: Need Addressed 1 Housing

Goal 5: Need Addressed 2

Goal 5: Need Addressed 3

Goal 5, Objective 1: Title Procure Oxford House services

Goal 5, Objective 1, Target Completion Date Jan 01, 2024

Goal 5, Objective 1, Description Issue sole-source and contract with Oxford House to provide recovery homes within Rockland County

Goal 5, Objective 2: Title Establish Oxford Houses

Goal 5, Objective 2, Target Completion Date Jan 01, 2025

Goal 5, Objective 2, Description Establish 3 Oxford House recovery homes within Rockland County

Goal 5, Objective 3: Title

Goal 5, Objective 3, Target Completion Date Jan 01, 2025

Goal 5, Objective 3, Description

Goal 6

Goal 6: Title Improve quality and quantity of clinic services.

Goal 6: Target Completion Date Jan 01, 2026

Goal 6: Description Increase the number of clinics that offer open access, are culturally and linguistically accessible, accept hospital discharges within the timeframe specified in the regulations, make continued attempts to re-engage difficult-to-engage individuals, participate with commercial insurance, serve the uninsured, and provide evidence-based practices. Improve the 7 and 30 day rates of follow-up with outpatient treatment after an ED visit or hospital discharge by increasing availability of clinic appointments and by implementing transitional care management to help connect individuals who are moving between levels of care to their next provider.

Goal 6: OASAS? No Goal 6: OMH? Yes Goal 6: OPWDD? No

Goal 6: Need Addressed 1 Inpatient Treatment

Goal 6: Need Addressed 2 Crisis Services

Goal 6: Need Addressed 3

Goal 6, Objective 1: Title Identify funding, begin procurement

Goal 6, Objective 1, Target Completion Date Jul 01, 2024

Goal 6, Objective 1, Description Identify funding source and amount and issue RFP for a "safety-net" clinic

Goal 6, Objective 2: Title Identify funding, begin procurement

Goal 6, Objective 2, Target Completion Date Jul 01, 2024

Goal 6, Objective 2, Description Identify funding source and amount and issue RFP for a transitional care management program



Update to 2024-2027 Goals and Objectives Rockland County Department of Mental Health

Susan Hoerter, DCS
hoerters@co.rockland.ny.us

Goal 1	
Title	Increase access to intermediate levels of care
Update	
OBJECTIVES	
Intensive Crisis Stabilization Center integration	[""]
OBJECTIVE UPDATES	
2 Reestablish HBCI	
3 Once established, integrate Youth ACT into Rockland's SOC	

Goal 2	
Title	Improve messaging and marketing of behavioral health services and simplify access to and navigation of the behavioral health system.
Update	
OBJECTIVES	
Sustainability determination	Complete
Optimize online resource directory	Ongoing
OBJECTIVE UPDATES	
3 Determine feasibility of three digit phone number	

Goal 3	
Title	Improve utilization of data to inform decision making regarding service provision and community needs.
Update	
OBJECTIVES	
Better utilize existing state data	Ongoing
Gather and analyze clinic data	Ongoing
OBJECTIVE UPDATES	
3 Develop annual report of Rockland's behavioral health data	

Goal 4	
Title	Support agencies and their workforce by increasing access to relevant, high-quality trainings.
Update	The RFP process to identify an agency to administer the training institute has been completed.
OBJECTIVES	
Submit CEU application	["]
OBJECTIVE UPDATES	
2 Develop an advisory board for the Training Institute	

Goal #5	
Title	Improve availability of SUD residential and housing programs
Update	Contracting with Oxford House is being finalized.
OBJECTIVES	
Procure Oxford House services	Complete
Establish Oxford Houses	Ongoing
OBJECTIVE UPDATES	
2 Establish one Oxford House	
3 Establish second Oxford House	
4 Establish third Oxford House	

Goal #6	
Title	Improve quality and quantity of clinic services.
Update	
OBJECTIVES	
Identify funding, begin procurement	["]
Identify funding, begin procurement	["]
OBJECTIVE UPDATES	
1 Establish re-entry program at RCJ	
2 Optimize Medication Grant Program	
3 Implement pilot of Complex Care Enhancement	



Office of Addiction
Services and Supports

Office of
Mental Health

Office for People With
Developmental Disabilities

2024 Needs Assessment Form Rockland County Department of Mental Health

Crisis Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

Cross System Services Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Rockland has recently started focusing more on our children's System of Care which has started to bridge some gaps between systems however, there are still apparent disconnects which create obstacles when serving families. One way this is apparent is when a caregiver refuses to pick up their child from the ED or inpatient setting after they have been clinically cleared. While the mental health system can offer in-home services and PHP level of care (for example) to support the youth at home or during a transitional housing experience, the child welfare system does not have options that address the housing need.

The IDD population are usually unable to access appropriate mental health or substance use interventions when deemed appropriate. Those children/adolescents that are in the care of DSS are unable to utilize OPWDD services due to policy restrictions.

Adults in the criminal justice system oftentimes struggle with transitioning back into the community and being linked to outpatient services.

Housing Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional):

Access to affordable, appropriate housing in Rockland is scarce in general. Access for specific housing that caters to the IDD or adult SMI population is even scarcer. The application process, especially through OPWDD, is long and arduous and the wait just for an interview can take over a year sometimes and once approved there continues to be a wait for an available spot.

For those adults eligible for SPOA housing, there is always a wait and there are many policies that make opportunities less accessible for people. Specific housing for younger adults does not exist and they

must decide if they can live successfully with much older individuals or face homelessness. We are excited for the opportunity to add beds to the Hudson Valley for treatment apartments and hope that will alleviate some of the need as will Oxford Houses for individuals in recovery. Reimbursement rates are often not enough for those seeking supported housing.

In Rockland, we do not have a youth/young adult shelter. Many young people who are unhoused for different reasons have nowhere to go and may wind up in unsafe situations to avoid returning home.

Inpatient Treatment Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Youth Only

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): The OMH and OPWDD issues re: inpatient are included in the Goals and Objectives. Rockland County has identified the need for OASAS inpatient treatment beds for youth under the age of 18 for Part 816 Medically Managed Withdrawal and Stabilization Services and 818 Inpatient Rehabilitation Services. Youth under the age of 18 do not have the option of receiving these services anywhere within the region despite there being an increasing need. Rockland continually faces the challenge of helping youth who are actively using substances that need a medical detoxification and/or inpatient rehabilitation without the services. Youth are often turned away from the Emergency Departments (ED) because there are no services available for referral. With no options, youth often continue to use to prevent withdrawal which puts them at a higher risk for overdose and death, especially if they recently were given Narcan to reverse an earlier overdose.

Outpatient Treatment Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

Prevention Yes

Applies to OASAS? Yes

Applies to OMH? No

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Rockland County has identified prevention as the third highest unmet need within the county. RC's population was 339,022 as of the 2022 census with 3 prevention providers delivering services. Although they provide a wide range of services throughout the community to individuals, families, and communities, they are unable to reach the majority of the population. Current statistics indicate that OASAS prevention providers are only in 28% of schools statewide, which leaves the majority of youth without any prevention services. This leaves most of our youth without any interventions to reduce risk factors and increase protective factors and our adults without the education necessary to make informed decisions regarding substance use.

Refugees and Immigrants Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): About 21% of Rockland County's total population is made up of foreign-born individuals. This is much higher than the 13.5% national average for this category. This number is made

up of both immigrants and refugees who have made their home here in Rockland. Many individuals are unable or unwilling to access mental health and/or SUD services if needed based on cultural stigma. It has also been difficult for providers across all systems to fill positions with bilingual staff (especially Spanish and Haitian/Creole). Providers especially struggle when hiring psychiatrists or NPs who speak one of these languages. Many individuals may be uninsured creating another barrier to accessing services. Those uninsured with IDD struggle even more to gain the support they need to be successful as there are extremely limited options for them. These individuals are also affected by the same barriers outlined in the other need categories.

Rockland does benefit from a large array of services and providers for the Yiddish and Hebrew speaking community.

Residential Treatment Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional):

OMH: The Hudson Valley, and thus Rockland, has no RTF's for children/adolescents anymore with the news of Astor's closure. While we understand the move to more community-based services there will always be some children in need of a higher level of care. For Rockland families, this now means sending their children to Albany or the NYC area, creating a barrier for visits and family work.

OPWDD: Similar to housing, Rockland has very little access to residential programs for both adults with mental health challenges and those with IDD.

OASAS: We need more beds for individuals with co-occurring disorders and for the highest level of Residential services licensed by OASAS including: Supportive Living, Stabilization, Rehabilitative and Reintegration residences.

Respite Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): There is a lack of overnight respite services for children and youth with IDD. Families must send their children to other counties (if there are even beds available) if they are in need of respite services. For children with mental health needs the lack of workforce along with the lack of non-Medicaid services has created a scarcity in respite services for this population as well. Respite is often one of the most sought after programs that can assist children and their caregivers maintain a healthy relationship.

Transportation Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Affordable and reliable transportation continues to be a barrier to receiving services within the county due to the limited hours of operation and routes of the bus system, expensive taxis and costly ridesharing establishments. Oftentimes an individual can spend over 2 hours on a bus (or multiple buses) to arrive at a destination only 10 miles away or spend over \$10 to get to an appointment that may take 15 minutes. Due to this, there are many missed appointments or under-utilized services

that may result in an increased use of the emergency departments. The lack of transportation within Rockland makes it challenging for local residents to engage in the treatment they need and want, despite their best efforts to do so.

Workforce Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): The training goal does address workforce but we felt this area of need required additional narrative. Rockland County has faced Workforce challenges throughout the behavioral health system of care. Agencies have struggled to hire professional, paraprofessional and support staff in all levels of care including but not limited to outpatient, inpatient, residential, and care management. Agencies have employed many interventions to try to address these challenges including job fairs, taking additional undergraduate and graduate interns, reaching out to colleges and offering a better benefit package. Despite these efforts, the SOC continues to struggle in finding, hiring and maintaining adequately trained staff. This has contributed to the lack of services in all levels of care and put a strain on the existing providers. Clients are unable to obtain the care they need and may even have to be on a waiting list to obtain proper services.

LGU Representative: Susan Hoerter

Submitted for: Rockland County Department of Mental Health



2025 Needs Assessment Form Rockland County Department of Mental Health

Crisis Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): There is a need to consolidate the two crisis programs into one, to align with the new state guidance and billing expectations. Also, once the regional Intensive Crisis Stabilization Center is open, it will need to be integrated into the system of care.

Cross System Services Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Rockland has been focusing more on our children's System of Care which has started to bridge some gaps between systems however, there are still apparent disconnects which create obstacles when serving families. One way this is apparent is when a caregiver refuses to pick up their child from the ED or inpatient setting after they have been clinically cleared. While the mental health system can offer in-home services and PHP level of care (for example) to support the youth at home or during a transitional housing experience, the child welfare system does not have options that address the housing need.

The IDD population are usually unable to access appropriate mental health or substance use interventions when deemed appropriate. Those children/adolescents that are in the care of DSS are unable to utilize OPWDD services due to policy restrictions.

Adults in the criminal justice system oftentimes struggle with transitioning back into the community and being linked to outpatient services.

Forensics Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Adults Only

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): The County is fully responsible for the cost of competency restoration but has very limited access to information related to the individuals receiving competency restoration services and their progress. When defendants are at-liberty and 730 exams are ordered, the defendants often "no-show" but examiners still need to be paid for some of the time they set aside to perform the exam. Defendants can cycle between the local jail and the state psychiatric forensic facility: they receive medication over objection at the forensic facility and their competency is restored, then they refuse medication after being returned to the jail and require another 730 exam, are found to lack capacity, and go back to the state psychiatric forensic facility.

Housing Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): We have contracted with Oxford House and expect to have 3 Oxford Houses within Rockland County within a year. Access to affordable, appropriate housing in Rockland is scarce in general. Access for specific housing that caters to the IDD or adult SMI population is even scarcer. The application process, especially through OPWDD, is long and arduous and the wait just for an interview can take over a year sometimes and once approved there continues to be a wait for an available spot.

For those adults eligible for SPOA housing, there is always a wait and there are many policies that make opportunities less accessible for people. Specific housing for younger adults does not exist and they must decide if they can live successfully with much older individuals or face homelessness. We are excited for the opportunity to add beds to the Hudson Valley for treatment apartments and hope that will alleviate some of the need as will Oxford Houses for individuals in recovery. Reimbursement rates are often not enough for those seeking supported housing.

In Rockland, we do not have a youth/young adult shelter. Many young people who are unhoused for different reasons have nowhere to go and may wind up in unsafe situations to avoid returning home.

Inpatient Treatment Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Youth Only

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): The OMH and OPWDD issues re: inpatient are included in the Goals and Objectives. Rockland County has identified the need for OASAS inpatient treatment beds for youth under the age of 18 for Part 816 Medically Managed Withdrawal and Stabilization Services and 818 Inpatient Rehabilitation Services. Youth under the age of 18 do not have the option of receiving these services anywhere within the region despite there being an increasing need. Rockland continually faces the challenge of helping youth who are actively using substances that need a medical detoxification and/or inpatient rehabilitation without the services. Youth are often turned away from the Emergency Departments (ED) because there are no services available for referral. With no options, youth often continue to use to prevent withdrawal which puts them at a higher risk for overdose and death, especially if they recently were given Narcan to reverse an earlier overdose.

Outpatient Treatment Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

Prevention Yes

Applies to OASAS? Yes

Applies to OMH? No

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Rockland County has identified prevention as the third highest unmet need within the county. RC's population was 339,022 as of the 2022 census with 3 prevention providers delivering services. Although they provide a wide range of services throughout the community to individuals, families, and communities, they are unable to reach the majority of the population. Current statistics indicate that OASAS prevention providers are only in 28% of schools statewide, which leaves the majority of youth without any prevention services. This leaves most of our youth without any interventions to reduce risk factors and increase protective factors and our adults without the education necessary to make informed decisions regarding substance use.

Refugees and Immigrants Yes

Applies to OASAS? No

Applies to OMH? Yes

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Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): About 21% of Rockland County's total population is made up of foreign-born individuals. This is much higher than the 13.5% national average for this category. This number is made up of both immigrants and refugees who have made their home here in Rockland. Many individuals are unable or unwilling to access mental health and/or SUD services if needed based on cultural stigma. It has also been difficult for providers across all systems to fill positions with bilingual staff (especially Spanish and Haitian/Creole). Providers especially struggle when hiring psychiatrists or NPs who speak one of these languages. Many individuals may be uninsured creating another barrier to accessing services. Those uninsured with IDD struggle even more to gain the support they need to be successful as there are extremely limited options for them. These individuals are also affected by the same barriers outlined in the other need categories.

Rockland does benefit from a large array of services and providers for the Yiddish and Hebrew speaking community.

Residential Treatment Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Rockland County needs more beds for co-occurring clients who are struggling with both substance use and mental health challenges. We also are in need of additional levels of care within the continuum of OASAS licensed residential services. Rockland is in need of either the Stabilization or Rehabilitative levels of care. This would allow patients being discharged from inpatient rehabilitation an option to be treated within their county of residence.

OMH: The Hudson Valley, and thus Rockland, has no RTF's for children/adolescents anymore with the news of Astor's closure. While we understand the move to more community-based services there will always be some children in need of a higher level of care. For Rockland families, this now means sending their children to Albany or the NYC area, creating a barrier for visits and family work.

OPWDD: Similar to housing, Rockland has very little access to residential programs for both adults with mental health challenges and those with IDD

Respite Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): There is a lack of overnight respite services for children and youth with IDD. Families must send their children to other counties (if there are even beds available) if they are in need of respite services. For children with mental health needs the lack of workforce along with the lack of non-Medicaid services has created a scarcity in respite services for this population as well.

Respite is often one of the most sought after programs that can assist children and their caregivers to maintain a healthy relationship.

Transition Age Services Yes

Applies to OASAS? No

Applies to OMH? No

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Youth/young adults with OPWDD services face a difficult transition upon completing school. The structure and social opportunities, as well as a respite from caregiving, that school provides end abruptly and there are not sufficient programs in the community to fill the gaps left upon graduation.

Transportation Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Affordable and reliable transportation continues to be a barrier to receiving services within the county due to the limited hours of operation and routes of the bus system, expensive taxis and costly ridesharing establishments. Oftentimes an individual can spend over 2 hours on a bus (or multiple buses) to arrive at a destination only 10 miles away or spend over \$10 to get to an appointment that may take 15 minutes. Due to this, there are many missed appointments or under-utilized services that may result in an increased use of the emergency departments. The lack of transportation within Rockland makes it challenging for local residents to engage in the treatment they need and want, despite their best efforts to do so.

Workforce Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): The training goal does address workforce but we felt this area of need required additional narrative. Rockland County has faced Workforce challenges throughout the behavioral health system of care. Agencies have struggled to hire professional, paraprofessional and support staff in all levels of care including but not limited to outpatient, inpatient, residential, and care management. Agencies have employed many interventions to try to address these challenges including job fairs, taking additional undergraduate and graduate interns, reaching out to colleges and offering a better benefit package. Despite these efforts, the SOC continues to struggle in finding, hiring and maintaining adequately trained staff. This has contributed to the lack of services in all levels of care and put a strain on the existing providers. Clients are unable to obtain the care they need and may even have to be on a waiting list to obtain proper services.

LGU Representative: Susan Hoerter**Submitted for:** Rockland County Department of Mental Health

Agency Name	Program Name	Program Type Name
Access: Supports for Living, Inc.	Children's Care Team (MRSS)	Crisis Intervention
AlleyValley LLC	Alley Valley	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) CFTSS: Children's Mental Health
AlleyValley LLC	Alley Valley CFTSS	Rehabilitation Services
Astor Services for Children & Families	Rockland Partial Hospitalization Program	Partial Hospitalization
Bikur Cholim, Inc. d/b/a Achieve Beh. Health	Achieve - CORE Services	CORE Community Psychiatric Support and Treatment (CPST)
Bikur Cholim, Inc. d/b/a Achieve Beh. Health	Achieve - CORE Services	CORE Empowerment Services - Peer Supports
Bikur Cholim, Inc. d/b/a Achieve Beh. Health	Achieve - CORE Services	CORE Family Support and Training (FST)
Bikur Cholim, Inc. d/b/a Achieve Beh. Health	Achieve - CORE Services	CORE Psychosocial Rehabilitation (PSR)
Bikur Cholim, Inc. d/b/a Achieve Beh. Health	Achieve Behavioral Health	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)
Bikur Cholim, Inc. d/b/a Achieve Beh. Health	Achieve Behavioral Health CFTSS/CMHRS	CFTSS: Children's Mental Health Rehabilitation Services
CANDLE - Community Awareness Network	CANDLE's Children Clinic	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)
CHDFS, Inc.	CFTSS: Family Peer Support Services	CFTSS: Family Peer Support Services (FPSS)
CHDFS, Inc.	CFTSS: Psychosocial Rehabilitation	CFTSS: Psychosocial Rehabilitation (PSR)
CHDFS, Inc.	CFTSS: Youth Peer Support and Training	CFTSS: Youth Peer Support (YPS)
CHDFS, Inc.	CHDFS SMH CMA	Specialty Mental Health Care
Community Medical & Dental Care Inc.	Community Medical & Dental Care, Inc.	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)
Eating Disorder Treatment of New York, LLC	Monte Nido Rockland	Community Residence for Eating Disorder Integrated Treatment Program
Good Samaritan Hospital	Monsignor Patrick J. Frawley Mental Health Clinic	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)
Hamaspik of Rockland County, Inc.	Community Psychiatric Support and Treatment	CORE Community Psychiatric Support and Treatment (CPST)
Hamaspik of Rockland County, Inc.	Family Support and Training (FST)	CORE Family Support and Training (FST)

Hamaspik of Rockland County, Inc.	Habilitation Services	Adult BH HCBS Habilitation
Hamaspik of Rockland County, Inc.	Hamaspik of Rockland SMH CMA	Specialty Mental Health Care
Hamaspik of Rockland County, Inc.	Peer Support Services	CORE Empowerment Services - Peer
Hamaspik of Rockland County, Inc.	Pre-Vocational Services	Adult BH HCBS Pre-Vocational Services
Hamaspik of Rockland County, Inc.	Psychosocial Rehabilitation	CORE Psychosocial Rehabilitation (PSR)
Haverstraw - Stony Point CSD	Student Mental Health Support for School	School Mental Health Program
	Community Oriented Recovery and Empowerment Services (E-PS)	CORE Empowerment Services - Peer Supports
Jawonio, Inc.	Community Oriented Recovery and Empowerment Services (FST)	CORE Family Support and Training (FST)
Jawonio, Inc.	Community Oriented Recovery and Empowerment Services (PSR)	CORE Psychosocial Rehabilitation (PSR)
Jawonio, Inc.	Jawonio - HH CM	Health Home Care Management
Jawonio, Inc.	Jawonio - HH NonMed CM	Health Home Non-Medicaid Care
Jawonio, Inc.	Jawonio PROS	Comprehensive PROS with Clinical
Jawonio, Inc.	PROS Employment Initiative	PROS Employment Initiative
Jawonio, Inc.	Social Recreation & Wellness	Recreation and/or Fitness
Jawonio, Inc.	[Agency Name] SMH CMA	Specialty Mental Health Care
Loeb House, Inc.	Loeb House - Charles G. Davis House	Congregate/Treatment
Loeb House, Inc.	Loeb House - Harold V. Keahon Comm.	Congregate/Treatment
Loeb House, Inc.	Loeb House - MJC Treatment Apartments	Apartment/Treatment
	Loeb House - Supported Housing/Rockland Co. - Comm. Svcs	Supportive Housing
Loeb House, Inc.	Loeb House - The Luken's Family Community Residence	Congregate/Treatment
	Loeb House SH/Transformation SH - Rockland Cty - Comm Svcs	Supportive Housing
Loeb House, Inc.	Loeb House Supp Housing/RCE SH	Supportive Housing
Loeb House, Inc.	Rockland Cty - Comm Svcs	Supportive Housing
	Loeb House Supp Housing/Rockland Co PC	Supportive Housing
Loeb House, Inc.	Long Stay - Comm Svcs	Supportive Housing
	Loeb House/MRT Supp Housing Rockland Co. - Comm. Svcs	Supportive Housing
Loeb House, Inc.	Loeb House, Inc.	Crisis/Respite Beds
Loeb House, Inc.	Take Five	

Mental Health Association of Rockland County,	Bernstein House	Congregate/Treatment
Mental Health Association of Rockland County,	CFTSS - CPST - 575	CFTSS: Community Psychiatric Support and Treatment (CPST)
Mental Health Association of Rockland County,	CFTSS - FPSS - 570	CFTSS: Family Peer Support Services (FPSS)
Mental Health Association of Rockland County,	CFTSS - OLP	CFTSS: Other Licensed Practitioner (OLP)
Mental Health Association of Rockland County,	CFTSS - PSR - 573	CFTSS: Psychosocial Rehabilitation (PSR)
Mental Health Association of Rockland County,	CFTSS - YPS - 572	CFTSS: Youth Peer Support (YPS)
Mental Health Association of Rockland County,	Compeer	Self-Help Programs
Mental Health Association of Rockland County,	Consumer Outreach	Outreach
Mental Health Association of Rockland County,	Cornell Residence	Congregate/Treatment
Mental Health Association of Rockland County,	Deafness Advocacy	Advocacy/Support Services
Mental Health Association of Rockland County,	Drop In Center	Drop In Centers
Mental Health Association of Rockland County,	Family Support C&Y	Family Peer Support Services - Children & Family
Mental Health Association of Rockland County,	Health Home Care Management C&Y	Health Home Care Management
Mental Health Association of Rockland County,	Health Home Non Medicaid Care Management	Health Home Non-Medicaid Care Management
Mental Health Association of Rockland County,	Jeannette Bernstein Apartments	Apartment/Treatment
Mental Health Association of Rockland County,	MHA Children's Respite Services	Respite Services
Mental Health Association of Rockland County,	MHA Rockland SH/Rockland Cty PC Long Stay - Comm Svcs	Supportive Housing

Mental Health Association of Rockland County,	MHA Rockland SH/Transformation SH Rockland Cty - Comm Svcs	Supportive Housing
Mental Health Association of Rockland County,	MHA Rockland Supp Housing/RCE SH Rockland Cty - Comm Svcs	Supportive Housing
Mental Health Association of Rockland County,	MHA Rockland/MRT Supp Housing Rockland Cty - Comm Svcs	Supportive Housing
Mental Health Association of Rockland County,	MHA of Rockland CFTSS	CFTSS: Children's Mental Health Rehabilitation Services
Mental Health Association of Rockland County,	MHA of Rockland County - HH CM	Health Home Care Management
Mental Health Association of Rockland County,	MHA of Rockland County - HH NonMed CM	Health Home Non-Medicaid Care Management
Mental Health Association of Rockland County,	MHA of Rockland County - Supported Housing - Comm. Svcs	Supportive Housing
Mental Health Association of Rockland County,	Mental Health Association of Rockland County SMH CMA (AOT)	Specialty Mental Health Care Management
Mental Health Association of Rockland County,	Mobile Outreach Team	Outreach
Mental Health Association of Rockland County,	Nanuet House	Congregate/Treatment
Mental Health Association of Rockland County,	PROS Employment Initiative	PROS Employment Initiative
Mental Health Association of Rockland County,	Program for Self Discovery: Change Happens	Comprehensive PROS with Clinical Treatment
Mental Health Association of Rockland County,	Rockland ACT Program	Assertive Community Treatment (ACT)
Mental Health Association of Westchester Coun	Upper Nyack Clinic	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)
Montefiore Nyack Hospital	Nyack Hospital Psychiatric Inpatient	Inpatient Psychiatric Unit of a General
NAMI Rockland	Advocacy Services	Advocacy/Support Services
NAMI Rockland	Family Support Services	Family Peer Support Services - Children &
Rockland Children's Psychiatric Center	Rockland Children's Psychiatric Center	State Psychiatric Center Inpatient
Rockland County Dept. of Mental Health LGU	Community Mental Health Services	Outreach

Rockland County Dept. of Mental Health LGU	Monitoring and Evaluation, CSS	Monitoring and Evaluation, CSS
Rockland County Dept. of Mental Health LGU	Rockland County - Non-Medicaid CC	Non-Medicaid Care Coordination
Rockland County Dept. of Mental Health LGU	Transition Management Services	Transition Management Services
Rockland Hospital Guild, Inc.	C.L.U.E. IV	Congregate/Treatment
Rockland Hospital Guild, Inc.	Marty Langer Home	Congregate/Treatment
Rockland Hospital Guild, Inc.	RHG Supp Housing/RCE SH Rockland Cty - Comm Svcs	Supportive Housing
Rockland Hospital Guild, Inc.	RHG Supp Housing/Transformation SH	Supportive Housing
Rockland Hospital Guild, Inc.	Rockland Cty - Comm Svcs	Supportive Housing
Rockland Hospital Guild, Inc.	Rockland Hospital Guild / C.L.U.E. I	Congregate/Treatment
Rockland Hospital Guild, Inc.	Rockland Hospital Guild / C.L.U.E. II	Apartment/Treatment
Rockland Hospital Guild, Inc.	Rockland Hospital Guild SH / C.L.U.E. III-Comm.Svcs.	Supportive Housing
Rockland Hospital Guild, Inc.	Rockland Hospital Guild SH/Rockland Co PC Long Stay Comm Svc	Supportive Housing
Rockland Hospital Guild, Inc.	Rockland Hospital Guild/MRT Supp Hsing	Supportive Housing
Rockland Hospital Guild, Inc.	Rockland Cty-Comm Svc	Supportive Housing
Rockland Paramedic Services, Inc.	Rockland Paramedic Services Behavioral Health Response Team	Crisis Intervention
Rockland Paramedic Services, Inc.	Rockland Paramedic Services Home Based	Home Based Crisis Intervention
Rockland Paramedic Services, Inc.	Crisis Intervention	Home Based Crisis Intervention
Rockland Psychiatric Center	Rockland Psychiatric Center	State Psychiatric Center Inpatient
Saint Dominic's Family Services	Addeo Residence	Congregate/Treatment
Saint Dominic's Family Services	Bluefields Residence (MI/MR)	Congregate/Treatment
Saint Dominic's Family Services	CFTSS Community Psychiatric Support & Treatment	CFTSS: Community Psychiatric Support and Treatment (CPST)
Saint Dominic's Family Services	CFTSS Family Peer Support Services	CFTSS: Family Peer Support Services (FPSS)
Saint Dominic's Family Services	CFTSS Other Licensed Practitioner	CFTSS: Other Licensed Practitioner (OLP)
Saint Dominic's Family Services	CFTSS Psychosocial Rehabilitation	CFTSS: Psychosocial Rehabilitation (PSR)
Saint Dominic's Family Services	CFTSS Youth Peer Support & Training	CFTSS: Youth Peer Support (YPS)
Saint Dominic's Family Services	Family Support Network	Family Peer Support Services - Children &

Saint Dominic's Family Services	Lakewood Drive Apartments	Apartment/Treatment CFTSS: Children's Mental Health
Saint Dominic's Family Services	Saint Dominic's Family Services	Rehabilitation Services
Saint Dominic's Family Services	St. Dominic's SH/Rockland Co PC Long Stay - Comm. Svcs	Supportive Housing
Saint Dominic's Family Services	St. Dominic's SH/Transformation SH Rockland Cty - Comm Svcs	Supportive Housing
Saint Dominic's Family Services	St. Dominic's Supp Housing/RCE SH Rockland Cty - Comm Svcs	Supportive Housing
Saint Dominic's Family Services	St. Dominic's Supported Housing\Rockland - Comm. Svcs	Supportive Housing
Saint Dominic's Family Services	St. Dominic's/MRT Supp Housing Rockland Cty - Comm Svcs	Supportive Housing Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)
Sentinel Services Group, Inc.	Serenity Center	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)
The Derech Shalom Center, Inc.	The Derech Shalom Center	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)
VCS Inc.	VCS Mental Health Clinic	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)