

Personalized Recovery Oriented Services (PROS) Service	Stage of Change
Assessment (all disciplines)	Pre- contemplation, Contemplation, Action, Maintenance
Basic Living Skills Training	Pre- contemplation, Contemplation, Action
Benefits & Financial Management	Contemplation, Action
Clinical Counseling & Therapy	Pre- contemplation, Contemplation, Action, Maintenance
Cognitive Remediation	Contemplation, Action
Community Living Exploration	Pre-contemplation, Contemplation, Action
Crisis Intervention	Pre- contemplation, Contemplation, Action, Maintenance
Engagement	Pre-contemplation, Contemplation, Action, Maintenance
Family Psycho-education	Pre-contemplation, Contemplation, Action, Maintenance
Individualized Recovery Planning	Pre- contemplation, Contemplation, Action, Maintenance
Information Regarding Self-Help	Pre- contemplation, Contemplation, Action, Maintenance
Integrated Dual Disorder Treatment (IDDT)	Pre- contemplation, Contemplation, Action, Maintenance
Intensive Rehabilitation Goal Acquisition (IRGA)	Pre- contemplation, Contemplation, Action, Maintenance
Intensive Relapse Prevention	Pre- contemplation, Contemplation, Action, Maintenance
Medication Management	Pre- contemplation, Contemplation, Action, Maintenance
Ongoing Rehabilitation and Support (ORS)	Action, Maintenance
Pre-Admission Screening	Pre-contemplation
Structured Skill Development	Contemplation, Action
Symptom Monitoring	Pre- contemplation, Contemplation, Action, Maintenance
Wellness Self-Management	Pre- contemplation, Contemplation, Action, Maintenance