

**PSYCKES: Improving the Quality of Psychotropic Prescribing Practices
Chart Review Form: Psychotropic Polypharmacy**

Instructions: The Psychotropic Polypharmacy indicator set is intended to flag individuals who have been on multiple mental health medications for longer than 90 days. In order to determine if this individual meets criteria for the Psychotropic Polypharmacy indicator set, answer the following questions by checking the boxes below. You will need to know the individual's current medication regimen, and may wish to download the Psychotropic Medication Reference Table available on the [PSYCKES website](#).

Name of Reviewer: _____ Date of Review: _____
 Client name/ID: _____ Prescriber Name: _____

List of Current Medications	Start Date

1. Has the individual been on *any* psychotropic medications for longer than 90 days? (See Psychotropic Medication Reference Table for a list of medications classified as psychotropics.)
 - No (**STOP**, this individual *does not* meet criteria for the Psychotropic Polypharmacy indicator set)
 - Yes (go to Question 2)

2. Has the individual been on the following regimens of antipsychotic medications?
 - 2 concurrent antipsychotic medications for longer than 90 days (**2AP**)
 - 3 or more concurrent antipsychotic medications for longer than 90 days (**3AP**)

3. Has the individual been on the following regimens of antidepressant medications?
 - 2 concurrent antidepressant medications in the same subclass for longer than 90 days (**2AD**) (see Psychotropic Medication Reference Table for a list of antidepressants classified by subclass)
 - 3 or more concurrent antidepressant medications of any class for longer than 90 days (**3AD**)

4. Has the individual been on multiple psychotropic medications of any class?
 - Adults, age 18 or older: 4 or more concurrent psychotropic medications for longer than 90 days (**4PP(A)**)
 - Youth, younger than 18: 3 or more concurrent psychotropic medications for longer than 90 days (**3PP(Y)**)

If you checked one or more boxes in Question 2, 3 or 4, the individual meets quality concern criteria for the Psychotropic Polypharmacy indicator set (the specific sub-indicator abbreviations are in bold), and should receive a clinical review.