

RESOURCE GUIDE



Office of
Mental Health



Schenectady County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Northern Rivers Mobile Crisis

Crisis Support & Referral
Monday-Friday 7am-11pm
Saturday-Sunday 11am-7pm
518-292-5499

Ellis Medicine

Crisis ER & inpatient treatment
1101 Nott Street Schenectady
518-243-3300

Ellis Medicine

Living Room Model—Crisis Diversion
1023 State Street Schenectady
518-243-1523
Walk-in M-F 10am-6pm

Mental Health Treatment & Rehabilitation

Capital District Psychiatric Center

Community Support Center—Clinic
738 State Street Schenectady 12307
518-374-3404
M-F 8:30am-5pm

Northern Rivers

Outpatient treatment
327 Abbotsford Road Schenectady
518-381-8911
M-F 8am-5pm. M-Thurs. 5pm-8pm by appt.

Ellis Medicine

Outpatient, crisis services, inpatient treatment
Crisis & inpatient 1101 Nott Street Schenectady 12308
Outpatient: 1023 State Street, Schenectady
518-243-3300

Peer Support Services

Ellis Hospital Support & Education Group

Peer support and groups

1101 Nott Street Schenectady

518-243-3300

Wednesdays 6pm classroom C3

Peer Empowerment

Peer Support Line

1-800-643-7462

M-F 9am-5pm

National Alliance on Mental Illness

Family & peer support, groups, advocacy

1101 Nott Street Schenectady

518-986-9114

CAPTAIN Community

Clothing, outreach, food, activities

543 Saratoga Road (Rte. 50) Glenville

518-399-4624

M-F 8am-4pm

Addiction or Substance Use Treatment and Support

Catholic Charities Project Safepoint

24/7 overdose prevention, syringe exchange, law enforcement diversion

1-866-930-4999

St. Peter's Addiction Recovery Center

Individual and group therapy for substance use

2925 Hamburg Street Rotterdam 12303

518-357-2909

Conifer Park

Outpatient treatment

600 Franklin Street Schenectady Suite 204

518-372-7031

M-Thurs 7:30am-7pm.. Fri 7:30am-5pm. Sat 7:30am-11:30am

New Choices Recovery Center

Gambling recovery, substance use, opioid treatment, methadone therapy, impaired drive program

728 State Street Schenectady

518-346-4436

Other Services

Bethesda House

Meals, showers, laundry, referrals, day shelter

Drop-In Center

843 State Street Schenectady

518-374-7873

Mental Health Housing

All referrals go through SPOA

Schaffer Heights 107 Nott Terrace Schenectady

518-386-2824

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov

