

RESOURCE GUIDE



Office of
Mental Health



WESTERN SUFFOLK COUNTY

(Townships of Babylon, Huntington, Islip, Smithtown & Brookhaven)

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments. For additional services offered in Suffolk County, please go to www.suffolkstopaddiction.org

Crisis Services & Support

988 Suicide and Crisis Lifeline

If you are in crisis, experiencing emotional distress. Contact:
Call or text 988
Hours: Available 24/7

Suffolk County Crisis Hotline:
(631) 751-7500

NYS Domestic Violence Hotline:
1-800-942-6906

Comprehensive Psychiatric Emergency Program (CPEP)
Stony Brook University Hospital
Address: 100 Nicolls Rd, Stony Brook, NY
Contact: 24-hr psychiatric emergency room at (631) 444-6050

The Trevor Project
24/7 Crisis services for LGBTQ+ Individuals
Contact: 1-866-488-7386

NYS Domestic Violence Hotline:
1-800-942-6906

Family Service League Mobile Crisis

Offers 24/7 mobile services that provide in-community and telephonic support for individuals experiencing a crisis.
Contact: (631) 952-3333

Intensive Crisis Stabilization Centers

24/7 voluntary program for individuals in crisis who are feeling overwhelmed due to substance use, mental illness and/or other life stressors. No appointment needed.

FSL Diagnostic, Assessment, and Stabilization Hub (DASH)

Address: 90 Adams Ave, Hauppauge, NY
Contact: (631) 650-0110 for more information about services

CN Guidance & Counseling Services

Community Crisis Center
Address: 950 S Oyster Bay Rd, Hicksville, NY
Contact: (516) 390-6544
Hours: Open 24/7/365

Mental Health Treatment & Rehabilitation

CN Guidance & Counseling Services

Integrated Counseling and Recovery Services
Address: 950 South Oyster Bay Rd, Hicksville, NY
Contact: (516) 822-6111 prompt 3.
Open Access Hours: Tues 9am-10:30am
Thurs 2:30pm-4pm

Patient navigators for Medicaid assistance

Suffolk County Community Mental Hygiene Services

Farmingville Mental Health Clinic
Address: 15 Horseblock Place; Farmingville NY
Contact: (631) 854-2552
Walk-In Hours: Monday 9am-11:30am

New Horizons Counseling

Smithtown Clinic
Address: 1056 West Jericho Turnpike, Smithtown, NY
Contact: (516) 620-2033
Call for Intake

Catholic Charities

Bay Shore Mental Health Clinic
Address: 21 Fourth Ave, Bay Shore, NY
Contact: (631) 665-6707
Hours: Mon, Weds, Fri 9am-5pm, Tues, Thurs 9am-9pm, Sat 9am-1pm (walk-ins welcome)

Risewell Community Services

Wyandanch Certified Community Behavioral Health Clinic
Address: 240 Long Island Ave, Wyandanch, NY
Contact: (631) 782-6200 x0
Hours: Mon-Thurs 8:30am-8pm, Fri 8:30am-4:30pm
Call for appointment

Family Service League

- *Central Islip:* 320 Carlton Ave, Central Islip, NY
Contact: (631) 663-4300
Walk-Ins: Mon-Fri 9am-4:30pm
- *Bay Shore:* 1444 5th Ave, Bay Shore, NY
Contact: (631) 647-3100
Walk-Ins: Tues 12:30pm-2pm, Thurs 4pm-5:30pm

Additional locations in Mastic, Mattituck, Riverhead & East Hampton

Pilgrim Psychiatric Center - Yaphank Center

Address: 31 Industrial Blvd, Medford, NY
Contact: (631) 924-4411
Hours: Mon, Weds, Fri 8am-4:30pm, Tues, Thurs 8am-8pm
Call for appointment or walk-in for screening

Peer Support Services

Association for Mental Health and Wellness

Peer Support Line

Contact: (631) 471-7242 ext.1217 for one-to-one telephone mutual support.

Hours: Tues-Fri 10am-1pm

Hands Across Long Island (HALI)

Address: 159 Brightside Ave, Central Islip, NY

Contact: email: support@hali88.org or phone: (631) 234-1925

Hours: Monday-Friday Drop-In 12pm-4pm

Peer Recovery Center: self-help groups, food pantry and more walk-ins; one to one with peer advocacy department with application

Hours: Mon- Fri 9am-4pm (Requires a 10 minute intake)

Risewell Community Services

After Hours Social Programs

Address: 465 Waverly Ave, Patchogue, NY

Hours: Thurs & Fri 5pm-8pm, Sunday 12pm-3pm

Address: 1375 Akron Street, Copiague, NY

Hours: Monday & Tuesday 5:00pm-8:00pm

Contact for both locations: (631) 447-6460

WellLife Network—Club WellLife Drop in

Program Address: 55 Horizon Dr, Huntington, NY

Contact: (631) 920-8075

Hours: Mon, Weds & Thurs 4pm-9pm.

Transportation provided if needed.

Addiction or Substance Use Treatment and Support

Outreach Outpatient Treatment

Address: 452 Suffolk Ave, Brentwood, NY

Contact: (631) 436-6065 - Call for appointment

Spanish speaking counseling available

Outreach Recovery's Integrated Opioid Treatment Program

Address: 998 Crooked Hill Rd; Bldg 5, West Brentwood NY

Contact: (631) 521-8400

Hours: Mon-Fri 7am-9pm, Sat 7am-2pm

St. Charles Hospital

Inpatient Detox, Rehab

Address: 200 Belle Terre Road, Port Jefferson, NY

Contact: (631) 474-6233 x1

WellLife Network Addiction Recovery Services

Address: 55 Horizon Drive, Huntington, NY

Contact: (631) 920-8000

Self-referrals welcome—Call for appointment

OASAS Hope Line

Crisis intervention support, and information regarding addiction and problem gambling assessments, interventions, treatment and support in NYS.

Contact: **1-877-8-HOPENY (467369)** available 24/7 or text HOPENY (467369).

12 STEP PROGRAMS

Alcoholics Anonymous (AA) (631) 669-1124

Narcotics Anonymous (631) 689-6262

Al-Anon (631) 669-2827

Co-Dependents Anonymous (516) 500-2632

Gam-Anon (718) 352-1671

Overeaters Anonymous (505) 891-2664

LI Gamblers Anonymous (855) 222-5542



Other Services

Pax Christi Hospitality Center Hope House Ministries

Address: 255 Oakland Ave, Port Jefferson, NY

Contact: (631) 928-9108 www.hhm.org

Haircuts: call for appointment

Showers Hours: Mon-Fri 10am-2pm

Soup kitchen: hot lunches 12pm-1:30pm, dinner 6pm-8pm daily

HALI Mobile Showers

Showers are available at the main office:

Address: 159 Brightside Avenue, Central Islip, NY

Contact: (631) 352-7221

Hours: 12pm-3:30pm (No appointment necessary)

For the current schedule of the Mobile Shower Unit, please email: support@hali88.org

Long Island Coalition for the Homeless

Safe Options Support (SOS)

Mobile Outreach Team that assists street homeless individuals with accessing housing

Contact: (631) 464-4314 ext 170

Call for referral or scan QR code to complete referral packet.



RiseWell Community Services **Multiple Locations**

Patchogue Community Center

Showers and Laundry: Call first and make an appointment.

Address: 456 Waverly Avenue, Patchogue, NY

Contact: (631)447-6460

Copiague Community Center

Address: 1375 Akron Street, Copiague, NY

Contact: (631) 552-4240

Housing Support

Department of Social Services (Ronkonkoma Center)

Address: 3085 Veterans Memorial Hwy, Ronkonkoma, NY

Contact: (631) 854-9700

Department of Social Services (Hauppauge Center)

Address: 200 Wireless Blvd, Ste 1, Hauppauge, NY

Contact: (631) 853-8714

Department Social Services— Emergency Services

Contact: (631) 854-9100

Hours: Mon-Fri after 4:30pm, Weekends & Holidays

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov



New York State