



## **We Want to Hear From YOU!** Do you have a success story to celebrate or an important rehabilitation-focused initiative happening in your program?

The *Adult Psychiatric Rehabilitation Newsletter* is a space to highlight the incredible work happening throughout New York State. Whether it's an innovative program development, a best practice worth sharing, or a powerful recovery journey, your insights can inspire and inform others. If you'd like to be considered for a feature, fill out our [feature article submission form](#). We look forward to showcasing the great work happening in adult rehabilitation services throughout New York State!

## **Four years of Community Oriented Recovery and Empowerment (CORE) Services**

On February 1, 2026, CORE Services reached its fourth year of implementation in New York State!

CORE began as a way to reimagine and eliminate access barriers for four of the existing BH-HCBS Services. CORE has grown to a service array demonstrating the vision for community-based mental health services. It's a person-centered, recovery-oriented mobile approach that can positively impact the quality of life for some of the highest need individuals.

Over the last four years\*, a total of 11,429 individuals received at least one of the four CORE Services (Community Psychiatric Support and Treatment, Psychosocial Rehabilitation, Family Support and Training and Empowerment Services – Peer Support).

The most used CORE service throughout the state has been Psychosocial Rehabilitation, demonstrating the desire of individuals to improve their functional abilities to the greatest degree possible in their natural settings.

The scope and intensity of CORE Services are based on the level of support needed to support the individual in achieving their recovery. CORE Services demonstrates the short-term intensity of service delivery utilizing State Recommended Unit Ranges.

The average length of stay is 6.6 months, supporting individuals in their goal acquisition. CORE Services have the ability to work with individuals more frequently to work towards their goals filling the gaps where other services may not be able.

To make a referral to CORE Services, please see the Designation Lists for CORE Agency's in your area and contact information to the CORE referral staff.

*\*Claims data period of 2/1/2022 to 3/26/2026 with a potential for a 6 month data lag.*

## **Psychiatric Rehabilitation Resource Library Development**

We are excited to announce the launch of the Psychiatric Rehabilitation Resource Library. This initiative is designed to expand access to high-quality, evidence-based and evidence-informed psychiatric rehabilitation curricula, training, and resources for providers across New York State.

This project will support Personalized Recovery Oriented Services programs and other OMH-licensed, operated, funded, and designated providers, ensuring the workforce has the tools, materials, and training required to deliver effective, person-centered psychiatric rehabilitation services. Through curriculum development, technical assistance, and coordinated access to evidence-based practices, this project will strengthen implementation of psychiatric rehabilitation practices statewide.

An online library of psychiatric rehabilitation group curricula will be made available for all providers in New York State to adapt in practice. Providers will also gain access to training in proprietary models such as BRITE, WRAP, and other evidence-based practices. We will be sure to share updates as these resources become available.

## IPS: Reviewing Key Principles, Part 3

Our Spring 2025 newsletter introduced Individualized Placement and Support (IPS) and its integration within adult community-based programs.

As a reminder, IPS is an evidence-based model designed to help individuals obtain and maintain competitive, integrated employment. In this edition, we continue our review of the IPS model by highlighting two additional key principles: Rapid Job Search and Competitive, Integrated Employment as an Agency Goal.

### Rapid Job Search

IPS programs prioritize rapid job search to support individuals in obtaining employment as quickly as possible. Rather than focusing on extensive assessments or prolonged pre-employment training, the job search begins as soon as an individual expresses interest in working.

Consistent with the principle of zero exclusion (highlighted in our Summer 2025 newsletter), job readiness is not a prerequisite for beginning employment efforts. Instead, an individual's desire to work serves as the starting point. To maintain

momentum, the first face-to-face contact with an employer typically occurs within 30 days.

### Competitive, Integrated Employment as an Agency Goal

IPS supports individuals in obtaining employment in competitive, integrated settings — jobs that are open to anyone and offer wages comparable to those earned by coworkers performing similar work. Historically, some individuals were directed toward workshop or segregated employment settings, often earning subminimum or piece-rate wages. IPS recognizes that individuals with serious mental illness can be valuable members of the workforce deserving fair, competitive compensation.

Achieving this goal requires commitment from the entire support team, including agency leadership. When competitive, integrated employment is embraced as a shared priority, individuals are more likely to successfully obtain and sustain meaningful employment.

Look for our review of the final two IPS key principles in a future edition of this newsletter.

## CORE Resources

- [Community Oriented Recovery and Empowerment \(CORE\)](#) OMH webpage.
- In collaboration with MCTAC, there is a CORE Services Special Initiative page on their website that is a collection of training offerings for CORE Service providers, as well as other specific recorded webinars discussing CORE and the benefit of these services to individuals currently being served in other service types. This site can be found at: <https://www.ctacny.org/special-initiatives/CORE/>.
- Anyone interested in making a referral for an eligible individual to a designated CORE providers can look at the [CORE Services Designation](#) page for both the New York City and Rest of State CORE Services Designation lists. On each list are the names of designated providers, the services they are designated to provide and the counties they are designated to provide this service. After identifying the service and agency you would like to refer to the best contact information for the agency is also listed with telephone and email contacts.
- [core-services@omh.ny.gov](mailto:core-services@omh.ny.gov) – email to send questions specific to OMH Hosted CORE Services.
- [picm@oasas.ny.gov](mailto:picm@oasas.ny.gov) – email to send questions specific to OASAS Hosted CORE Services.

## PROS Resources

- [Personalized Recovery Oriented Services \(PROS\)](#) - OMH PROS Webpage. This page includes a general description of the PROS program and services, links to guidance documents, and other program resources.
- [pros@omh.ny.gov](mailto:pros@omh.ny.gov) – email to send questions specific to PROS programs.

## SAFEP Resources

- [Supported Employment Services](#) - OMH supported employment webpage. This page includes information on program types, IPS, and New York Employment Services System (NYESS)\*.
- [employmentservices@omh.ny.gov](mailto:employmentservices@omh.ny.gov) - email to send questions specific to employment services