



Adult Psychiatric Rehabilitation Newsletter



Office of
Mental Health

Summer 2026

A Unity House Success Story

Martin joined our Personalized Recovery Oriented Services program in 2024. He was understandably nervous and hesitant when he initially attended PROS orientation. He was struggling significantly with his mental health, including a suicide attempt. The program wasn't sure they'd see him again.

A few weeks later, Martin returned. He began participating in groups and in time was inspired to enroll in peer academy classes. Martin successfully completed all the coursework and is now working part-time at PROS as a provisional peer, on track to achieve full certification once he accrues enough hours. Recently, he was accepted into graduate school, where he will pursue his social work degree while continuing to work part-time.

He is the first peer at Unity House to go from participant to employee. Martin has been an incredible asset to the team, and his story continues to inspire and help others in the program.

We Want to Hear from YOU!

Do you have a success story to celebrate or an important rehabilitation-focused initiative happening in your program?

The *Adult Psychiatric Rehabilitation Newsletter* is a space to highlight the incredible work happening throughout New York State. Whether it's an innovative program development, a best practice worth sharing, or a powerful recovery journey, your insights can inspire and inform others. If you'd like to be considered for a feature, fill out our [feature article submission form](#). We look forward to showcasing the great work happening in adult rehabilitation services throughout New York State!

Be on the Lookout, New Clubhouses are Coming!

The Adult Rehabilitation Team is excited to announce new Clubhouses are coming soon!

The selection process is nearing completion for state-funded Clubhouses that will be opening in the Central New York, Hudson River, Long Island, and Western regions of the state and working toward accreditation through Clubhouse International.

The Clubhouse Model is a member-driven model that provides a structured and supportive environment for individuals over the age of 18 experiencing serious mental illness to make connections and build skills that support active community participation.

Clubhouses provide a holistic approach to mental health care, addressing social, educational, and vocational needs of

members by fostering community integration and purpose.

Member autonomy and choice are key principles in this model. Members and staff work side-by-side to accomplish the daily business of the Clubhouse.

A Clubhouse is a community designed by its members for its members with a focus on fostering meaningful connection and self-empowerment. The model has an incredible record of outcomes related to employment, decreased hospitalization, decreased involvement with the criminal justice system, and improved physical and mental health with overall improved well-being.

Future Clubhouse updates will be included in this newsletter, so stay tuned!

CORE Services to Support Complex Cases

In April, OMH attended the New York State Care Management Coalition's 2026 Annual Training Conference in Niagara Falls, giving a presentation on Community Oriented Recovery and Empowerment Services.

Through the workshop "CORE Services to Support Complex Cases: How to Make Connections," Care Coordinators in attendance were provided an overview on the four types of CORE Services: Psychosocial Rehabilitation, Community Psychiatric Support and Treatment, Family Support and Training, and Empowerment Services-Peer Support, in which Care Coordinators were informed about the referral process to connect individuals to each of these services.

The workshop focused on providing Care Coordinators in attendance information on how to connect individuals to CORE Services and how these services promote recovery, full community participation, and

improved quality of life where they may live, learn, work, and socialize. Attendees had the opportunity to walk through a case scenario linking an individual with complex care needs to CORE Services, highlighting how an individual's needs and wants influence service choice.

The information shared through the case example gave a clear picture of the pathway to identify designated CORE Service providers in their local area, learn how to determine which of the four CORE Services would best meet an individual's goals, and how to make a referral to a CORE provider in their local community.

Open discussion at the end of the workshop included questions that arose during the workshop. OMH is committed to continuing training about CORE Services, strengthening awareness of the various referral pathways to our designated CORE Services providers.

IPS: Reviewing Key Principles, Part 4

Our Spring 2026 newsletter introduced Individualized Placement and Support and its integration within adult community-based programs.

As a reminder, IPS is an evidence-based model designed to help individuals obtain and maintain competitive, integrated employment. In this edition, we conclude our review of the IPS model by highlighting the final two key principles: Integrated Care and Time-Unlimited and Individualized Support.

Integrated Care

IPS helps people living with behavioral health conditions work at jobs of their choice in the community of their choice. Employment Specialists work alongside the person's mental health treatment teams to meet their goals and identify barriers. This collaborative approach ensures a holistic environment by integrating evidence-based practices, clinical treatment, recovery, and rehabilitation.

Time-Unlimited and Individualized Support

IPS recognizes that support needs do not end once a job is obtained. Instead, services are tailored to each individual and continue for as long as the person wants and needs assistance. The level and type of support are individualized and can be adjusted over time based on the person's goals and preferences. By offering time-unlimited support, IPS promotes long-term success and recognizes that recovery and employment are dynamic processes.

Through the integration of these principles, IPS continues to demonstrate strong outcomes in supporting individuals in achieving meaningful, competitive employment in their communities of choice.

PROS Financial Calculator Toolkit

MCTAC in partnership with CCSI has developed a [Financial Calculator Toolkit](#) to support PROS providers in developing and maintaining a fiscally sustainable program. The PROS Financial Modeling Calculator will allow programs to identify key cost and revenue drivers and better understand how service volume, service type, operating cost, and reimbursement rates affect program operations.

Additionally, a Companion Guide helps providers identify the data they need in order to utilize the PROS Financial Calculator Tool effectively. This companion guide will give programs a firm foundation and understanding of the model design. This, and other valuable resources and trainings, are available at the PROS Special Initiatives page [Personalized Recovery Oriented Services | McSilverTA](#).

Resources

Clubhouses

- [Clubhouse International](#)
- Clubhouse@omh.ny.gov – email to send questions specific to Clubhouses (Program Code 1370)

CORE Services

- [Community Oriented Recovery and Empowerment](#) OMH webpage.
- In collaboration with MCTAC, there is a CORE Services Special Initiative page on their website that is a collection of training offerings for CORE Service providers, as well as other specific recorded webinars discussing CORE and the benefit of these services to individuals currently being served in other service types. This site can be found at: <https://www.ctacny.org/special-initiatives/CORE/>.
- If anyone is interested in making a referral for an eligible individual to a designated CORE Provider: Providers can look at the [CORE Services Designation](#) page for both the New York City and Rest of State CORE Services Designation lists. On each list are the names of designated providers, the services they are designated to provide and the counties where they are designated to provide this service. After identifying the service and agency you would like to refer to the best contact information for the agency is also listed with telephone and email contacts.
- core-services@omh.ny.gov – email to send questions specific to OMH Hosted CORE Services.
- picm@oasas.ny.gov – email to send questions specific to OASAS Hosted CORE Services.

PROS

- [Personalized Recovery Oriented Services](#) - OMH PROS Webpage. This page includes a general description of the PROS program and services, links to guidance documents, and other program resources.
- pros@omh.ny.gov – email to send questions specific to PROS programs.

SAFEP

- [Supported Employment Services](#) - OMH supported employment webpage. This page includes information on program types, IPS, and New York Employment Services System.
- employmentservices@omh.ny.gov - email to send questions specific to employment services.