



**Office of
Mental Health**

February 2015 **Monthly Report**

OMH Facility Performance Metrics
and Community Service Investments

February 2015 Monthly Report:

OMH facility performance metrics and community service investments

Report Overview:

This report is issued pursuant to the State Fiscal Year 2014-15 Budget agreement which requires that *“The commissioner of mental health shall provide monthly status reports of the 2014-15 community investments and the impact on inpatient census to Chairs of the Senate and Assembly fiscal committees. Such report shall include state operated psychiatric facility census, admissions and discharges; rate of Medicaid psychiatric inpatient readmissions to any hospital within thirty days of discharge; Medicaid emergency room psychiatric visits; and descriptions of 2014-15 new community service investments. Such report shall include an explanation of any material census reductions, when known to the facility.”*

This report is comprised of several components:

1. State Psychiatric Center (PC) descriptive metrics;
2. Description and status of community service investments;
3. Psychiatric readmissions to hospitals and emergency rooms for State PC discharges;
4. Psychiatric readmissions to hospitals and emergency rooms for Article 28 and Article 31 hospital psychiatric unit discharges.

Statewide Overview of Service Expansion:

Supported Housing capacity expansion continued developing and serving new individuals, with 149 new individuals served with the expansion capacity through February. OMH continues working with local governmental units, State PCs, local hospitals, and housing providers to improve the referral and admission processes for individuals leaving inpatient settings in order to increase utilization and community tenure.

Home and Community Based Services (HCBS) waiver expansion continued serving more new individuals across the State, with statewide utilization of new slots at 159 out of 168 expansion units, or 95%.

State-operated community services are now operating in six regions of the State, including five Mobile Integration Teams, two crisis/respite units, and State-operated clinic expansion in four regions. This expansion has served approximately 1,113 new individuals through February, as outlined in the accompanying tables.

Additional Aid to Localities investment plans were approved in New York City, the North Country, and the Southern Tier. Several programs funded through Aid to Localities pre-investment and Article 28 reinvestment resources are now operating in several areas of the State, including mobile crisis, Assertive Community Treatment (ACT), and peer crisis respite services; 730 new individuals were served through February.

To date, over \$35 million has been allocated across the State to support the implementation of services indicated above; with the inclusion of \$15.3 million for Article 28/31 hospital reinvestment, the total amount allocated to date is \$53 million.

Table 1: NYS OMH State Psychiatric Center Inpatient Descriptive Metrics for February, 2015

State Inpatient Facilities ¹	Capital Beds	Budgeted Capacity	Admission	Discharge ²	Monthly Average Daily Census ³			
	N	N	N	N	N	N	N	N
	Capital Beds as of end of SFY 2013-2014	February, 2015 Budgeted Capacity	# of Admissions during February 2015	# of Discharges during February 2015	Avg. daily census 11/1/14-11/30/2014	Avg. daily census 12/1/14-12/31/2014	Avg. daily census 1/1/15-1/31/2015	Avg. daily census 2/1/15-2/28/2015
Adult								
Bronx	348	156	26	27	154	154	150	152
Buffalo	221	158	16	16	156	155	156	156
Capital District	158	136	35	37	130	130	130	127
Creedmoor	480	322	19	21	322	324	324	323
Elmira	104	64	9	11	64	64	60	59
Greater Binghamton	178	85	9	9	83	84	85	82
Hutchings	132	119	8	8	116	117	117	118
Kingsboro	254	165	12	13	164	165	162	161
Manhattan	476	215	21	23	205	207	205	206
Pilgrim	771	310	14	12	301	299	297	299
Rochester	222	116	7	10	116	115	115	115
Rockland	436	380	20	21	368	368	369	364
South Beach	362	300	26	25	310	307	307	311
St. Lawrence	84	65	10	2	54	50	48	54
Washington Heights	21	21	12	13	19	18	21	21
Total	4,247	2,612	244	248	2,562	2,556	2,546	2,547
Children & Youth								
Elmira ⁴	48	16	13	13	16	16	14	15
Greater Binghamton	16	16	21	22	17	16	16	16
Hutchings	30	30	24	24	27	20	23	26
Mohawk Valley	30	30	44	44	26	18	24	25
NYC Children's Center	184	144	16	23	126	132	133	134
Rockland CPC	56	39	14	8	26	30	29	28
Sagamore CPC	77	54	13	11	44	44	42	43
South Beach	12	12	3	2	10	11	11	12
St. Lawrence	29	28	22	21	27	26	27	27
Western NY CPC	46	46	13	9	38	40	37	39
Total	528	415	183	177	357	353	357	365
Forensic								
Central New York	569	208	33	31	165	164	155	157
Kirby	476	193	25	20	194	191	191	194
Mid-Hudson	340	264	22	19	258	262	262	263
Rochester	56	55	1	2	55	55	55	55
Total	1,441	720	81	72	672	672	663	670

Updated as of Mar 24, 2015

Notes:

1. Research units and Sexual Offender Treatment Programs (SOTP) were excluded.
2. Discharge includes discharges to the community and transfers to another State IP facility.
3. Monthly Average Daily Census defined as: Total number of inpatient service days for a month divided by the total number of days in the month. Population totals displayed may differ from the sum of the facility monthly census values due to rounding.
4. Budgeted capacity was reduced at Elmira PC children's unit by 2 beds. Capacity reductions comply with requirement that there be a consistent ninety day period of time that the beds remain vacant, as demonstrated by the December-February census data.

Table 2: Regional Planning and Service Development

Region/Service Area ¹	Facilities	Total Funding Available (in 000s)					
		Supported Housing ²		HCBS Waiver ²		State and Voluntary Community Services ³	Full Annual Reinvestment
		Units	Funds	Units	Funds		
Southern Tier	Binghamton	60	\$470	12	\$316	\$3,514	\$4,300
		Progress: In the month of February, the Southern Tier Mobile Integration Team worked with over 200 individuals and provided over 1,000 interventions. The interventions were mainly in the areas of outreach and engagement, peer support, skill building, and community linkage. The Southern Tier MIT also initiated outreach to the local chapter of Mental Health America and the Binghamton Police Department in an effort to develop a collaboration. The OMH is delaying plans to open any additional crisis/respite beds at GBHC until the demand for the existing crisis/respite beds exceeds their availability.					
		The Central New York Field Office continued its work with LGUs in the Binghamton service area to develop a plan for Aid to Localities-funded service expansion, and some plans are in the final stages for approval.					
Southern Tier	Elmira	48	\$404	12	\$316	\$3,030	\$3,750
		Progress: In the month of February, the Southern Tier Mobile Integration Team worked with over 200 individuals and provided over 1,000 interventions. The interventions were mainly in the areas of outreach and engagement, peer support, skill building, and community linkage. The Southern Tier MIT also initiated outreach to the local chapter of Mental Health America and the Binghamton Police Department in an effort to develop a collaboration. EPC continued to work with the field office through the licensing process for their adolescent crisis respite program.					
		A final plan for Aid to Localities-funded service expansion in the Elmira PC service area has been approved, and funding issued to counties, as indicated in Table 3b.					
North Country	St. Lawrence	50	\$384	12	\$316	\$3,151	\$3,850
		Progress: In the month of February, the Jefferson/Lewis Mobile Integration Team worked with over 100 individuals and provided over 300 interventions, with interventions mainly in the areas of therapeutic support, community linkage, and skill building. Additionally, the MIT began working with individuals discharged from Samaritan Medical Center, starting with engagement while individuals were still on mental health units. Meetings have been held with BOCES programs and local school district representative to engage schools, and a presentation was given to the Judicial Diversion Program Court team to discuss services. SLPCs existing clinics are now prepared to offer early morning and evening hour services at least 2 days a week beginning in March 2015. Preparation continues for space for children's crisis/respite beds on the SLPC campus.					
		Aid to Localities plans have been approved for all counties in the SLPC service area, and funding was issued to counties, as indicated in Table 3c.					
Long Island	Sagamore		\$0	54	\$1,488	\$2,912	\$4,400
		Progress: In the month of February, Sagamore completed the licensure process for the crisis respite program which began operating on March 9, 2015. The Adult/Children's Crisis Team for Suffolk County and the Mobile Integration Team worked with 17 individuals and provided 22 interventions, which included crisis intervention, parent/family support, skill building and therapeutic support. Additionally, Sagamore met with Eastern Suffolk BOCES to plan for a school-based clinic in a middle school that often sends children to CPEP. Similar activities are also underway with Nassau BOCES in one of their elementary programs.					
		100	\$1,504		\$0	\$2,496	\$4,000
Long Island	Pilgrim	Progress: The expansion of housing capacity has begun and will continue more rapidly as the start-up phase has been passed. Aid to Localities-funded program expansion is also beginning, with the new ACT Team expected to begin serving new individuals in the coming weeks. Additional program development is pending the approval of RFPs by county governments.					
		50	\$421	24	\$631	\$2,948	\$4,000
		Progress: In the month of February, the WNY CPC Mobile Integration Team worked with 24 youth and their families, and the WNY Field Office continued their meetings with regional SPOAs and local hospitals to improve systems supporting children and families in Western NY. WNY CPC officially expanded their clinic operations with the addition of a Licensed Psychologist to the clinic. This addition will allow for an increase in the number of children that can be served at an existing clinic, and will allow for an increase in the clinic's ability to provide psychological testing services.					
Western NY	Buffalo, Western NY	Adult services funded with Aid to Localities grant continue start-up and serving new individuals in the Buffalo PC service area.					
		116	\$977		\$0	\$4,923	\$5,900
		Progress: The Rochester PC Mobile Integration Team Housing Support team provided over 350 interventions to 29 individuals who are currently living in supported housing beds developed through the 2014-15 SFY pre-investment. The MIT Housing Team continues to develop collaborations with East House Corp (CST) and Housing Options (Peer Bridger Program) to further support individuals as they move into supported and/or independent housing.					
Rochester Area	Rochester	Counties have awarded funds for expanded services. New service utilization is underway.					
		154	\$2,317	24	\$661	\$4,322	\$7,300
		Progress: A plan for the Aid to Localities funds has been developed by the New York City Department of Health and Mental Hygiene and the OMH New York City Field Office has been approved and the funds issued to the locality. The funding with support five "Transitions in Care Teams" to support individuals moving from inpatient to community settings and engage them in critical support services and appropriate residential placement.					
New York City	Manhattan, Bronx	50	\$622	12	\$323	\$2,255	\$3,200
		Progress: OMH approved plans for Aid to Localities funding submitted by LGUs in the Rockland PC service area and the Hudson River Field Office, with funds available as of July 1, 2014. Counties have awarded funds for expanded services. New service utilization is underway.					
Hudson Valley	Rockland		\$0	18	\$473	\$1,227	\$1,700
		Progress: Hutchings crisis respite program continued operating the month of February with 18 admissions and 17 discharges. Feedback from youth, their families, and referral sources has been very positive.					
		Plans were finalized to organize families, providers and schools from the region who will be participating in the training and coaching components of the Aid to Localities-funded Collaborative Problem Solving initiative, with a Tier 1 training scheduled for April 2015.					
Central NY	Hutchings						
Statewide	Forensic/Suicide Prevention					\$1,500	\$1,500
Total		628	\$7,100	168	\$4,524	\$32,276	\$43,900

Notes:

- Regions were categorized to match areas described in information sheets provided to the Legislature on April 8, 2014 and posted on OMH website.
- Supported housing and waiver allocations were determined in consultation with, and distributed to counties in April 2014. County allocations of these resources, are outlined in the accompanying tables.
- Services developed in consultation with local stakeholders and based on regional advisory committee recommendations.

Table 3: Reinvestment Summary - By State Facility

OMH Health Center	Target Population	Current Capacity ¹	Reinvestment Expansion (units) ²	Annualized Reinvestment Amount (\$)	Target Population	Current Capacity ³	Reinvestment Expansion (units)	Annualized Reinvestment Amount (\$)
HCBS Waiver Slots					Supported Housing Beds			
Greater Binghamton	Children	60	12	\$315,516	Adults	289	60	\$470,263
Elmira	Children	90	12	\$315,516	Adults	517	48	\$404,448
St. Lawrence	Children	78	12	\$315,516	Adults	306	50	\$383,750
Sagamore	Children	192	54	\$1,488,240	Adults	-	-	-
Pilgrim	Children	-	-	-	Adults	2,245	100	\$1,504,300
Western NY	Children	110	24	\$631,032	Adults	-	-	-
Buffalo	Children	-	-	-	Adults	1,196	50	\$421,300
Rochester	Children	100	-	-	Adults	555	116	\$977,416
New York City	Children	600	24	\$661,440	Adults	8,776	154	\$2,316,622
Rockland	Children	177	12	\$323,118	Adults	1,841	50	\$622,276
Hutchings	Children	72	18	\$473,274	Adults	504	0	\$0
Subtotal		1,479	168	\$4,523,652		16,229	628	\$7,100,375

Notes:

1. With the additional HCBS waiver capacity of 150 slots in all other service areas, total pre-expansion capacity is 1,629 slots statewide.
2. The reinvestment expansion of HCBS Waiver Slots were initiated in two rounds, the first starting October 1, 2013 and the second starting April 1, 2014.
3. With the additional Supported Housing capacity of 1,065 units in all other service areas, total pre-expansion capacity is 17,294 units statewide.

Table 3a: Greater Binghamton Health Center

Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
HCBS Waiver	Children	Broome	24	6	The second round of HCBS waiver capacity expansion has been implemented and new slots are in use. OMH is working with LGUs and providers to maximize the use of all waiver capacity.	4/1/2014	6	\$157,758
HCBS Waiver	Children	Chenango	6					-
HCBS Waiver	Children	Delaware	12					-
HCBS Waiver	Children	Otsego	12					-
HCBS Waiver	Children	Tioga	6	6		6/5/2014	5	\$157,758
HCBS Waiver	Children	Tompkins	0					-
SUBTOTAL:			60	12			11	\$315,516
Supported Housing	Adult	Broome	161	35	OMH issued State Aid Letter authority and advanced funds for counties to expand Supported Housing capacity. Counties have approved provider contracts to develop the new units and have begun serving new individuals with expanded capacity.	8/1/2014	32	\$268,625
Supported Housing	Adult	Chenango	46	5		10/1/2014	1	\$38,375
Supported Housing	Adult	Delaware	27	3				\$23,025
Supported Housing	Adult	Otsego	30	4				\$30,700
Supported Housing	Adult	Tioga	25	3				\$25,278
Supported Housing	Adult	Tompkins	0	10		11/1/2014	2	\$84,260
SUBTOTAL:			289	60			35	\$470,263
State Resources:¹			N/A					
Mobile Integration Team	Adults & Children	Southern Tier Service Area		25 FTEs	Mobile Integration Team provided services to individuals in the Southern Tier service area. Full regional funding is \$1,680,000.	6/1/2014	549	\$875,000
Clinic Expansion	Adult	Southern Tier Service Area		2 FTEs	Two engagement specialists hired to help individuals in clinic access and stay engaged in services. Full regional funding is \$140,000.	1/1/2015		\$70,000
SUBTOTAL:							549	\$945,000
Aid to Localities:	TBD	Eastern Southern Tier Service Area	N/A	N/A	OMH has begun issuing funds on County State Aid Letters, effective January 1, 2015.			
Crisis Intervention Team (CIT)	Adult	Broome						\$80,400
SUBTOTAL:								\$80,400

State Resources - In Development:

\$2,166,221

Aid to Localities - In Development:

\$322,600

TOTAL:

595

\$4,300,000

Notes:

1. State Resources program funding is shared with Elmira service area. State Resources subtotal reflects 50% of the full Southern Tier allocation, with the remainder in Table 3b.

Table 3b: Elmira Psychiatric Center

Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress		
					Status Update	Start Up Date	Annualized Reinvestment Amount (\$)
HCBS Waiver	Children	Allegany	6		All HCBS expansion slots are in operation, with each unit being at full utilization as indicated in the table.		
HCBS Waiver	Children	Cattaraugus	0				
HCBS Waiver	Children	Chemung	12				
HCBS Waiver	Children	Ontario	18				
HCBS Waiver	Children	Schuyler	6				
HCBS Waiver	Children	Seneca	6	3		6/5/2014	\$78,879
HCBS Waiver	Children	Steuben	12	3		6/5/2014	\$78,879
HCBS Waiver	Children	Tompkins	12				
HCBS Waiver	Children	Wayne	12	6		6/5/2014	\$157,758
SUBTOTAL:			90	12		12	\$315,516
Supported Housing	Adult	Allegany	35	4	OMH issued State Aid Letter authority and advanced funds for counties to expand Supported Housing capacity. Counties have approved provider contracts to develop the new units and have begun serving new individuals with expanded capacity.	11/1/2014	\$33,704
Supported Housing	Adult	Cattaraugus	0	1		2/1/2015	\$8,426
Supported Housing	Adult	Chemung	121	14		9/1/2014	\$117,964
Supported Housing	Adult	Ontario	64	7		10/1/2014	\$58,982
Supported Housing	Adult	Schuyler	6	1			\$8,426
Supported Housing	Adult	Seneca	28	4		8/1/2014	\$33,704
Supported Housing	Adult	Steuben	119	8		9/1/2014	\$67,408
Supported Housing	Adult	Tompkins	64	4		9/1/2014	\$33,704
Supported Housing	Adult	Wayne	70	4		10/1/2014	\$33,704
Supported Housing	Adult	Yates	10	1			\$8,426
SUBTOTAL:			517	48		20	\$404,448
State Resources:¹			N/A				
Mobile Integration Team	Adults & Children	Southern Tier Service Area		25 FTEs	The Mobile Integration Team provided services to individuals in the Southern Tier service area. Full regional funding is \$1,680,000.	6/1/2014	\$875,000
Clinic Expansion	Adult	Southern Tier Service Area		2 FTEs	Two engagement specialists hired to help individuals in clinic access and stay engaged in services. Full regional funding is \$140,000.	1/1/2015	\$70,000
SUBTOTAL:						549	\$945,000
Aid to Localities:		Western Southern Tier/ Finger Lakes Service Area	N/A	N/A	OMH issued funds on County State Aid Letter, effective January 1, 2015. LGUs are processing the funding in order to begin provider awards and program implementation.		
Respite Services	Adult	Western					\$59,704
Community Support Services	Adult	Southern Tier/					\$92,466
Family Support	Adult	Finger Lakes					\$27,396
Peer Training	Adult	Service Area					\$18,750
Transitional Housing Program	Adult	Steuben					\$101,842
Transitional Housing Program	Adult	Tompkins					\$50,921
Transitional Housing Program	Adult	Yates					\$50,921
SUBTOTAL:							\$402,000

State Resources - In Development:

\$1,683,036

TOTAL:

581

\$3,750,000

Notes:

1. State Resources program funding is shared with Binghamton service area. State resources subtotal reflects 50% of the full Southern Tier allocation, with the remainder in Table 3a.

Table 3c: St. Lawrence Psychiatric Center

Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
HCBS Waiver	Children	Clinton	12		The second round of HCBS waiver capacity expansion has been implemented and new slots are in use. OMH is working with LGUs and providers to maximize the use of all waiver capacity.			
HCBS Waiver	Children	Essex	12	6		6/5/2014	6	\$157,758
HCBS Waiver	Children	Franklin	12					
HCBS Waiver	Children	Jefferson	18					
HCBS Waiver	Children	Lewis	6					
HCBS Waiver	Children	St. Lawrence	18	6		5/1/2014	3	\$157,758
SUBTOTAL:			78	12			9	\$315,516
Supported Housing	Adult	Clinton	54	6	OMH issued State Aid Letter authority and advanced funds for counties to expand Supported Housing capacity. Counties have approved provider contracts to develop the new units and have begun serving new individuals with expanded capacity.	10/1/2014	4	\$46,050
Supported Housing	Adult	Essex	29	3				\$23,025
Supported Housing	Adult	Franklin	42	5		1/1/2015	1	\$38,375
Supported Housing	Adult	Jefferson	57	9		11/1/2014	1	\$69,075
Supported Housing	Adult	Lewis	51	2		2/1/2015	1	\$15,350
Supported Housing	Adult	St. Lawrence	73	25		1/1/2015	2	\$191,875
SUBTOTAL:			306	50			9	\$383,750
State Resources:			N/A					
Mobile Integration Team	Adults & Children	St. Lawrence PC Service Area		13 FTEs	Mobile Integration Team provided services in St. Lawrence PC service area.	6/6/2014	399	\$910,000
Clinic expansion	Children	Jefferson		1 FTE	A site has been secured for clinic services in Jefferson County and beginning in mid-2015, upon completion of design phase.			\$70,000
Day Treatment Expansion	Children	St. Lawrence PC Service Area		1 FTE	Additional FTE allocated to address demand for children's outpatient services in the North Country.	1/1/2015		\$70,000
SUBTOTAL:							399	\$1,050,000
Aid to Localities:		St. Lawrence PC Service Area	N/A	N/A	OMH issued funds on County State Aid Letter, effective January 1, 2015. LGUs are processing the funding in order to begin provider awards and program implementation.			
Outreach Services Program	Adult	Clinton				2/1/2015	4	\$46,833
Mobile Crisis Program	Adult	Essex						\$23,417
Community Support Program	Children	Essex						\$23,416
Mobile Crisis Program	Adult	St. Lawrence						\$46,833
Support Services Program	Adult	Franklin						\$12,278
Self Help Program	Adult	Franklin						\$12,277
Outreach Services Program	Adult & Children	Franklin						\$12,278
Crisis Intervention Program	Adult & Children	Franklin						\$10,000
Outreach Services Program	Adult	Lewis						\$46,833
Outreach Services Program	Adult	Jefferson						\$46,833
SUBTOTAL:							4	\$280,998

State Resources - In Development:

\$1,820,000

TOTAL:

417

\$3,850,000

Table 3d: Sagamore Children's Psychiatric Center

Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
HCBS Waiver	Children	Nassau	90	24	The second round of HCBS waiver capacity expansion has been implemented and new slots are in use. OMH is working with LGUs and providers to maximize the use of all waiver capacity.	10/1/2013	21	\$661,440
HCBS Waiver	Children	Suffolk	102	30		5/6/2014	30	\$826,800
SUBTOTAL:			192	54			51	\$1,488,240
State Resources:				N/A				
Family Court Evaluation	Children	Long Island		1 FTE	OMH has allocated a staff member to help increase the efficiency of the evaluation process at Sagamore and reduce length of stay for children remanded for evaluation by the courts.	4/1/2014		\$70,000
Mobile Crisis	Children	Suffolk		1 FTE	The Adult/Children's Crisis Team for Suffolk County continued its work assessing and intervening with children and their families.	7/1/2014	43	\$70,000
Mobile Integration Team	Children	Nassau & Suffolk		9 FTE	Mobile Integration Team provided services to individuals in the Sagamore PC service area.	11/30/2014	10	\$630,000
Clinic Expansion	Children	Nassau & Suffolk		9 FTE	Positions for State children's clinic expansion have been allocated.			\$630,000
Crisis Respite				9 FTE	Positions for crisis respite have been allocated and crisis/respite services beginning in March.			\$630,000
SUBTOTAL:							53	\$2,030,000
Aid to Localities:				N/A	OMH approved regional plan and issued funds on County State Aid Letter effective 7/1/2014. LGUs are processing the funding in order to begin provider awards and program implementation.			
6 Non-Medicaid Care Coordinators	Children	Suffolk						\$526,572
1.5 Intensive Case Managers	Children	Suffolk			State Aid: State Share of Medicaid*			\$30,954 \$50,345
SUBTOTAL:								\$607,871

State and Community Resources - In Development:		\$273,889
--	--	------------------

TOTAL:	104	\$4,400,000
---------------	------------	--------------------

* Gross Medicaid projected \$100,690

Table 3e: Pilgrim Psychiatric Center								
Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
Supported Housing	Adult	Nassau	885	40	RFP awards were made to five providers on Long Island and referrals may begin to use these expansion units.			\$601,720
Supported Housing	Adult	Suffolk	1,360	60		12/1/2014	8	\$902,580
SUBTOTAL:			2,245	100			8	\$1,504,300
Aid to Localities:	Adult	Long Island	N/A	N/A	OMH approved regional plan and issued funds on County State Aid Letter effective 7/1/2014. LGUs are processing the funding in order to begin provider awards and program implementation.			
2 Assertive Community Treatment teams (68 caseload per team)	Adult	Nassau		136	State Aid			\$241,112
					State Share of Medicaid*			\$713,298
Three (3) Mobile Crisis Teams	Adult	Suffolk						\$758,740
Hospital Alternative Respite Program	Adult	Suffolk						\$532,590
Recovery Center	Adult	Suffolk						\$250,000
SUBTOTAL:								\$2,495,740

TOTAL:	8	\$4,000,040
---------------	----------	--------------------

* Gross Medicaid projected \$1,827,048

Table 3f: Western NY Children's - Buffalo Psychiatric Center								
Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
HCBS Waiver	Children	Allegany	0	6	The second round of HCBS waiver capacity expansion has been implemented and new slots are in use. OMH is working with LGUs and providers to maximize the use of all waiver capacity.	6/5/2014	6	\$157,758
HCBS Waiver	Children	Cattaraugus	12	6		11/1/2013	6	\$157,758
HCBS Waiver	Children	Chautauqua	6	6		6/5/2014	6	\$157,758
HCBS Waiver	Children	Erie	78	6		4/1/2014	4	\$157,758
HCBS Waiver	Children	Niagara	14					
SUBTOTAL:			110	24			22	\$631,032
Supported Housing	Adult	Allegany	0		OMH issued State Aid Letter authority and advanced funds for counties to expand Supported Housing capacity. Counties have approved provider contracts to develop the new units and have begun serving new individuals with expanded capacity.			
Supported Housing	Adult	Cattaraugus	104	4		7/1/2014	3	\$33,704
Supported Housing	Adult	Chautauqua	86	3		8/1/2014	2	\$25,278
Supported Housing	Adult	Erie	863	36		8/1/2014	16	\$303,336
Supported Housing	Adult	Niagara	143	7		9/1/2014	4	\$58,982
SUBTOTAL:			1,196	50			25	\$421,300
State Resources:			N/A					
Mobile Integration Team	Children	Western NY CPC Service Area		10 FTEs	The Mobile Integration Team provided services to individuals in the WNY CPC service area.	12/19/2014	27	\$700,000
Clinic Expansion	Children	Western NY CPC Service Area		4 FTEs	Positions for State children's clinic expansion have been filled and clinic expansion has begun.	2/5/2015		\$280,000
Mobile Mental Health Juvenile Justice Team	Children	Western NY CPC Service Area		1 FTE	Staff member has been identified for expansion of WNY Mobile MH Juvenile Justice team, designed to provide specialized assessments for probation and the courts.			\$70,000
SUBTOTAL:							27	\$1,050,000
Aid to Localities:			N/A	N/A	OMH approved regional plan and issued funds on County State Aid Letter effective 7/1/2014. Programs are now operating and have begun serving new individuals.			
Peer Crisis Respite Center (including Warm Line)	Adult	Chautauqua and Cattaraugus						\$315,000
Mobile Transitional Support Teams (2)	Adult	Chautauqua and Cattaraugus				1/1/2015	11	\$234,000
Peer Crisis Respite Center	Adult	Erie				1/26/2015	17	\$353,424
Mobile Transitional Support Teams (3)	Adult	Erie				1/26/2015	5	\$431,000
Crisis Intervention Team	Adult	Erie				1/1/2015	30	\$191,318
Peer Crisis Respite Center (including Warm Line)	Adult	Niagara				12/1/2014	65	\$256,258
Mobile Transitional Support Team	Adult	Niagara				1/20/2015	11	\$117,000
SUBTOTAL:							139	\$1,898,000
TOTAL:							213	\$4,000,000

Table 3g: Rochester Psychiatric Center

Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
Supported Housing	Adult	Genesee	45	6	OMH issued State Aid Letter authority and advanced funds for counties to expand Supported Housing capacity. Counties have approved provider contracts to develop the new units and have begun serving new individuals with expanded capacity.			\$50,556
Supported Housing	Adult	Livingston	38	2		2/1/2015	1	\$16,852
Supported Housing	Adult	Monroe	427	100		10/1/2014	31	\$842,600
Supported Housing	Adult	Orleans	25	4				\$33,704
Supported Housing	Adult	Wayne	0	2		12/1/2014	2	\$16,852
Supported Housing	Adult	Wyoming						
Supported Housing			20	2		11/1/2014	1	\$16,852
SUBTOTAL:			555	116			35	\$977,416
State Resources:								
Mobile Integration Team	Adult	Rochester PC Service Area		24 FTEs	The Mobile Integration Team provided services to individuals in the Rochester PC service area.	10/30/2014	36	\$1,680,000
First Break Team	Adult	Rochester PC Service Area		2 FTE	A staff member has been identified for the FBT. In February, stakeholders continued networking with other programs to develop program design.			\$140,000
SUBTOTAL:							36	\$1,820,000
Aid to Localities:								
	Adult	Rochester PC Service Area	N/A	N/A				
Peer Bridger Program	Adult	Genesee & Orleans						\$30,468
Community Support Team	Adult	Rochester PC Service Area						\$500,758
Peer Bridger Program	Adult	Livingston Monroe Wayne Wyoming				2/1/2015	8	\$262,032
Crisis Transitional Housing	Adult	Livingston				2/1/2015	1	\$112,500
Supported Housing	Adult	Monroe		20				\$168,520
Forensic Community Support Team	Adult	Monroe						\$251,874
Peer Run Respite Diversion	Adult	Monroe						\$500,000
Assertive Community Treatment Team	Adult	Monroe		48	State Aid State Share of Medicaid*			\$79,624
Crisis Transitional Housing	Adult	Orleans						\$310,764
Crisis Transitional Housing	Adult	Wayne						\$112,500
Crisis Transitional Housing	Adult	Wyoming						\$112,500
Enhanced Recovery Supports	Adult	Wyoming				9/1/2014	77	\$51,836
Recovery Center	Adult	Genesee & Orleans						\$217,124
SUBTOTAL:							86	\$2,823,000

State Resources - In Development:

\$280,000

TOTAL:

157

\$5,900,000

*Gross Medicaid projected \$621,528

Table 3h: New York City Psychiatric Centers

Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
HCBS Waiver	Children	Bronx	144	12	All HCBS expansion slots are in operation, with each unit being at full utilization as indicated in the table.	10/1/2013	12	\$330,720
HCBS Waiver	Children	Kings	180	6		1/1/2014	6	\$165,360
HCBS Waiver	Children	New York	132					
HCBS Waiver	Children	Queens	108	6		10/1/2013	6	\$165,360
HCBS Waiver	Children	Richmond	36					
SUBTOTAL:			600	24			24	\$661,440
Supported Housing	Adult	Bronx	2,120	50	RFP awards were made to four providers serving Bronx and New York Counties.			\$752,150
Supported Housing	Adult	Kings	2,698					
Supported Housing	Adult	New York	1,579	104				\$1,564,472
Supported Housing	Adult	Queens	1,887					
Supported Housing	Adult	Richmond	492					
SUBTOTAL:			8,776	154				\$2,316,622
Aid to Localities:		NYC	N/A	N/A	OMH issued funds on County State Aid Letter, effective January 1, 2015.			
Transitions in Care Teams (5)	Adult	NYC						\$4,321,938
SUBTOTAL:								\$4,321,938

TOTAL:	24	\$7,300,000
---------------	-----------	--------------------

Table 3i: Rockland Psychiatric Center

Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
HCBS Waiver	Children	Dutchess	18		All HCBS expansion slots are in operation, with each unit being at full utilization as indicated in the table.			
HCBS Waiver	Children	Orange	21	6		11/1/2013	6	\$157,758
HCBS Waiver	Children	Putnam	12					
HCBS Waiver	Children	Rockland	24	6		6/5/2014	6	\$165,360
HCBS Waiver	Children	Sullivan	12					
HCBS Waiver	Children	Ulster	30					
HCBS Waiver	Children	Westchester	60					
SUBTOTAL:			177	12			12	\$323,118
Supported Housing	Adult	Dutchess	229	7	OMH issued State Aid Letter authority and advanced funds for counties to expand Supported Housing capacity. Counties have approved provider contracts to develop the new units and have begun serving new individuals with expanded capacity.	12/1/2014	2	\$90,181
Supported Housing	Adult	Orange	262	12		10/1/2014	9	\$154,596
Supported Housing	Adult	Putnam	67	2				\$25,766
Supported Housing	Adult	Rockland	173	6		7/1/2014	4	\$80,598
Supported Housing	Adult	Sullivan	61	5		11/1/2014	1	\$46,425
Supported Housing	Adult	Ulster	142	8		1/1/2015	1	\$74,280
Supported Housing	Adult	Westchester	907	10				\$150,430
SUBTOTAL:			1,841	50			17	\$622,276
Aid to Localities:		Rockland PC Service Area	N/A	N/A	OMH approved regional plan and issued funds on County State Aid Letter effective 7/1/2014. Programs are now operating and have begun serving new individuals.			
Hospital Diversion/Crisis	Adult	Dutchess				2/12/2015	2	\$200,000
Supported Housing	Adult	Orange		6				\$77,298
Outreach Services	Adult	Orange				12/1/2014	6	\$36,924
Outreach Services	Children	Orange				10/1/2014	48	\$85,720
Advocacy/Support Services	Adult	Putnam						\$23,000
Self-Help Program	Adult	Putnam				2/1/2015	5	\$215,000
Mobile Crisis Intervention Program	Adults & Children	Rockland						\$449,668
Hospital Diversion/ Transition Program	Adult	Sullivan				11/24/2014	1	\$225,000
Mobile Crisis Services	Adults & Children	Ulster				2/9/2015	21	\$400,000
Assertive Community Treatment team expansion (48 to 68 slots)	Adult	Ulster		20	State Aid: State Share of Medicaid:	12/1/2014	7	\$33,952 \$66,664
Outreach Services	Adult	Westchester						\$267,328
Crisis Intervention/ Mobile Mental Health Team	Children	Westchester				11/1/2014	13	\$174,052
SUBTOTAL:							103	\$2,254,606

TOTAL:	132	\$3,200,000
---------------	------------	--------------------

* Gross Medicaid projected \$229,156



**Office of
Mental Health**

Table 3j: Hutchings Psychiatric Center

Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
HCBS Waiver	Children	Cayuga	12	6	All HCBS expansion slots are in operation, with each unit being at full utilization as indicated in the table.	7/1/2014	6	\$157,758
HCBS Waiver	Children	Cortland	6	6		7/1/2014	6	\$157,758
HCBS Waiver	Children	Madison	6					
HCBS Waiver	Children	Onondaga	42	6		4/1/2014	6	\$157,758
HCBS Waiver	Children	Oswego	6					
SUBTOTAL:			72	18			18	\$473,274
Supported Housing	Adult	Cayuga	61					
Supported Housing	Adult	Cortland	53					
Supported Housing	Adult	Madison	28					
Supported Housing	Adult	Onondaga	300					
Supported Housing	Adult	Oswego	62					
SUBTOTAL:			504					
State Resources:								
Crisis/respice unit	Children	Hutchings PC Service Area	N/A	11.5 FTEs	The crisis/respice unit provided services to individuals in the Hutchings PC Service Area.	11/5/2014	49	\$805,000
First Episode Psychosis	Adults & Youth	Hutchings PC Service Area	N/A	3 FTEs	Staff have been identified for a FEP team serving transition-aged youth and adults.			\$245,000
SUBTOTAL:							49	\$1,050,000
Aid to Localities:								
		Hutchings PC Service Area	N/A	N/A	OMH approved regional plan and will issued funds on County State Aid Letter effective 10/1/2014.			
Support of Families in Crisis Program	Children	Onondaga						\$125,800
Collaborative Problem Solving Program	Children	Onondaga						\$51,200
SUBTOTAL:								\$177,000
TOTAL:							67	\$1,700,000

Article 28 and 31 Hospital Reinvestment Summaries

Pursuant to Chapter 53 of the Laws of 2014 for services and expenses of the medical assistance program to address community mental health service needs resulting from the reduction of psychiatric inpatient services.

Hospital	Target Population	County/Region	Annualized Reinvestment Amount
St. James Mercy	Children and Adults	Allegany, Livingston, Steuben	\$894,275
Medina Memorial	Adults	Niagara, Orleans	\$199,030
Holliswood & Stony Lodge	Children and Adults	New York City	\$7,335,711
Stony Lodge & Rye	Children and Adults	Hudson River	\$4,634,577
LBMC/NSUH/PK	Children and Adults	Nassau, Suffolk	\$2,910,400
Subtotal:			\$15,973,993

Table 3k: Western Region Article 28 Hospital Reinvestment

Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
Article 28:			N/A		Reinvestment plan approved to reprogram savings from reduction of inpatient hospital psychiatric services. OMH issued funds on County State Aid Letter, effective July 1, 2014. Providers funded through expansion of existing programs have begun serving new individuals.			
St. James Mercy								
Intensive Intervention Services	Adult	Allegany				8/25/2014	17	\$95,000
Establish Mental Health Clinic/Crisis Intervention Services	Adults & Children	Livingston				1/5/2015	15	\$59,275
Enhanced Mobile Crisis Outreach	Adults & Children	Steuben				11/3/2014	387	\$490,000
Intensive In-Home Crisis Intervention (Tri-County)	Children & Youth	Allegany, Livingston, Steuben						\$250,000
SUBTOTAL:							419	\$894,275
Medina Memorial Hospital								
Mental Hygiene Practitioner to handle crisis calls (late afternoon and evenings)	Adults & Children	Niagara				8/15/2014	36	\$68,030
Enhanced Crisis Response	Adults & Children	Orleans				7/1/2014	28	\$131,000
SUBTOTAL:							64	\$199,030

TOTAL:	483	\$1,093,305
---------------	------------	--------------------

Table 3I: New York City Region Article 28 Hospital Reinvestment								
Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
PHASE I Article 28:								
Holliswood Hospital								
HCBS Waiver*	C&Y	NYC		54*	State Share of Medicaid:			\$418,500
Crisis Beds	Adult	NYC		5				\$210,000
Rapid Response Mobile Crisis		NYC						\$1,150,000
Family Advocates		NYC						\$450,000
Childrens Inpatient Beds - Long Island Jewish Medical	C&Y	NYC		15	State Share of Medicaid:			\$620,000
SUBTOTAL:								\$2,848,500
PHASE 2 Article 28:								
			N/A		Reinvestment plan approved to reprogram savings from reduction of inpatient hospital psychiatric services. OMH to issue funds on County State Aid Letter, effective October 1, 2014.			
Holliswood Hospital								
6.5 Rapid Response Teams	C&Y	NYC						\$2,700,000
Child Specialist	C&Y	NYC						\$100,000
Home Based Crisis Intervention Teams-Hudson River	C&Y	NYC						\$87,211
SUBTOTAL:								\$2,887,211
Stony Lodge Hospital								
Home Based Crisis Intervention Team	C&Y	NYC						\$313,750
Connection to Care Team	C&Y	NYC						\$600,000
Partial Hospitalization Program & Day Treatment Program (Bellevue)	C&Y	NYC			State Share of Medicaid:			\$386,250
Home Based Crisis Intervention Team (Bellevue)	C&Y	NYC						\$300,000
SUBTOTAL:								\$1,600,000
TOTAL:								\$7,335,711

*15 HCBS Waiver Slots will be funded through the Article 28 Reinvestment. OMH is developing the additional 39 slots with support from the Balancing Incentive Program.

Table 3m: Hudson River Region Article 28 Hospital Reinvestment

Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
Article 28:			N/A					
Stony Lodge/Rye Hospital								
HCBS Waiver Slots	C&Y	Albany		6	State Share of Medicaid:			\$157,704
		Saratoga		3	State Share of Medicaid:			\$78,803
		Warren		3	State Share of Medicaid:			\$78,803
		Westchester		6	State Share of Medicaid:			\$157,704
SUBTOTAL:								\$473,014
Article 28:			N/A		Reinvestment plan approved to reprogram savings from reduction of inpatient hospital psychiatric services. OMH to issue funds on County State Aid Letter, effective January 1, 2015.			
Supported Housing	Adult	Albany		2				\$18,570
		Greene		5				\$46,425
		Rensselaer		7				\$64,995
		Schenectady		7				\$64,995
Mobile Crisis Services	Adult	Columbia						\$180,636
		Greene						\$180,636
		Sullivan						\$81,447
Hospital Diversion Reptsite	Adult	Columbia						\$43,560
		Greene						\$43,560
Respite Services	C&Y	Columbia						\$15,750
		Greene						\$65,670
		Orange						\$30,000
		Sullivan						\$25,000
Respite Services	Adult	Dutchess						\$25,000
		Orange						\$60,000
		Putnam						\$25,000
		Westchester						\$136,460
Self Help Program	Adult	Dutchess						\$60,000
		Orange						\$30,000
		Westchester						\$388,577
Family Support Services	C&Y	Orange				2/18/2015	1	\$30,000
		Schoharie						\$170,000
Adult Mobile Crisis Team (5 Counties: Rensselaer, Saratoga, Schenectady, Warren-Washington)	Adult	Rensselaer						\$1,000,190
Capital Region Respite Services (5 Counties: Albany, Rensselaer, Schenectady)	C&Y	Rensselaer						\$30,000
Mobile Crisis Intervention	Adult	Rockland						\$400,000
		Ulster						\$300,000
Mobile Crisis Team (Tri-County: Saratoga, Warren-Washington)	C&Y	Warren						\$545,092
Home Based Crisis Intervention (Tri-County: Saratoga, Warren-Washington)	C&Y	Warren						\$100,000
SUBTOTAL:							1	\$4,161,563

TOTAL:	1	\$4,634,577
---------------	----------	--------------------

Table 3n: Long Island Region Article 28 Hospital Reinvestment								
Service	Target Population	County	Current Capacity	Reinvestment Expansion (units)	Investment Plan Progress			
					Status Update	Start Up Date	New Individuals Served	Annualized Reinvestment Amount (\$)
Article 28:			N/A					
Long Beach Medical Center/North Shore University Hospital/Partial Hospitalization Program Operated by Pederson-Krag								
HCBS Waiver Slots	Children	Suffolk		6	State Share of Medicaid:			\$165,400
SUBTOTAL:								\$165,400
Article 28:					Reinvestment plan approved to reprogram savings from reduction of inpatient hospital psychiatric services. OMH issued funds on County State Aid Letter, effective January 1, 2015.			
(6) Mobile Residential Support Teams	Adult	Nassau						\$1,344,000
Mobile Crisis Team Expansion	Adult	Nassau						\$212,000
Satellite Clinic Treatment Services	Adult	Nassau			State Share of Medicaid:			\$155,000
(5) On-Site Rehabilitation	Adult	Nassau						\$45,000
(3) Clinic Treatment Services	Adult	Nassau						\$500,000
Family Advocate	Children	Nassau						\$375,000
Peer Outreach	Adult	Suffolk						\$84,000
SUBTOTAL:								\$30,000
								\$2,745,000

TOTAL:		\$2,910,400
---------------	--	--------------------

*Gross Medicaid projected \$420,800

Table 4: NYS OMH State Psychiatric Center Inpatient Discharge Metrics

State Inpatient Facilities ¹	Metrics Post Discharge	
	Readmission ²	ER Utilization ³
	For discharge cohort (May-Jul, 2014), % Having Psychiatric Readmission within 30 days	For discharge cohort (May-Jul, 2014), % Utilizing Psychiatric Emergency Room within 30 days
Adult		
Bronx	22.2%	14.6%
Buffalo	17.9%	26.7%
Capital District	20.0%	16.1%
Creedmoor	25.6%	3.2%
Elmira	13.3%	0.0%*
Greater Binghamton	5.6%	8.7%
Hutchings	8.1%	4.0%
Kingsboro	5.9%	12.5%
Manhattan	19.2%	15.9%
Pilgrim	6.4%	5.0%
Rochester	0.0%	20.0%*
Rockland	8.9%	0.0%
South Beach	16.9%	10.3%
St. Lawrence	22.2%	0.0%
Washington Heights	14.8%	13.6%
Total	15.7%	11.1%
Children & Youth		
Elmira	11.1%	7.4%
Greater Binghamton	10.5%	6.1%
Hutchings	8.8%	12.7%
Mohawk Valley	13.8%	6.9%
NYC Children's Center	8.0%	9.5%
Rockland CPC	6.5%	2.5%
Sagamore CPC	6.7%	3.1%
South Beach	28.6%*	25.0%*
St. Lawrence	11.5%	7.0%
Western NY CPC	5.9%	0.0%
Total	9.9%	6.9%
Forensic		
Central New York	6.0%	0.0%
Kirby	3.1%	0.0%
Mid-Hudson	11.4%	0.0%
Rochester	0.0%*	0.0%*
Total	6.7%	0.0%

Updated as of March 12, 2015

Notes:

1. Research units and Sexual Offender Treatment Programs (SOTP) were excluded.
2. Readmissions were defined as State PC and Medicaid (Article 28 /31) psychiatric inpatient readmission events occurring within 1 to 30 days after the State PC discharge. The first readmission within the 30 days window was counted. The denominator for this measure was based on State inpatient discharges to the community. The discharge cohort has a 6-month lag to allow time for completion of Medicaid claim submissions. The discharges that were no longer qualified for Medicaid services (lost Medicaid eligibility, had Medicare or third party insurance) were excluded from the discharge cohort but who had a state operated service in the 3 months post discharge were retained in the discharge cohort.
3. ER utilization was identified using Medicaid claims and encounters only. The numerator included the first Psychiatric ER/CPEP event that occurred within thirty days post discharge. The denominator for this measure was based on State inpatient discharges to the community. The discharge cohort has a 6-month lag to allow time for completion of Medicaid claim submissions. The discharges that were no longer qualified for Medicaid services (lost Medicaid eligibility, had Medicare or third party insurance) were excluded from the discharge cohort.

*Note this rate may not be stable due to small denominator (less than 10 discharges in the denominator).

Table 5: General and Private Hospital 30-Day Inpatient Readmission and ER Utilization Rates¹

Region	County ²	Hospital Name ³	Auspice	Capacity (as of 2/1/15)			Metrics Post Discharge ⁴					
							Readmission ⁵			ER Utilization ⁷		
							For discharge cohort (May-Jul, 2014), % Having Psychiatric Readmission within 30 days			For discharge cohort (May-Jul, 2014), % Utilizing Psychiatric Emergency Room within 30 days		
				Total	Adults	Child	Total	Adult ⁶	Child	Total	Adult	Child
Central	Broome	United Health Services Hospitals, Inc.	Article 28	56	56	0	13.2%	13.2%	.	8.3%	8.3%	.
Central	Cayuga	Auburn Community Hospital	Article 28	14	14	0	24.6%	24.6%	.	14.8%	14.8%	.
Central	Clinton	Champlain Valley Physicians Hospital Med Ctr.	Article 28	34	22	12	8.8%	8.8%	8.7%	1.8%	2.9%	0.0%
Central	Cortland	Cortland Regional Medical Center, Inc.	Article 28	11	11	0	11.5%	11.5%	.	19.2%	19.2%	.
Central	Franklin	Adirondack Medical Center	Article 28	12	12	0	0.0% *	0.0% *	.	0.0% *	0.0% *	.
Central	Jefferson	Samaritan Medical Center	Article 28	32	32	0	15.8%	15.8%	.	3.5%	3.5%	.
Central	Montgomery	St. Mary's Healthcare	Article 28	20	20	0	11.8%	11.8%	.	8.6%	8.6%	.
Central	Oneida	Faxton - St. Luke's Healthcare	Article 28	26	26	0	16.4%	16.4%	.	7.1%	7.1%	.
Central	Oneida	Rome Memorial Hospital, Inc.	Article 28	12	12	0	0.0% *	0.0% *	.	0.0% *	0.0% *	.
Central	Oneida	St. Elizabeth Medical Center	Article 28	24	24	0	11.9%	11.9%	.	10.2%	10.2%	.
Central	Onondaga	St. Joseph's Hospital Health Center	Article 28	30	30	0	25.0%	25.0%	.	19.2%	19.2%	.
Central	Onondaga	SUNY Health Science Center-University Hospital	Article 28	50	50	0	21.0%	21.0%	.	20.3%	20.3%	.
Central	Oswego	Oswego Hospital, Inc.	Article 28	28	28	0	22.8%	22.8%	.	8.8%	8.8%	.
Central	Otsego	Bassett Healthcare	Article 28	20	20	0	6.7%	6.7%	.	6.7%	6.7%	.
Central	Saint Lawrence	Claxton-Hepburn Medical Center	Article 28	28	28	0	22.4%	22.4%	.	10.5%	10.5%	.
Hudson	Albany	Albany Medical Center	Article 28	26	26	0	34.3%	34.3%	.	5.8%	5.8%	.
Hudson	Columbia	Columbia Memorial Hospital ⁸	Article 28	22	22	0	11.1%	11.1%	.	8.9%	8.9%	.
Hudson	Dutchess	Westchester Medical /Mid-Hudson Division ⁹	Article 28	40	40	0	22.1%	22.1%	.	4.3%	4.3%	.
Hudson	Orange	Bon Secours Community Hospital	Article 28	24	24	0	12.4%	12.4%	.	9.0%	9.0%	.
Hudson	Orange	Orange Regional Medical Center - Arden Hill Hospital	Article 28	30	30	0	17.2%	17.2%	.	11.5%	11.5%	.
Hudson	Putnam	Putnam Hospital Center	Article 28	20	20	0	12.7%	12.7%	.	7.9%	7.9%	.
Hudson	Rensselaer	Northeast Health - Samaritan Hospital ¹⁰	Article 28	63	63	0	12.6%	12.6%	.	17.1%	17.1%	.
Hudson	Rockland	Nyack Hospital ¹¹	Article 28	26	26	0	15.8%	15.8%	.	7.0%	7.0%	.
Hudson	Saratoga	FW of Saratoga, Inc.	Article 31	88	31	57	12.6%	14.7%	11.9%	6.3%	10.3%	4.9%
Hudson	Saratoga	The Saratoga Hospital	Article 28	16	16	0	17.2%	17.2%	.	15.5%	15.5%	.
Hudson	Schenectady	Ellis Hospital	Article 28	52	36	16	8.0%	8.4%	7.3%	11.7%	12.2%	11.0%
Hudson	Sullivan	Catskill Regional Medical Center	Article 28	18	18	0	11.3%	11.3%	.	4.8%	4.8%	.
Hudson	Ulster	Health Alliance Hospital Mary's Ave Campus	Article 28	40	40	0	6.5%	6.5%	.	11.2%	11.2%	.
Hudson	Warren	Glens Falls Hospital	Article 28	30	30	0	14.7%	14.7%	.	6.4%	6.4%	.
Hudson	Westchester	Four Winds, Inc.	Article 31	175	28	147	13.7%	8.6%	14.4%	9.4%	8.6%	9.5%
Hudson	Westchester	Montefiore Mount Vernon Hospital, Inc.	Article 28	22	22	0	19.4%	19.4%	.	16.1%	16.1%	.
Hudson	Westchester	New York Presbyterian Hospital	Article 28	252	207	45	20.3%	23.2%	7.0%	10.6%	11.8%	4.7%
Hudson	Westchester	Northern Westchester Hospital Center	Article 28	15	15	0	23.5%	23.5%	.	11.8%	11.8%	.
Hudson	Westchester	Phelps Memorial Hospital Center	Article 28	22	22	0	12.0%	12.0%	.	16.0%	16.0%	.
Hudson	Westchester	St Joseph's Medical Center	Article 28	146	133	13	20.0%	21.9%	9.1%	10.9%	12.2%	3.6%
Hudson	Westchester	Westchester Medical Center	Article 28	101	66	35	24.0%	24.4%	50.0% *	14.0%	13.4%	50.0% *
Long Island	Nassau	Franklin Hospital Medical Center	Article 28	21	21	0	28.2%	28.2%	.	15.4%	15.4%	.
Long Island	Nassau	Mercy Medical Center	Article 28	39	39	0	16.4%	16.4%	.	6.6%	6.6%	.
Long Island	Nassau	Nassau Health Care Corp/Nassau Univ Med Ctr	Article 28	128	106	22	19.0%	19.2%	17.6%	9.5%	8.1%	17.6%
Long Island	Nassau	North Shore University Hospital	Article 28	26	26	0	25.4%	25.4%	.	12.7%	12.7%	.
Long Island	Nassau	South Nassau Communities Hospital	Article 28	36	36	0	28.2%	28.2%	.	10.3%	10.3%	.

Table 5: General and Private Hospital 30-Day Inpatient Readmission and ER Utilization Rates¹

Region	County ²	Hospital Name ³	Auspice	Capacity (as of 2/1/15)			Metrics Post Discharge ⁴					
							Readmission ⁵			ER Utilization ⁷		
							For discharge cohort (May-Jul, 2014), % Having Psychiatric Readmission within 30 days			For discharge cohort (May-Jul, 2014), % Utilizing Psychiatric Emergency Room within 30 days		
				Total	Adults	Child	Total	Adult ⁶	Child	Total	Adult	Child
Long Island	Suffolk	Brookhaven Memorial Hospital Medical Center	Article 28	20	20	0	13.4%	13.4%	.	18.3%	18.3%	.
Long Island	Suffolk	Brunswick Hospital Center, Inc.	Article 31	124	79	45	21.4%	20.2%	22.2%	16.4%	10.7%	20.5%
Long Island	Suffolk	Eastern Long Island Hospital Association	Article 28	23	23	0	22.2%	22.2%	.	11.1%	11.1%	.
Long Island	Suffolk	Huntington Hospital	Article 28	21	21	0	13.7%	13.7%	.	13.7%	13.7%	.
Long Island	Suffolk	John T. Mather Memorial Hospital	Article 28	37	27	10	19.8%	19.1%	23.1%	14.8%	16.2%	7.7%
Long Island	Suffolk	Southside Hospital	Article 28	20	20	0	22.0%	22.0%	.	16.0%	16.0%	.
Long Island	Suffolk	St. Catherine's of Siena Hospital	Article 28	42	42	0	30.6%	30.6%	.	17.3%	17.3%	.
Long Island	Suffolk	State University of NY at Stony Brook	Article 28	40	30	10	25.2%	30.6%	10.0%	16.5%	18.8%	10.0%
Long Island	Suffolk	The Long Island Home	Article 31	206	141	65	26.8%	18.6%	29.6%	11.3%	7.0%	12.8%
NYC	Bronx	Bronx-Lebanon Hospital Center	Article 28	98	73	25	21.5%	22.9%	15.1%	14.6%	15.0%	12.9%
NYC	Bronx	Montefiore Medical Center	Article 28	55	55	0	12.7%	12.7%	.	10.7%	10.7%	.
NYC	Bronx	NYC-HHC Jacobi Medical Center	Article 28	107	107	0	27.4%	27.4%	.	15.9%	15.9%	.
NYC	Bronx	NYC-HHC Lincoln Medical & Mental Health Ctr.	Article 28	60	60	0	23.3%	23.3%	.	10.1%	10.1%	.
NYC	Bronx	NYC-HHC North Central Bronx Hospital	Article 28	70	70	0	16.1%	16.1%	.	15.1%	15.1%	.
NYC	Bronx	St. Barnabas Hospital	Article 28	49	49	0	27.3%	27.3%	.	17.3%	17.3%	.
NYC	Kings	Brookdale Hospital Medical Center	Article 28	61	52	9	17.5%	18.5%	14.1%	13.9%	13.1%	16.7%
NYC	Kings	Interfaith Medical Center, Inc.	Article 28	120	120	0	28.5%	28.5%	.	14.9%	14.9%	.
NYC	Kings	Kingsbrook Jewish Medical Center ¹²	Article 28	55	55	0	19.1%	19.1%	.	6.4%	6.4%	.
NYC	Kings	Lutheran Medical Center	Article 28	35	35	0	14.9%	14.9%	.	12.7%	12.7%	.
NYC	Kings	Maimonides Medical Center	Article 28	70	70	0	22.5%	22.5%	.	11.5%	11.5%	.
NYC	Kings	NYC-HHC Coney Island Hospital	Article 28	64	64	0	14.8%	14.8%	.	7.4%	7.4%	.
NYC	Kings	NYC-HHC Kings County Hospital Center	Article 28	205	160	45	18.1%	20.4%	8.1%	16.3%	17.2%	12.6%
NYC	Kings	NYC-HHC Woodhull Medical & Mental Health Ctr.	Article 28	135	135	0	19.0%	19.0%	.	11.6%	11.6%	.
NYC	Kings	New York Methodist Hospital	Article 28	50	50	0	26.5%	26.5%	.	15.7%	15.7%	.
NYC	Kings	University Hospital of Brooklyn ¹³	Article 28	34	34	0	26.1%	26.1%	.	11.4%	11.4%	.
NYC	New York	Beth Israel Medical Center	Article 28	92	92	0	21.4%	21.4%	.	14.0%	14.0%	.
NYC	New York	Lenox Hill Hospital	Article 28	27	27	0	31.3%	31.3%	.	22.9%	22.9%	.
NYC	New York	Mount Sinai Medical Center	Article 28	95	80	15	18.0%	18.4%	16.9%	10.5%	10.9%	9.1%
NYC	New York	NYC-HHC Bellevue Hospital Center	Article 28	330	285	45	19.4%	20.7%	13.0%	16.2%	16.2%	16.5%
NYC	New York	NYC-HHC Harlem Hospital Center	Article 28	52	52	0	24.6%	24.6%	.	13.1%	13.1%	.
NYC	New York	NYC-HHC Metropolitan Hospital Center	Article 28	122	104	18	26.3%	28.3%	13.6%	18.6%	20.7%	5.1%
NYC	New York	New York Gracie Square Hospital, Inc., The	Article 31	157	157	0	23.6%	23.6%	.	15.0%	15.0%	.
NYC	New York	New York Presbyterian Hospital	Article 28	91	91	0	16.6%	16.6%	.	11.3%	11.3%	.
NYC	New York	New York University Hospitals Center	Article 28	22	22	0	18.2%	18.2%	.	18.2%	18.2%	.
NYC	New York	St. Luke's-Roosevelt Hospital Center	Article 28	93	93	0	28.3%	28.3%	.	9.0%	9.0%	.
NYC	Queens	Episcopal Health Services Inc.	Article 28	43	43	0	28.4%	28.4%	.	15.6%	15.6%	.
NYC	Queens	Jamaica Hospital Medical Center	Article 28	50	50	0	21.5%	21.5%	.	20.0%	20.0%	.
NYC	Queens	Long Island Jewish Medical Center	Article 28	221	200	21	22.2%	23.4%	11.6%	11.8%	12.4%	7.0%
NYC	Queens	NYC-HHC Elmhurst Hospital Center	Article 28	177	151	26	25.7%	25.3%	28.8%	17.4%	17.8%	15.1%
NYC	Queens	NYC-HHC Queens Hospital Center	Article 28	71	71	0	22.4%	22.4%	.	17.2%	17.2%	.
NYC	Queens	New York Flushing Hospital and Medical Center	Article 28	18	18	0	30.6%	30.6%	.	15.3%	15.3%	.
NYC	Richmond	Richmond University Medical Center	Article 28	65	55	10	10.4%	10.1%	12.0%	42.0%	39.3%	60.0%

Table 5: General and Private Hospital 30-Day Inpatient Readmission and ER Utilization Rates¹

Region	County ²	Hospital Name ³	Auspice	Capacity (as of 2/1/15)			Metrics Post Discharge ⁴					
							Readmission ⁵			ER Utilization ⁷		
							For discharge cohort (May-Jul, 2014), % Having Psychiatric Readmission within 30 days			For discharge cohort (May-Jul, 2014), % Utilizing Psychiatric Emergency Room within 30 days		
				Total	Adults	Child	Total	Adult ⁶	Child	Total	Adult	Child
NYC	Richmond	Staten Island University Hospital	Article 28	64	64	0	27.8%	27.8%	.	17.9%	17.9%	.
Western	Cattaraugus	Olean General Hospital	Article 28	14	14	0	7.2%	7.2%	.	2.9%	2.9%	.
Western	Chautauqua	TLC Health Network	Article 28	20	20	0	10.3%	10.3%	.	3.4%	3.4%	.
Western	Chautauqua	Woman's Christian Assoc. of Jamestown, NY	Article 28	40	30	10	11.0%	10.5%	11.8%	3.7%	3.2%	4.4%
Western	Chemung	St. Joseph's Hospital	Article 28	25	25	0	8.5%	8.5%	.	8.5%	8.5%	.
Western	Erie	Brylin Hospitals, Inc.	Article 31	88	68	20	21.7%	17.9%	26.7%	4.3%	5.1%	3.3%
Western	Erie	Erie County Medical Center	Article 28	132	116	16	13.0%	13.4%	8.8%	6.3%	6.6%	2.9%
Western	Monroe	Rochester General Hospital	Article 28	30	30	0	9.0%	9.0%	.	11.2%	11.2%	.
Western	Monroe	The Unity Hospital of Rochester	Article 28	40	40	0	13.0%	13.0%	.	6.5%	6.5%	.
Western	Monroe	Univ of Roch Med Ctr/Strong Memorial Hospital	Article 28	93	66	27	13.9%	13.1%	16.4%	8.7%	10.5%	3.3%
Western	Niagara	Eastern Niagara Hospital, Inc.	Article 28	12	0	12	3.1%	0.0% *	3.6%	6.3%	25.0% *	3.6%
Western	Niagara	Niagara Falls Memorial Medical Center	Article 28	54	54	0	16.2%	16.2%	.	11.4%	11.4%	.
Western	Ontario	Clifton Springs Hospital and Clinic	Article 28	18	18	0	21.8%	21.8%	.	18.2%	18.2%	.
Western	Tompkins	Cayuga Medical Center at Ithaca, Inc.	Article 28	26	20	6	17.6%	16.7%	20.0%	2.0%	2.8%	0.0%
Western	Wayne	Newark-Wayne Community Hospital, Inc.	Article 28	16	16	0	23.8%	23.8%	.	2.4%	2.4%	.
Western	Wyoming	Wyoming County Community Hospital	Article 28	12	12	0	21.7%	21.7%	.	5.0%	5.0%	.
Western	Yates	Soldiers & Sailors Memorial Hospital	Article 28	10	10	0	26.7%	26.7%	.	26.7%	26.7%	.
Statewide Total				6,096	5,314	782	19.6%	20.2%	15.0%	12.7%	13.0%	10.7%

Updated as of March 12, 2015

Source: Concerts, Medicaid, MHARS

Notes:

1. Private (Article 31) hospitals are classified as Institutes for Mental Diseases (IMD), and as such, are not reimbursed by Medicaid for inpatient treatment in their facilities for persons aged 22-64.
2. Data are presented by county of discharging hospital location and age group (child or adult). If an entity operates more than one hospital and county is not available on the records (e.g., managed care encounters), the discharges and readmissions are assigned to one of the hospitals.
3. Hospitals that closed prior to 12/1/2014 are excluded.
4. The denominators for the metrics were based on discharges to the community. The discharge cohort has a 6-month lag to allow time for completion of Medicaid claim submissions. The discharges that were no longer qualified for Medicaid services (lost Medicaid eligibility, had Medicare or third party insurance) were excluded from the discharge cohort.
5. Readmissions were defined as State PC and Medicaid psychiatric (Article 28 /31) inpatient events occurring within 1 to 30 days after the Article 28 /31 discharge. The readmission was only counted once.
6. When the psychiatric unit is a child or adolescent unit, persons aged 21 or younger are counted as a child. For adult units, persons aged 16 or older are counted as adults.
7. ER data were extracted from Medicaid claims and encounters only. The numerator included the first Psychiatric ER/CPEP event that occurred within thirty days post discharge.
8. Columbia Memorial Hospital adult beds capacity is expanded by 4 beds from 18 to 22 effective on 1/1/2015.
9. Westchester Medical /Mid-Hudson Division was St Francis Hospital in previous reports as St Francis Hospital had its beds legally taken over by Westchester Medical Center as of 5/9/2014
10. Northeast Health - Samaritan Hospital was named as Samaritan Hospital in reports prior to July report
11. Nyack Hospital legally took over the beds of Summit Park Hospital as of 4/22/2014.
12. Change at Kingsbrook Jewish Medical Center capacity is due to adding 30 Geriatric beds and reducing Adult beds by 5
13. University Hospital of Brooklyn closed the SUNY Downstate LICH Inpatient Program on 5/22/2014 but the official approval did not come through until 9/30/2014.

*Note: This rate may not be stable due to small denominator (less than 10 discharges in the denominator).

GLOSSARY OF SERVICES

1. **Supported Housing:** Supported Housing is a category of community-based housing that is designed to ensure that individuals who are seriously and persistently mentally ill (SPMI) may exercise their right to choose where they are going to live, taking into consideration the recipient's functional skills, the range of affordable housing options available in the area under consideration, and the type and extent of services and resources that recipients require to maintain their residence with the community. Supported Housing is not as much considered a "program" which is designed to develop a specific number of beds; but rather, it is an approach to creating housing opportunities for people through the development of a range of housing options, community support services, rental stipends, and recipient specific advocacy and brokering. As such, this model encompasses community support and psychiatric rehabilitation approaches.

The unifying principle of Supported Housing is that individual options in choosing preferred long term housing must be enhanced through:

- Increasing the number of affordable options available to recipients;
- Ensuring the provision of community supports necessary to assist recipients in succeeding in their preferred housing and to meaningfully integrate recipients into the community; and
- Separating housing from support services by assisting the resident to remain in the housing of his choice while the type and intensity of services vary to meet the changing needs of the individual.

2. **Home and Community Based Services Waiver (HCBS):** HCBS was developed as a response to experience and learning gained from other state and national grant initiatives. The goals of the HCBS waiver are to:

- Enable children to remain at home, and/or in the community, thus decreasing institutional placement.
- Use the Individualized Care approach to service planning, delivery and evaluation. This approach is based on a full partnership between family members and service providers. Service plans focus upon the unique needs of each child and builds upon the strengths of the family unit.
- Expand funding and service options currently available to children and adolescents with a diagnosis of serious emotional disturbance and their families.
- Provide services that promote better outcomes and are cost-effective.

The target population of children eligible for the waiver are children with a diagnosis of serious emotional disturbance who without access to the waiver would be in psychiatric institutional placement. Parent income and resources are not considered in determining a child's eligibility.

The HCBS waiver includes six new services not otherwise available in Medicaid:

- **Individualized Care Coordination** includes the components of intake and screening, assessment of needs, service plan development, linking, advocacy, monitoring and consultation.
- **Crisis Response Services** are activities aimed at stabilizing occurrences of child/family crisis where it arises.

- **Intensive In-home Services** are ongoing activities aimed at providing intensive interventions in the home when a crisis response service is not enough.
 - **Respite Care** are activities that provide a needed break for the family and the child to ease the stress at home and improve family harmony.
 - **Family Support Services** are activities designed to enhance the ability of the child to function as part of a family unit and to increase the family's ability to care for the child in the home and in community based settings.
 - **Skill Building Services** are activities designed to assist the child in acquiring, developing and addressing functional skills and support, both social and environmental.
3. **Mobile Integration Teams (MIT):** The mobile teams will provide the clinical intervention and support necessary to successfully maintain each person in his or her home or community. The goal is to provide the level of clinical care, community based support, and supervision in the home and community setting that is needed to maintain community tenure. The teams will provide an array of services delivered by a multidisciplinary team of professionals and paraprofessionals. Services will address the individualized emotional, behavioral and mental health needs of the recipients and their families. The team will provide services designed to enhance the existing system of care, fill in service gaps, and/or related activities that are preventative of an individual requiring psychiatric hospitalization.

The goals of these services are to:

- Support efforts to maintain the person in his or her natural environment.
- Provide immediate access to treatment services designed to stabilize crisis situations.
- Reduce environmental and social stressors.
- Effectively reduce demand on emergency departments and inpatient hospital services.

Services Provided

The following are service possibilities that may be provided by a team, depending upon the needs of the recipient and community:

- (1) **Health Teaching** includes medication self-administration, chronic physical illness symptom management, smoking cessation, nutrition and elimination, hygiene, healthy choices and importance of exercise.
- (2) **Health Assessment** will include the assessment of vital signs, skin turgor, elimination status, basic neurological status, metabolic syndrome monitoring to determine need for follow up by physician or pharmacy, substance abuse.
- (3) **Skill Building** provides support to be successful in the home, community and school/work by teaching living skills and problem solving, including budgeting, shopping, meal preparation and travel training. Social, remediation, recreational and occupational skills will be addressed associated with level of functioning. Includes educating people regarding their diagnosis, medications and symptom management.
- (4) **Psychiatric Rehabilitation and Recovery** includes coaching to create meaningful life outside the hospital by developing existing strengths and abilities that support a valued

role in the community. Also includes exploring vocational, educational and personal interest opportunities and resources to create an individualized, purposeful structure in the day.

- (5) **Peer Support Groups & Skills Training** includes support and informational meetings that will make introduction to the treatment process, model self-advocacy skills, assist in identifying community support systems and developing WRAP plans.
- (6) **Crisis Assessment & Intervention** involves assessment, intervention and follow up for a person experiencing an emotional or behavioral crisis on location in the community, including safety plan development and implementation.
- (7) **Collaboration with legal system** includes interfacing with law enforcement to assist with linkage to most appropriate care, including crisis response and engagement.
- (8) **Outreach and Engagement** provides initial contact to connect with service provider and facilitate first appointment for people never engaged in services, people in the community who need to reconnect and people transitioning from inpatient.
- (9) **Collaboration with ER Staff** provides support in ER settings to avoid unnecessary hospitalizations.
- (10) **Physical Health Care** provides personal care to include ADL support, wound care and catheter care, etc.
- (11) **Crisis Respite** offers in-home short-term care and intervention strategy for children and their families as a result of a behavioral health crisis event that creates an imminent risk for an escalation of symptoms without supports and/or a loss of functioning.
- (12) **Planned Respite** provides in-home planned short-term relief for family/caregivers that are needed to enhance the family/caregiver's ability to support the child's disability and/or health care issues.
- (13) **Consultation & Information** provides telephone consultation and information is available to the recipient and support person when experiencing an emotional and/or behavioral crisis.
- (14) **Behavioral Support and Consultation** are services delivered directly to school staff to avoid the use of 911, and establishment of partnerships with stakeholders to provide assessments.
- (15) **Facilitation of Community Supports and Care** are services that will work to establish an effective continuing plan for support of the entire caregiving system-family, school, probation and service providers. Linking the recipient, family and support person, where appropriate, to the community service system and coordinating the provision of services with the objective of continuity of care and service.
- (16) **Primary Care Consultations & Access to Tele-Psychiatry** creates capability for more immediate access to psychiatric services to respond to crisis/acute needs; consultation services; decision support for primary care physicians, integration with

urgent care centers, ongoing support to patients/families, schools, as well as community providers.

- (17) **Brief Therapeutic Support** includes short term therapeutic communication and interaction for the purposes of alleviating symptoms of dysfunction associated with an individual's diagnosed mental illness or emotional disturbance.
- (18) **Family and Caregiver Support and Skills Building** delivered to families and caregivers by Family Peer Advocates, Peer Specialists or Clinicians in a group format or individually to address the symptom-related problems that interfere with the child/adolescent's functioning and supports the care givers in coping and managing with the child/adolescent's emotional disturbance. This includes instruction on parenting skills that focus on techniques to help parents deal with problem behaviors, and reinforce pro-social behaviors in the home, school and community. Parents will learn, discuss and practice positive parenting strategies.
4. **Respite Services:** Temporary services (not beds) provided by trained staff in the consumer's place of residence or other temporary housing arrangement. Includes custodial care for a disabled person in order that primary care givers (family or legal guardian) may have relief from care responsibilities. The purpose of respite services is to provide relief to the primary care provider, allow situations to stabilize and prevent hospitalizations and/or longer term placements out of the home. Maximum Respite Care services per Consumer per year are 14 days.
5. **Outreach:** Outreach programs/services are intended to engage and/or assess individuals potentially in need of mental health services. Outreach programs/services are not crisis services. Examples of applicable services are socialization, recreation, light meals, and provision of information about mental health and social services. Another type of service within this program code includes off-site, community based assessment and screening services. These services can be provided at forensic sites, a consumer's home, other residential settings, including homeless shelters, and the streets.
6. **Assertive Community Treatment (ACT) Program:** ACT Teams provide mobile intensive treatment and support to people with psychiatric disabilities. The focus is on the improvement of an individual's quality of life in the community and reducing the need for inpatient care, by providing intense community-based treatment services by an interdisciplinary team of mental health professionals. Building on the successful components of the Intensive Case Management (ICM) program, the ACT program has low staff-outpatient ratios; 24-hour-a-day, seven-day-per-week availability; enrollment of consumers, and flexible service dollars. Treatment is focused on individuals who have been unsuccessful in traditional forms of treatment.
7. **Advocacy/Support Services:** Advocacy/support services may be individual advocacy or systems advocacy (or a combination of both). Examples are warm lines, hot lines, teaching daily living skills, providing representative payee services, and training in any aspect of mental health services. Individual advocacy assists consumers in protecting and promoting their rights, resolving complaints and grievances, and accessing services and supports of their choice. Systems advocacy represent the concerns of a class of consumers by identifying patterns of problems and complaints and working with program or system administrators to resolve or eliminate these problems on a systemic, rather than individual basis.

- 8. Targeted Case Management:** The Targeted Case Management (TCM) program promotes optimal health and wellness for adults diagnosed with severe mental illness, and children and youth diagnosed with severe emotional disorders. Wellness and recovery goals are attained by implementing a person-centered approach to service delivery and ensuring linkages to and coordination of essential community resources. With respect for and affirmation of recipients' personal choices, case managers foster hope where there was little before. Case Managers work in partnership with recipients to advance the process of individuals gaining control over their lives and expanding opportunities for engagement in their communities. All targeted case management programs are organized around goals aimed at providing access to services that encourage people to resolve problems that interfere with their attainment or maintenance of independence or self-sufficiency, and maintain themselves in the community rather than an institution.

Case managers:

- Promote hope and recovery by using strengths-based, culturally appropriate, and person-centered practices
- Maximize community integration and normalization
- Provide leadership in ensuring the coordination of resources for individuals eligible for mental health services

- 9. Intensive Case Management (ICM):** In addition to providing the services in the general Targeted Case Management program description above, ICM is set at a case manager/client ratio of 1:12. Medicaid billing requirements for the Traditional ICM model requires a minimum of four (4) 15 minute face to-face contacts per individual per month. For programs serving Children and Families, one contact may be collateral. The Flexible ICM model requires a minimum of two (2) 15 minute minimum face-to-face contacts per individual, per month but must maintain a minimum aggregate of 4 face-to-face contacts over the entire caseload. For programs serving Children and Families, 25% of the aggregate contacts can be collaterals.

**Note: Targeted Case Management and Intensive Case Management programs for adults have been converted to Health Home care management. Children will continue to be served under the ICM program until the conversion to Health Home in 2015.*

- 10. Crisis Intervention:** Crisis intervention services, applicable to adults, children and adolescents, are intended to reduce acute symptoms and restore individuals to pre-crisis levels of functioning. Examples of where these services may be provided include emergency rooms and residential settings. Provision of services may also be provided by a mobile treatment team, generally at a consumer's residence or other natural setting (not at an in-patient or outpatient treatment setting). Examples of services are screening, assessment, stabilization, triage, and/or referral to an appropriate program or programs. This program type does not include warm lines or hot lines.
- 11. Non-Medicaid Care Coordination:** Activities aimed at linking the consumer to the service system and at coordinating the various services in order to achieve a successful outcome. The objective of care coordination in a mental health system is continuity of care and service. Services may include linking, monitoring and case-specific advocacy. Care Coordination Services are provided to enrolled consumers for whom staff is assigned a continuing care coordination responsibility. Thus, routine referral would not be included unless the staff member making the referral retains a continuing active responsibility for the consumer throughout the system of service. Persons with Medicaid may receive services from this program, however the program does not receive reimbursement from Medicaid.
- 12. Recovery Center:** A program of peer support activities that are designed to help individuals with psychiatric diagnosis live, work and fully participate in communities. These activities are based on the principle that people who share a common condition or experience can be of substantial

assistance to each other. Specific program activities will: build on existing best practices in self-help/peer support/mutual support; incorporate the principles of Olmstead; assist individuals in identifying, remembering or discovering their own passions in life; serve as a clearinghouse of community participation opportunities; and then support individuals in linking to those community groups, organizations, networks or places that will nurture and feed an individual's passions in life. Social recreation events with a focus on community participation opportunities will be the basis for exposing individuals to potential passion areas through dynamic experiences, not lectures or presentations.

- 13. Self Help Program:** To provide rehabilitative and support activities based on the principle that people who share a common condition or experience can be of substantial assistance to each other. These programs may take the form of mutual support groups and networks, or they may be more formal self-help organizations that offer specific educational, recreational, social or other program opportunities.
- 14. Clinic Treatment:** A clinic treatment program shall provide treatment designed to minimize the symptoms and adverse effects of illness, maximize wellness, and promote recovery. A clinic treatment program for adults shall provide the following services: outreach, initial assessment (including health screening), psychiatric assessment, crisis intervention, injectable psychotropic medication administration (for clinics serving adults), psychotropic medication treatment, psychotherapy services, family/collateral psychotherapy, group psychotherapy, and complex care management. The following optional services may also be provided: developmental testing, psychological testing, health physicals, health monitoring, and psychiatric consultation. A clinic treatment program for children shall provide the following services: outreach, initial assessment (including health screening), psychiatric assessment, crisis intervention, psychotropic medication treatment, psychotherapy services, family/collateral psychotherapy, group psychotherapy, and complex care management. The following optional services may also be provided: developmental testing, psychological testing, health physicals, health monitoring, psychiatric consultation, and injectable psychotropic medication administration.
- 15. Home-Based Crisis Intervention:** The Home-Based Crisis Intervention Program is a clinically oriented program with support services by a MSW or Psychiatric Consultant which assists families with children in crisis by providing an alternative to hospitalization. Families are helped through crisis with intense interventions and the teaching of new effective parenting skills. The overall goal of the program is to provide short-term, intensive in-home crisis intervention services to a family in crisis due to the imminent risk of their child being admitted to a psychiatric hospital. The target population for the HBCI Program is families with a child or adolescent ages 5 to 17 years of age, who are experiencing a psychiatric crisis so severe that unless immediate, effective intervention is provided, the child will be removed from the home and admitted to a psychiatric hospital. Families referred to the program are expected to come from psychiatric emergency services.
- 16. Crisis Housing/Beds (Adult):** Non-licensed residential program, or dedicated beds in a licensed program, which provide consumers a homelike environment with room, board and supervision in cases where individuals must be removed temporarily from their usual residence.
- 17. Children & Youth Crisis/Respite:** The intent of the crisis/respite program is to provide a short-term, trauma-sensitive, safe and therapeutic living environment, and crisis support to children and adolescents with serious emotional disturbances, their families and residential service providers.

The goal of the program is to:

- Stabilize the crisis situation and support the family or service provider's efforts to maintain the child in his or her current residence;
- Provide immediate access to treatment services;
- Increase engagement with peer and family support services;
- Improve the family/caregiver's ability to respond to the environmental/social stressors that precipitated the need for respite; and
- Decrease the inappropriate use of emergency departments, inpatient hospitalizations and/or other out-of-home placements.

This program is intended to be an opportunity to provide intense support and guidance to the youth and their family/caregivers so as to prevent a reoccurrence of the situation preceding the admission.

Eligibility

Depending upon the facility and/or location of the program, the population to be served may include youth from five to eighteen years of age, with admission happening prior to the youth's eighteenth birthday.

A crisis admission to the crisis/respite unit may occur when there is evidence of situational crisis requiring temporary residential placement for assessment and treatment planning due to one or more of the following:

- A situational crisis occurred disturbing the adolescent's ability to cope;
- Substantial problems in social functioning due to a serious emotional disturbance within the past year;
- Serious problems in family relationships, peer/social interaction or school performance;
- Serious and persistent symptoms of cognitive, affective and personality disorders.

A planned respite admission will occur for youth in active mental health treatment, whose service providers believe that planned time away for the living situation would significantly relieve stress and allow time for parents and providers to re-strategize, which in turn will keep youth out of hospitals and long term residential placements.

Services Provided

The following services will be provided and/or coordinated through the crisis/respite program:

- (1) **Crisis Stabilization** is intended to address the situation that precipitated the youth's admission to the program.
- (2) **Behavior support** services will provide guidance and training in behavior intervention techniques and opportunities to practice those skills to increase the youth's ability to manage their behavior. These interventions will be primarily focused in the areas that were the catalyst for the youth's admission.
- (3) **Case management** services will be provided, if appropriate. If the youth and family are already connected to case management services (SCM, ICM, Waiver), this service will continue to be provided by the involved provider. If the youth/family is not connected to case management services, a referral for such services will be submitted, where appropriate.
- (4) **Counseling services** will be provided with a focus on clarifying future direction, developing meaningful goals, identifying personal strengths, identifying mental health-related behaviors or feelings that assist or interfere with the achievement of goals, and re-integrating into the community.

- (5) **Daily living skills training** will support the acquisition of skills and capabilities to perform primary activities of daily life.
 - (6) **Education/vocation support services** will be provided to promote regular attendance at school or work. When at all possible, the youth will continue to attend their home school. If this is not possible, then every effort will be made to acquire the students work from the home school for completion during their stay.
 - (7) **Health Services** are activities designed to foster an increase in the youth's ability to demonstrate developmentally appropriate independence in personal health care and maintenance.
 - (8) **Medication management and training** is intended to provide information to the youth and their family to ensure appropriate management of medication through understanding the role and effects of medication in treatment, identification of side effects of medication and discussion of potential dangers of consuming other substances while on medication. This service will be facilitated in coordination with the youth's current clinical provider.
 - (9) **Medication Monitoring** are activities performed by staff which relates to storage, monitoring, recordkeeping and supervision associated with the use of medication. Such activities include reviewing the appropriateness of an existing regimen by staff with the prescribing physician. Prescribing medication is not an activity included under this service.
 - (10) **Socialization** is intended to ensure that programming includes activities which assist in the development and practice of age-appropriate social and interpersonal skills. Such activities shall promote the capacity to identify and participate in positive social situations and to develop and practice appropriate communication skills.
- 18. Transportation:** The provision of transportation to and from facilities or resources specified in the Consumer's individual treatment plan as a necessary part of his/her service for mental disability. This includes all necessary supportive services for full and effective integration of the Consumer into community life.
- 19. Flexible Recipient Service Dollars:** Flexible Recipient Service Dollars are not based on a particular fiscal model and are available to provide for a recipient's emergency and non-emergency needs. These funds are to be used as payment of last resort. The use of the service dollars should include participation of the recipient of services, who should play a significant role in the planning for, and the utilization of, service dollars. Services purchased on behalf of a recipient, such as Respite or Crisis Services, should be reported using this Service Dollar program code. Examples of services may include housing, food, clothing, utilities, transportation and assistance in educational, vocational, social or recreational and fitness activities, security deposits, respite, medical care, crisis specialist, homemakers and escorts. This program code cannot be allocated for AHSCM, ICM, SCM, BCM, ACT, RTF Transition Coordinators or Home and Community Based Waiver Services. Agency administrative costs allocated to the operating costs of this program via the Ratio Value allocation methodology are redistributed to other OMH programs in the CFR.
- 20. Family Support Services:** Family support programs provide an array of formal and informal services to support and empower families with children and adolescents having serious emotional disturbances. The goal of family support is to reduce family stress and enhance each family's ability to care for their child. To do this, family support programs operate on the principles of individualized care and recognizing every child and family is unique in their strengths and needs. Connecting family members to other families with children with serious emotional problems helps families to feel less isolated and identify their own strengths. Family support programs ideally

provide the following four core services: family/peer support, respite, advocacy, and skill building/educational opportunities.

- 21. CPEP Crisis Intervention:** This licensed, hospital-based psychiatric emergency program establishes a primary entry point to the mental health system for individuals who may be mentally ill to receive emergency observation, evaluation, care and treatment in a safe and comfortable environment. Emergency visit services include provision of triage and screening, assessment, treatment, stabilization and referral or diversion to an appropriate program. Brief emergency visits require a psychiatric diagnostic examination and may result in further CPEP evaluation or treatment activities, or discharge from the CPEP program. Full emergency visits, which result in a CPEP admission and treatment plan, must include a psychiatric diagnostic examination, psychosocial assessment and medication examination. Brief and full emergency visit services are Medicaid reimbursable. CPEP Crisis Intervention is one of four program components which, when provided together, form the OMH licensed Comprehensive Psychiatric Emergency Program (CPEP), and the code to which the license is issued. The other program components of the CPEP are: CPEP Extended Observation Beds (1920), CPEP Crisis Outreach (1680) and CPEP Crisis Beds (2600).
- 22. Collaborative Problem Solving:** Collaborative Problem Solving (CPS) is an evidence-based approach to working “with children and adolescents with a wide range of social, emotional, and behavioral challenges across a variety of different settings: from families, schools, mentoring organizations and foster care agencies to therapeutic programs such as inpatient psychiatry units, residential treatment and juvenile detention facilities. This evidence based model has also been applied in transitional age youth and adult programs as well as used with neurotypically developing kids to foster the development of social emotional skills. CPS is a strengths-based, neurobiologically-grounded approach that provides concrete guideposts so as to operationalize trauma-informed care and empower youth and family voice.” (from <http://thinkkids.org/learn/our-collaborative-problem-solving-approach/>)
- 23. First Episode Psychosis:** First Episode Psychosis (FEP) programs are intended for early identification of psychotic symptoms and the development of early intervention strategies to mitigate the onset of psychotic disorders. These programs generally focus on serving transition-aged youth and young adults experiencing their first psychotic break.
- 24. First Break Team:** The First Break Teams provides services to the first onset psychosis adult population. The purpose of this program will be to provide interventions that will prevent the need for an inpatient hospitalization for those individuals experiencing their first psychotic break.
- 25. On-Site Rehabilitation:** Program objective is to assist mentally ill adults living in adult congregate care settings, supervised or supported living arrangements to achieve their treatment and community living rehabilitation goals. Services include one or a combination of:
- (1) consumer self-help and support interventions;
 - (2) community living;
 - (3) academic and/or social leisure time rehabilitation training and support services.
- Services are provided either at the residential location of the resident or in the natural or provider-operated community and are provided by a team that is either located at the residential site or which functions as a mobile rehabilitation team traveling from site to site.
- 26. Transitions in Care Teams:** Transitions in Care Teams focused on State PC and acute care discharges. OMH is funding two types of transitions in care teams known as the Pathway Home (2) and Parachute teams (3), for a total of 5 teams, largely focused on assisting recipients in the transition from a State Psychiatric Center to a community setting. These teams will become a critical part of the crisis management system in the City. Although largely focused on State PC discharges, these teams can also be used as a bridge service for individuals being discharged from an acute care hospital as a way to provide more intensive support while a recipient is being engaged in outpatient clinic and other services.

Both teams are focused on recipient engagement through a multi-disciplinary mobile team consisting of peer specialists and nurses, social workers and part-time physician staff and have as their goal the collaboration with treatment and housing providers to facilitate timely, safe discharge to the community with ongoing support. Although run by different providers, the basic aim is similar – providing time-limited support in transitions in care to prevent future crises, and costly inpatient and psychiatric emergency services use. The team support is very patient-centered and depending on the recipient's needs can extend from three months to a year.