

“If it wasn’t for all of the help, I would not be this confident, and believe that I could do it, and would have given up by now.”

—A Mobile Integration Team Consumer

### Individuals participating in services provided by the Long Island Children's MIT can expect:

- **Support**  
in their efforts to stay in their home and community
- **Immediate access**  
to treatment services designed to stabilize crisis situations
- **Enhanced skills and knowledge**  
to reduce environmental and social stressors
- **Connection to programs and services**  
to reduce demand on emergency departments and inpatient hospital services

### A wide array of services are available

The Long Island Children’s MIT provides an array of services delivered by a multidisciplinary team of professionals and paraprofessionals. These services may include, but are not limited to:

- ◆ Brief Therapeutic Support
- ◆ Skill Building
- ◆ Crisis Assessment and Intervention
- ◆ Consultation and Information
- ◆ Family and Caregiver Support and Skills Building
- ◆ Behavioral Support and Consultation
- ◆ In-home and Community Based Respite

Services provided by the Long Island Children’s MIT can be found by calling:

**(631) 370-1701**

**For 24/7 crisis services, please call your county crisis line:**

Suffolk County ..... (631) 751-7500

Nassau County ..... (516) 227-TALK (8255)

**If you are in need of immediate medical assistance, please dial 911.**



NEW YORK  
STATE OF  
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Office of  
Mental Health

*Transformation—A new era in New York State’s behavioral health care System.*



TRANSFORMATION

Long Island Children's

Mobile  
Integration  
Team



NEW YORK  
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Mental Health

## What is the OMH Transformation Plan?



**T**he Office of Mental Health (OMH) is dedicated to promoting the mental health and wellness of all New Yorkers with a particular focus on facilitating hope, recovery and resiliency for adults with serious mental illness, children with serious emotional disturbances, and their families. In order to achieve this mission in the most integrated setting, an individual's home and community, OMH has embarked on a transformation plan that when completed will yield a spectrum of community based services built on the idea that adults should not live, and children should not grow up, in a state operated psychiatric hospital.

### OMH Transformation overview

#### OMH Focus:

Services will facilitate:

- Hope
- Recovery
- Resiliency

#### Participant Expectation:

- Support
- Immediate access
- Enhanced skills and knowledge
- Connection to programs and services

#### MITs Provide:

Community based services offered in a setting most integrated to the needs of the person being served

While a primary goal of this transformation is on decreasing avoidable hospital admissions and readmissions, the ultimate goal is to create a system where person centered services are provided to individuals and their families when and where they need them.

The Long Island Children's Mobile Integration Team (MIT) is designed to provide the clinical intervention and support necessary for youth with serious emotional disturbances to not only remain in the community, but also to fully participate in school activities and community and family life. The underlying principles of every MIT services is that youth and their families are resilient and there is hope for their future.



The Long Island Children's MIT is a multidisciplinary team, including youth and family peers, dedicated to partnering with youth living with serious emotional disturbance and their families to keep them healthy while living in their communities. The team will bring services to the youth and their family.

The Long Island Children's MIT provides service in Nassau and Suffolk counties.

### LONG ISLAND CHILDREN'S MOBILE INTEGRATION TEAM SERVICE AREA

