

“If it wasn’t for all of the help,
I would not be this confident,
and believe that I could do it,
and would have given up by now.”

—A Mobile Integration Team Consumer

Individuals participating in services provided by the Rochester MIT can expect:

- **Support**
in their efforts to stay in their home
and community
- **Immediate access**
to treatment services designed
to stabilize crisis situations
- **Enhanced skills and knowledge**
to reduce environmental
and social stressors
- **Connection to programs and services**
to reduce demand on emergency
departments and inpatient
hospital services

A wide array of services are available

The Rochester MIT provides an array of services delivered by a multidisciplinary team of professionals and paraprofessionals. These services may include, but are not limited to:

- ◆ Brief Therapeutic Support
- ◆ Skill Building
- ◆ Crisis Assessment and Intervention
- ◆ Consultation and Information
- ◆ Peer Support Groups and Skills Training
- ◆ Family and Caregiver Support
and Skills Building
- ◆ Behavioral Support and Consultation
- ◆ In-home and Community Based Respite

Services provided
by the Rochester MIT
can be found by calling:

(585) 241-1276

**For 24/7 crisis services,
please call your county crisis line:**

| | |
|------------------------|----------------|
| Genesee County..... | (585) 344-4400 |
| Livingston County..... | 211 |
| Monroe County | (585) 275-5151 |
| Orleans County | (585) 327-4452 |
| Wayne County | 211 |
| Wyoming County..... | (585) 786-0220 |

**If you are in need of immediate
medical assistance,
please dial 911.**



Office of
Mental Health

*Transformation—A new era in New York State’s
behavioral health care System.*



Rochester

Mobile Integration Team



Office of
Mental Health

What is the OMH Transformation Plan?



The Office of Mental Health (OMH) is dedicated to promoting the mental health and wellness of all New Yorkers with a particular focus on facilitating hope, recovery and resiliency for adults with serious mental illness, children with serious emotional disturbances, and their families. In order to achieve this mission in the most integrated setting, an individual's home and community, OMH has embarked on a transformation plan that when completed will yield a spectrum of community based services built on the idea that adults should not live, and children should not grow up, in a state operated psychiatric hospital.

TRANSFORMATION

OMH Transformation overview

OMH Focus:

Services will facilitate:

- Hope
- Recovery
- Resiliency

Participant Expectation:

- Support
- Immediate access
- Enhanced skills and knowledge
- Connection to programs and services

MITs Provide:

Community based services offered in a setting most integrated to the needs of the person being served

While a primary goal of this transformation is on decreasing avoidable hospital admissions and readmissions, the ultimate goal is to create a system where person centered services are provided to individuals and their families when and where they need them.

The Rochester Mobile Integration Team (MIT) is designed to provide the clinical intervention and support necessary for adults with serious mental illness to not only remain in the community, but also continue moving forward on their recovery journey. The underlying principles of every MIT service is that individuals do recover, individuals and families are resilient, and there is hope for your future.



The Rochester MIT is a multidisciplinary team, including peers, dedicated to partnering with people with mental illnesses and their families to keep them healthy while living in their communities. The team will bring services to the individual and their family.

The Rochester MIT provides service in Genesee, Livingston, Monroe, Orleans, Wayne and Wyoming counties.

ROCHESTER MOBILE INTEGRATION TEAM SERVICE AREA

