

SUICIDE PREVENTION

- Suicide prevention initiatives include:
- Connecting Youth to Mental Health Supports (CYMHS) & Connecting Youth to Mental Health Supports – Trans Leadership, Staff, and Youth (CYMHS-T) both have teams to assist at-risk people.
 - CARES UP promotes organizational change to improve the mental health and wellness of uniformed personnel and veterans.
 - Teen & Youth Mental Health First Aid (tMHFA & YMHFA) educate youth and adults about how to assist young people and support peers experiencing a mental health crisis.

NEW INVESTMENT

77 NEW PROGRAMS

funded including eight for CYMHS, 64 for CARES UP, and 5 to serve at-risk youth

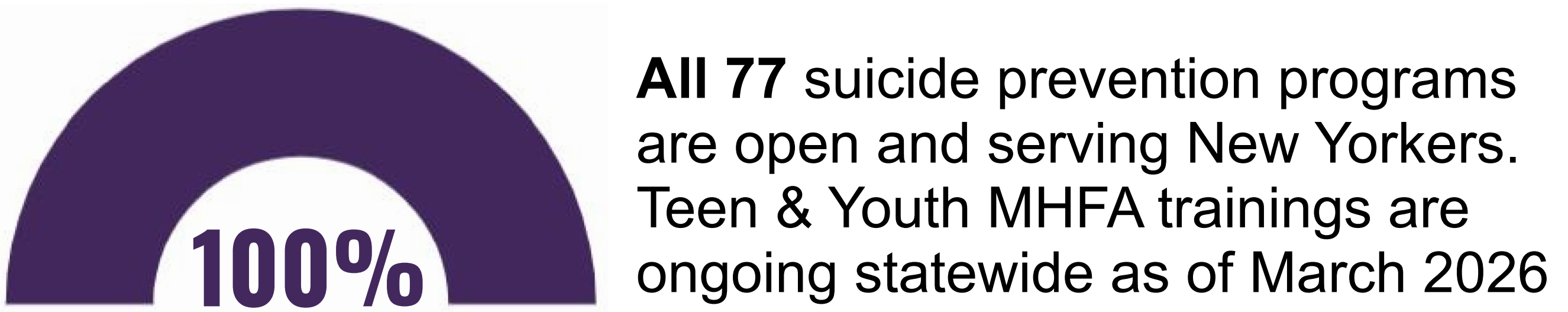
STATEWIDE TRAININGS

expanding Teen and Youth Mental Health First Aid training

LAUNCHED APRIL 2022

the first newly funded Suicide Prevention Programs opened and began serving New Yorkers

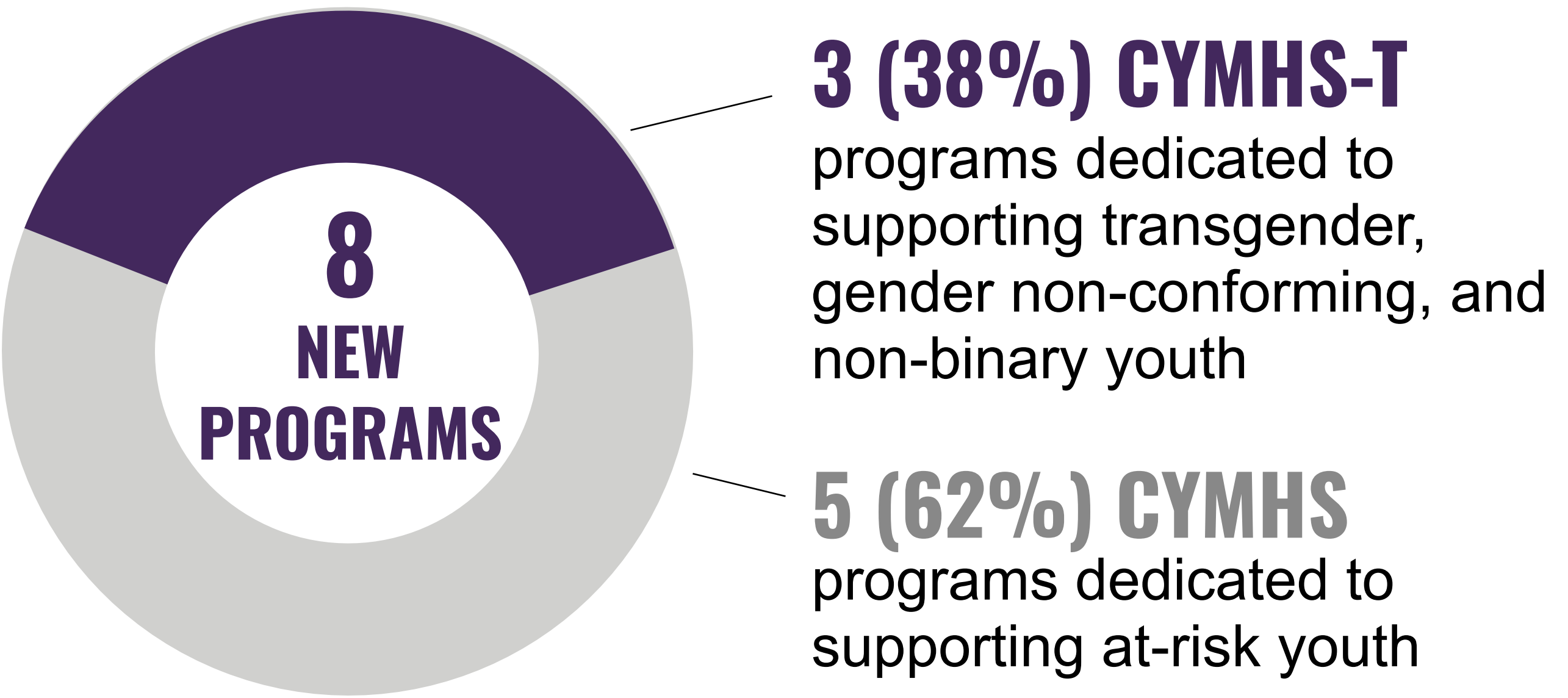
PROGRESS TO GOAL: 77 PROGRAMS



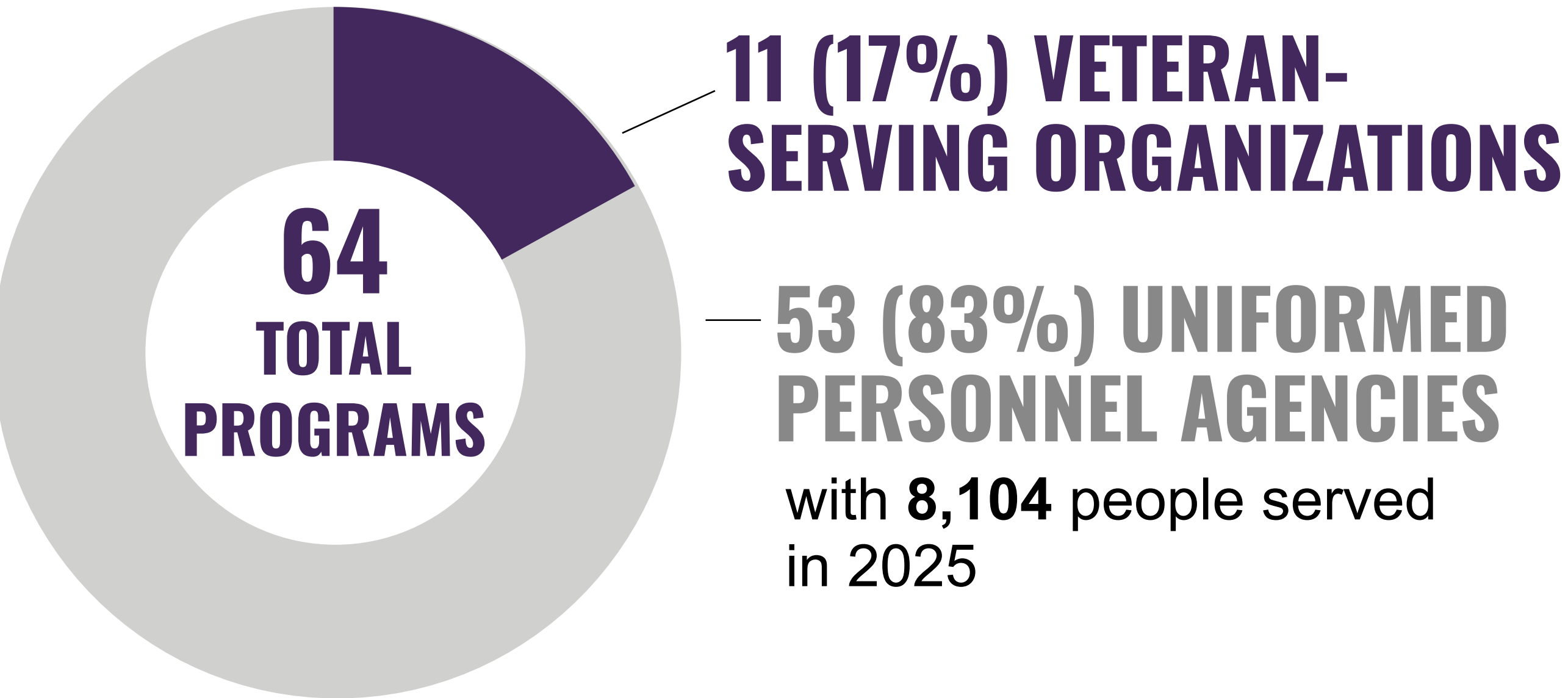
TESTIMONIALS

- "It helped me understand how important it is to check in on friends and take struggles seriously."* – teen Mental Health First Aid participant
- "It was empowering to learn with my team—now we have a shared foundation."* – youth Mental Health First Aid participant
- "There's not a lot of places here where you can go and feel like you can be yourself and not be afraid to be yourself...[but at the program] no one's going to judge you. They're going to see you, and they're going to talk to you...It makes you feel like you're not alone."* – Connecting Youth to Mental Health Supports – Trans Leadership, Staff, and Youth participant
- "....when I started talking to [Staff Member] and everything got better and I stopped having panic attacks so often. It started to go away. I felt a lot better about myself."* – Connecting Youth to Mental Health Supports participant

CONNECTING YOUTH: CAPACITY



CARES UP: CAPACITY



EXPANDING MENTAL HEALTH FIRST AID

9,445 individuals certified statewide in Teen & Youth Mental Health First Aid (tMHFA & YMHFA):

+122	YMHFA INSTRUCTORS
+73	tMHFA INSTRUCTORS
+3,150	YMHFA TRAINED ADULTS
+6,100	tMHFA TRAINED TEENS

as of March 2026